









PROWLER 1988 volume nine

Essential ingredients

...AND THEN SOME



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The Real Essentials

We needed more than paper and pens to survive high school; we also needed friends to help with an oral report for Mrs. Melonie Shipman's Earth Science class. Evette Crouch and Michelle Poole dressed up as fish and Shelley Eveslage interviewed them. According to Shelley, "The project was on the Chesapeake Bay, and we decided that the fish should be able to speak." Friends: those are the real essentials, no matter how they are dressed.

Prowler...1988

Potomac Senior High School

16706 Jefferson Davis Highway
Dumfries, Virginia 22026

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Essential ingredients

...AND THEN SOME



The Velveeta Express

It didn't matter how we got to school. Right? Wrong! Riding the bus was one thing everyone dreaded. Renea Sommers waits for a friend to make the ride home more enjoyable.

Not Just The Basics

You get into school and fight your way to your locker. Quickly you check to make sure you have everything for class. You venture to first period, and the day creeps on...

You have all the basic school supplies that everyone should have like paper, pencils, pens, textbooks, and you hope, a clear mind. The essentials were much more than just those things you could buy at the school store. Even the school bus was necessary. (What else would serve so well as the common nuisance that all high school students loved to hate?)

After a while all the little extras become such a part of our daily routine that they seem to become essential ingredients themselves. Said Mrs. Penny Lake, "I just can't live without my cup of coffee."

Sandi Lupo can't imagine living without her Pooh Bear. "He's always there to help me when I'm down, or when I have to give a speech," said the Senior Class President.

Making lists was another necessity for getting teachers and students alike through the day.

Said Senior, Susan Goble, "I even write down silly things like 'Get dressed' just so I can cross them out."

For others the lists meant keeping them organized for the day.

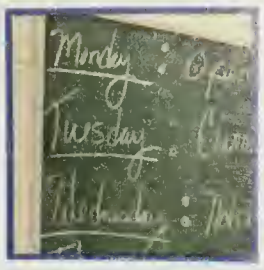
People were the most essential ingredient for the day. You needed people to pass notes to, to gossip with and about, to hand in homework to, to like, to dread, to love. To paraphrase a song, people who need people are certainly the luckiest people in the world.

If, as the saying goes, we have two reasons for doing everything -- the right reason, and the real reason, then getting an education may have been the right reason for coming to school, but having all those essentials was the real reason we survived it.

Essential ingredients

...AND THEN SOME

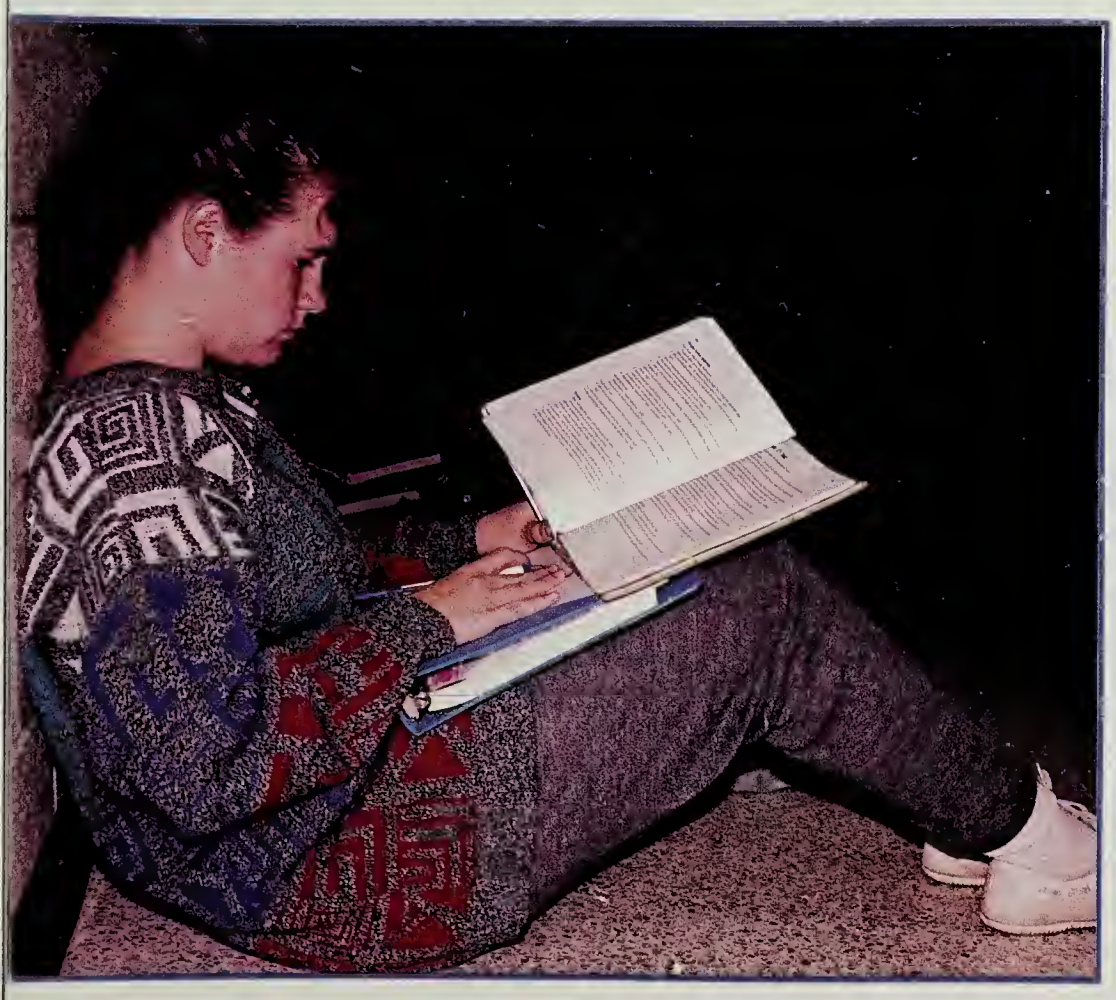










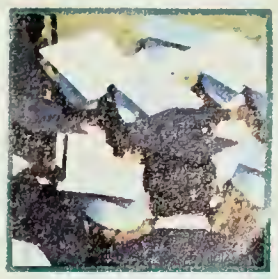


Bursting Out

On October 2, students crowded into the Panther Stadium to give noisy support to the football team. These juniors helped their class win the first Spirit Stick.

Full Advantage

When flags practice was cancelled because of the rainy weather, sophmore Laura Powell took advantage of her time by finishing her Drivers Ed. homework.



Essential ingredients

. . . For Living!

"All work and no play makes Jane a dull girl."

"Man does not live on bread alone."

These adages were proved as students demonstrated that there was life beyond books. There were friends to visit, and shopping malls like Potomac Mills beckoned. The mall was a great place to shop, see movies, eat, or just bum around. Of course, the stores there also provided jobs for those who needed money for car payments, future education plans, or to have "just in case". Potomac was also a center for life after grades. The play "The Imaginary Invalid," concerts, and the fashion show offered the chance to put aside homework. Other special events included the Miss and Mr. Potomac Pageants and dances like Prom and Homecoming.

Homecoming itself was much more than the semiformal dance on Saturday, October 31.

The victory over Stafford provided an excellent release from the tensions between the classes as they competed for the title of Most Spirited Class. After the dust settled, the seniors and juniors emerged in a tie for first place.

With all the things going on, there weren't any dull Janes around. Everyone was busy busy busy--but it was fun. Besides, it was better than doing homework!

Just Checking

Standing on top of the juniors' Homecoming float, Lewis Turner checks to make sure that everything is perfect. Spirited students supported their classes by helping with last minute work on the floats.





Springtime

Once spring hit, the woods were full of dogwood blossoms. Gretchen Moss and Kesha Hynson take a break from schoolwork to enjoy the outdoors.



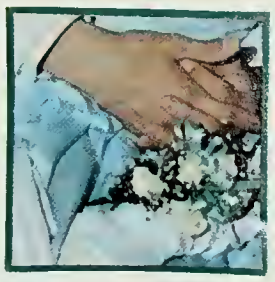


Hang Ups

To display men's fashions, DECA members like Laura Thieling hung ties in the showcase.

True Spirit

Band Front member Stacy Richardson shows her spirit for the Constitution's bicentennial.







STUDENT LIFE

Unstoppable

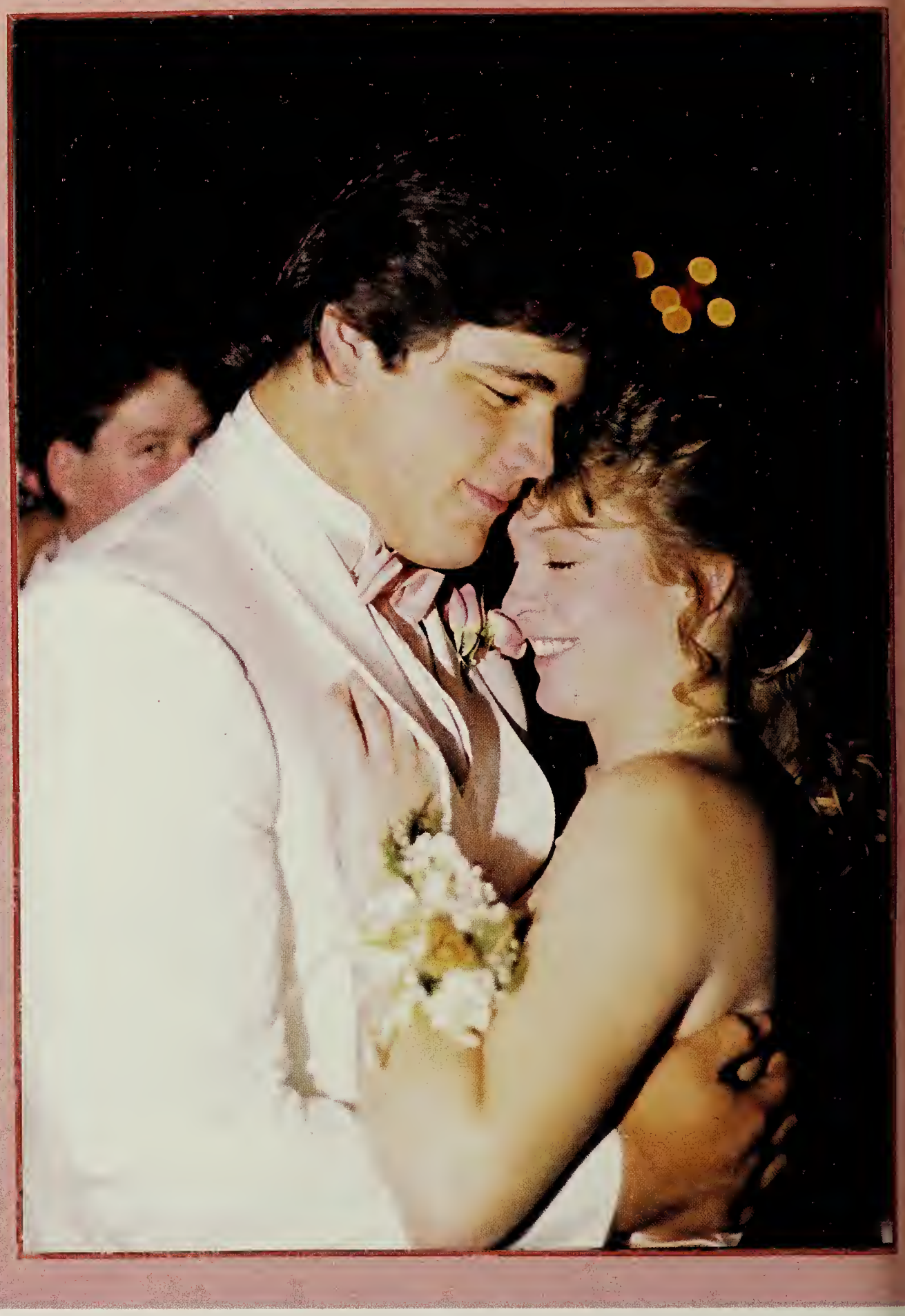
As usual, Chris Ferenschak refused to let anything stand in the way. Jean Munday accompanied him to his Senior Prom.





Living Ads

The Main Event arranged for students to advertise their formalwear. Ricky Graham and Mike Basso wore tuxedos to school before the Prom.



Alone in the Crowd

Simply ignoring the other couples on the crowded dance floor, Greg Craine and Jody Agatone are enthralled by each other's company.

Scared Stiff

Concerned for students' safety, SADD arranged for a representative of Safety and Survival, Inc. to give a thought-provoking lecture about drinking and driving.



Moonlight Magic



The flowers were ordered. The tux was rented. The shoes were dyed to match the gown. Dinner reservations were made. And, of course, a special person was asked,"Would you like to go to the Prom with me?" However, no matter how much preparation was made, Prom night found nearly everyone with the case of the jitters. What if the tux didn't fit after all? What if dinner found its way to someone's lap?

The Junior Class had even more to worry about. Starting the year in debt, they struggled through Homecoming and car washes while dealing with seniors' comments. "It seemed like we wouldn't have a Prom at all," said Alice Kalaskas. But, the Class of '88 managed not only to raise the money, but also to put on a Prom they could boast about. Said Debbie Jarvis, "We made $1300 profit, so that's the best part."

Finally, the big night arrived: May 1, 1987. It was time for elegance, romance, and "Moonlight Magic". The band, Kra Ka Jax played late into the night as couples swayed on the dance floor. Said Mrs. Susan Smith, "Everything went wonderfully."

Gourmet Galore

Trying out the various goodies set out by the Hilton's staff, Stacey Reid helps Rob Willis to a strawberry.



Royalty

Prom Queen Wendy Alachnowitz and Prom King Leonard Williams cheerfully inspect their court.

Taking a Break

Sitting this one out, Senior, Bobby Costa and Junior, Penny Lohman, chat about the evenings events.





Dancing

Showing some rhythm, on the dance floor, Deanna Natale and Billy Shellman enjoy Kra Ka Jax's music.

Their Days In The SUN

The Class Was As HOT As The Weather

In their senior year, when they had their last chance to prove that they were on top, the sophomore class won Spirit week. But in the end it didn't matter. Being on top came with the territory. After all, they were the SENIORS, the class of 1987.

The seniors had always had priviliges like the senior lunch shift and the senior parking lot, but there were complaints that underclassmen were encroaching on once-sacred territory. Finally the privilege that was truly a seniors-only event arrived: Senior Week. Members of the class participated in various dress-up days, one of which was Career Day. As students dressed up to show themselves in twenty years, married couples, Rambos, welfare moms, street walkers, plumbers and even a priest or two roamed the halls. Beach Day brought out the beach bum in each of them.

The last day of Senior Week was truly special, as the class left for Ben Lomond Park. Baseball, frisbee, volleyball, bumper boats, a waterslide, food, music got the seniors together to enjoy their last school-sponsored bash. Said Steve Reza, "I loved the scenery." And joked Jeff Sauntry, "I found the picnic recreationally stimulating." But perhaps the best part of the day was when Assistant Principal Aaron Jordan was tossed into the bumper boat pool by students like Dion Gore, who got a chance to make a big splash when he was thrown in.

Finally, yet all of a sudden, their four year stay ended. All that was left was the graduation exercises, which were held on June 17. Seniors sat in the hot sun, trying to pay attention to speeches by Valedictorian Wendy Holtzman, Salutatorian Angelique Wangner, and Dr. William M. Anderson, Jr., who had been invited by the class to be their speaker. As always, teachers were there to oversee everything, including when the seniors filed up to receive their diplomas. Said Kim Schneider, "David Kite and Jan Polk were great help in running the line smoothly." Then suddenly, it was over. They were no longer seniors, but graduates. In the words of Julie Delfox , "On to the real world!"



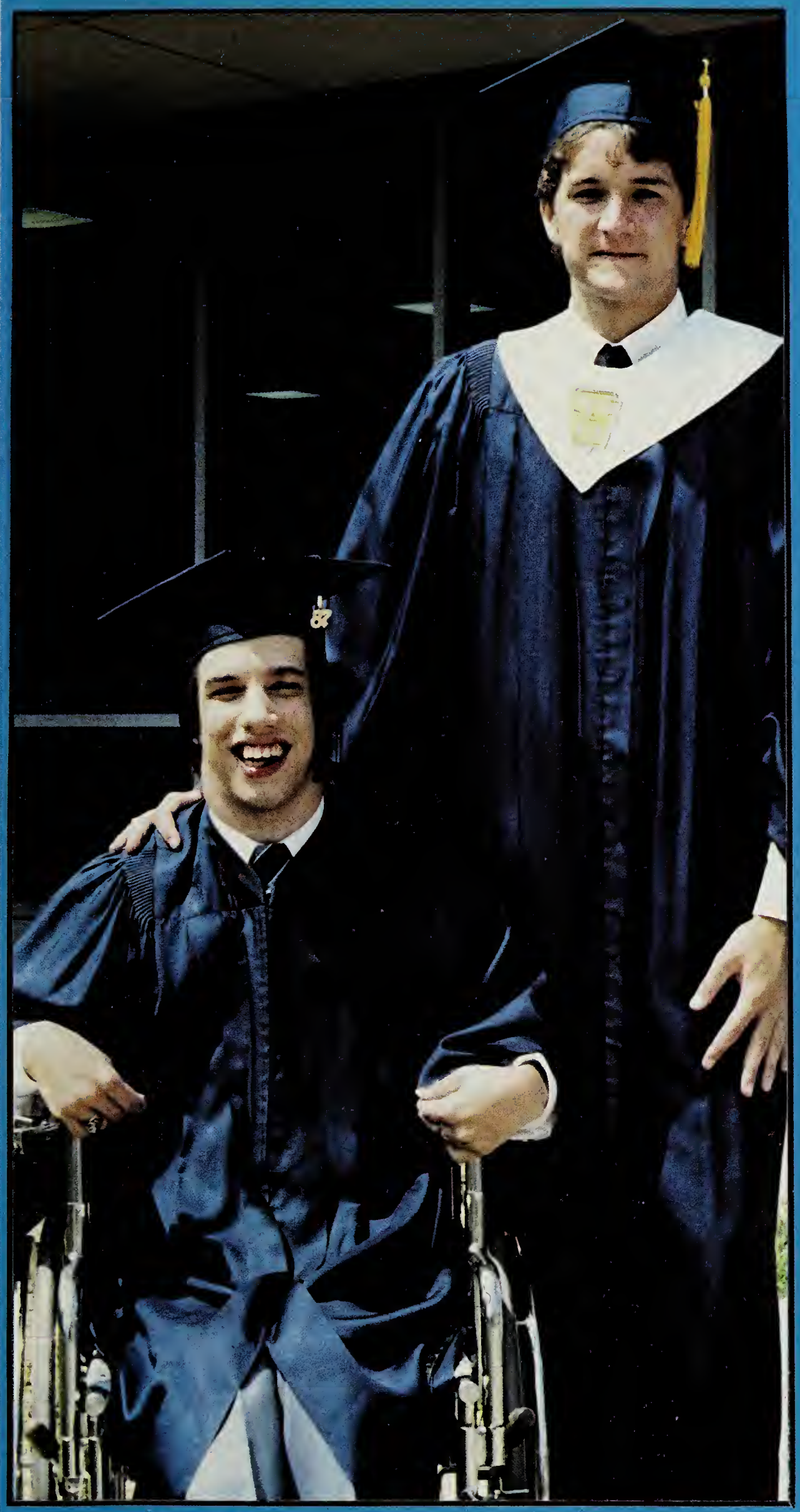
Words, Words, Words

As Dr. William M. Anderson, Jr., Mr. Robert Ferrebee, Mr. Gerald Cleary, and Mrs. Maureen Caddigan listen, Wendy Holtzman delivers the valedictory address. Salutatorian Angelique Wangner and Dr. Anderson also gave speeches.



Pomp and Circumstance

Underclassmen members of the symphinic and concert bands take a break during the ceremony. The bands, directed by Brain Sachlis, provided the music for Graduation. The orchestra, directed by Larry Casey, played at Baccalaureate.



Dutiful

One of the last duties graduates performed was the "Graduation Photo Session." Chris Ferenshak and Brad Daniel pose in front of the school's main entrance for Chris' parents.

The Main Thing

Of course, the main reason for the class of 1987 to sit through the evening's heat was to receive their diplomas. Barbara Cox is congatulated by Anne Lockett and Robert Ferrebee.





Godspeed

Seniors leave the auditorium after Baccalaureate. The religious event featured speakers Kristin Thomas, Robert Ferrebee,the Reverand Seneca Foote, Gina Gombar, and Brad Daniel.

Money: Why Else Would You Wear A Nametag?

"My nametag says 'god.' It's really classic, but I'm not allowed to wear it because it's sacriligious or something," said Little Caesar's employee Michelle Underwood. Some may have said that the love of money was the root of all evil, but Potomac students knew that the pursuit of wealth was the only valid reason to wear a nametag that proclaimed things like "Erol's. Associate. Committed to Excellence," or "AMC Theaters Welcome You." Students who worked not only got tired of sayings concerning customer service, but they also had their fill of cliches like "The customer is always right."

"I can't stand it when customers keep trying to to tell us that certain things are on sale when anyone can see that they're not!" commented Stephanie Dunn, a Leading Labels employee.

"I hate it when I'm turned around trying to get someone's popcorn and they keep telling me their order, " said AMC Theater concessionist Lisa Anderson.

It always seemed that customers were the only thing that stood between having the perfect job and an OK job. Said David Wolter, "What always bothered me about my job was when people wanted to buy a part for a boat and they didn't know what it was called, what it looked like, or even where it was supposed to go!"

"I love Erol's--people are in a great mood because their attitude is 'Hey, I've got the day off and I'm gonna watch movies!'" said Ann Gillette, who worked at Erol's Video Club. "But there are always those people who come up and ask you, 'What's good?' What can you say?" she continued.

But of course, there was always a juicy paycheck as a reward for dealing with all those pesky customers. "Paycheck?! I haven't even had time to cash mine yet!" cried Stephanie Dunn.

Setting Up

His job at the Giant Food Store in Dale City usually kept him near the pharmacy, but John Lawson also had to stack merchandise like facial tissues.



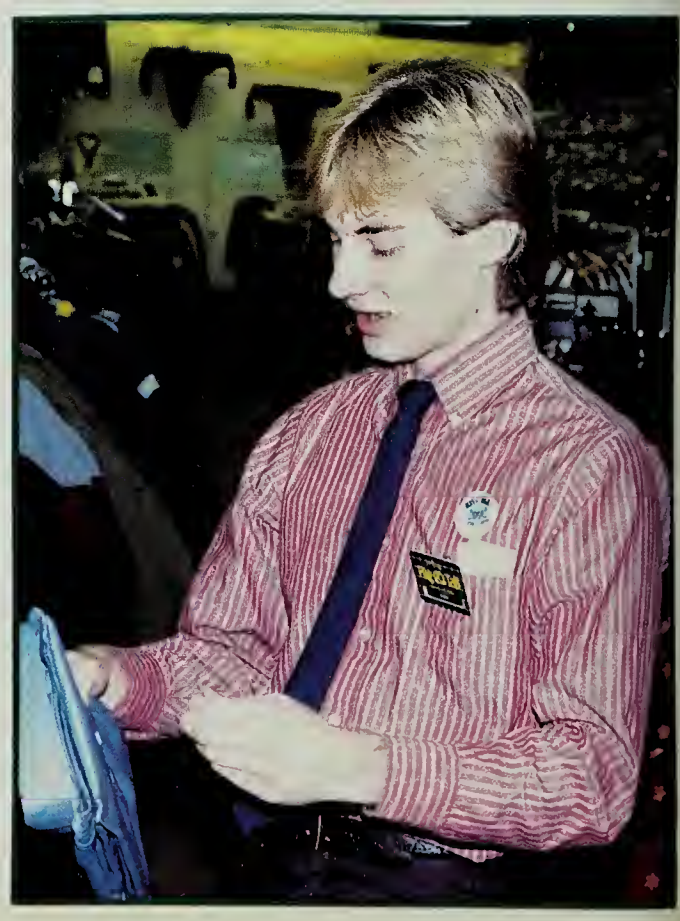
Sneaking Around

Part of Julie Callantine's job at the Nike outlet was to assist customers in finding the perfect pair of shoes, whether they were for basketball, biking, or just sneaking around.



Putting It Together

Senior Ken Odom hangs shirts for display in the Big & Tall menswear store. Of course, he also had to help people put together clothes for the perfect image.





Officework

Although her official position at AMC Theaters was "Concessionist Supervisor," Lisa Anderson often found herself typing reports to division headquarters. "I knew I shoudn't have told them I could type," said Lisa.



Ribbons and Bows

At her job at The Paper Factory in Potomac Mills, senior Ruthi Pollack sorts bows by color and style. "It seems like people just can't put things back in the right place," said Ruthi.

Schoolhouse Rock

Fifties Fever Hit Potomac In 1987

The penny loafers and saddle shoes were brought out of the closet. Poodle skirts and letter sweaters were dug out of the attic. And students battled furiously for the title, "Most Spirited Class." Competition was so fierce students became more concerned about which class won what during Spirit Week, than finding out who was in the Homecoming court or how the football team fared against the Stafford Indians or even what graduates would drop by to see old friends. Said senior Larry Jordan, "I knew we'd win the game, so I was more worried about the seniors winning."

As far as the football game was concerned, the students didn't have too much to worry about. Though the score was a very close 21 to 20, the Panthers won the Friday night game. (Cont'd on p.15)

Good Enough

The Class of 1988 hadn't been known for its school spirit before 1987, so the seniors were overjoyed about at least tying for Most Spirited Class with the juniors.





HOMECOMING SCOREBOARD

Dress-Up

1st Seniors
2nd Juniors
3rd Freshmen
tie Sophomores

Floats

1st Seniors
2nd Juniors
3rd Freshmen
tie Sophomores

Bonfire Dummy

1st Seniors
2nd Freshmen
3rd Juniors
4th Sophomores

Halls

1st Juniors
2nd Seniors
3rd Sophomores
4th Freshmen

Pre-Sale Tickets

1st Juniors
2nd Sophomores
3rd Seniors
4th Freshmen

Spirit Links

1st Juniors
2nd Seniors
3rd Sophomores
4th Freshmen

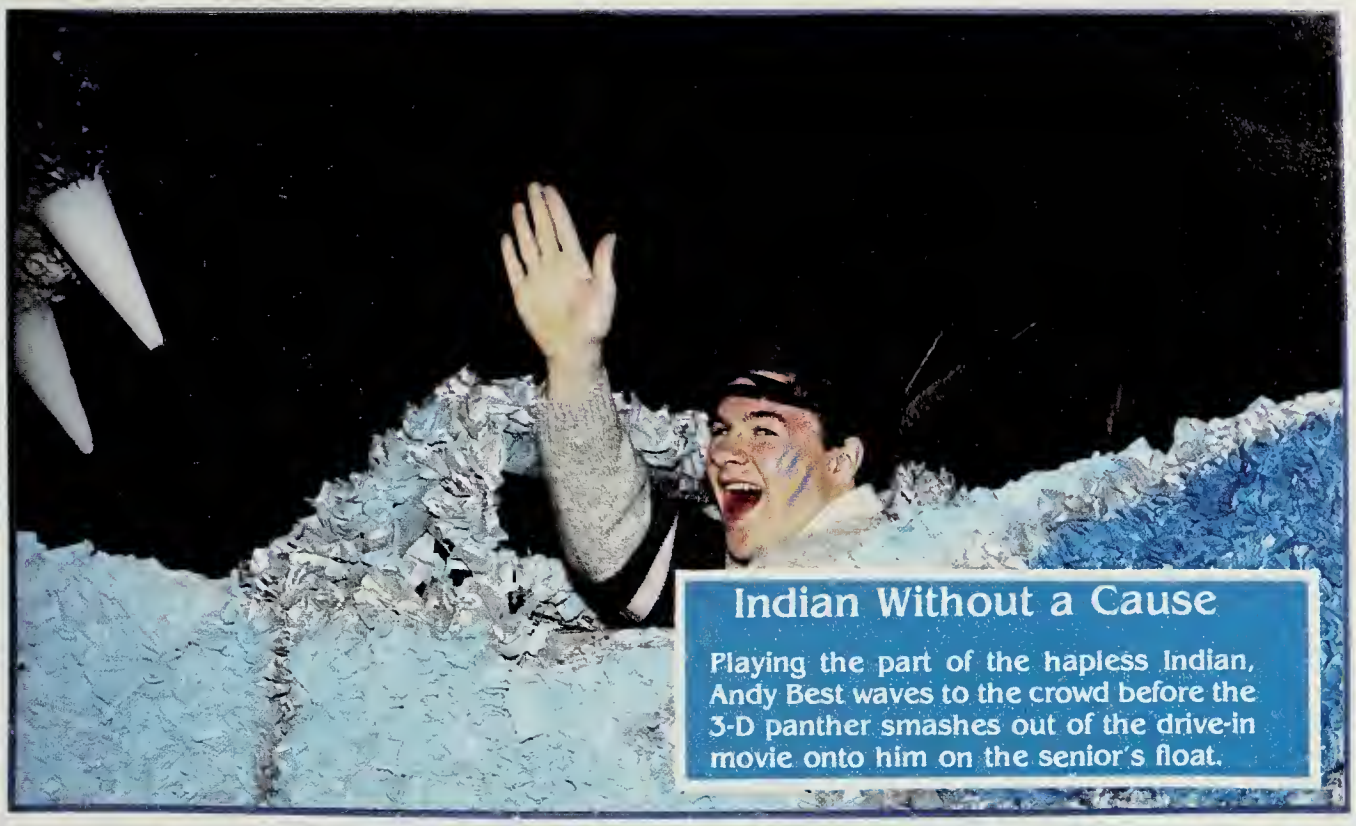
Final Results

1st Juniors
tie Seniors
3rd Sophomores
4th Freshmen



Swamped

Sophomores Theresa Theroux, Kristen Hayden, Angie Deck, and Tracy Jarvis got the "privilege" of putting together the spirit links that hung in the cafeteria throughout Spirit Week. An incredible 70,954 links were sold at five cents each. Class-supportive students purchased them in hopes that their class would end up with the most. The Junior Class won after buying 30,443 links.



Indian Without a Cause

Playing the part of the hapless Indian, Andy Best waves to the crowd before the 3-D panther smashes out of the drive-in movie onto him on the senior's float.





Acceptance

For the first time, there was a tie for "Most Spirited Class." Presidents Sandi Lupo, senior, and Gretchen Moss, junior, hold the plaque the winners are engraved on. The two cheerleaders accepted the award from SCA President Jenny Beyer.

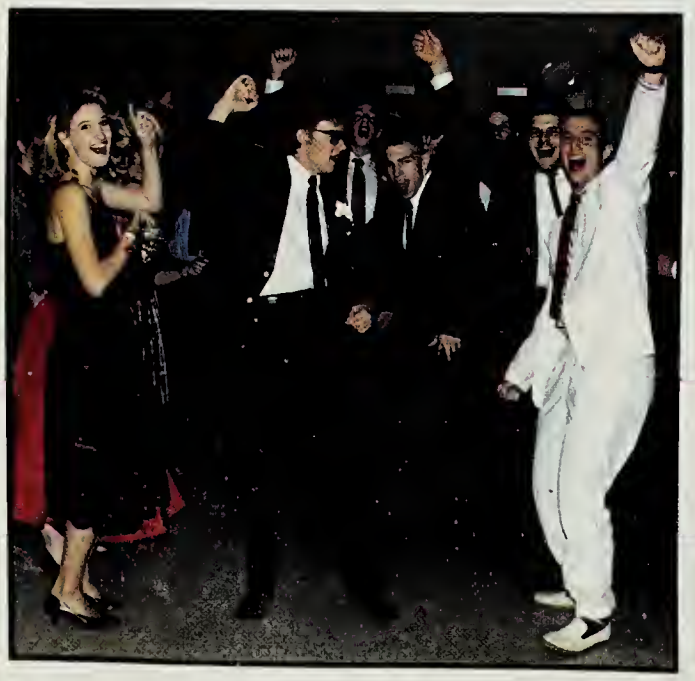
Rock Around the Clock

Freshman Eric Fels plays baritone at the bonfire. The Marching Band was an essential part of the Homecoming festivities in leading the parade, performing a halftime show, playing fanfares for the introduction of the Homecoming court, and, of course, helping lead the crowd in cheers during the football game.

Finishing Up

Sophomores Maura Barrett and Cindy Grubenmann put the last few touches on their class's dummy before he is tossed into the bonfire.





At the Hop

A crowd of friends, including Kim Creighton, John McHugh, Dave Gardziel, Dave Darling, Todd Sampson, and Mike Catlett, let loose on Saturday evening at the Homecoming dance.



Royal Couple

Seniors Veronica Barr and Andy Yentsch congratulate each other on becoming Homecoming Queen and King. Andy received the crown, scepter, and robe as Veronica was presented with the traditional sash, tiara, and bouquet.









Senior Princes and Princesses: Cricket Mees, Paul Kersse, Milton Thornhill, Mary Beth Sines.

Junior Princes and Princesses: Karen Clark, Marcus Berry, Isaac Johnson, Brittany Brenner.

Sophomore Princes and Princesses: Rob Snyder, Tracy Jarvis, Robby Ferguson, Jenny Stearns.

Freshman Princes and Princesses: Scott Dietze, April Sackett, Jarod Owen. Not Pictured: Sandi Lee.







The Bitter End

The Senior's first place bonfire dummy, assembled by Cricket Mees, met its end on Thursday, October 29. The rest of the Stafford football team, however, met their match the following evening, when the Panthers won, 21 to 20.

All Dressed Up

At the dance, Susie Kong compliments Andy Wynne on his tie. "Semi-formal dance" meant different things to different people. Girls wore everything from sweater ensembles to formal gowns. Guys' clothes varied from sweaters and slacks to three-piece suits.

Penny Loafers and Bobby Socks

Impersonating Elvis and a diehard fan, juniors Karl Schwanda and Heather Erie dance on their float. Juniors' hearts stopped when the truck under their float stalled. At the last minute, another truck came to the rescue.

Visiting Royalty

Sitting on a car once again, graduate Gina Gombar attends the Homecoming game. Gina was the 1986 Homecoming queen and had the honor of crowning Veronica Barr.



(Cont'd from p.12)

Once the court was introduced at halftime, Andy Yentsch and Veronica Barr were honored as king and queen.The 1986 Homecoming queen, Gina Gombar, passed her title and tiara on to Veronica.

After ages, Mr. David Kite finally announced the results of the Spirit Week. For the first time in Potomac's history, there was a tie between the classes of 1988 and 1989. The classes took the opportunity to take pride in the individual events that they won.

Said senior Debbie Jarvis, "All I was worried about was us winning the float competition. And we did!"

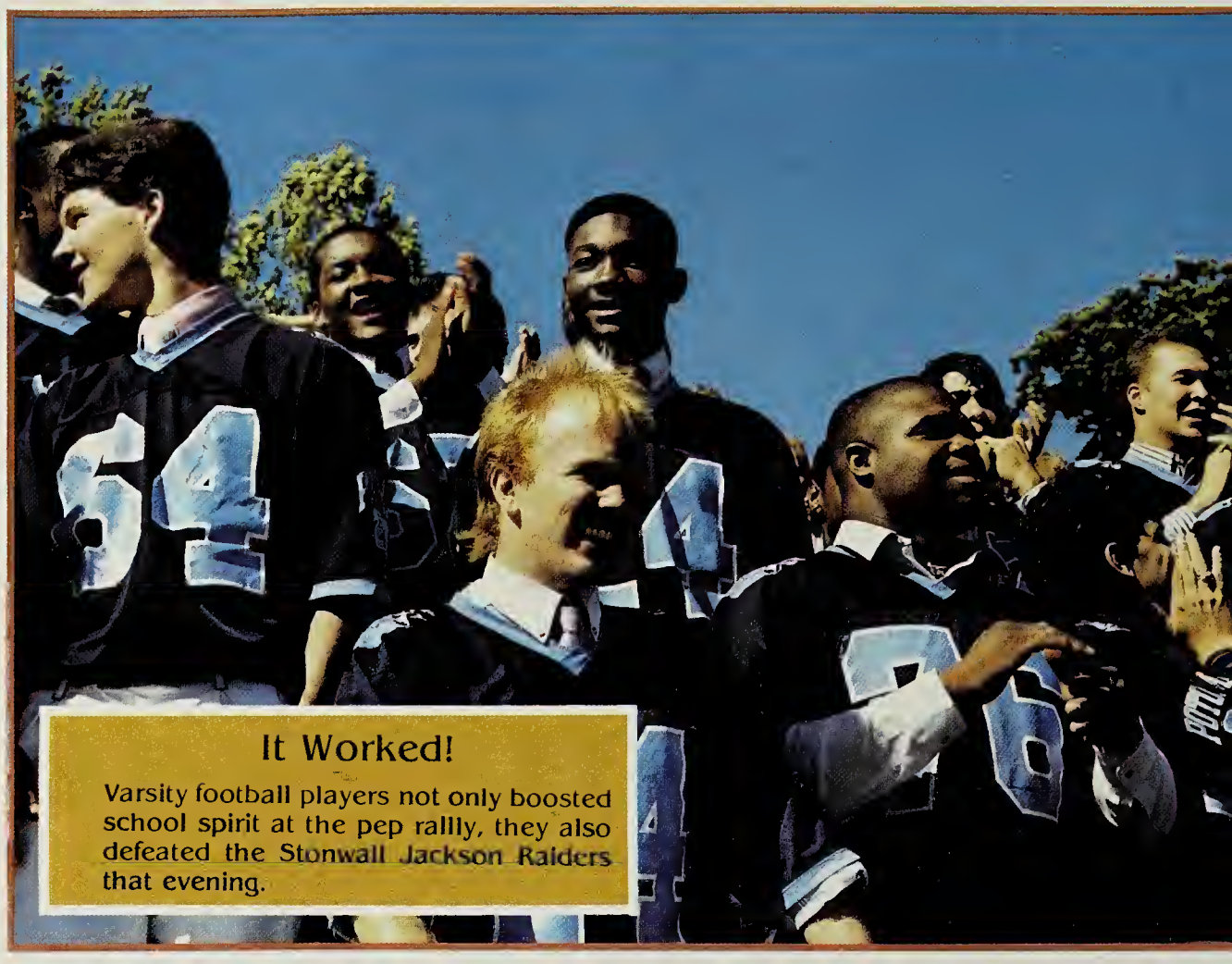
Although many students were angry about Spirit Week ending in a tie, others felt it wasn't so bad after all. Said senior Andy Best, "A tie in Homecoming was the best thing that could have happened. It helped ease hostile feelings that had built up between the juniors and seniors." Also, a whopping 70,454 spirit links were sold at five cents apiece. Said SCA president Jenny Beyer, "The money raised from the spirit link sales goes into the Student Government Fund. This is used for two SCA scholarships, donations to charities, and to put on schoolwide activities."

The Homecoming Dance ended Spirit Week with a touch of class. However, the event suffered, as the juniors had been more concerned with Spirit Week. Said Junior Class president Gretchen Moss before the dance, "We feel pretty confident about the dance, but we have been working harder on winning Spirit Week." Commented junior Stephanie Dunn, "The dance was a real letdown after all the excitement of Spirit Week."

Panther Spirit

One of the major highlights of the first pep rally was the appearance of the embodiment of the Panther Spirit. Mr. John Jenkins shows his support as he cheers on Lee Bennett.





It Worked!

Varsity football players not only boosted school spirit at the pep rallly, they also defeated the Stonwall Jackson Raiders that evening.





Doing Their Best

Willette West, Nacho Alleyne, and Penny Morris demonstrate senior spirit at the pep rally. The class of '88 tried their best, only to be outyelled by the juniors.

Preview

Yung Joo Lee plays bells as the Marching Band performs during the Pep Rally. Playing a few of their selections gave students a brief preview of the halftime show.



Hamming It Up

Cheering for their class are seniors Candace Bouslough, Alana Jacobsen, Kristi Anderson, Renee Brown, and Susan Zovak.

Being True

"The biggest reason I even show up at the pep rallies is to see Mr. Jenkins strut his stuff. When Mr. Jenkins is on, the whole place roars," said junior Chelliey Brent. Mr. John Jenkins was at it again, this time dressed in a blue outfit and a lot of makeup. He was the Panther Spirit, the embodiment of all the noise the students made as they cheered for their football team and for school spirit in general.

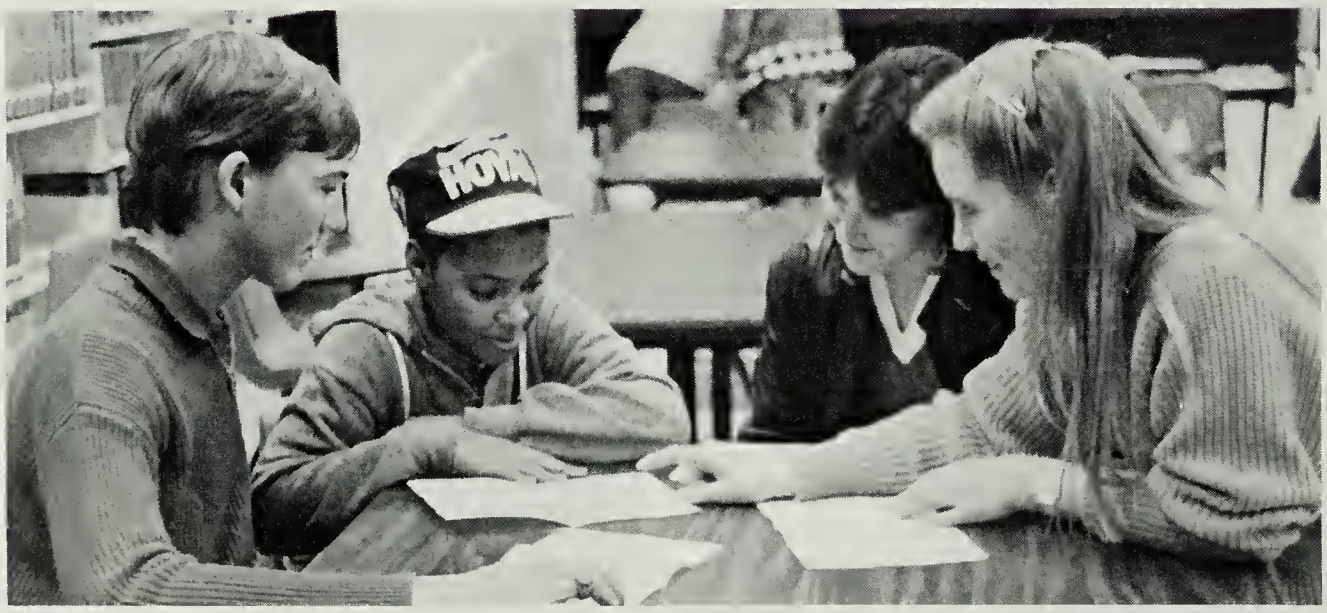
"I really went wild," said junior Susan Emmons. "It's a real chance and a real pleasure to show all your emotion." For the first time, students' spirit was to be demonstrated in a more organized manner, as the four classes competed for the coveted Sprit Stick. SCA President, senior Jenny Beyer led each of the classes in cheering, and the noisiest class won the right to have "their" spirit stick displayed in the main lobby. The big, loud Class of 1989 won each time. Commented junor Aaron Swenson, "The juniors won; that's what's important." But senior Sean Riordan disagreed. "The seniors rule the pep rallies. We might not be the loudest, but we're the craziest."

According to many, however, winning the spirit competition was secondary to supporting the athletes' morale. Said defensive lineman for the football team, David Arnold, "It's important to know the school's behind you, and we knew it. We wouldn't have won some of the games we did without that extra push from the student body."

That "extra push" was what the teams wanted. Whether or not your class won didn't really matter in the end. Pep rallies were a way to show school spirit and a way to get the winning points on our side of the scoreboard. As the song said, pep rallies were a way to be "true to your school."

Leaky Letters

After completing her careative alphabet of pipes in Ms. Carolyn Leggett's art class, Heather Walters adds her signature.



Reporting Changes

Wondering if their GPAs had changed, Rolly Babcock, Rudy Ennis, Aimee Steelberg, and Martha Huff compare report cards.

College Preferences

Sitting at lunch, Brad Strawn sports a UNCW sweatshirt. Students often wore sweatshirts with the logo of their favorite college.



Alphabet Soup

"A B C D E F G . . ."

All of us remember singing along with Big Bird and Kermit the Frog when we were little. However, we didn't realize until high school just how important all those little letters were.

As soon as we stepped into PSHS, we were told to avoid ISS and OSS at all costs. What could be worse than spending an entire day cooped up in a little room, not being able to talk? It was enough to make one go AWOL. Or what about missing a day of school and getting zeroes for all the assignments we missed? Unexcused absences put holes in a decent GPA--PDQ!

GPA's were probably the biggest reason to try to succeed. For those with college plans, class rank and extra-curricular activities (FBLA, anyone?) were all-important. It didn't hurt to be in the NHS, either. A good record at PHS secured us a place in UVa, UCLA, VMI, or JMU. If we were really outstanding, we could even try for a ROTC or NROTC to pay for our BA.

The armed forces were a way of life for many PHSers, too. Among the Op T-shirts, there were many USMC sweatshirts. Being close to both D.C. and MCDEC meant that lots of parents were in the mililtary. Many students were also considering the Army, Navy, Air Force, or Marines for a career choice.

But in order to get through high school to get those jobs in the UN, FBI, or even the CIA, we had to pass test after endless test. In our freshman year, we had DAT's and in our sophomore year the PSAT's and the competency tests were thrust upon us. Going into our junior year, we were surprised with our final SRA test. Then we dealt with the stress-filled SAT's that colleges would base acceptance on.

SCA also touched everyone's lives. The officers wrote a Constitution laying down the structure of the student government. Their efforts heightened school spirit.

Hard classes, tough teachers, and massive amounts of homework were enough to make anyone give up. The only reason that many of us lived through the hectic pace of high school was to enjoy the weekends. About halfway through Monday we were all wanting to say TGIF, ASAP.

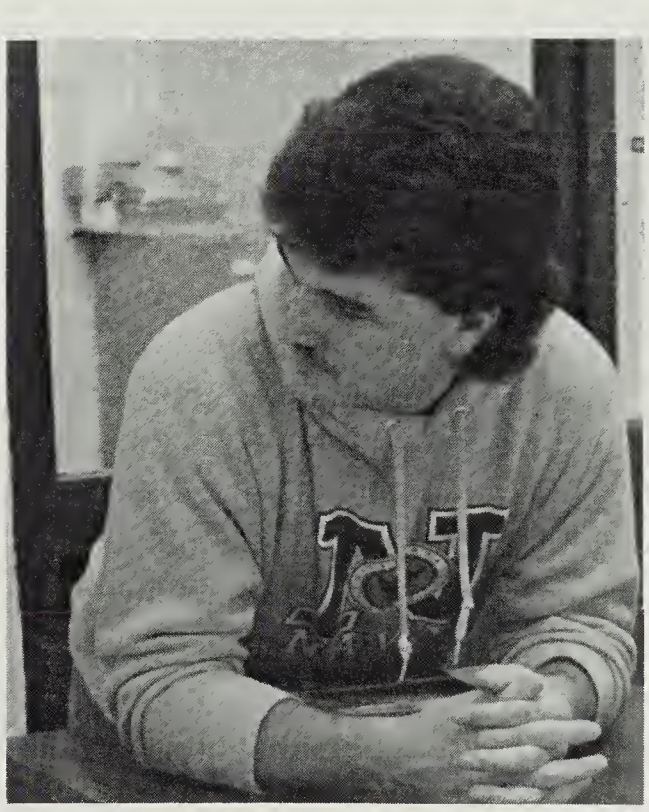
There were clubs for every interest, too. FHA, FBLA, DECA, VICA, ICT, NHS, and SNHS raised money, had meetings, and entered mew members.

With all the letters floating around, we needed all that practice that Big Bird and the rest of the Sesame Street gang put us through.

"Now I know my ABC's. Next time won't you sing with me?"

OK?!





N for Navy

In his Navy shirt, Rick Lawrence shows off a possible career choice. After being accepted into college, many wore the symbols of that institution.

Peek-A-Boo

Shuffling through the mail, Soon-Gill Duncker hopes to find her SAT results. Students took prep courses in hopes of improving the scores that were essential to college acceptance.

Rainy Daze

On a gloomy, rainy day, Kesha Hynson, Frankie Wompat, and Corina Boyd gaze ou the window. Days like this often left people in laid back moods.

Frolicking in the Foliage

Romping around, Paula Hudson, Ron Thayer, and Brant Redder take full advantage of the fallen leaves.





MOM NATURE

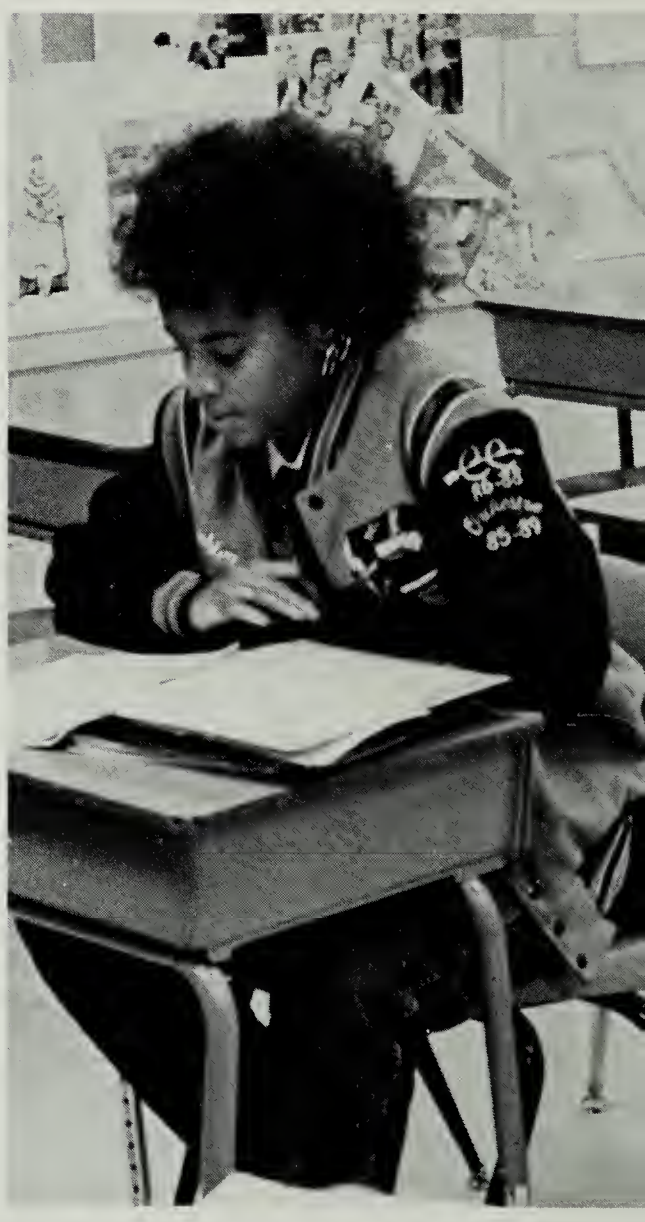
"Due to the weather, the Freshman and J.V. football games will be postponed until tomorrow." The afternoon announcements often included cancellations and postponments of activities. Very often, the disappointing cancellations were made due to thunderstorms or any other kind of inclement weather. Faces would then either pout or smile, and often comments as "But I can't make it tomorrow!" or "Canceled again!" were heard from all directions.

Weather not only played a role in afterschool activities, but also in moods. When dark clouds hovered over the school, everyone felt that cloud would burst at any time and totally destroy a perfect day, so no one dared to flash a smile, much less be in a good mood. "At the sight of threatening clouds, I try to find excuses for sleeping in for the morning," commented freshman Carrie Yacono.

Although weather often ruined many things, it could also make people smile in surprise when the sun suddenly sprang out of the clouds after a week of rain. "Sunny weather keeps me in a good mood!" exclaimed freshman David Baldwin.

It's Freezing In Here!

With below freezing temperatures outside, temperatures inside were greatly affected. Students like junior Xzabier Jackson could be seen bundled up throughout the school.





Defense Systems Go!

In preparation for a snowball fight, senior John Hansohn and junior Kelly Dillinger get ready to counterattack.

All in a Bundle

To keep warm, junior Julie Baldwin bundles up on the curb while waiting for her ride.





Shootin' the Breeze

All laid back, junior Von Pilkington and senior Sean Lookabill relax and chat in the spring breeze.

Trendy

Sophomore Barby Ingle models a trendy short plaid skirt and a patterned scarf. Outfits like hers, supplied by Attitudes, were seen daily in the halls.





Nitey-Nite

With teddy tucked under her arm, senior Sue Combs gets comfy in teddy bear pajamas. Intimate Eve, specializing in loungewear, supplied her outfit.



Ready to Go

Dressed to the hilt in their outfits from Potomac Mills' department store, Cohoes, seniors Kim Harrison and Bob Lund are ready for an evening out.

Changing Times

Whether it was a change of seasons or just hours, there was a change of clothes for everything. It became a major decision every morning: would it be a classy wool skirt and a nice blouse? dress pants, shirt, and tie? rugby shirt and Levi's? Or would be something really comfortable, like those famous Nike sweats? Whatever the decision, it had to be stylish, "now," and "you."

To show all the latest trends that appeared in nearby stores and therefore in classrooms and halls, DECA members organized the second annual fashion show. The show took the audience through the phases of a typical day, showing just the right outfit for every occasion.

"It was great to help organize the fashion show for DECA and to audition the models we chose," said senior DECA member, Cindy Shugart.

Models had auditioned weeks before and had spent what seemed to be ages practicing walking gracefully up and down the stage every day after school. In addition to the models, the DECA members also spent afternoons working on the backdrop, displaying the theme with many different kinds of timepieces. Effort was also put into getting sponsors to donate outfits for the models to wear. Several stores in Potomac Mills were represented, as were other neighborhood shops. For their donations, the stores were recognized by the emcees when they named the models and described their outfits. All the hard work done by DECA members and models alike paid off when, during Activity Period on Tuesday, December 8, students who had passes were admitted to the auditorium to see the show, "Rock Around the Clock."



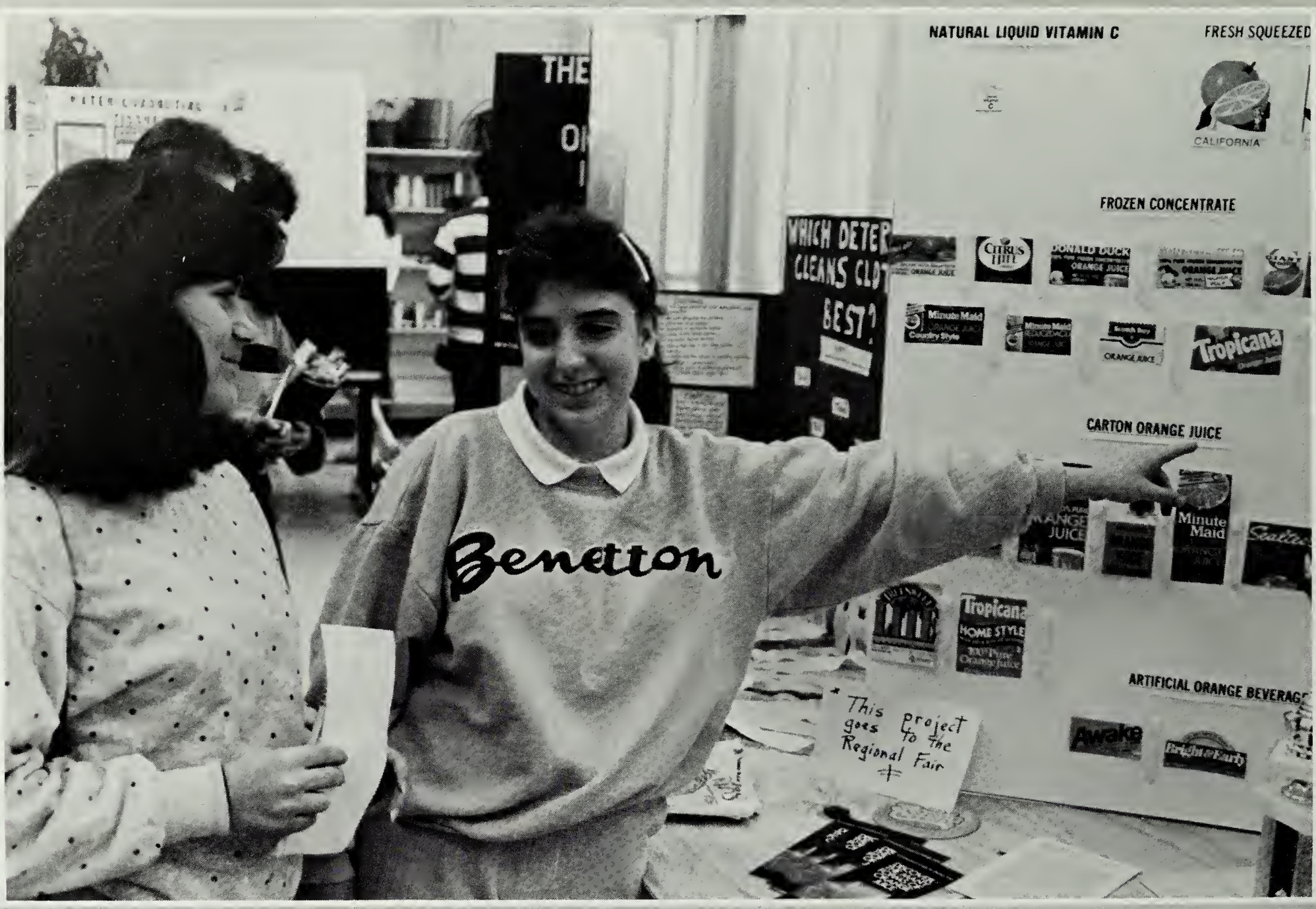
Let's Talk

All ready to go in her casual Gitano outfit, junior Angie Hall makes arrangements for her night out over the phone.



In Charge

Senior Penny Morris and junior Kirstin Walsh led the ceremonies with their descriptions of the outfits being worn. Kirstin who has done some modeling got a chance to demonstrate her knowledge of fashion.



Winner

Science Fair winner, freshman Chrissy Malanka explains to senior Kimberly Whitehurst which orange juice has the most Vitamin C.

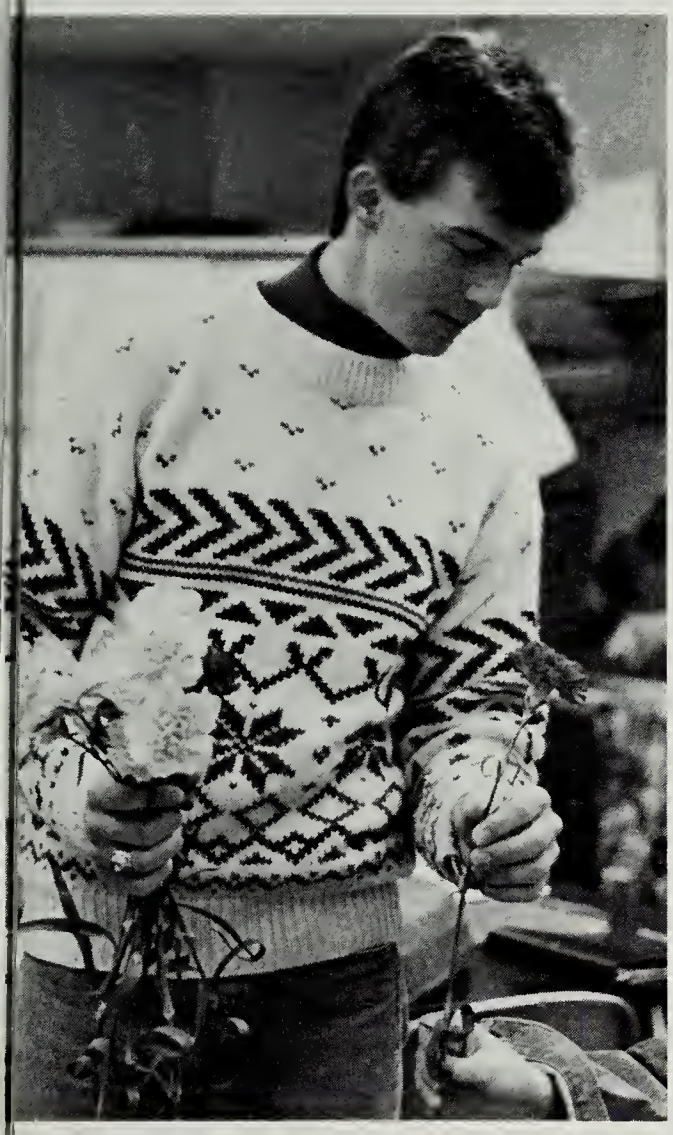
Ganging Up

A group of seniors--Mike Fox, Debbie Anderson, Dave Kline, Debbie Jarvis, and Jana Rea--hang out at Morp. Said Jin Kang, "The dance was a lot better than Homecoming."



For You

Delivering Val-o-grams for the Junior Class, Kevin Phoenix makes every recipient's day. The money the juniors raised went toward Prom.



Beating The Blahs

Booooring. It was cold outside, so we couldn't rely on summer pastimes to chase away the blahs. Cruising around with the windows down and the stereo blasting just didn't cut it in thirty degree weather.

The SCA decided to battle. Our Winter Festival, complete with dress-up days, was planned for the week of February 8 through 12. End-of-the-week festivities included a pep rally, which featured a six-minute senior-faculty basketball game, and a Morp. Morp--prom spelled backwards--was a new concept for Potomac. Basically, it was exactly backwards to the big May event. Girls asked guys for dates, or people just went "stag" or with a group of friends. Couples were also encouraged to dress as much alike as possible and they could pretend to be married for the evening. Most importantly, dinner was at McDonald's, and there was no formalwear allowed. Sharing the week with Winter Festival was Valentines Day. As always Val-o-grams were sent out on Friday, February 12.

Try as the SCA might, they couldn't raise as much spirit as they did during Homecoming. Although posters advertising Morp plastered the halls and announcements about dress-up days were heard daily, no one seemed really aware of what was going on until a few students braved the cold in shorts for Beach Day.

Signs of spring weren't far in coming. The Science Fair exploded into the library on February 24 when students dragged in their projects and set them up for display. The Mr. Potomac Pageant and the Foreign Language Festival were just around the corner, too.

"I hate winter because everything is so dead and confined indoors. So I just sit through the winter and wait for spring to come," said senior Joely Hebert.



Over There

Decorating the cafeteria for the first Morp dance ever were members of the SCA Board, sophomore Tracy Jarvis and senior Debbie Jarvis.



Ups and Downs

Getting some help at decorating the cafeteria, senior Cricket Mees instructs Ms. Wanda Petersen how to hang crepe paper.

Ouch!

No matter how hard we tried, we were always getting an "owie." Some problems were serious enough to get us on the operating table--and then on crutches.

"I hate it when I get hurt playing soccer, because the first thing everyone asks is, 'What happened?'" said junior Steve Lacey.

The only advantage found in being "disabled" was being able to leave class five minutes early. If a lower limb was hurt, we could use the elevator to get upstairs. Although it felt like heaven crutching down the deserted halls while everyone else struggled through math class, it wasn't so nice once we were caught in the hall amid throngs of able-bodied students.

"I loved getting all the attention and getting to leave early, but once I got caught in the hall when classes got out and I got trampled," said senior Joely Hebert.

It was nice when everyone smothered us with attention, but nothing felt better than tossing aside those crutches, casts, and band-aids. Said senior Travis Burks, "Nothing felt better than getting my cast off."





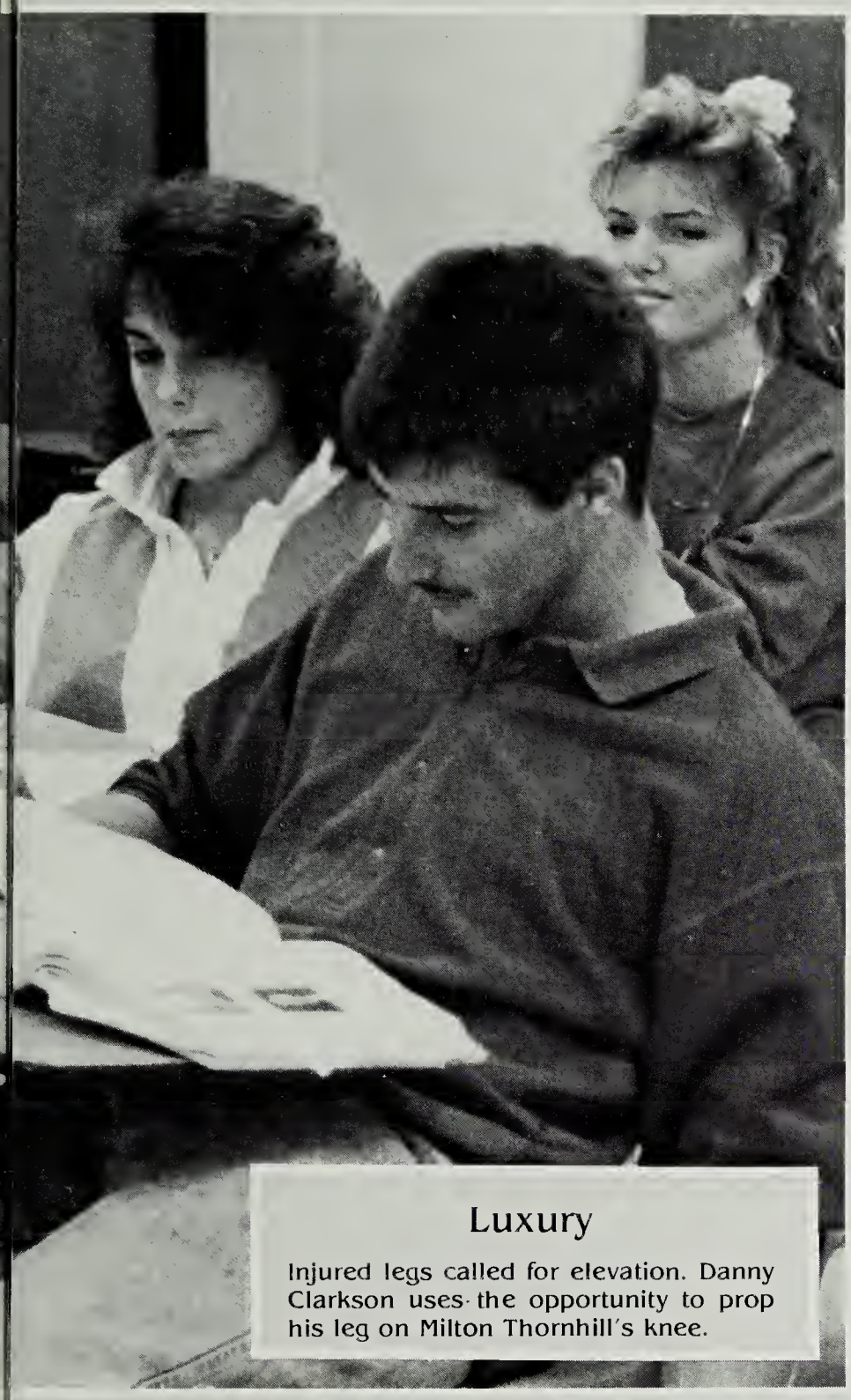
Agony

In a rush to avoid being tardy and getting sent to the auditorium, senior Susan Goble bashed her hand on an etagere, resulting in much pain.



Braced

After hurting her leg playing soccer, junior Shelley Eveslage was required to wear a brace for a few months after surgery.



Luxury

Injured legs called for elevation. Danny Clarkson uses the opportunity to prop his leg on Milton Thornhill's knee.

Bearing It

Ignoring her hurt arm, Stella Moore concentrates on finishing her fashion design assignment in art class.







Darn It!

Recovering from his gym class, John Coe emphatically said that he will never play basketball in class again.

Hobbling

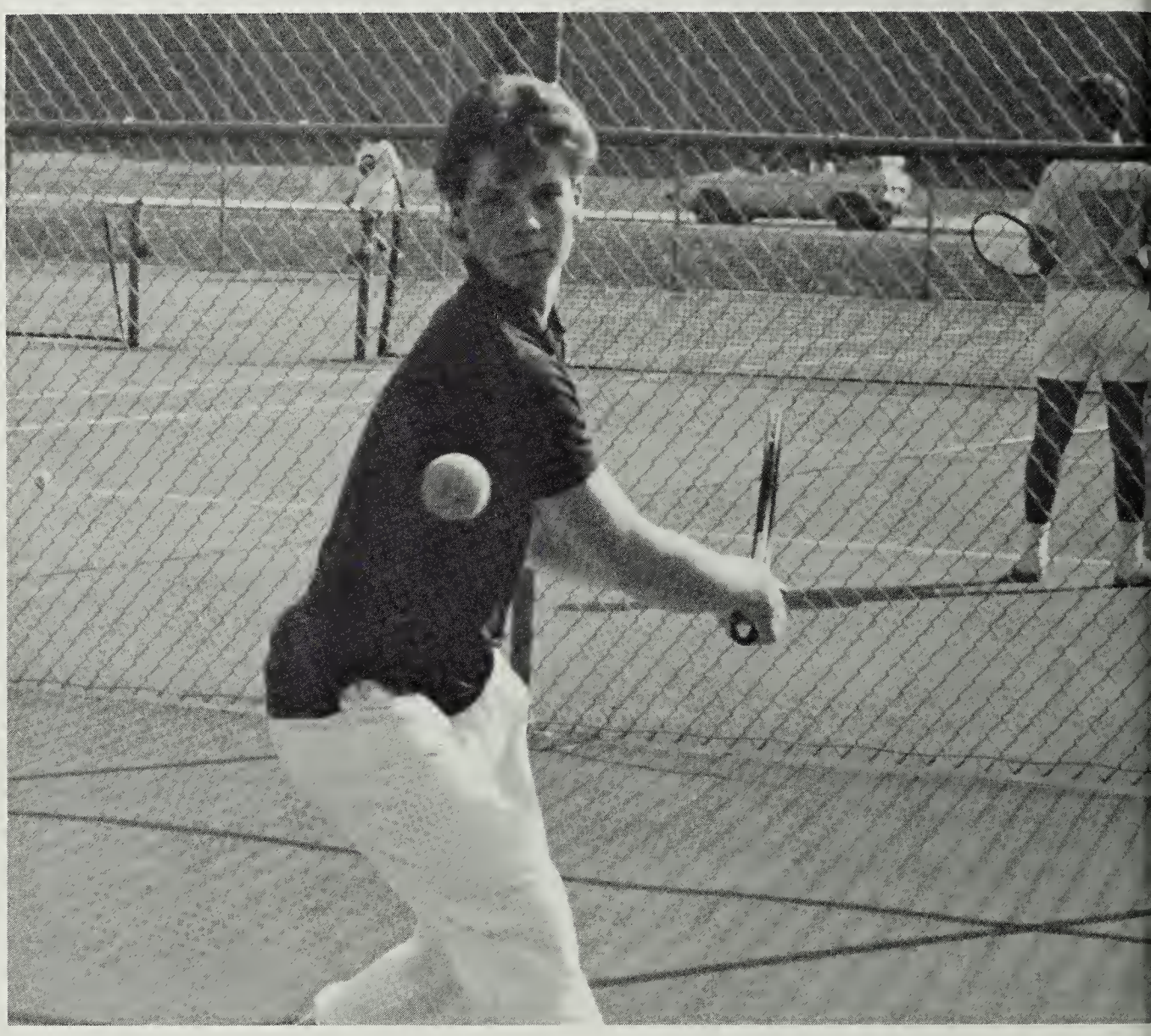
Making his way down the hall, Mike Mees hobbles down the main hall, trying to get to class before the bell rings.



Foreign Exchange Students: Front Row: Monica Maside, Maria Lusung. **Back Row:** Minna Niemi, Rappi Thornsteinsson, Tomas Waldemarsson.

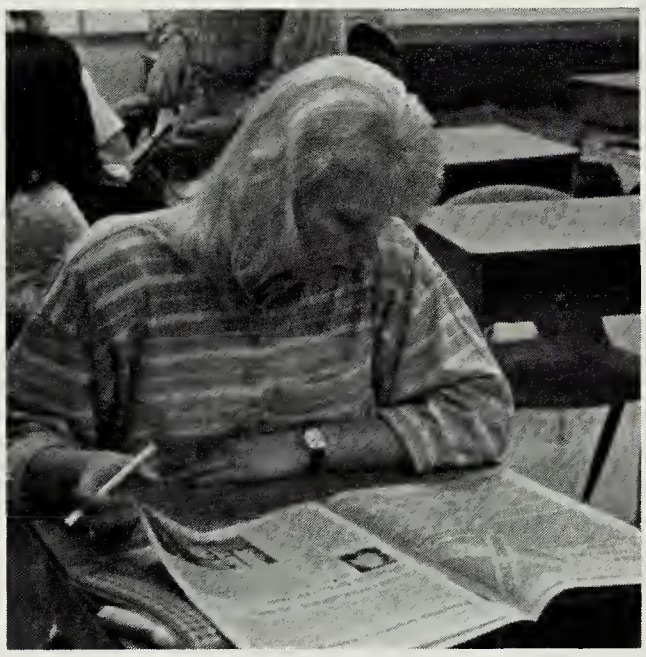
Swing!

Playing school sports was a change of pace for Tomas Waldemarsson, since he didn't have the opportunity to play for his school in Sweden.



New Experiences

Working on newspaper was one of the many experiences for Minna Niemi of Finland. She wrote a column about her homeland in each issue.



Coming Together

"Life is so fast in America and the teenagers are so independent," said Maria Lusung of the Philippines.

There were also changes in the school system for the exchange students.

"I find the school system here in America is much easier than the one we have in Norway, and also most parents think of kids of 17 or 18 as children, but in Norway you're separate from your parents," said Rappi Thorsteinsson.

The students learned many customs to take back home with them. They learned about the great junk food to eat, places to go, and just about every other custom we threw upon them.

"American food is deadly," said Minna Niemi, who was used to fish and lighter foods of her native Norway.

There was some adjustment for the host families, too. Speaking more slowly and trying to coordinate the family's meetings, sports, and jobs with their activities was one of the obstacles to overcome.

"Probably the hardest thing was trying to define American slang to them, but all in all, it's just like having a brother or sister--only you don't fight as much!" said senior Susan Goble.

A school year seemed to be never-ending, but for the foreign exchange students and host families, those nine months weren't long enough.

Born to Shop

Spending the afternoon at Potomac Mills exchange students Monica Maside and Maria Lusung check out American fashions.



Showing Off

Showing Senior Mike Lacey some pictures of home, Rappi Thorsteinsson decided to let him see the real culture of Norway.

Making Headlines

What made us curse rain, wind, snow, himidity, chlorine, and mirrors daily? It was those pesky dead cells: hair.

Even guys became concerned with hair styles; some highlighted it, colored it, let it grow, or got it all cut off.

"I know for a fact most guys spend more time in front of the mirror than girls do!" said Mr. David Kite. With mousse, gel, hairspray, blow-dryers, curling irons, and benders one could do anything. If one wasn't allowed to change his or her haircolor permanently, colorwash or hair paint could put some pizazz into their mop.

"I just keep changing my style until I find what looks best," said senior Michelle Underwood.

In the long run it might have been worth it but the frustration never stopped. The time spent sometimes set trends or just made one stand out from the crowd.

"The way I look at it, if other people don't like it, then they won't do it so I'm the only one like that and I become a special person because I had the courage to be different," said Alex Morse.



Really Black--For Now!

Never looking like everyone else, senior Alex Morse often dyed his naturally blond hair different shades.



Wait It Out!

Waiting patiently, sophomore Pat Driscoll endures the prickly feeling of getting his hair cut.



Dressed Up

A dressy outfit wasn't complete without dressy hair. Junior Stephanie Dunn put a fancy bow in her hair to complete her outfit.



Close-cut

Junior Billy Masters models the three aspects of a sure-fire haircut: spiky top, almost shaved sides, and a curly back.



Mop

Looking up from his government assignment, senior Ronnie Patrick grins from under his long, highlighted hair.



Elegant Evenings

Decked out for a night on the town, fashion show models Jennifer Theroux and Kevin Piggot have hairstyles to match their clothes.

The Wet Look

Reading a book before art class begins, senior Ian Doiran displays the hair style that years of swimming gave him.





Learning Experience

Washing the hair of a Gar-Field student, Leslie Singleton uses the techniques she learned. Attending cosmetology class daily taught students how to care for hair.



TALL!

Junior Melanie Westover boasts hair that stands 11 1/2 inches straight up! Classmates noted that she measured it daily. As always, hair was a form of self-expression.



"Fresh Check"

Although he kept his hair cut very short, senior Willy Wright was often near a mirror, doing a "fresh check" to be sure his hair looked good.



Non-Procrastination

Hard at work in study hall, junior Adina Horowitz completes her assignment. Study hall helped battle procrastination attempts.

Deadline Crush

With only ten days till deadline, yearbookers Kelly Craig and Nichole Holley struggle to finish pages amid pizza, candy, and soda.

Check It Out

Playing checkers in Mr. John Kittell's study hall, Brian Andrews and Shawn Blasi put aside their homework for more enjoyable things.







Bogged Down
Trying to finish a paper in one evening, most of Ms. Charlotte Stultz's AP Government class invaded the public library to research and write.

No Problem . . . ?

All that was left was the bibliography, the notecards, and the outline. And, of course, the final draft. When was it due, anyway? *The day after tomorrow?!?* Oops.

According to Webster's, "procrastinate" means "to put off something until a future time; postpone or defer taking action." It had many forms, like staying up late to type or cramming for tests. Said senior Aaron Speca, "I sometimes feel like an owl because I'm awake at night and dozing during the day." Procrastination had its non-academic side, too.

"Like waiting till mid-April to get a tux for Prom," said senior John Driscoll.

"There's something good on TV right now. I'll do my homework later." Junior Joo Lee had a typical reason to put assignments off to the last minute. Many students followed senior Cricket Mees's logic. "If I don't know it now, I won't know it after an hour or so of cramming." Some resorted to doing housework to keep themselves away from their desks. Said senior Stephanie Collier, "Before a term paper is due, you'd never recognize my room because it's so clean."

Doing things late was, of course, better than doing nothing at all. The less time there was available, the faster things got done. Students learned how to read a chapter of history, think about math homework, and (sort of) pay attention to a science lecture. Said senior Claudia Gibb, "Seniors are always the best procrastinators because they've done it for so long."



Essential ingredients

. . . FOR FRIENDSHIP!

The cheerleaders who had led the crowd at the basketball game were gone, as was the noisy crowd itself. Athletic Boosters Club parents, who had been selling refreshments, closed up shop. Pantherettes and Pep Band members alike were gone. The athletes and coaches had deserted the locker rooms. Even the custodians who cleaned up the lollipop sticks, Coke cups, and confetti had left for the weekend. The gates were down, doors were locked, and only emergency lights were lit.

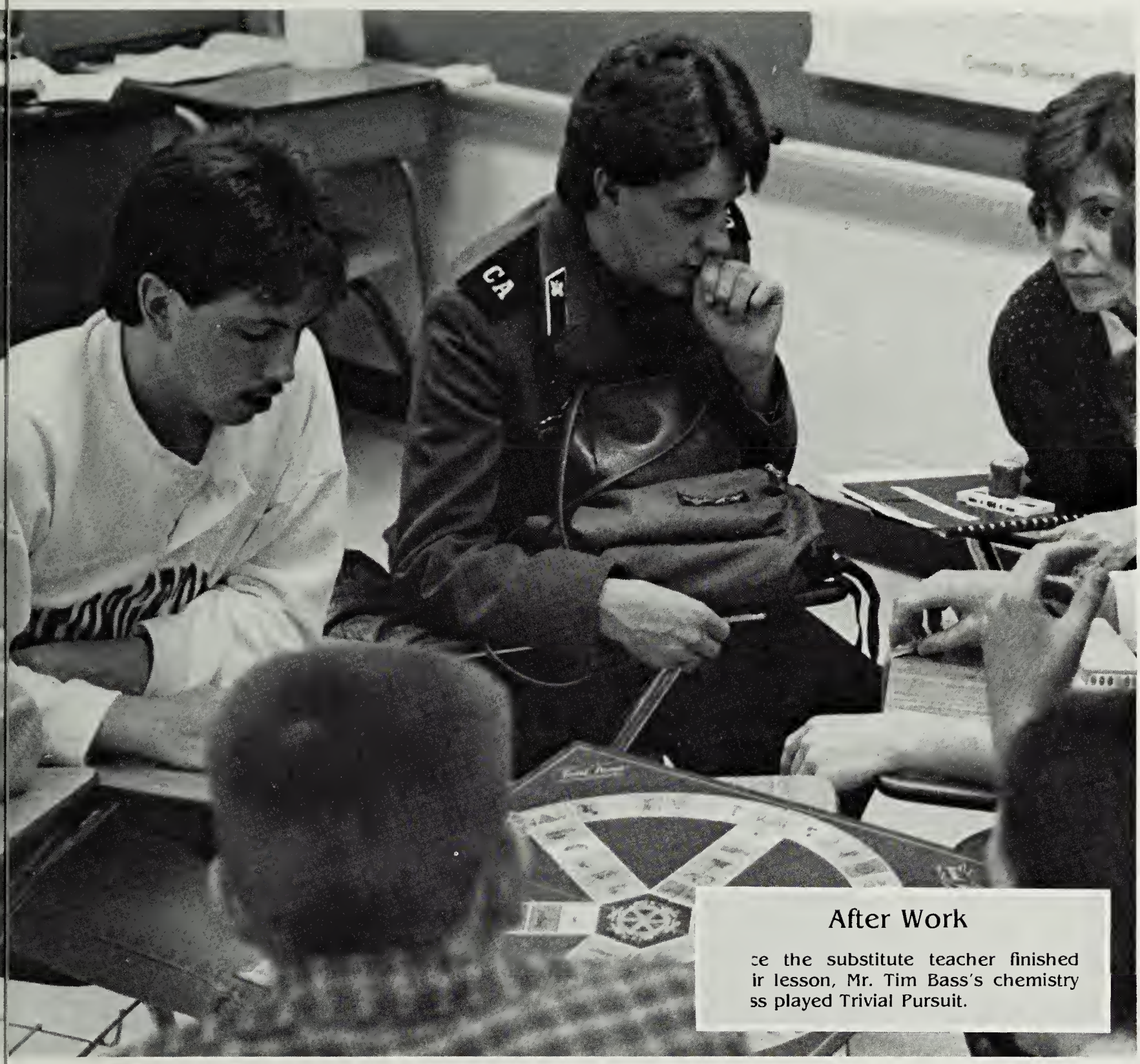
All that was left was the huge brick building and its surrounding parking lots and playing fields. From the silence of it all, one could never guess that, during the week, this was the daily meeting place for friends, and the center of events like Homecoming and Winter Festival. The silent hallways did not speak of the many clubs that based meetings, activities, and elections here. There was no evidence that this place was where students succeeded at everything from AP English tests to basketball.

With Monday's coming, life breathed back into Potomac. Things were back to normal once 7:45 came around and students rushed to first period. All those people were essential to making Potomac the "Home of the Panthers."

On Purpose

On Nerd Day of Spirit Week 1897, junior Mike Murphy, junior Ted Hupka, sophomore Ryan Rotteman, and senior Cliff Dodson compare calculus notes and pocket protectors. The Senior Class won in the dress-up days competition.

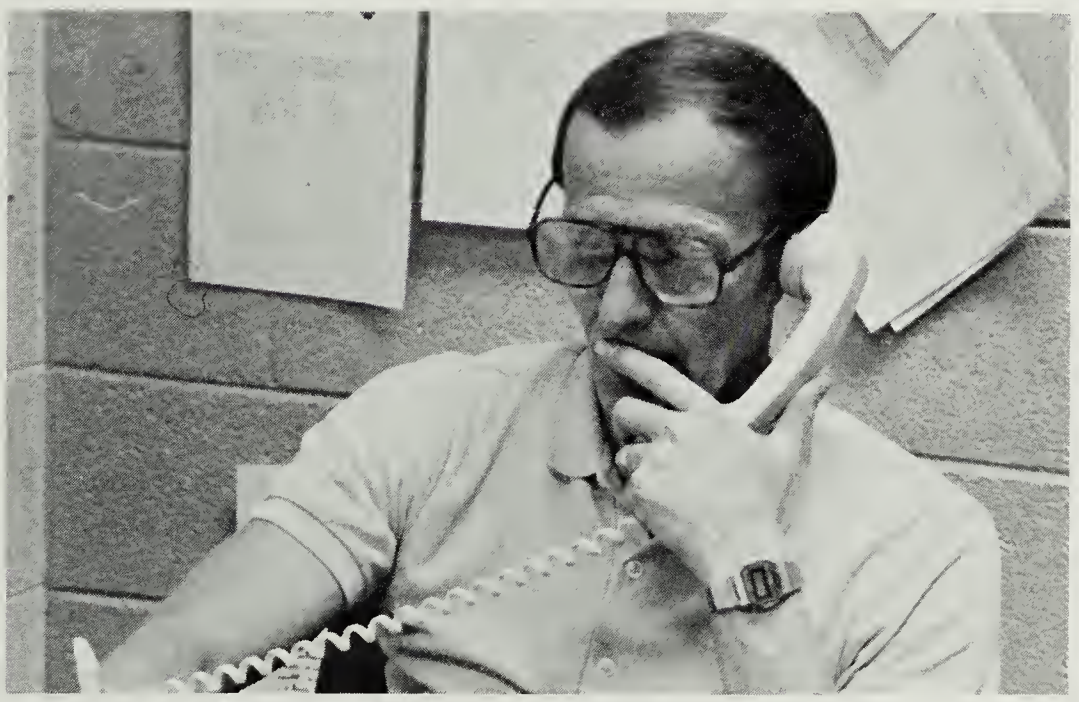




After Work

ce the substitute teacher finished
ir lesson, Mr. Tim Bass's chemistry
ss played Trivial Pursuit.



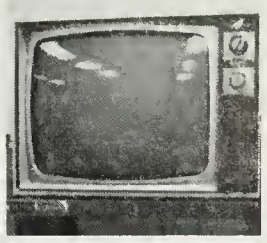


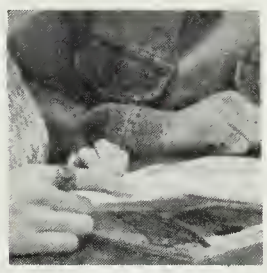
Essential

As Activities Director, Mr. Jim Qualls scheduled all games with other schools.

Panther Cub

On a warm fall night, Mrs. Jean Zimmerman and son Donald watch a football game.







PEOPLE

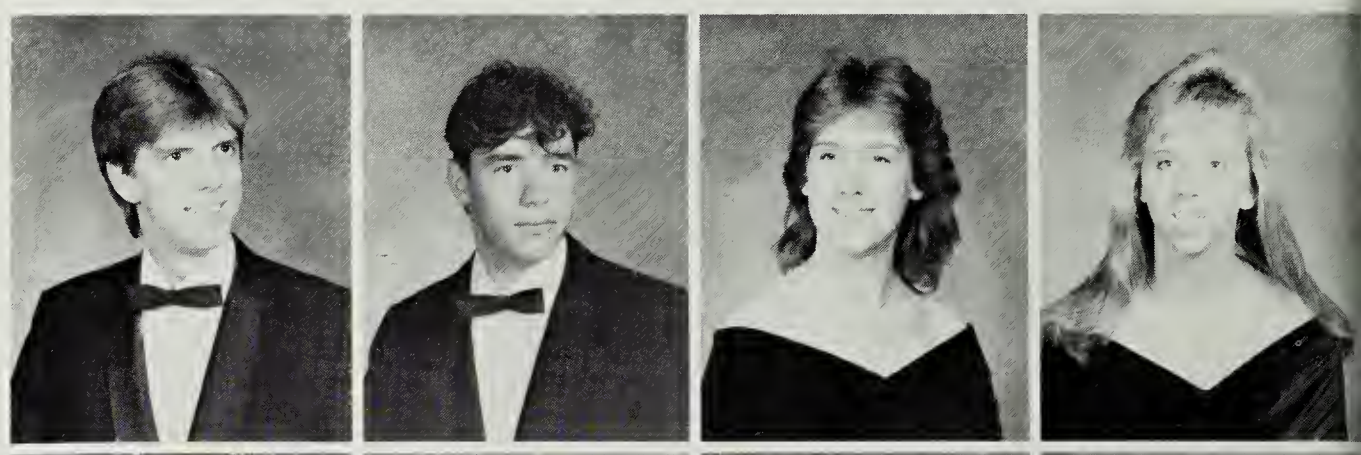
UNITED WE STAND

The Seniors Show Spirit In Their Final Year

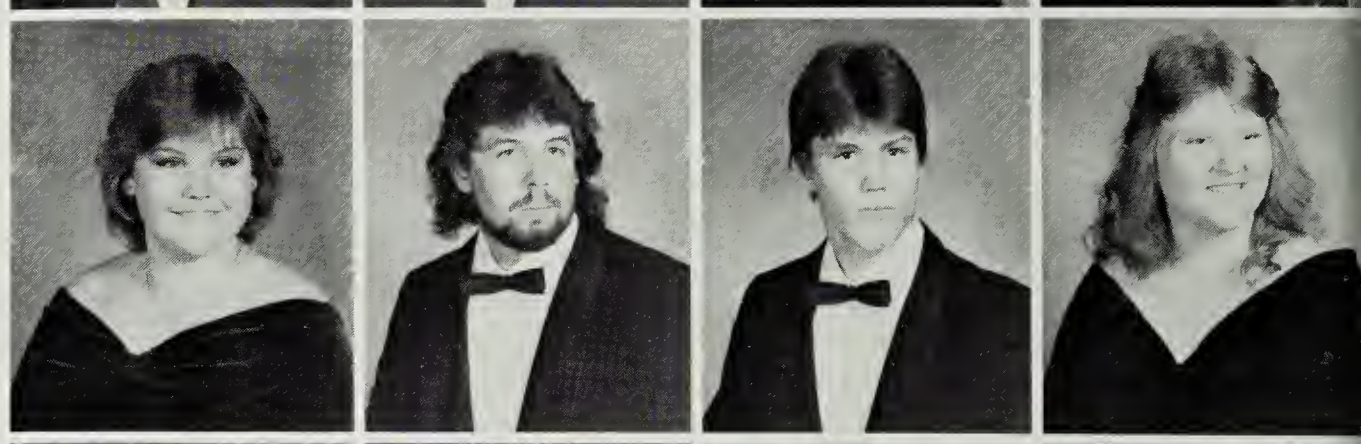


We'd suffered through a lot of abuse. Even until our junior year, other classes had snickered sbout our float and hall for Homecoming. But suddenly we united. We put on the first Prom to sell out, even though we were in debt at the begi nning of the year. We cheered our loudest and even tied for first place in Homecoming '87. We united with lots of pep, the friendship of our classmates, and pride in our school. After all, we were the one and only Class of 1988!

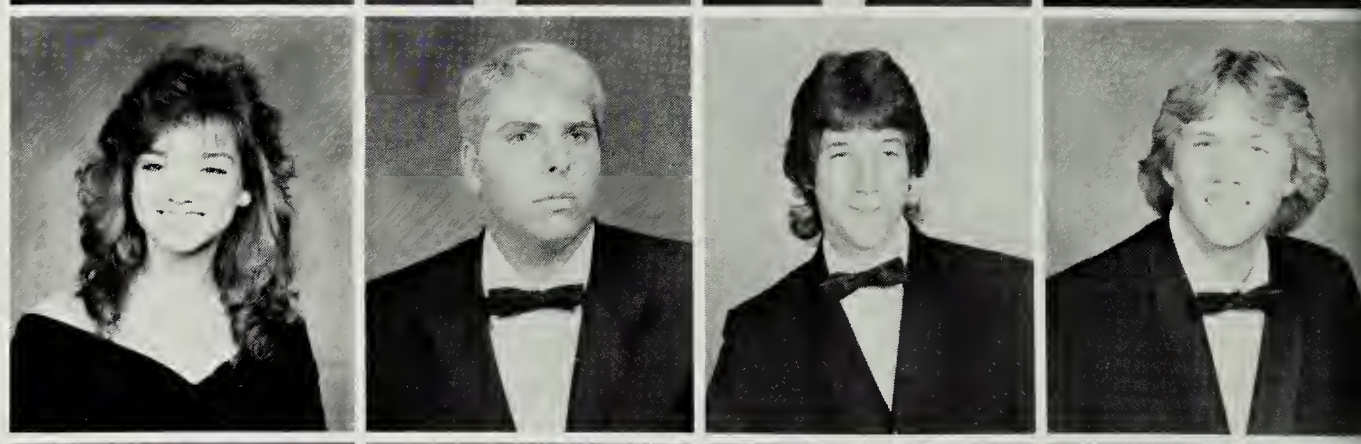
Max Acker Orch. 9-12, Sym. Band 9-12, Mar. Band 9-12. Ger.I Cl. 9, Pep Band 10-12
Michael Alberts
Debbie Anderson For. Lang. 11-12, Sftbl. 9-10, Ger. Cl. 11-12, Vbl. 9-12, Bsktbl. 9-12, NHS 11-12, Class Tres. 10
Kristi Anderson Photo. Cl. 9-10, PHS Class 11-12, Sports Ed. 12, Vlb 9-12, Capt. 12, Soccer 9-12, Class Secy. 12



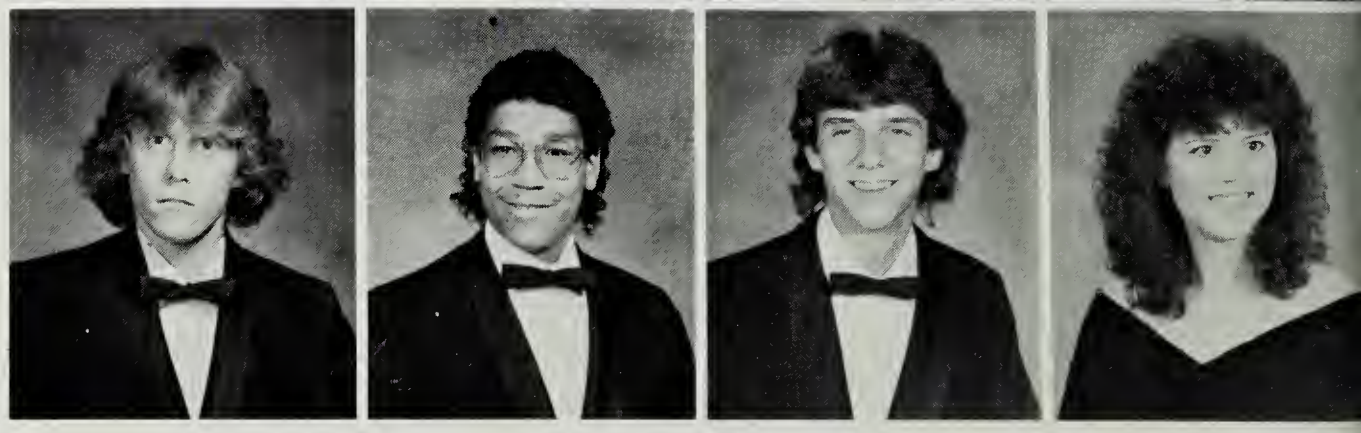
Lisa Anderson Band Frnt. 11-12,Hist. Cl. 11-12,Secy./Treas. 12,Prowler 11-12,Spts Ed. 12,NHS 11-12,Drama 10-11,SNHS 11-12,Bd. of Dir. 11-12
Michael Anderson Ftbl. 9-11,VICA 11-12
Brian Andrews Jr. Civ. 12,Ftbl. 10-12,NHS 12
Roberta Anglin For. Lang. 9-10, FBLA 12



Malinda Antonik Track Mgr. 9-10,Hist. Cl. 11-12, Prowler 11-12,Acad. Ed. 12,NHS 11-12,Soccer 10-12, SNHS 11-12,
David Arnold Track 11-12, Ftbl. 12
Mike Arnold Golf 9-12, Soccer 10, Art Cl. 9-10
Steve Baggott VICA 11-12



Jerry Bahorich For. Lang. 9-12, SNHS 11-12
George Bailey Cam. Sing. 11-12, For. Lang. 9-10, Sci. Cl. 10, Track 10, Ftbl. 9, Chior 9-12, Bar. Shp. Quar. 12
Mike Bailey ICT 12
Nicole Baldwin **For. Lang. 9-10, Jr. Civ. 12, SADD 9, Art Cl. 11**





"I was going to say something cute, but then I thought, 'Don't be stupid!'" "Being stupid" wasn't one of Kelli McGee's strong points. By being involved in many activities including being NHS president, she was one of the busiest seniors around. We voted her Most Academic and Most Likely to Succeed.

"I guess my hard work finally paid off," said Bill Wakefield. His achievement in academics, his involvement in several clubs and the student government, and the many awards he won was recognized by his classmates, who voted him Most Likely to Succeed.





Dressed Up

On Halloween Day of Spirit Week, the seniors decided to wwear togas. Wearing the same outfits was a way to show class unity.

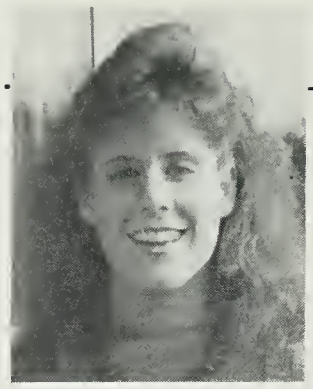
Darlene Bardon Sftbl. 9-12, Bsktbl. 9-12
Tami Barker
Micheal Barko
Jeffery Barrows Cmptr. Cl. 9-10, Pep Cl. 9-10, VICA 11-12, ICT 12, SADD 9, Soccer 9-10

Craig Basham Cam. Sing. 10-12, Jr. Civ. 12, Ftbl. 9-10, Wres. 10, Bsbl. 10, Choir 9, Bar. Shp. Quar. 12
Christopher Basinger For. Lang. 9-12, Jr. Civ. 11-12, Hist. Cl. 11, Golf 11-12, Bsbl. 9-11, SADD 10, 12
Steven Basso
Christa Beaman For. Lang. 9, Gymn. 9-11

Monica Beck
Micheal Beckman SADD 11, Soccer 9-12
Jeffery Bell Hist. Cl. 10-12, Art Cl. 11-12
David Bellinger

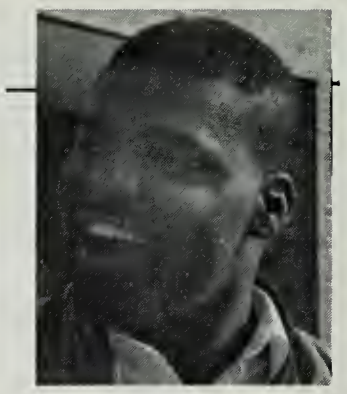
Arthur Bennett
Tami Bennett DECA 12
Andrew Best For. Lang. 9-11
Jennifer Beyer Tn. Cnslng. 11-12, Jr. Civ. 12, Debate 9, Track 9-12, Hist. Cl. 10, Bsktbl. 9-12, Vbl. 12, SADD 12, NHS 11-12, Art Cl. 10, Key Cl. 10, SCA Pres. 12

Ricki Biehl
Stacey Bishop
David Blankenship For. Lang. 9-12, Crew 11-12
Virginia Blanton Cam. Sing. 11-12, Tn. Cnslng. 11, Pnthrts. 9-11, Class Secy. 10.

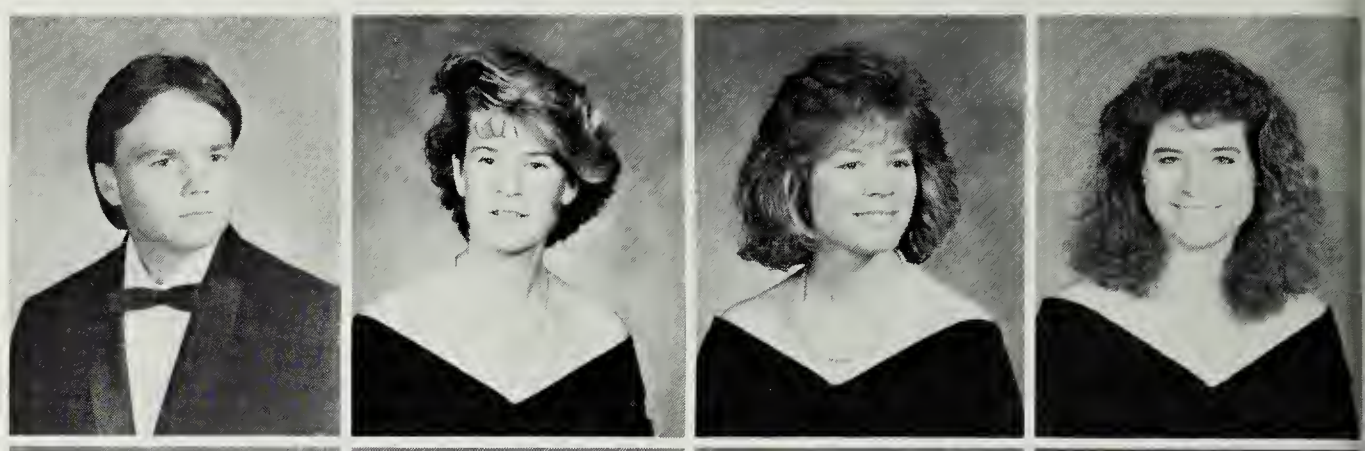


Not only was Veronica Barr Miss Potomac, but also Best All Around and Friendliest. Veronica, who was also part of the Pantherette drill team, was also Potomac's Homecoming Queen. "Veronica is a lot of fun to be around," said senior Brenda Dennison, a close friend of Veronica's.

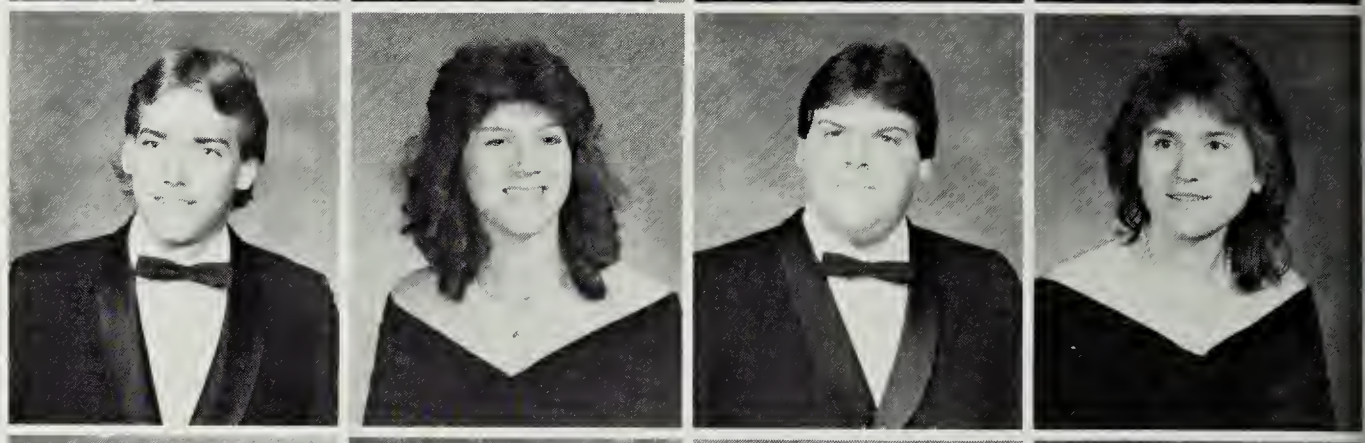
On the field Milton Thornhill was known for his ability to run the ball down the field. Off the field he was known for his fun personality and nice wardrobe. That is why he was voted Best Dressed and Friendliest. "I dress so I'm comfortable, never to impress anyone else," said Milton.



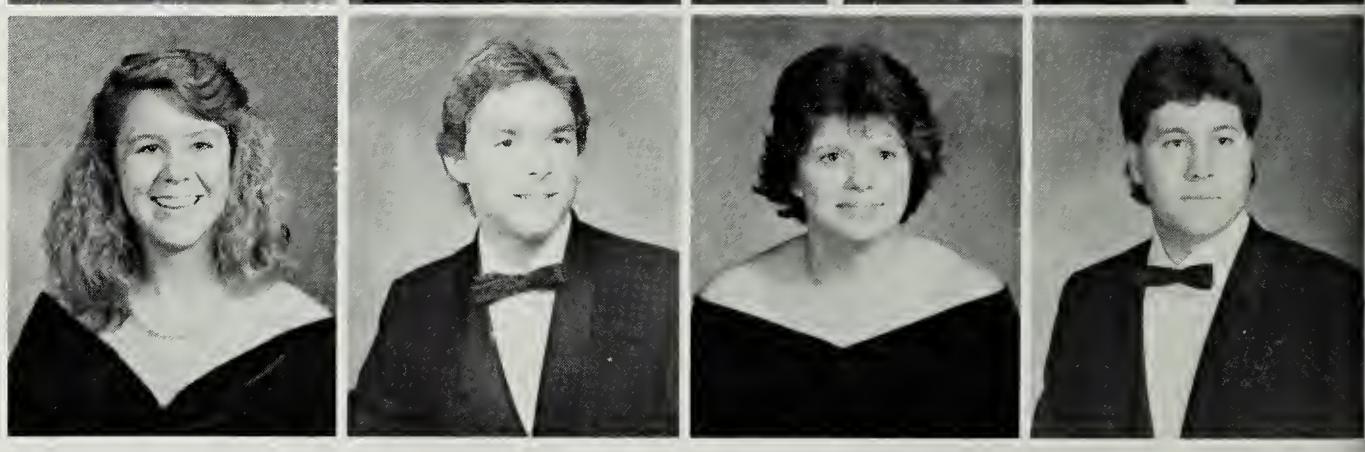
Stephen Booker For.Lang. 9,10,Jr.Civ. 11,12,Hist.Cl. 11, Golf 12,SADD 11,12,NHS 11,12
Candice Bouslough
Krista Bouslough For.Lang. 9,10,Sftbl. 9-12,Track 10, DECA 12,FBLA 11
Michelle Boyd Tn. Cnslng. 1,12,Jr. Civ. 9, Chrldg. 9-12, Co-Capt. 10, Capt. 12



James Bradley Ftbl 9-11, Wrest. 9, Bsbl. 10,11, VICA 11,12, ICT 11,12, DECA 11
Tracey Bradely Sftbl. 9-12, FBLA 11,12
David Brawner DECA 10-12
Diana Breeding For. Lang. 9-11, SADD 10-12, FBLA 12



Renee Bridgett Track 9, FBLA 10,11
Denise Briggs
Christopher Brothers Lit. Mag. 10,11, For. Lang. 9, PHS Class 10,12, Cmptr. Cl. 10, Crew 12, Art Cl. 10,11
James Brown Track 9,10,12, DECA 10,12



Renee Brown For. Lang. 9-11, Jr. Civ. 12, Chrldg. 10,11, Class Treas. 9
Edward Brunner
Crystal Burkhammer Pep Cl. 9-12, DECA 11,12
Travis Burks Hist. Cl. 11,12, Con. Band 9,10, Prowler 11,12, Art Cl. 9-11

REGAINING BALANCE

Seniors tasted success after a wobbly start

After getting off to a wobbly start in their forst three years, the class of 1988 regained it's balance and went out with the respect it deserved. The officers made the best of limited class participation, and recognized even the smallest contribution to the effort. After returning for her second term as President, Sandi Lupo had decided that, if everyone worked together, "The Class of 1988 will be the most successful class ever."





Rebecca Burress FHA 9
Deanna Byerly Pep Cl. 9, DECA 10, FBLA 11,12
Maria Cabading Lit. Mag. 11, For. Lang. 9-12, PHS Class 10,11
Kenneth Cadiere

Peggy Cadiere
Eric Campbell
Vinnie Capron
Wendy Carder Photo. Cl. 12, Prowler 10, Drama Cl. 11, Art Cl. 9-11, Key Cl. 9

James Carpenter
Matthew Cervarich Tn.Cnslng.12, Jr. Civ. 11,12, PHS Class 11,12, Sci. Cl. 10-12, SADD 9, NHS 11,12, Key Cl. 11,12
Nai Chiang For.Lang.10,12,Cmptr.Cl. 11,12, NHS 11,12, Math Cl. 11,12
Frank Chimento Bsktbl 9,10, Bsbl 9-12, NHS 11,12, SNHS 11

Karen Christenson DECA 10, FBLA 9-12, SCA Rep. 11
Micheal Clark
Daniel Clarkson Bsbl 9-12
Jean Cleary Bsktbl 9-11, DECA 12, FBLA 11,12

Darrell Close Ftbl 9,10, ICT 12
William Coker Bsbl 9, VICA 11,12, ICT 11,12
Susan Coleman For.Lang. 9,10, Pep Cl. 9, Hist.Cl. 12,FBLA 11
Christopher Colletti



The Ones in Charge

The Seniors selected four of their peers to lead them. They are Missy Nutton, Vice President; Debbie Jarvis, Treasurer; Sandi Lupo, President; and Kristi Anderson, Secretary.



Numbered Days

Before beginning work in their art class, seniors Chad Kaufman and Brant McClanahan count the days before their graduation.

Stephanie Collier Lit. Mag. Ed. 12.,For. Lang. 10, Orch. 9-12, Sci.Cl. 9,Hist.Cl. 11-12, VP 12, NHS 11-12, SNHS 11-12, Acad. Ltr. 9-12
George Collins Ftbl. 9, Bsbl. 9-11
John Collins For. Lang. 9-10, PHS Class 11-12, Drama 10-12
Suzanne Combs Sftbl. 10-12, Bsktbl. 10, DECA 10, FBLA 11-12, Pres. 12

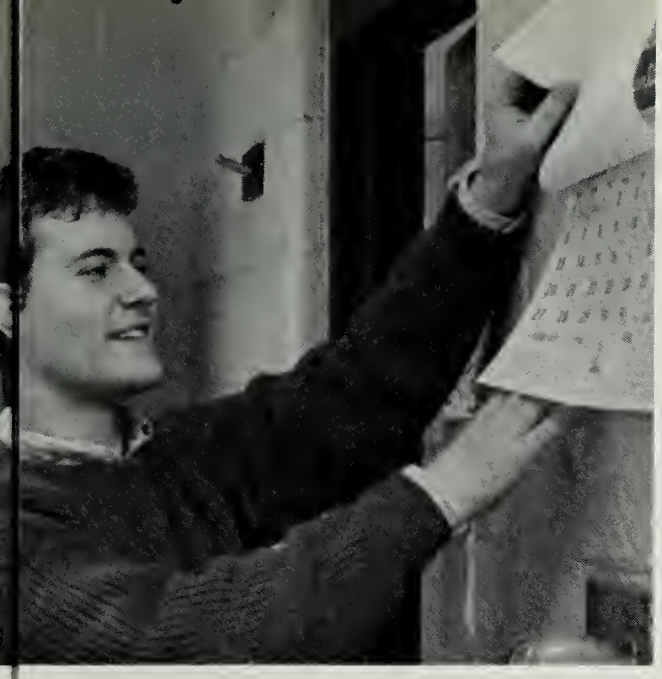
Michael Comerford Sci. Cl. 10-12, Pres. 12, Ftbl. 9-12
Cynthia Condrey Bsktbl. 9-12, Soccer 11-12
Maura Connolly For. Lang. 11-12, Crew 11-12, SADD 11, NHS 11-12, Soccer 10
Jonathan Covey Ftbl. 9-10, Wres. 9-10, 12

Christopher Cowan Crs.Ctry.9-12, Ger.Cl.11-12
Eric Coyle
Michael Coyne For.Lang.9-12, Sci.Cl.9-12, Hist.Cl.12, NHS 11-12, SNHS 11-12, Pres.11-12, Acad.Ltr.9-12
Kimberly Creighton Cam.Sing.11-12, PHS Class11-12, Crs. Ctry.11, Track9-10, SADD11-12,Pres.12

Kimberly Cunningham Jr.Civ.12,DECA10,SADD12,FBLA12
Stephen Davis Tn.Cnslng.12,For.Lang.9-10,Jr.Civ.11-12, PHSClass11-12,Sci.Cl.9-12,Bsbl.9-11,Key Cl.12
Chris DeChene Hist.Cl.11-12, NHS11-12,SNHS11-12,Acad.Ltr.9-12
Ralph De Leon For.Lang.10-11,NHS11-12

Sandra DeLucia Tn.Cnslng.12, For.Lang. 9-11, Pep Cl. 11, Orch. 9-10, Bsktbl. 10, ICT 12, SADD 12, Choir 9-10
Brenda Dennison Tn. Cnslng. 11-12, Pnthrts. 11-12, Off. 12, Band Frnt. 10, DECA 12, FBLA 11
Cynthia DeSena Sci.Cl. 10-12,Secy. 12, Drama 10-12
Melissa Dever Pnthrts. 12





THREE. TWO. ONE!

Seniors Counted Down To Graduation

"Only 179 days til the end of school!" exclaimed senior Michelle Underwood, who admitted that she'd numbered the days since a freshman. As we outgrew high school, we wanted to get on with further education and careers. Once we had things like applications, science projects, and English essays out of the way, all that was left was to count the days, hours, and minutes until Graduation. Before we knew it, we were down to the single digits, and suddenly we were accepting our diplomas.



Clifford Dodson Sci.Cl.10,12, Art Cl. 11
Ian Doiron Forensics/Debate 10,Hist.Cl.12, NHS 11-12, SNHS 11-12
John Driscoll Orch.10-12,Sym.Band 10-12,Mar.Band 9-12, Pep Band 10-12, Con.Band 9, Class Bd. of Dir.11-12
Alan Dudley Cmptr.Cl. 11, Sci.Cl. 10, Crew 12

Lisa Dupree DECA 10-12
Gerald Durst VICA 12
Rick Edgington PHS Class 10-12, Ad. Mgr. 11, Man. Ed. 12, Bsktbl. 9-10, NHS 11-12
Andrew Edwards Cmptr. Cl. 9-12, Crew 10-12

James Emmons For.Lang.10-12,Hist.Cl.10-12, Crew 11-12, SCA Sgt-at-Arms
Freddy Farber Ger.Cl.11-12,SADD 12,Soccer 9-12
Rachel Farris Pnthrts.11-12,SADD 11-12, Choir 9-12
Tiffany Fonte Pnthrts.12,Chrldg.9-11,Track 9-12,SADD 10, Key Cl. 12

Jennifer Foos
Mike Fox Lit. Mag. 11-12, PHS Class 10-12, Sci. Cl. 10, NHS 11-12, SNHS 11-12
Sandra Fox FHA 12
Thomas Frawley Lit. Mag. 11, Crew 9, Drama 12, Art Cl. 11, Bar. Shp. Quar. 10



"I don't really try to dress especially nicely. I just try to look aceptable," said Derek Lazaroff, who tied for Best Dressed Boy of the Class of 1988. He was known not only for his involvement in sports, but also for his good grades.

"I like to try to put all kinds of different things that I own together to make different outfits," said Mary Beth Sines. Her classmates voted her Best Dressed. She was a member of the Homecoming Court every year she attended Potomac.



Kelly Freeman For. Lang. 10, Drama 10-11, Choir 9-12
John Friend
Mike Fuentes Ftbl. 10, Wres. 9-12, DECA 12
Chris Gandy VICA 11-12, ICT 11-12



Laura Garza For. Lang. 10
Raquel George DECA 10-12, Secy. 12
Claudia Gibb Tn. Cnslng. 11, For. Lang. 10, Jr. Civ. 9, NHS 11-12, Choir 9, SCA Rep. 9, Class Bd. of Dir. 11-12
Marie Gibbs For. Lang. 9-12, SADD 11, FBLA 12

Franklin Gifford Lit. Mag. 11, Cmptr. Cl. 10-12, Pres. 11, Sci.Cl. 9
Ann Gillette Jr. Civ. 9, Band Frnt. 10-11, Sgt.-at-Arms 11, Prowler 11-12, Ed.-in-Chf. 12, NHS 11-12, Art Cl. 9-10, Class Bd. of Dir. 11-12, Acad. Ltr. 9-12
Stephen Glass
Christine Glynn For. Lang. 9, Orch. 9-10, Ger. Cl. 9, FBLA 11-12

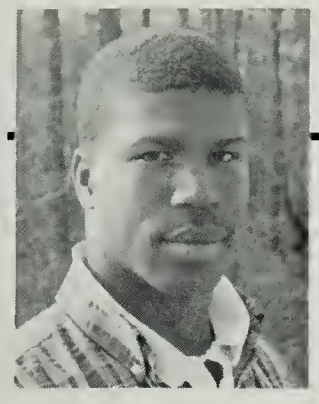
Laura Goad
Susan Goble For. Lang. 9-12, Tennis Mgr. 10, Bsktbl. Mgr. 10, Prowler 11-12, Co-Photo. Ed. 12, SADD 9-10
Byron Gooley Jr. Civ. 11-12, Cmptr. Cl. 10, Ger. Cl. 9-12, Golf 11-12, SADD 11
Dawn Graham For. Lang. 9-10, Jr. Civ. 9, Gymn. 10, SCA Rep. 9-10

Tony Green
James Gregory Tn. Cnslng. 12, For. Lng. 10, Pep Cl. 9, Ftbl. 9, Crew 9-10, SADD 11-12, NHS 12, Key Cl. 11-12
James Grenbel
Ralph Griggers Crs. Cntry. 12, Sci. Cl. 9, Track 10-12, Sym. Band 12, Mar. Band 9-11, Pep Band 11-12, Con. Band 9-11, Soccer 10



Better Than Working

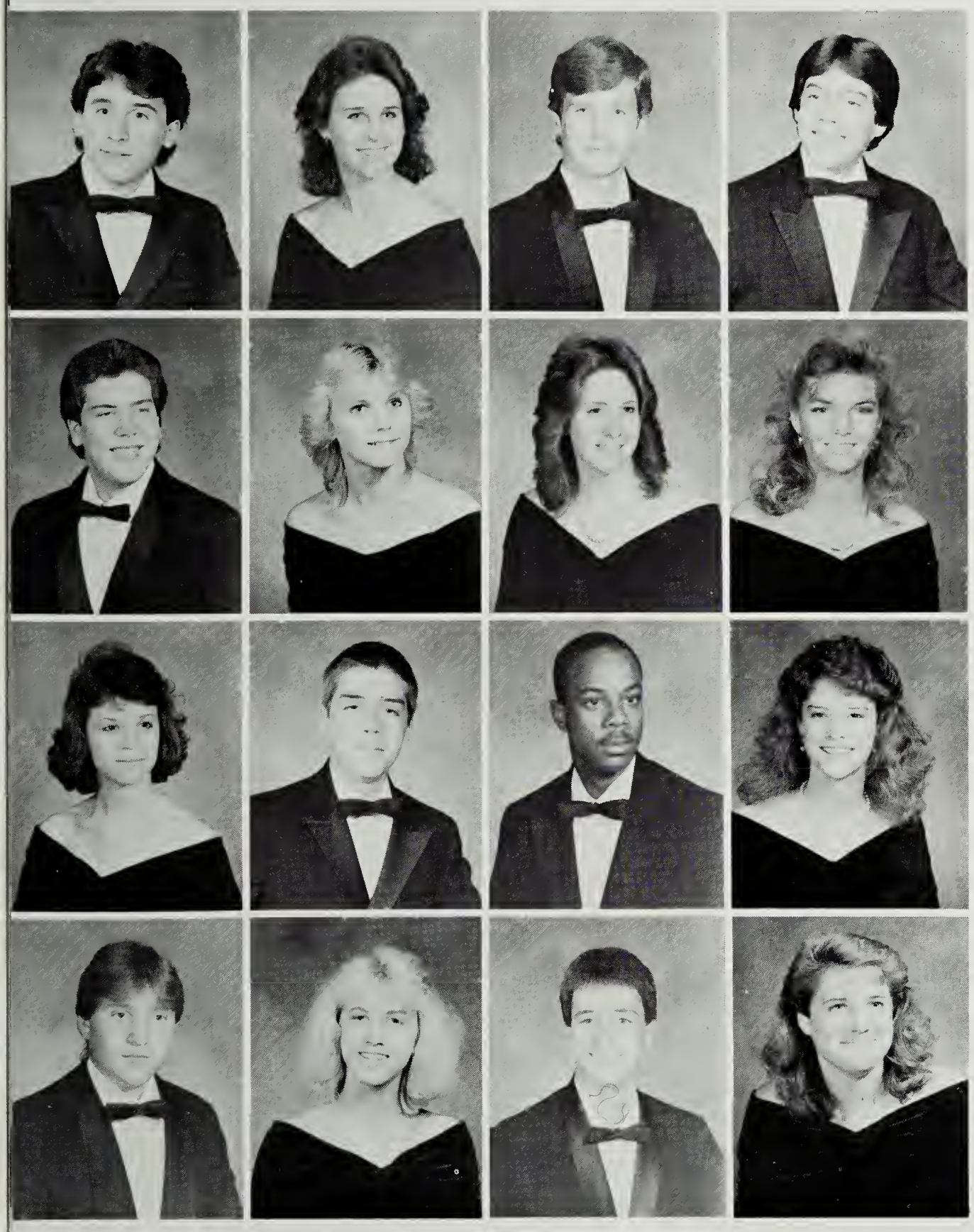
Seniors Ashton Hildreth and Chris Colletti clown around in the locker bay. As seniorits struck, more seniors hit the halls to escape classroom routines.



"To me, football and school are just alike. If I'm going to do something, I'm going to do the best I can," said Larry Jordan. His efforts both on and off the field were noticed by his classmates, who voted him Most Athletic and Best All Around.

"It is an honor and I thank everyone who voted for me," said Darlene Bardon, whom the senior class selected as the Most Athletic girl of 1988. Recognized as a star athlete and a genuine contribution to the team, Darlene certainly deserved this honor.



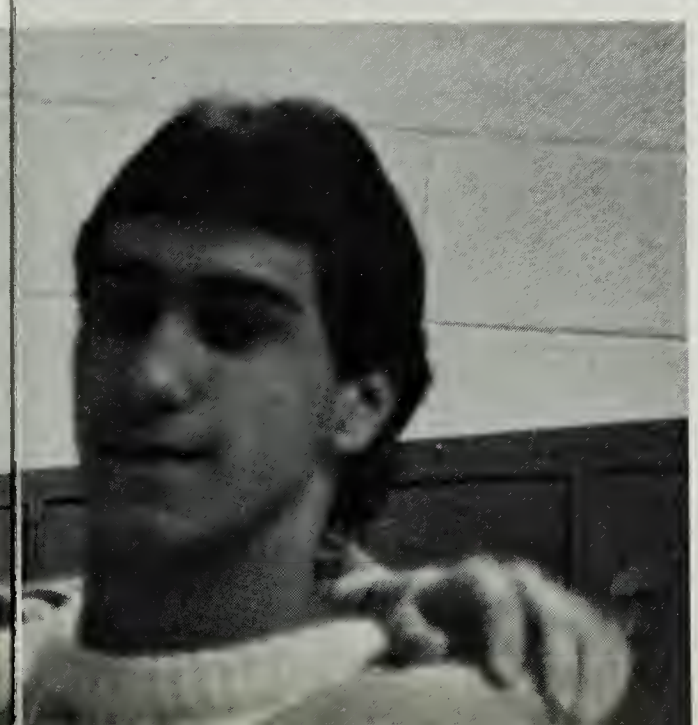


Todd Grover Tn. Cnslng 12, For. Lang. 9-10, Crew 9-12, Capt. 12, SCA Treas. 12, Boys' St. 11
Denise Haggart Sci. Cl. 9-12, FBLA 11-12, Soccer 9-12
Anthony Hale Orch 9-12, Sci. Cl. 9-10,12, Crew 11-12, NHS 11-12
John Hall

John Hambrick Tn. Cnslng. 12, For. Lang. 9, Debate 9, Sym. Band 9-12, Mar. Band 9-11, Pep Band 10-12, Ftbl. 12
Ashlie Hampton
Carole Hankins FBLA 12
Mistie Harbour Crs.Cntry. 9-10, Chrldg. 9-10, Vbl. 10, Art Cl. 9-10

Annissa Harley Lit. Mag. 9, Jr. Civ. 12, Pep Cl. 9, Key Cl. 12
James Harris News Ed. PHS Class 12
Ronald Harris
Monica Harrison For. Lang. 11, Jr. Civ. 11-12, SADD 11, Key Cl. 11

Tommy Harrison Bsbl. 9-12
Chelsea Hart Pnthrts 11-12, Off. 12, Bsktbl. 9-10
Craig Hauschildt Bsbl. 10-12, SADD 12
Joely Hebert Soccer 9-12, Capt. 11-12, Jr. Civ. 9-11, For. Lang. 9-10, Prowler 11-12



DON'T WANNA GO

Not Just A Disease — Senioritis!

It's about that time again, 6:30, and we know if we don't get out of bed now, another day is gone by the wayside. When Mom asks what the problem seems to be the answer is always the same- it's a terrible disease Mom, it's fatal.That terrible disease is--Senioritis. It got us at least once during the year. Breakfast out and days spent vegetating were symptoms. "Some days I just feel as if I don't need to got to school, so I don't." said Mike Bailey.

PORKING OUT

Sometimes Breakfast Was Irresistable

We were on our way to school and all of a sudden we saw the big Golden Arches approach, and school seemed to slip from our minds. Within seconds the car turned itself into the parking lot. Once we got there, we debated whether or not to go in. But then a brilliant idea hit--Bob's Big Boy's All You Can Eat Breakfast Bar!! We went, we saw, we porked out. The next thing we knew, it was 10:00. If we really flew, we could get to school just in time for the A lunch shift. "Sometimes breakfast is essential," said senior Tami Barker.



Stacey Hembra
Verona Herbert
Ashton Hildreth Wres. 9-12, Most Improved 10,11, 6th in State
Marlo Hills Pep Cl. 10



Hans Hinkamp Soccer 10, Art Cl. 9-11
Cassie Hodson Tn. Cnsing. 12, Vbl. 9, Prowler 12, Crew 12, Soccer Mgr. 11, Choir 9
Jennifer Holderman Gymn. 9,11
Nichole Holley Jr. Civ. 12, Pep Cl. 9-11, Treas. 9, Secy. 10, Track 9-12, Hist. Cl. 12, Vbl. 9-10, Prowler 12, FHA 11, SADD 11-12, FBLA 11



Leonard Holmes Track 10-11, Ftbl. 9,11, Bsktbl. 9-12
Christopher Horne For. Lang. 9, Sci. Cl. 9-12, Debate 12, Tennis 11-12, Track 10
Greg Hudson
Rodney Hughes VICA 12, ICT 12



Heather Hynson Chrldg 10-12, Co-Capt. 12, SADD 9-10, FBLA 9-12, Drama 9-10, Art Cl. 11, Class Bd. of Dir. 10
Kimberly Hyre FBLA 12
Sirima Insisiengmay For. Lang. 9-11, PHS Class 10-12, Co-Copy Ed. 12, Drama 12
Thirasit Insisiengmay



"I think it's kind of ironic," said Sandi Lupo, who often wore her boyfriend's Garfield clothes. She was Most School Spirited in every other way. She was a cheerleader and the class president famous for leading us to put on Prom and to tie for Most Spirited Class in Homecoming '87.

"I just have fun," said Ashton Hildreth, who was voted Most School Spirited. Ashton was known mainly for his excellence in wrestling. He also got himself noticed by the seniors during Homecoming '87, when he raised spirit link money by going from class to class asking for donations.



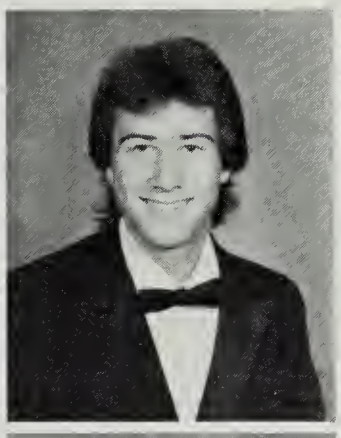


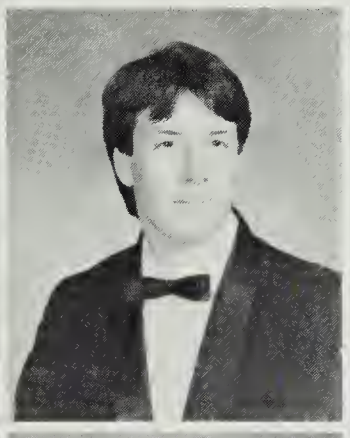
Not Just Breakfast

McDonald's was a good place to get a snack after school, too. Seniors Chi Kong, Christine Glynn, and Tami Barker cure themselves of "Big Mac Attack" syndrome.



Kimberly Jacobson FBLA 12
Christopher Janke ICT 11,12
Thomas Jarman For. Lang. 9,10, Sci. Cl. 9, Track 12, Wres. 9,12, DECA 12, Soccer 11
Deborah Jarvis Tn. Cnslng 11,12, PHS Class 11,12, Tennis 10,12, NHS 11,12, Class Off. Treas. 12, Bd. of Dir. 11

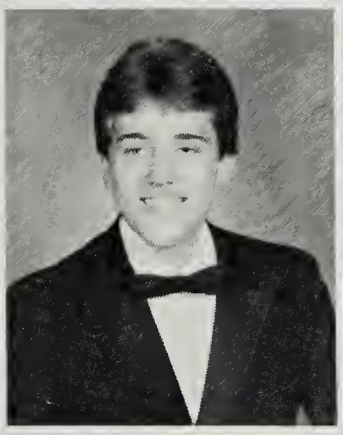


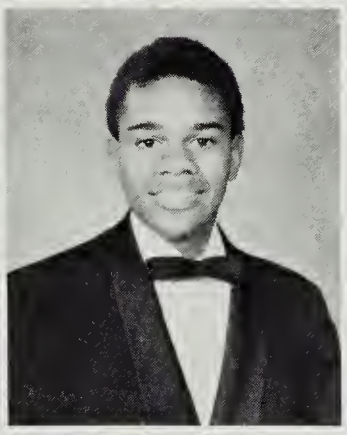






Jamie Jewett Jr. Civ. 12, DECA 10, SADD 12, FBLA 11,12
Brad Johnson
David Johnson For. Lang. 9, Wrest. 9, SADD 12, Soccer 9,11
Dorthy Johnson Gymn. 9

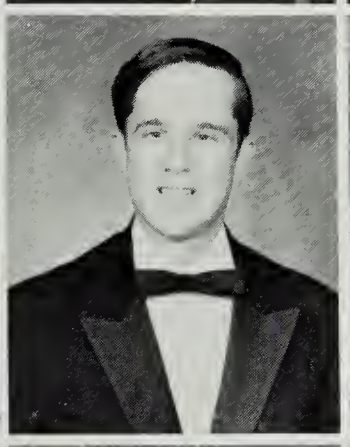


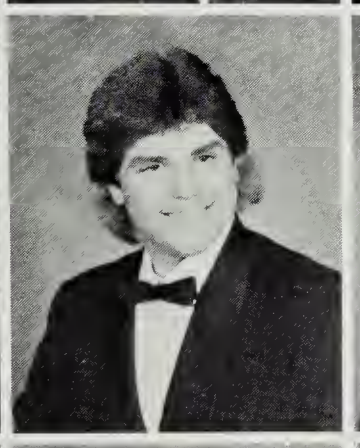




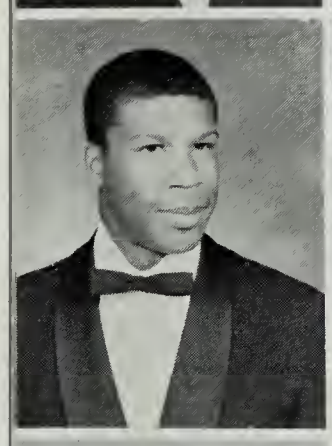


John Johnson
Danny Jones Lit. Mag. 11, Cmptr. Cl. 12, NHS 11,12
Eric Jones
Linda Jones



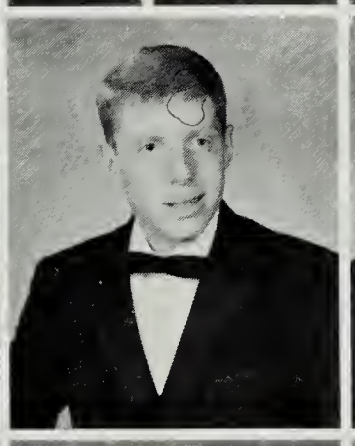


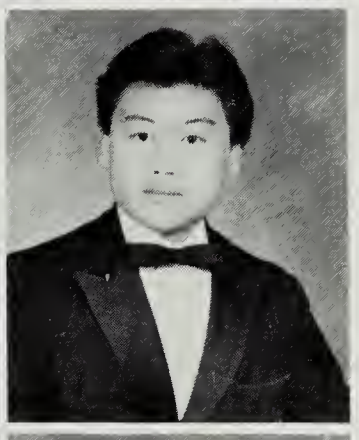


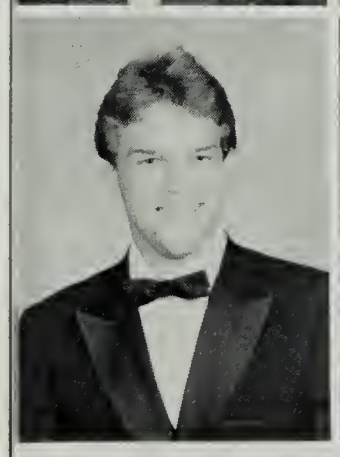


Larry Jordan Track 9-12, Ger. Cl. 11,12, Ftbl 9-12
Teresa Joyner
Andrew Jumbercotta Wres. 9-12
Jin Kang Lit. Mag. 12, Tn Cnslng 12, Jr. Civ. 12, Sci. Cl. 10,12, Tennis 10,12, Hist. Cl. 12, Prowler 12, SADD 12, Key Cl. 12

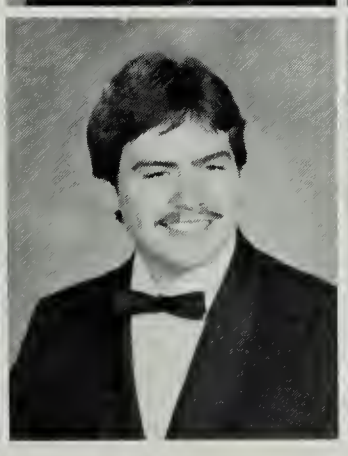


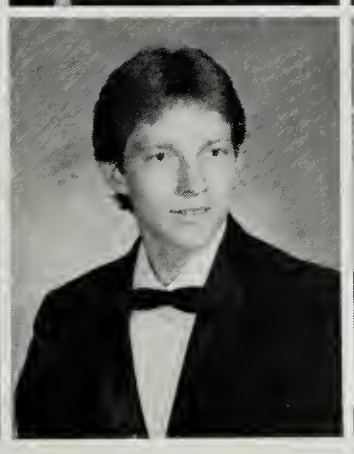


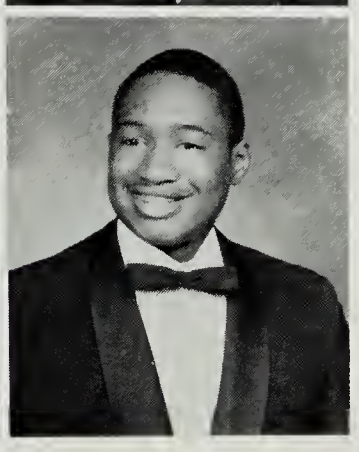


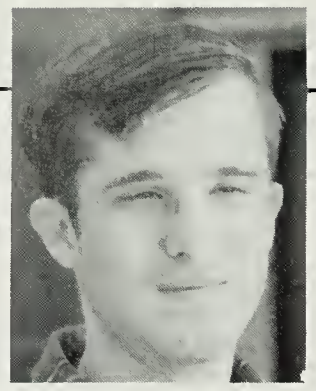


Kelly Kasper Sci. Cl. 9,10, Hist. Cl. 9-12, Ftbl 9-12, Wrest. 9, Bsbl 9-12
Chad Kauffman
Ronald Keeler Bsktbl 9-12
Walter Kendall For.Lang. 10, Pep Cl. 9, Con. Band 9, Ftbl 9-12, SADD 11



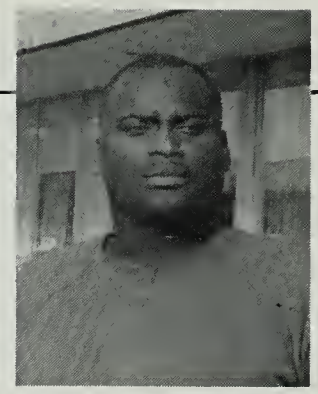




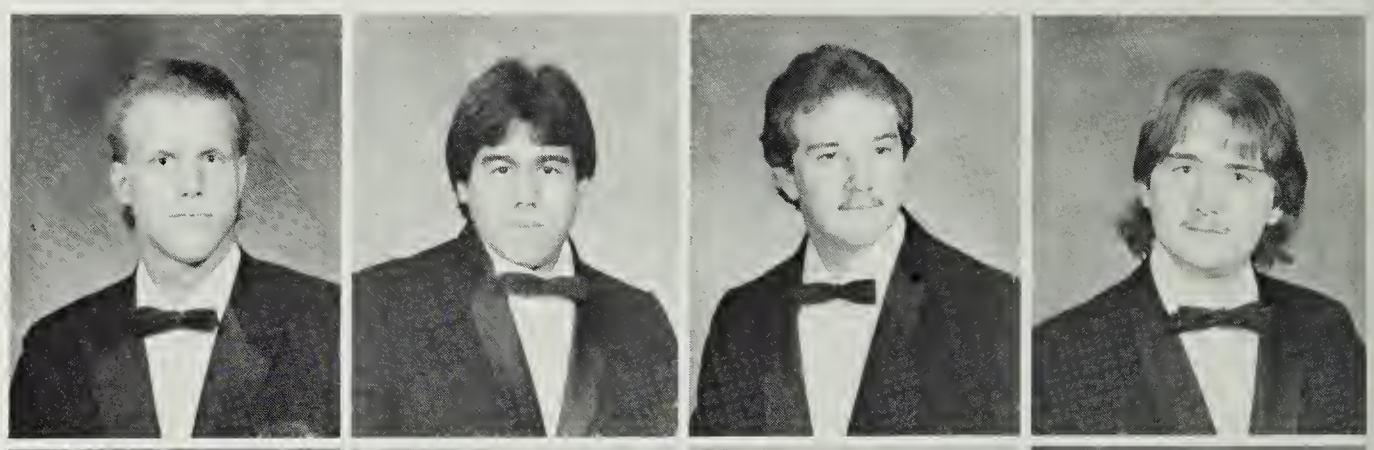


"I was very surprised to beat out the others who probably deserved it more than I did," said Danny Jones, who was voted Most Academic. As the Class of '88 was one of the most academically oriented in Potomac's history, he had many competitors.

Only Leon Davis could correctly fit the title of 'Life of the Party'. The rowdy senior kept parties alive and kicking throughout the year. "What can I say, I love to party," said Leon. And the Senior class didn't doubt that one bit.



Mark Kingston Bsktbl. 9-10, Bsbl. 9-12, Capt. 12, SADD 11-12
Ronald Kinley Jr. Civ. 12, Ftbl. 10-12, FBLA 11-12, NHS 11-12
David Kline Sci. Cl. 11, Ftbl. 9-12
Kevin Kline



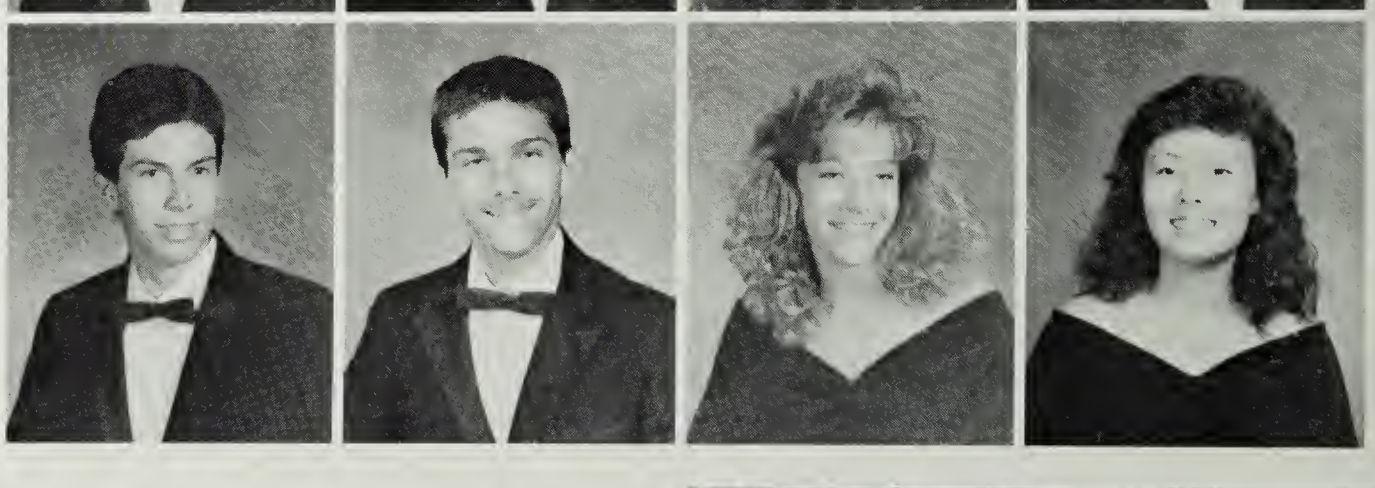
Michelle Klopp Sym. Band 10, Con. Band 9, Bsktbl. 9-10, NHS 11-12
Lisa Knecht For. Lang. 9-10, Chrldg. 9-11, DECA 12, FBLA 12, SCA Rep. 10
Chi Kong Tn. Cnslng. 11-12, Jr. Civ. 11-12, Sftbl. 10-12, Choir 11-12
Amy Koontz Fr. Lng. 10, Vbl. 9, SADD 11, Secy. 9



Michael Lacey Tn. Cnslng. 11-12, SADD 10-12, Soccer 11, Key Cl. 9-12
Richard Laurance
Christy Lavelle jr. Civ. 12, Pnthrts. 11-12, Sarge-at-Arms 12, Soccer 9-10 Mgr., SCA Rep. 9-11, Class Pres. 10, V.P. 10
Benjamin Lawson Jr. Civ. 12, Sci. Cl. 9-10



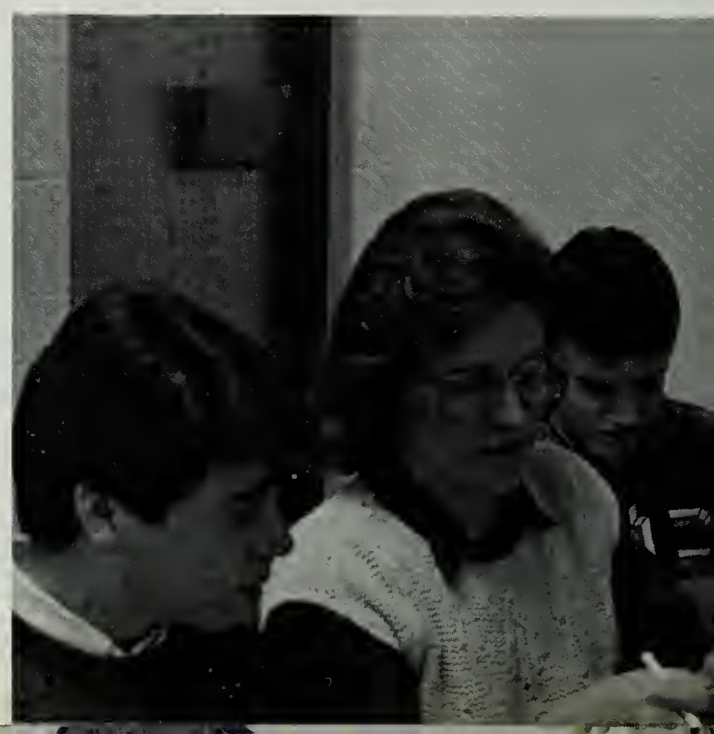
John Lawson Cmptr. Cl. 9-10, Hist. Cl. 11-12, NHS 11-12, SNHS 11-12
Derek Lazaroff NHS 11-12, Soccer 9-12
Kimberly Lear Chrldg. 9-11, Crew 11-12, DECA 12
Cindy Lee Tn. Cnslng. 11-12, For. Lang. 10-12, Band Frnt. 11-12, Drama 10-12



LIFE SAVERS

Counselors Were Always There To Help

Sometimes a guidance counselor was the best thing that a senior, concerned about everything in life, could have going for them. Our counselors were always there and helped us make it through the day. "I end up seeing my guidance counselor almost everyday," said senior Ann Gillette. Every senior had one and every senior definately needed one, so one could say that my Guidance Counselor was a good friend.





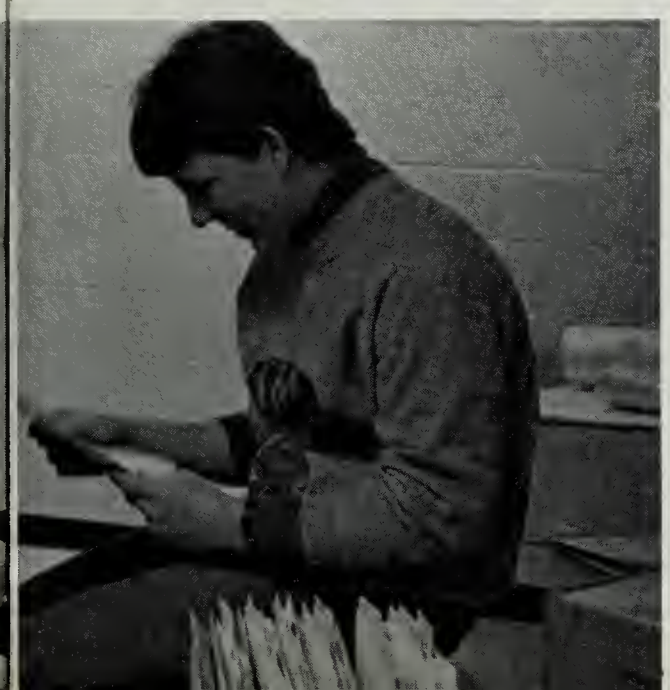
Brenda Letorneau
Michelle Leverstein Bsktbl. 9-12
Stacy Lichtenfels Lit. Mag. 11, For. Lang. 10, DECA 12, SADD 11, Art Cl. 10-11
Kerri Little Tn. Cnslng. 12, For. Lang. 9-12, Jr. Civ. 12, Hist. Cl. 10, Crew 9-12, Art Cl. 9-10

Michelle Litton
Pennie Lohman Pnthrts. 10-12, Co-Captian 12, SADD 12
Larry Lookabill Wres. 9-10, VICA 12, ICT 12
Robert Lund

Sandy Lupo Chrldg 9-12, Co-Captian 12, Prowler 10-11, NHS 11-12, Class Pres. 11-12
Maria Lusung
Corinne Lutkowski Tn. Cnslng. 11, Pnthrts. 11-12, Orch. 9-12, Band Frnt. 10, DECA 12
Lan Mai Tn. Cnslng. 11-12, Jr. Civ. 12, Cmptr. Cl. 12, SADD 12, Drama 12, Key Cl. 12

Shannon Malone Lit. Mag. 11-12, Jr. Civ. 10-12, Secy. 11, Forensics 9-12, Debate 9-12, Track 9, Ger. Cl. 9-10, Vbl. 9-10, SADD 11-12, Drama 9-12
Sandra Marbarker Jr. Civ. 12, Chior 9
Martha Huff
Traci Marrandette For. Lang. 9-10, Pep Cl. 10-12, V.P. 11-12, Pep Band 9, FHA 11, SADD 9-12, Drama 9-12

Robin Marsteller For. Lang. 9-10
James Martin Wres. 9-10
John Martin Bsktbl. 10, Bsbl. 9-12
Katie Martin Tn. Cnslng. 12, Jr. Civ. 12, PHS Class 11-12, Forensics



Major Money

A major concern for college-bound seniors was finding the money to pay for it. Seniors Chad Sisemos, Jeff Purdy, and Chris Basinger consult Mrs. Carol Wakefield, the guidance counselor in charge of scholarship information.



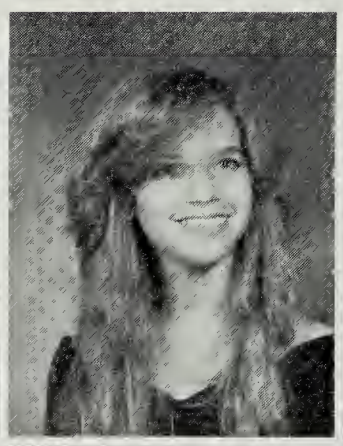
Checking It Out

At College Night at Woodbridge Senior High School, seniors Mike Lacey, Tiffany Fonte, Brad Strawn, Kelly Kasper, and Freddy Farber look over college information.

Kris Martin DECA 12
Brenda Mastrippolito Tn. Cnslg. 11-12, For. Lang. 9-12, Band Frnt. 11
Stephanie Mattijetz Cam. Sing. 10-12, For. Lang. 9-10, SADD 9-10, Choir 9-12, Bty. Shp. Quar. 10-11
Lynne Mavracic For. Lang. 10, DECA 12, SADD 11-12, FBLA 10-12, G. Bsktbl. Mgr. 11

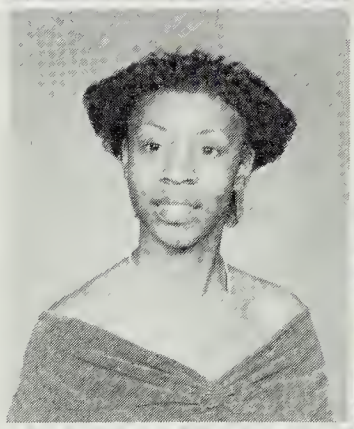






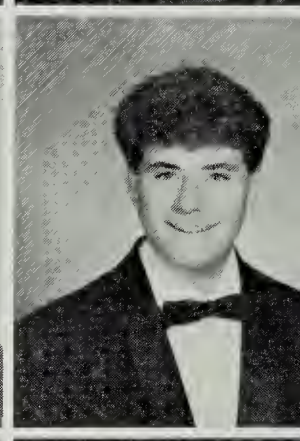


Robyn McBride Miss Pep Club 9, Pep Cl. 9, Track 9, Bsktbl. 9-12, DECA 12, FBLA 10
Brant McClanahan
Melissa McCreary For. Lang. 10-12, Orch. 9-12, Sym. Band 10-12, Mar. Band 11-12, Con. Band 9, NHS 11-12
Jay McDonald



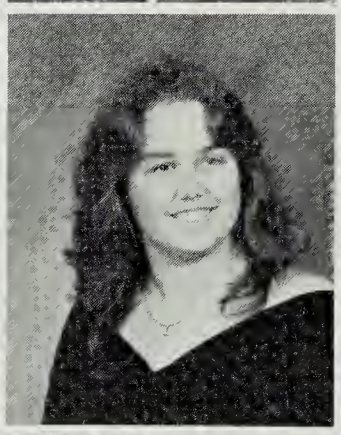


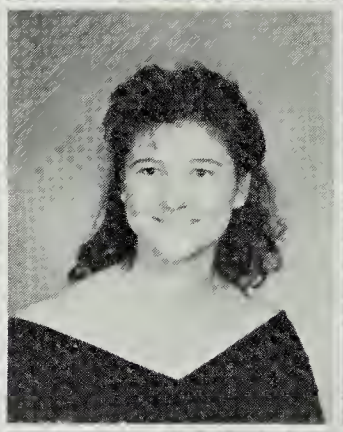


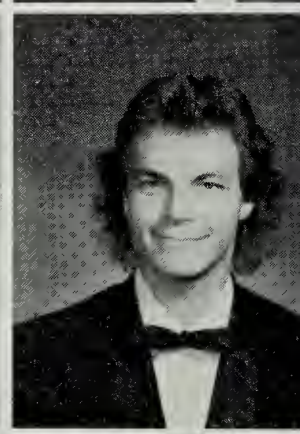


Dawn McGahey For. Lang. 9, SADD 10
Shirley McGann Gymn. Mgr. 11-12, FHA 11-12, SADD 9
Kelli McGee Tn. Cnslng. 11-12, For. Lang. 10, Chrldg. 9, Hist. Cl. 11-12, Bsktbl. 9-10, SADD 9-12, NHS 11-12, Pres. 12, Drama 11-12, SNHS 11-12, Bd. of Directors 11-12
Ron McGurl









John McHugh Sci. Cl. 10-12, Sym. Band 11-12, Mar. Band 11-12, Con. Band 9-10
Jeannie McIntyre
Kristel McLaughlin Lit. Mag. 11-12, For. Lang. 9-10, Orch. 11-12, Sym. Band 12, Mar. Band 12, Con. Band 9-11
Joseph Meadows









Raquel Mees Softball 11-12, Ftbl. Mgr. 11-12, Wres. Mgr. 10-12, NHS 11-12, Art Cl. 10-11, Key Cl. 10, SCA Rep. 9-12, SCA V.P. 12, Who's Who
Tami Mercer
Tina Miles Pnthrts 10-12, Capt. 12, Band Frnt. 9, Class Treas. 10, V.P. 11
Turner Miles Hist. Cl. 11, Wres. 9-11, DECA Pres. 12











POPPING THE QUESTION

Applicatians were easy til we had ta write the essay!

Name. Address. Filling out applications to colleges was sure easy! But then we had to "Describe a multi-cultural experience that was important to you and how it shaped your views." We could always write about the time we ate Chinese and Mexican carry-out on the same night, and how we learned never to do that again. But we had to seem at least semi-intelligent.

Doing essays was the hardest part of applying to college. We were plagued first by writer's block and, as the deadlines approached, writer's cramp. But once we were done, all we had to do was wait. .



Kimberly Milne Lit. Mag. 11-12, Jr. Civ. 11-12, NHS 11-12, SNHS 11-12
Karl Mohle Orch. 9-12, Sci. Cl. 10, Debate 10, Track 10
Scott Monaco For. Lang. 9-10, Prowler 9, SADD 9-10, Soccer 9-10, Art Cl. 11
Heather Moore Tn. Cnslng. 11-12, Jr. Civ. 11-12, NHS 11-12, Drama Cl. 9-10, Soccer 9-12

Pennie Morris Pep Cl. 9-10, DECA 12, FBLA 11-12
Alexander Morse
Tricia Mounger
Willard Mountjoy DECA 11-12

Kristin Munnikhuysen Pep Cl. 10-11, Chrldng. 10-11, DECA 12, Soccer 11
James Myers Bsktbl. 10,12
Sonia Naylor For. Lang. 11-12, DECA 12, SADD 9-12, FBLA 10-11
Ahndung Nguyen

Thuthuy Nguyen For. Lang. 10-12, Cmptr Cl. 12, Sci. Cl. 10, Art Cl. 9, Math Cl. 12, Photo. Cl. 12
Minna Niemi For. Lang. 12, PHS Class 12
John Nix
Sonia Noll For. Lang. 9, Art Cl. 10



"I think I was chosen for this because I try to be friendly with everyone I meet and know. I like to mess around in class and make people laugh," said Frank Chimento, who was voted Best All Around. Frank played basketball and Varsity baseball, which helped him to become friends with many people.

"I never met a chicken I didn't like," said Cliff Dodson. Cliff was voted (of course) Class Clown. He was well known for both his wacky sense of humor and his offbeat clothing.



Brian Norton
Rhonda Nunley
Melissa Nutton Crs. Ctry. 11, Track 9,10,12, Ger. Cl. 9-12, Prowler 11, Drama Cl. 9, Key Cl. 10, V.P. 12
Christine O'Conner Soccer 9-12, SNHS 11-12

David O'Conner Tn. Cnslng. 12, For. Lang. 9-12, Sym. Band 10, Con. Band 9, SADD 9-12, Art Cl. 11
Kenneth Odom Tn. Cnslng. 11-12, For. Lang. 9-12, Jr. Civ. 11-12, Ger. Cl. 11, Ftbl. 9, SADD 11-12, NHS 11-12
John O'Farrell Golf 12, SADD 9-12, Soccer 11-12, Art Cl. 11
Patrick O'Leary



John Olio Tn.Cnslng.12,For.Lang.9-12,Jr.Civ.11-12, Golf10-12,NHS11-12
David Oliver ArtCl.10-11
Tori Palm Tn.Cnslng.12,For.Lang.9-12,Track 11-12, SADD11-12,NHS11-12
Timothy Palmer Orch.11,Sym.Band 9-12,Mar.Band9-12,Pep Band10,NHS 11-12

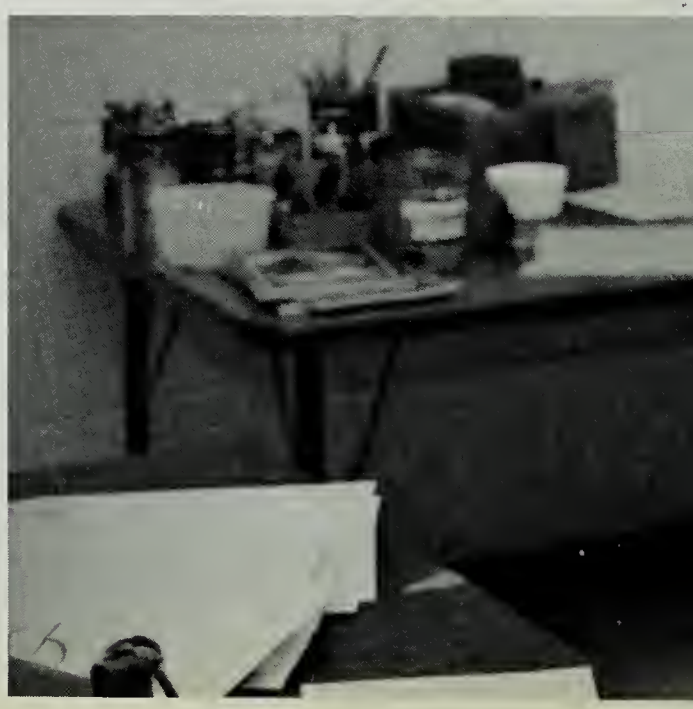
Troy Papajohn
Judy Parish FBLA 12
Ronald Patrick VICA 12, ICT 12
David Patterson Soccer 9-12

James Pemberton VICA 11-12
Jennifer Pennington PHS Class 10-11, Art Cl. 10-11
Nikki Peters Tn. Cnslng. 12, Jr. Civ. 11, Sci. Cl. 11, SADD 12, Soccer 9-12, SCA Rep. 12
Timothy Phillips Ftbl. 9-10, Bsbl. 9



Helping Hands

An aide for art teacher and yearbook sponsor, Mrs. Carolyn Leggett, senior Jamie Jewett often organized things like yearbook sales receipts.





For someone who was voted Most Talkative all Jay McDonald had to say was, "I don't know what to say." He was utterly speechless. He was on the PHS Class staff as the photography editor and spent his spare time biking.

Kelly Kasper is not only a fun guy to be around, his athletic ability on the football and baseball fields made him well known and well liked. That's the reason his senior classmates voted him Class Clown.



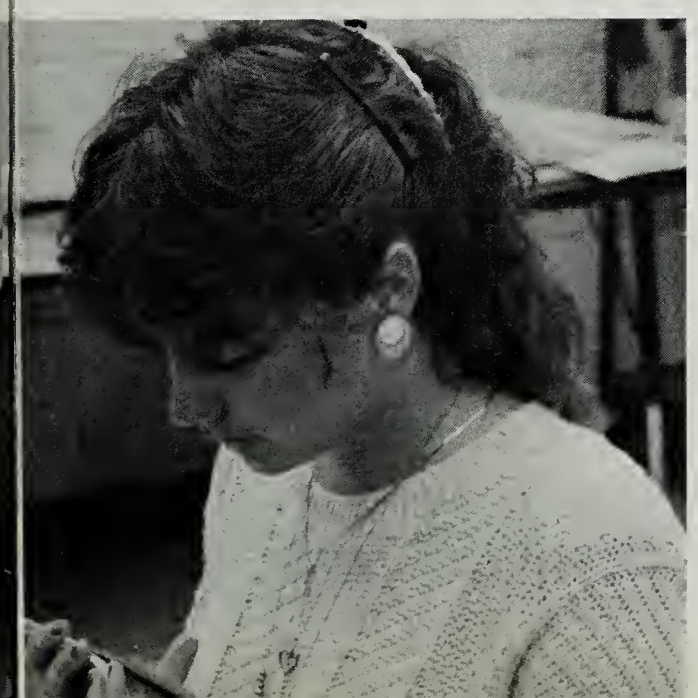


Robert Piccoli Hist.Cl.11-12,NHS 11-12
Kevin Pigott Jr.Civ.12,Prowler 12, Crew 9-12
Von Pilkington Hist. Cl. 10, Ftbl. 9, SADD 10
Michelle Pitt Tn.Cnslng.11-12,Tennis11-12,Sym. Band10-11,Mar.Band 9-10,Ger.Cl.11-12,Bsktbl.10-11 ,NHS11-12,Treas.12

Ruth Pollack For.Lang.11-12,Orch.10-12,Sym.Band 11-12, Mar.Band 11, Con.Band 9-10,NHS 11-12,Soccer 9,SNHS 11-12
David Pope
Michael Porter For.Lang.9-10,Ftbl.9,12,Bsktbl 9,Bsbl. 9-10, SADD 11-12, FBLA 11-12
Joe Porto Tennis 11-12, Track 10

William Powell VICA 11-12
James Price For. Lang. 10, Crew 9-12, NHS 11-12, SCA Rep. 11
Scott Preistly Sym. Band 11-12, Mar. Band 9-12, Con. Band 9-10
Eric Prymak Wrestling 9-10

Jeff Purdy Pep Cl. 9, Track 9, Ftbl. 9-12
Kevin Rankine
Bill Ray VICA 11-12
Jana Rea



HELPING HANDS

It Was Better Than Being Bored

When asked about being a teacher aide, Senior Dana Van Metre said, " The best part aobut being an aide in the office is that you don't do a lot of work. You talk a lot and get to know the administrators."

Teachers found themselves with a lack of time to do things before the grading period was over so they relied on students for help. Many students chose to be a great help to a well liked teacher rather than taking a study hall and being bored for 55 minutes a day, every day.

REBORN TRADITIONS

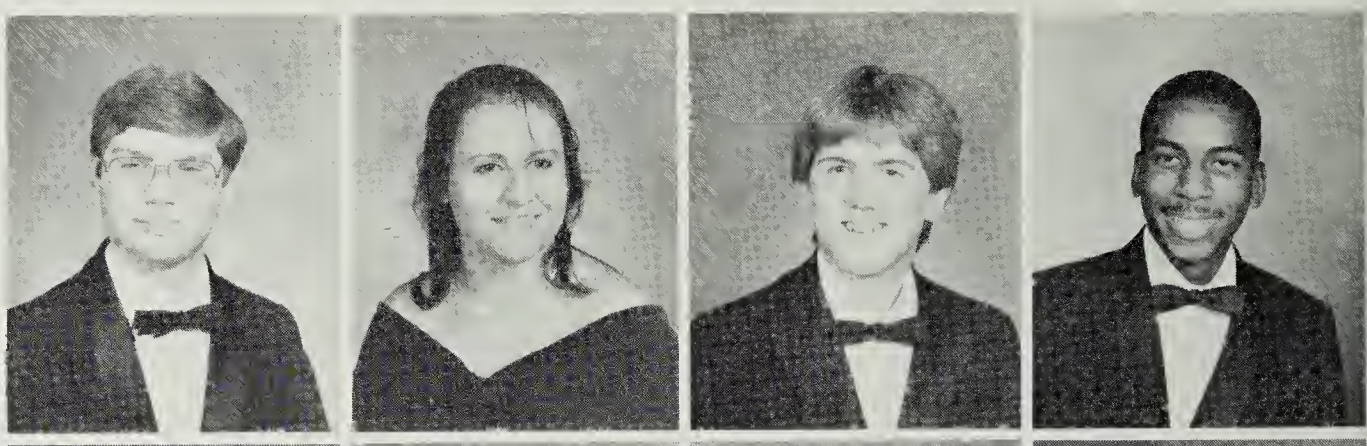
With new administrarian priveleges, reappeared



With the new principle, Mrs. Ann Lockett, came the rebirth of a once-missed tradition--senior privilages. Old privilages were modified and new ones were added. The senior parking lot was improved by having Mr. John Compel stand at the entrance to make sure no juniors parked there.

New privilages were that the seniors would receive their yearbooks a day early and that they received half-price tickets to school events.

Brent Redder Pep Cl. 9-12, Wrest. 11-12, SADD 11
Sandra Regalado For. Lang. 10-12, Pep Cl. 9, Orch. 9-12, SADD 12
James Reid For.Lang. 9-11, Jr. Civ. 12, Sym Band 10-12, Mar. Band 9-10, Pep Band 10, Con.Band 9
Tim Reid Soccer 9,10,12



Tedsan Ridgley For. Lang. 9-12, Ger. Cl. 9-12, Soccer 10-12
Sean Riordan Sci. Cl. 9-12, Crew 9-10, Soccer 9-11, Bd. of Dir. 11-12
Candy Robertson
Donna Roessing For. Lang. 9-11, Crew 9-10, SADD 12, FBLA 12



Tood Rogers Crew 9-10, SADD 12
Calli Rohrabacher Vbl. 10, VICA 12, ICT 12
Carrie Rohrabacher Track 9, Vbl. 9-10
Daniel Romagna Ftbl. 9-10, Wrest. 9, DECA 10-12



Tracy Roye Cam. Singers 11-12, Pnthrts. 11-12, Cmptr Cl. 9-10, Track 9-12, Gymn. 9-10, SCA Rep. 10-11, Treas. 11
Jason Rudy VICA 10-12
Tracy Ruff Photo. Cl. 11-12
Micheal Ruffing Crew 10-12

When seniors thought Quietest, we thought of Kimberly Whitehurst. Said her English teacher, Ms. Sandy Moller, "she doesn't say two words!" But her close frieds insisted that she talked non-stop.

"I wasn't really surprised that I was voted Quietest, but I was shocked that I was Best Dressed. There are many people that I think dress in style," said Jin Kang. He was one of those people the seniors saw but didn't often hear, so they voted him both Quietest and Best Dressed.



Lucky

Though the lot was "seniors only," some underclassmen were lucky enough to ride with seniors. Senior Aaron Speca chats with neighbors, sophomore Ron Tanner and freshman Rob Tanner, as they leave school.

David Ruppel
Jennifer Rydstrom
Tina Santos Tn. Cnsing. 11-12, Cam. Sing. 12, For. Lang. 9, Jr. Civ. 11-12, Sec. 12, Pnthrts. 12, Chrldg. 9-11, Capt. 11, SADD 11-12, NHS 11-12, Chior 11, SCA Secy. 12
Humayon Sawari For. Lang. 10, 12, Cmptr. Cl. 9, Track 11

David Sawler Jr.Civ.11-12,Sci.Cl.9-10,SADD 9-10
Stanley Schlegel Cam.Sing.12,Wres.11-12,SADD11-12,Chior 9-12
Kay Schultz Tn.Cnsnlg.12,PHS Class11-12 ,Ger.Cl.9-11,Gymn. 10,SADD 12
Tina Scites Tn.Cnsnlg.11-12,For.Lang.9-12,Band Frnt. 11-12,Vbl.10,Drama 9-12

Angela Scott
Jennifer Seger Lit. Mag. 12, For. Lang. 9-11, Jr. Civ. 12, PHS Class 11-12, Cmptr. Cl. 12, Ger. Cl. 9-11, Bsktbl. 9
Todd Sentz For. Lang. 9, Bsktbl. 9-12, Art Cl. 11
Carol Shirley Pnthrts. 11-12, Hist. Cl. 11, Gymn. 9-10, Prowler 11

Cynthia Shugart Gymn. 9-10, DECA 11-12, SADD 12, SCA Rep. 12, Ger. Cl. 9-10, Jr. Civ. 12
Mary Beth Sines Jr. Civ. 12
Chad Sisneros Crew 10-12
William Skillman Ftbl. 10-12, Bsktbl. 9-10

James Smith Pep Cl. 9, Track 10-12, Ftbl. 9-10
laura Smith Pep Cl. 10-11, Orch. 9-10, SADD 9-10
Steven Snyder For. Lang. 9-10, Ftbl. 9-12, Bsktbl. 9-12, Soccer 9-12, SCA Rep. 11
Greg Solt



I can't help it, it's just my loud voice. It's not my fault really, it isn't !'' Voted Life of the Party, Class Clown and Most Talkative, Joely Hebert could always put a smile on someone's face anytime.

''Class Clown is one part funny and three parts obnoxious.'' Such things as stripping at football games, leading the wave, and involvolving everyone in his anitcs made Sean Riordan remembered by all.



Casey Solum Tennis 10,12
David Spangler
Aaron Speca For. Lang. 9-11, Cmptr. Cl. 10-12, Sci. Cl. 9, Ger. Cl. 9-11, NHS 11-12
Lori Sprouse FHA 10-12, SADD 9



Krista Staley Tn. Cnsing. 12, For. Lang. 9-10, Photo. Cl. 11, Track 10,12, Ger. Cl. 9-10
Aimee Steelberg FBLA 12
Ginger Steen Tn. Cnsing. 12, Pnthrts 11-12, Gymn. 9, Prowler 11, Crew 10-12, SADD 11-12, NHS 11-12
Jolie Stepnowski For. Lang. 10, Crew 9

Lisa Storey
Bradley Strawn
Susan Stross Lit. Mag. 9, Tn. Cnsing. 12, For. Lang. 9-10, Chrldg. 9-12, Gymn. 9, Crew 9, DECA 12, SADD 9-12, SCA Rep. 9-12
Richard Sullivan VICA 11-12, ICT 11-12



Bradley Teague For. Lang. 11-12, Sci. Cl. 9-12, FBLA 9,12
Sharon Teeler
Jean Tennant For. Lang. 9, Jr. Civ. 11-12, NHS 11-12, Choir 9, Math Cl. 11
Pamela Tharp

TOO LATE!

On February 5, seniors just didn't come

Said senior Kelli McGee as the first bell rang, ''In five minutes they'll be letting loose the Dobermans!''

They didn't set dogs loose, but the unexcused tardies that were handed out put holes in a lot of GPA's. On February 5, 8, and 9, meanderers were marched to the auditorium and lectured sternly. Later, they were sent to class, unexcused passes in hand. Parents were phoned, and some students even lost driving privileges.





Ronald Thayer VICA 10-12
Jennifer Theroux Photo. Cl. 10-12, Sftbl. 10-12, Vbl. 10-11, Crew 12, DECA 12, Soccer 9
Laura Theiling
Michael Thomas Bsbl. 9-12

Robert Thomas
Milton Thornhill Ftbl. 10-12
Hrafn Thorsteinsson
James Thrall Orch. 9-12, Sci. Cl. 9, Forensics 10, Debate 10, Track 10, Hist. Cl. 11-12, Ftbl. 10-11, Wres. 9-12

Heather Thurman PHS Class 11, DECA 12
Virginia Thurston
Tony Todd
Sherri Tolman For. Lang. 11-12, Sftbl. 11, Bsktbl. 9-12, Yrbk. 11, DECA 12

David Tong Crew 11-12, VICA 12
Michael Trumpower DECA 12
Lisa Tuck Jr. Civ. 12, Pep Cl. 9, SADD 12, Key Cl. 9
Debra Turner Pep Cl. 9,11, FBLA 12

Michael Tyrell
Michelle Underwood For. Lang. 9-10, Photo. Cl. 11-12, Jr. Civ. 10, Prowler 10-12, Ed. in Cheif 11, Clubs and Design Ed. 12, Key Cl. 9
Dana VanMetre Chior 9,12, Prowler 12, Vbl. 10
Kevin Viau For. Lang. 9-12, Crew 9,10,12



Gotcha!

On Monday, February 8, "drastic action" was taken on tardy students again. Seniors Sharon Teeler, Casey Solum, and Jim Gregory are met at the door by assistant principal, Mr. Aaron Jordan.

Charmaine Vredenburg Pep Cl. 9-11, Vbl. 9, Mgr. 10-12, SADD 9,12
Christopher Wade
Billy Wakefield Tn. Cnslng. 11-12, Jr. Civ. 10-12, Pres. 11-12, Golf 11-12, NHS 11-12, Sarge-at-Arms 12, Key Cl. 10-12, SCA Tres. 11, Boy's State 11, Goven. School 11
Thomas Waldennasson



Jonathan Walraven
Heather Walters Orch. 9-12, Mar. Band 12, Hist. Cl. 11-12
Sherrie Ward DECA 11-12, Art Cl. 10
Andy Warren For. Lang. 9, Track 9, Soccer 9,10,12, Art Cl. 9-11

Troy Washington Tn. Cnslng 12,Ftbl. 9-12,Bsktbl 9-10
Brian Watkins For. Lan. 11,Crs. Ctry. 9-12,Track 9-12, FBLA 9-12
Stacey Watson Band Frnt. 9-10,Vbl. 9,Bsktbl 9-12, Soccer 9-12
Kimberly Whitehurst Tn. Cnslng. 11-12,For. Lan. 9,11,PSHS 10-12,SADD 9-12,NHS 11-12,SCA Rep. 9,11,12

Shantel Williams Pep Cl. 9-10, Track 9, SADD 12, FBLA 11-12
Wendy Winneberger PHS Class 11-12, Bus. Mgr. 12, Forensics 10-11, Debate 10-11, Bstbl. Mgr. 9, SADD 11-12, Secy. 12, Drama 9-10
Christina Wolfe
Stacey Wolff For. Lang. 9, MVP Track 10, Ger. Cl. 9



I'M GONNA MISS IT . . . SORTA

Seniors Had Mixed Feelings About Leaving

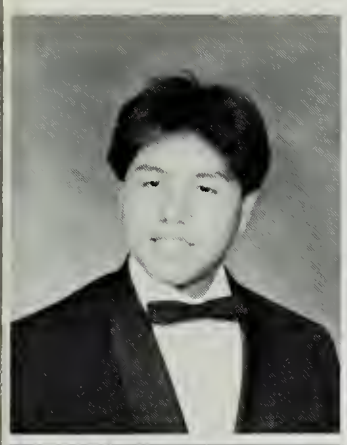
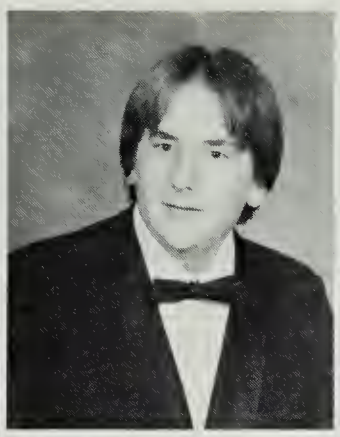
"I can't say that I'm gonna miss this place, because I'm not. I can't wait until graduation, and beach week, and college," said senior Candace Bouslough, "but I'll miss my friends a lot, too!"

Seniors had mixed feelings about graduating and leaving the place we had spent the majority of a four-year period. We wanted to get away from the homework and the everyday routine of high school, but then we thought about it, and, then we became terrified with the thought of being separated from the friends we'd known since the first grade.

Going away to college was an even scarier thought . . . kinda. But we tried to think of all the good things about college and the REAL WORLD. We thought of the day of Graduation when it would be all over . . . except for beach week!!!

The never-ending dream we dwelt on was throwing our caps in the air when we were declared the 1988 graduates of Potomac.

"I can't wait til graduation. I'll be so glad to get on with real life," said Cindy Shugart. But, until the day that was anticipated from Day One of the the most memorable year ever, we continue to wonder, am I gonna miss it ..... Sorta?



Frankie Wonpat
Michael Yauss For. Lang. 10-12, Sym. Band 10-11, Mar. Band 9-11, Con. Band 9
Andrew Yentsch Bsbl. 9-12
Patricia Yow Orch. 9, DECA 12, SADD 9-12





Kari Zehner Crs. Ctry. 10-12, Debate 9-10, Track 9-12, SADD 11-12, NHS 11-12
Natalee Zepp FBLA 11-12
Susan Zovak Tn. Cnslng. 12, Chrldg. 9-11, SADD 9-12, Soccer Mgr. 11-12



Hands Up

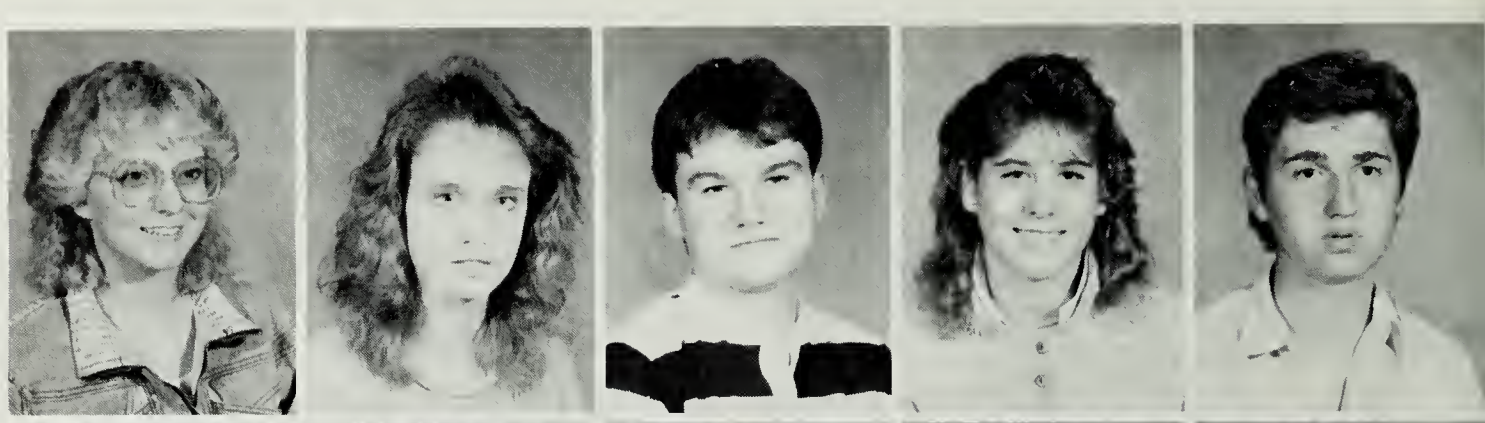
The Senior Class united at Homecoming to build what many considered to build our best float ever. We even won the float competition.



Finally!

Once Herff Jones came to fill orders for caps and gowns, we knew Graduation was near. Senior Tami Mercer turns in a filled out order form.

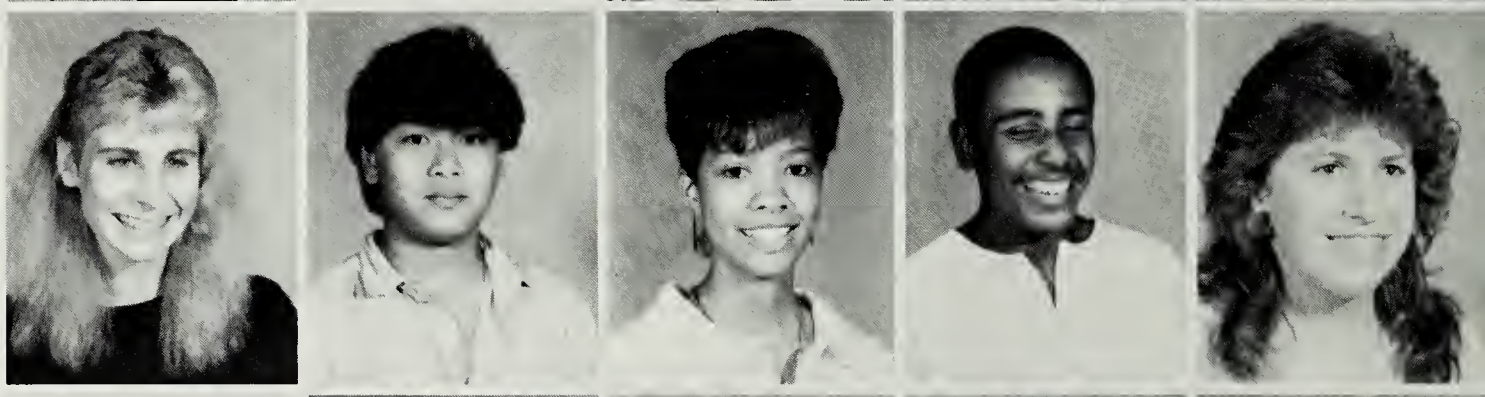
Natalie Abt 91
Elizabeth Adams 89
Robert Adkins 90
Allison Ahrens 90
Jeremy Ainley 91



David Ait 90
David Alachnowiz 90
Brett Allen 90
Victoria Allen 89
Melissa Ambler 91



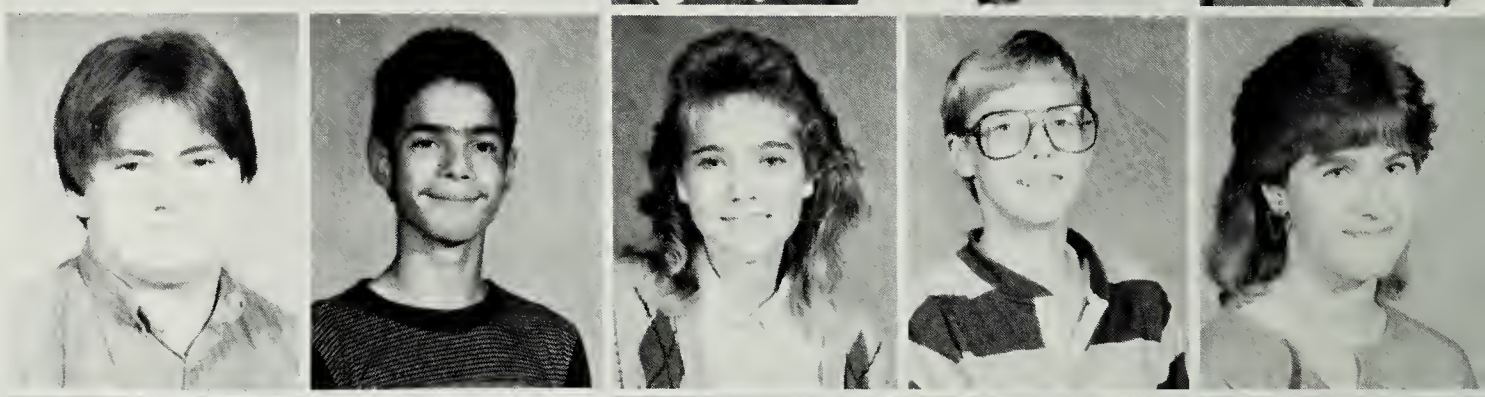
Lori Ambrose 90
Marconi Ambrosio 91
Sonja Ammons 89
Milton Anderson 91
Becky Anderson 89



Christina Anderson 89
Chris Andreno 91
Mike Andrews 90
Stephanie Andrews 89
Tanya Apodaca 90



James Applegate 89
Robert Aquino 90
Arlene Armbrust 90
Dexter Armentrout 90
Estelle Armstrong 90

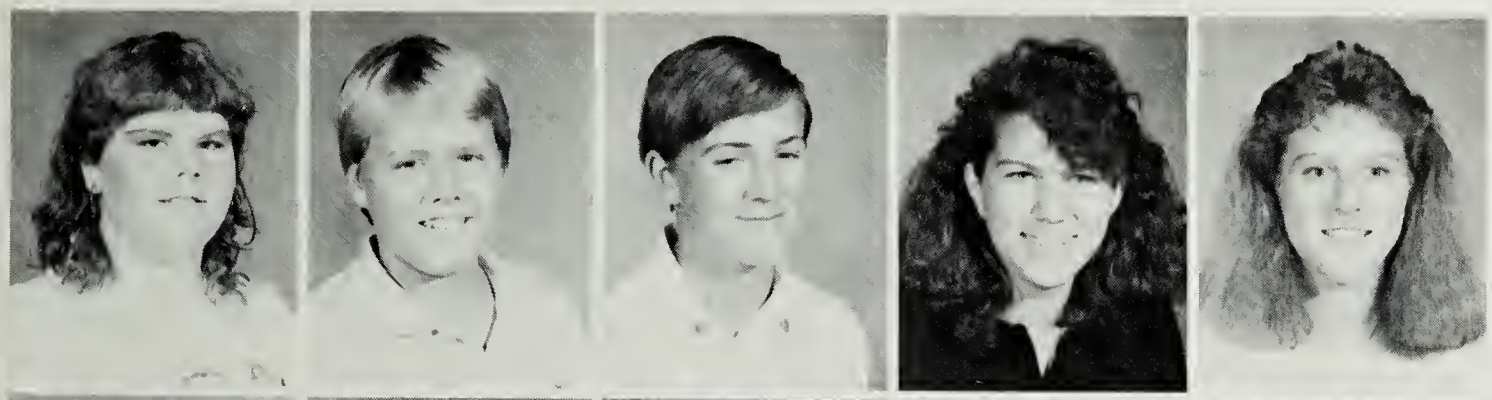


Sabrina Armstrong 90
Joseph Arnold 89
Nicole Arnold 91
Rombel Arquines 90
Lawerance Arrol 90

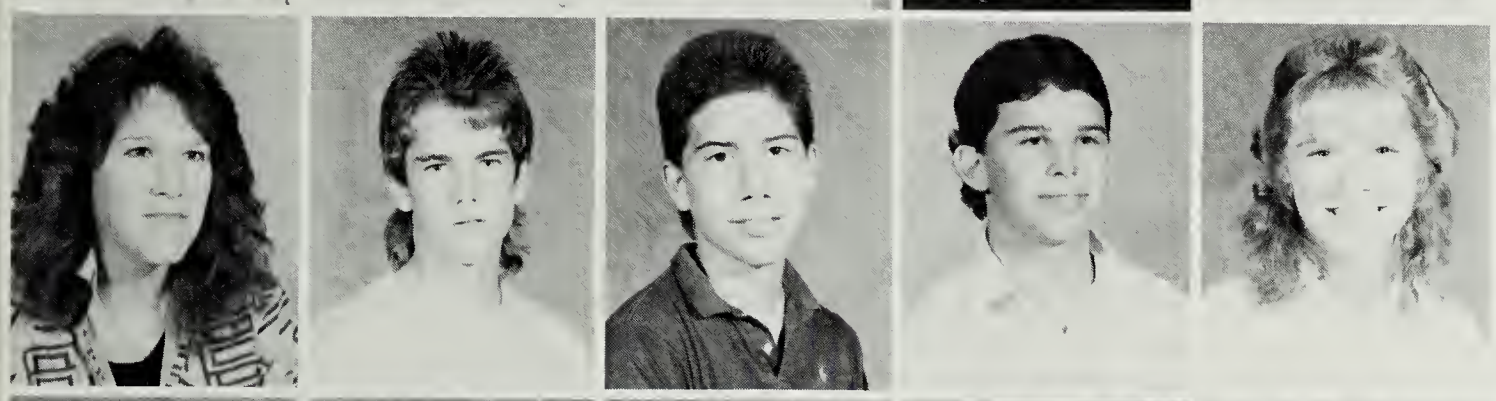


Jennifer Aubin 89
Jason Ausley 89
Aaron Austin 91
Felcie Austin 90
Karoline Austin 91

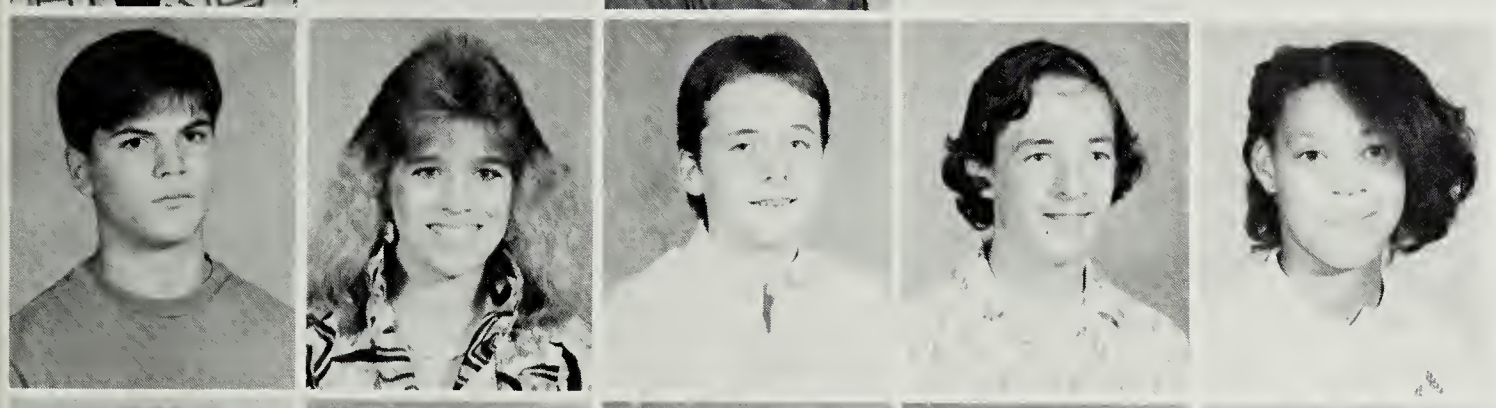




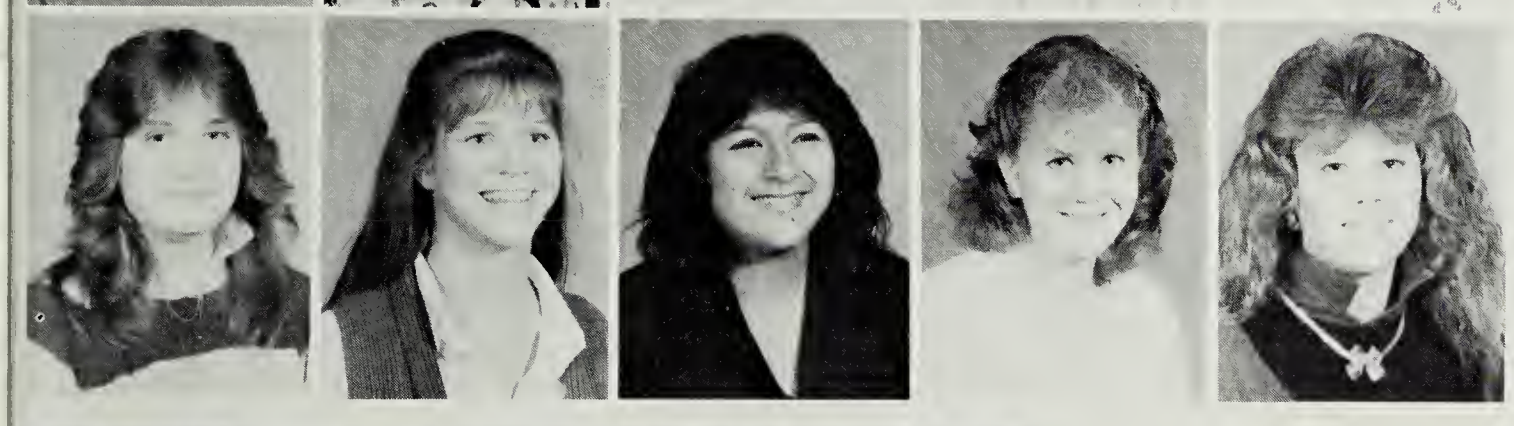
Heather Aydlette91
Peter Ayers91
Rowland Babcock89
Patty Bagato90
Karen Bahorich89



Carrie Bain90
Danny Baker90
David Baker91
Todd Baker89
Catina Baldwin91



David Baldwin91
Julie Baldwin89
Jason Banks91
Micheal Banks90
Aliya Barbour90



Paula Barnes90
Maura Barrett90
Toni Basquez91
Mary Basso91
Shannon Bateman91



Doncha Hate It?

Your alarm clock doesn't go off- you finally wake up and find that it's 7:40 and your brother is still in the shower. You practically knock him over trying to get into the bathroom. You take a three second shower and run into your room, grab the blow dryer and turn it on- nothing happens. Oh great, the dryer is on the blink. What a wonderful morning. So much for the hair. You, throw on some sweats and run out the door and hop into your car. At first when you try to start the car not much happens. Now your scared. Then finally it starts.

You get to school and swing into the parking lot. You have to park in the wilderness because you're late. Exasperating ! You hop out. Running up to the building, you hear the bell ring. Well, at least it isn't too late. You hurry to (cont. on page 60)

Sardines!

Students agreed the locker area bottleneck was a source of aggravation and the cause of many tardies.

(cont. from page 59)
your locker, and for once it opens. Maybe this day will go okay after all. Then you walk into first period and look at your teacher and find out otherwise.

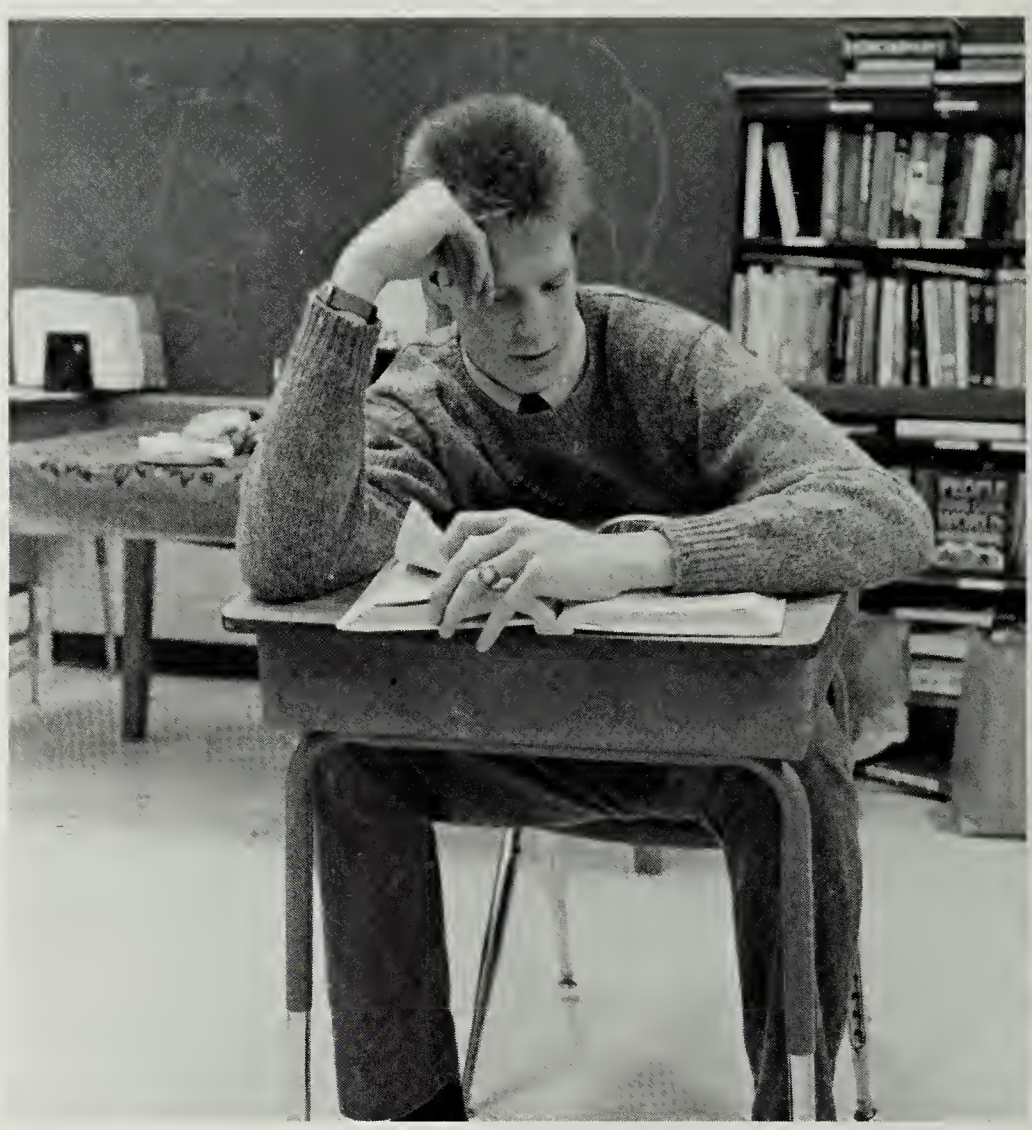
"I hate it when your teachers yell at you for no apparent reason except for waking up late because your alarm didn't go off," said Kurt Daniel.

Well, you have practially ruined the day so far; try again by making it on time to second period. After you go to your locker, and have allowed yourself a little time to stop and chat with friends, you start to journey to class. Turning the corner you see a mob of girls screaming, and YOU can't get by. RRRRing. Late for the third time this grading period.

"I can't stand it when people stand in the middle of the hall and talk; it holds up traffic and makes other people late. If other people want to be late, fine but they should have enough courtsey to get out of the way so the rest of us can get to class on time," complained Inky Borough.

Then to third, the class that you stayed up all night for. You were up until 1:00 a.m. doing a major (cont. on page 63)

Comfy??



If a desk was too small, it was hard to get comfortable. Making adjustments, John Cooper props the desk on his feet.

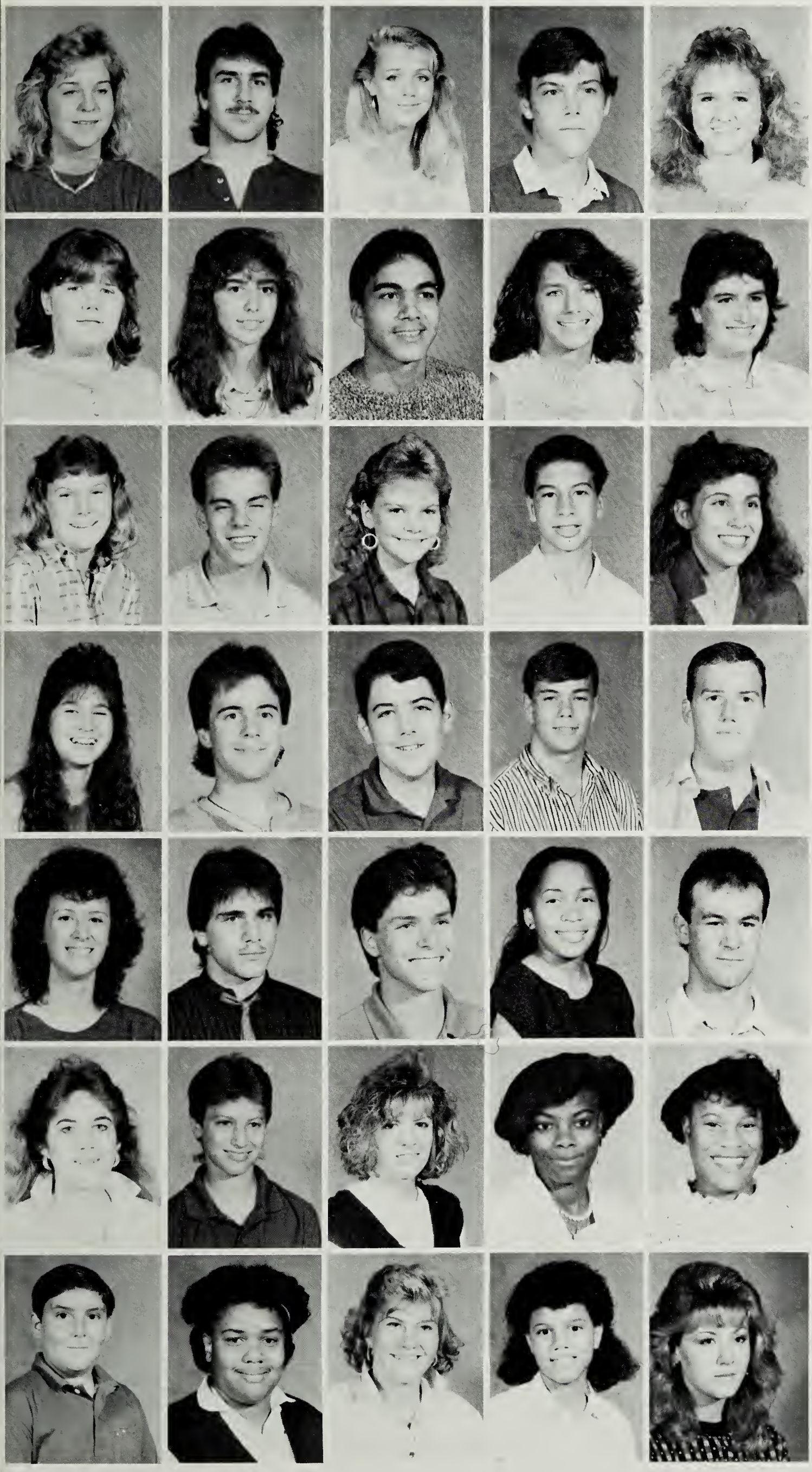


Andrea Beaman91
nathaniel Beaner90
Jolene Beavers89
Laurie Beavers89
James Beck90

Shawn Beck90
Kevin Becker91
Amy Beckman91
Paul Beckman90
Eric Bell89

Stephanie Bell89
Barry Benczkowski89
Tracy Bennett89
Brian Benoit91
Xandra Bense90

Cathy Berkman91
Lisa Bernhardt91
Marcus Berry89
Lisa Beall91
Carl Beahm90



Patti Berry 89
Brian Berta 90
Cathleen Beyer 89
John Beyer 91
Karen Beyer 89

Elizabeth Biller 91
Sherri Bills 90
Vic Birch 89
Denise Blair 90
Rachael Blair 91

Julie Blanchfield 89
Brian Blankenship 91
Julie Blankenship 91
Cliff Blasi 91
Shan Blasi 89

Christine Bock 89
Ray Bolton 90
Greg Bonner 91
Douglas Bonney 89
Michael Booker 90

Janelle Boop 90
Stevan Boozer 90
Brian Borough 89
Marion Boulden 90
Joel Bower 90

Kimberly Bowyer 89
Shawn Boyce 91
Corinna Boyd 89
Twanya Boyd 89
Trisa Boyd 91

Gary Boyette 90
Mischelle Bradshaw 91
Robyn Brammer 89
Marsha Breeding 91
Brittany Brenner 89

Jacqueline Brent 89
Michelle Brent 89
Junior Bridgeford 91
Sean Broadus 91
Lynn Brockman 89



Jeremy Broestl 91
Toby Brothers 89
Shanna Brougham 89
Anthony Brown 91
Betty Brown 90

Caryn Brown 89
Daniel Brown 90
Jabbar Brown 91
Rachelle Brown 89
Willy Brown 91



Wilbur Browning 89
David Broyhill 90
Jacquie Bruce 90
Tamera Bruffey 89
Patrick Bryan 90

Robert Bryant 90
September Bumbrey 89
Sallie Burch 90
Richard Burch 90
Melanie Burchard 90

Ericka Burgess 89
Kimberly Burgess 89
Alan Burgess 91
William Burgess 91
Brian Burke 90



Dennis Burke 89
Michael Burnett 91
Octavia Burns 91
Lisa Burridge 89
Jason Bush 89



(cont. from page 60)
report that could make or break your grade. You sit down, class starts and your teacher announces that the due date has been moved to the Monday of the following week to give you a little extra time for your report. Great, after all that work and no sleep whatsoever it's due on Monday.

"I hate it when you stay up all night to do all your homework and your teacher either postpones the due date or is absent and the sub doesn't collect it," said sophomore Keith Pavlick.

Locked!!

Locked bathrooms were a problem as we had to ask teachers for a key. Kim Hochmuth checks a door only to find it locked.

The rest of the day seems to be going smoothly until lunch, when there is no place to sit, as usual.

"I can't stand it when I save myself a chair at lunch and then when I come back from getting my food, it's gone," commented Freshman Staci Richardson.

After lunch it was to your remaining classes and they actually weren't that bad. Then the rest of the day went pretty smoothly and then the drive home was even pleasant. You go home and do your homework and get into bed and you think..I hope tomorrow is better than today, because tomorrow is another day, and maybe the little aggravations you hate the most won't seem so drastic if they come along less often.



Tracy Bush90
Barry Butler90
Brian Butler91
Samantha Butler89
Tanya Butterfield89

Marvin Byerly90
Christopher Cabading90
Keith Cadiere89
Kristen Cain91
Aileen Callattan91

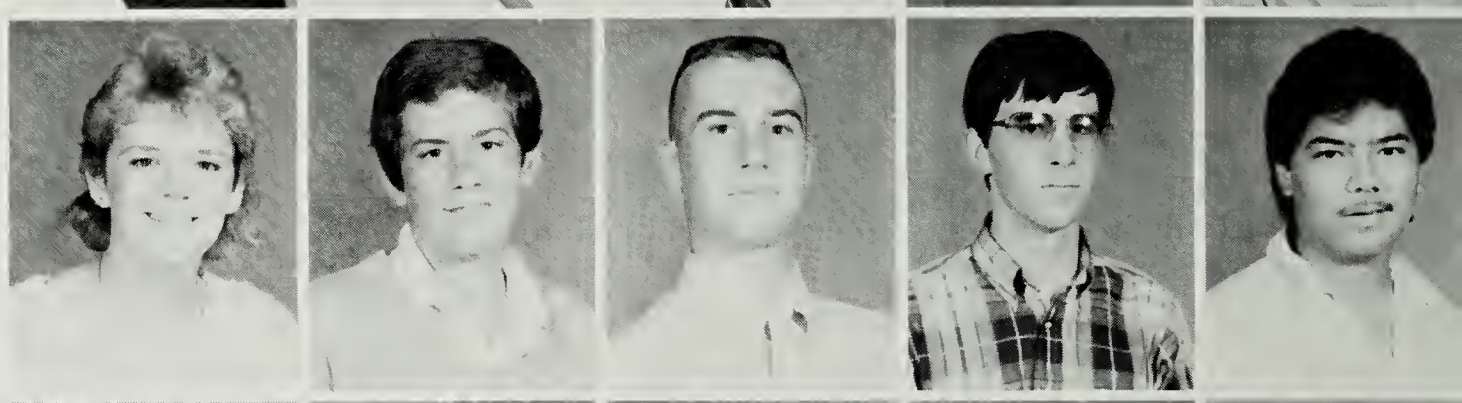
Michael Collan90
Julie Callantine89
Colin Campell91
Raymond Campell89
Ginny Canfield90

Heather Cannon91
Camille Capriglione89
Curtis Carl90
Ron Carlson91
James Carlyle89

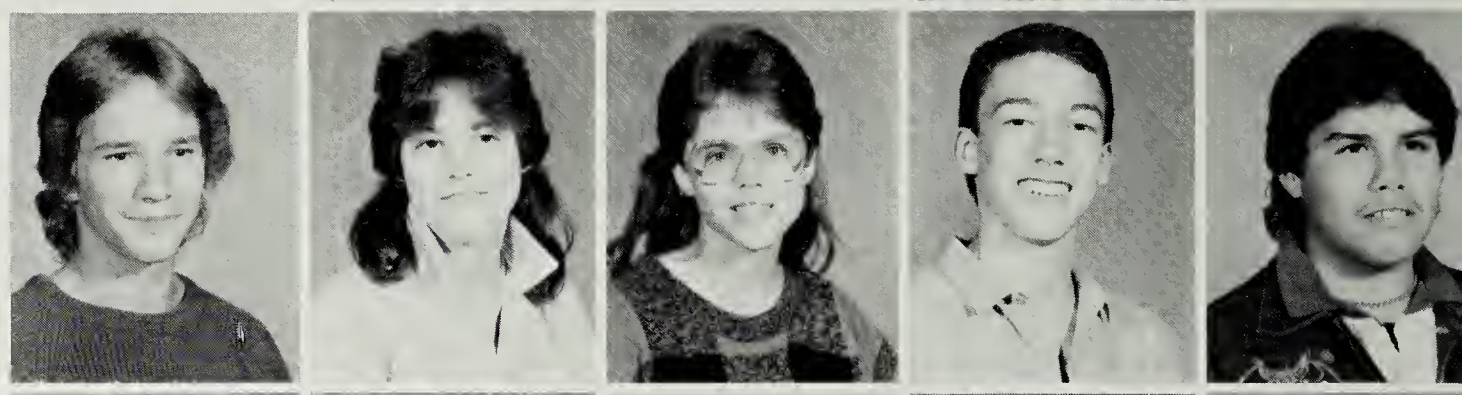
Bethany Carroll 89
Dannelle Carroll 91
Michael Carson 90
Deborah Carter 90
Gail Carter 91



Heather Cartmill 91
Mark Catlett 91
Michael Catlett 89
Brien Cecil 89
Neil Celis 91



Jim Chambers 90
Ladonna Chapins 89
Kristy Charles 91
Matthew Charleston 89
John Chavana 89



Micheal Christle 90
Nick Cimmento 89
Stephanie Clancy 90
Tina Clanton 89
Karen Clark 89



Full Of Spirit

The year began with success during Homecoming Week. The Class of 89' pulled together as a family and managed to tie the seniors in the spirit competition. Working together at President Gretchen Moss's house the class worked toward the goal of winning spirit week for the second year in a row. Although they didn't win it led to new friendships and fun and memorable experiences. Class Secretary Julie Blanchfield said, "It was a lot of work, but it brought us together and was a lot of fun."

Prom was next to continue their success. After some debate, Vice President Julie Webb's suggestion for the theme, Starry, Starry Night, was adopted. Treasurer David Spetrino summed up the juniors' feelings by saying, "With profitable fundraising and astounding spirit in homecoming week the entire school year was a great success."

Keeping Up

Officers David Spetrino, Julie Webb, Gretchen Moss, and Julie Blanchfield read the PHS Class.





James Claxton 90
Stacie Clemmons 91
Stacy Closson 89
John Coe 90
Kenneth Coggins 91

Matthew Coimbra 91
Paul Colangelo 90
Sal Colangelo 91
Brian Cole 90
Christina Coleman 91

Jennifer Coleman 91
Alicia Colletti 91
Billie Jo Collins 89
Jason Collins 91
Laura Collins 89

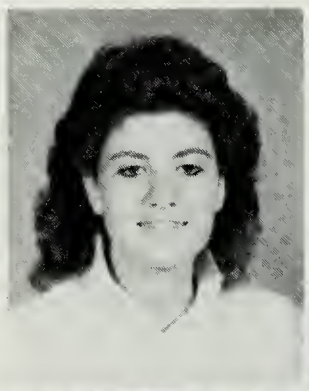
Jennifer Compton 91
Ted Confair 11
Patricia Conley 90
Chris Connelly 90
Paul Conner 90

Marianne Connolly 91
Daniel Conrad 89
Dawn Conrad 91
J. B. Conway 90
Timothy Conway 91

Eva Cook 89
Michael Cook 89
Sean Cooney 89
Jon Cooper 89
Robert Cope 91

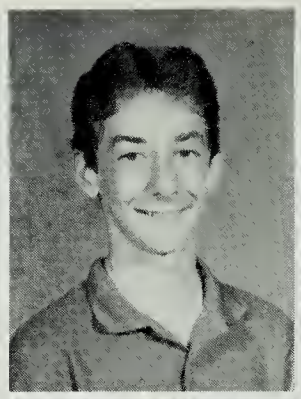
Lanieta Corbin 91
Melanile Corbain 91
Barbara Corman 89
John Corman 91
James Corsa 91

Suzanne Corsa 89
Sheri Costa 90
Thomas Costello 90
Matt Covington 91
Andrea Cowan 89











Barney Cox 89
Marsha Coxton 89
Alison Cozzone 91
Kelly Craig 89
Keri Craig 90



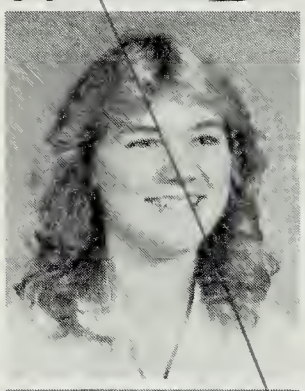






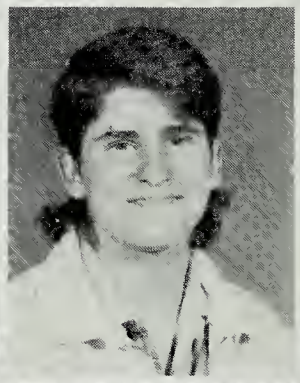


Melissa Craine 90
Jonathan Crane 90
Anthony Creegan 90
Jason Creighton 91
Todd Cristian 90







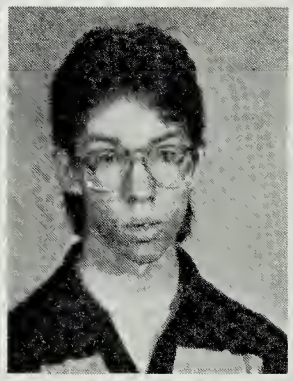




Jerry Cropper 91
Terry Cropper 91
John Crossley 91
Robert Crouch 91
Keri Crowell 90





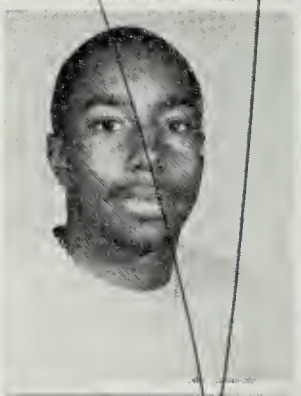




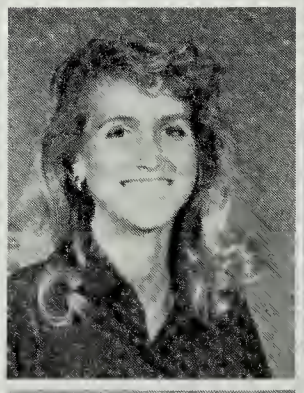


Chris Cucchiara 90
Sean Culley 90
Walter Culp 91
Sara Curran 89
Sarah Dadson 91



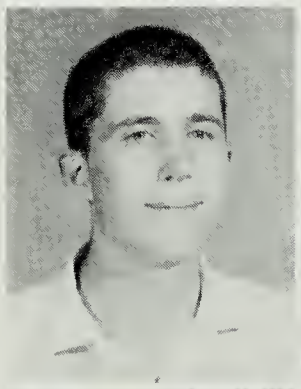


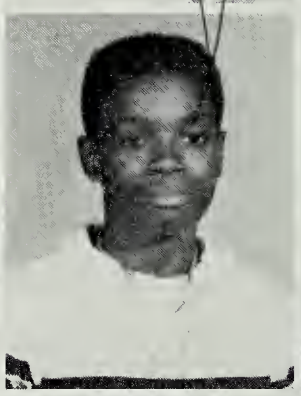


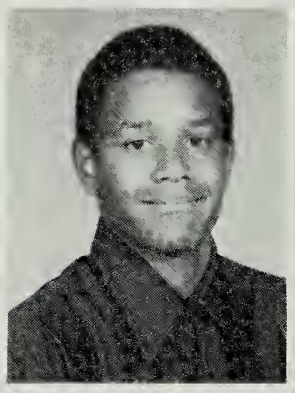




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Leland Dangerfield 90
Ramonn Dangerfield 91
Anita Daniel 91
Kevin Daniel 91



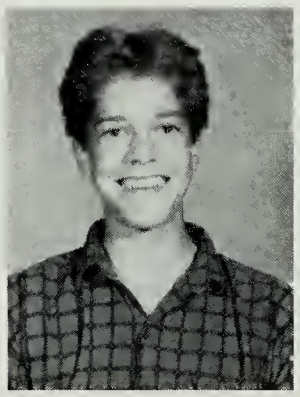






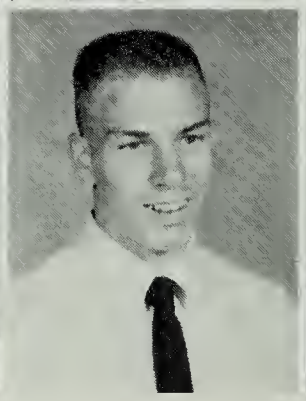


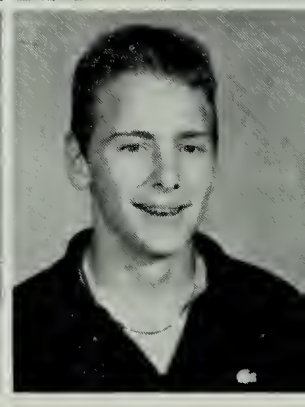
Kurt Daniel 91
Kerry Danner 90
William Dantes 91
David Darling 89
Gregory Darr 89











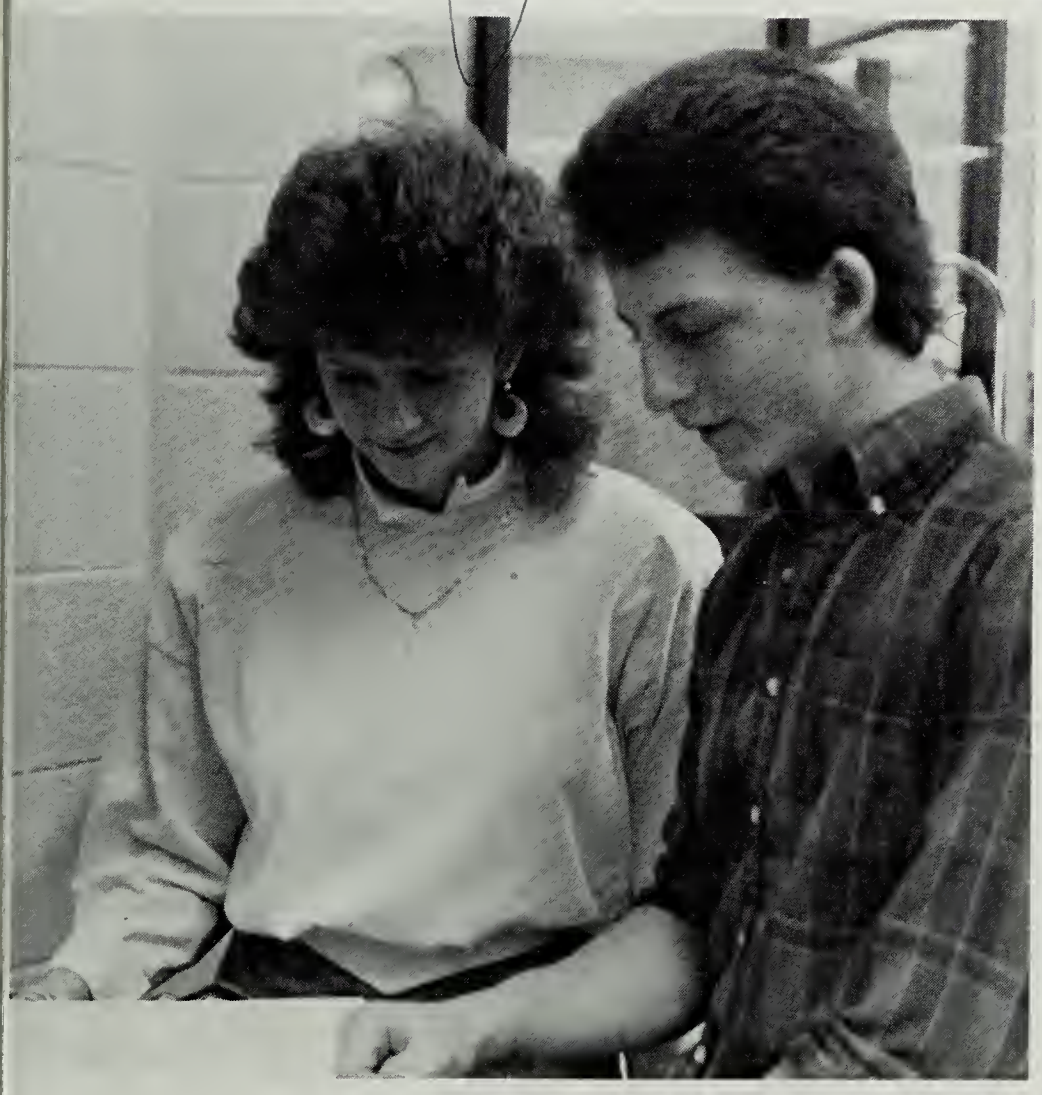


April Dart 91
Barkely Davis 90
Jenni Davis 90
Merritt Davis 90
Michelle Davis 90

Romeo Davis 91
Stephanie Davis 89
Terry Davis 89
Angela Dawkins 91
Tiffany Dayton 89

John Dearing 89
Tim Dearing 91
Melissa Dearth 91
Angela Deck 90
Theresa Deck 91

Nerissa Deleon 91
Angel Delucia 91
Megan Dempster 90
Chris Dent 90
Denise Dent 89



In The Family

"We're related."

"He always misses the bus so he can catch a ride to school with me and my friends," said Kevin Pigott, whose brother Bryan just wanted to be in the crowd sometimes. Some complained that a sibling intruded with their friends, especially when it concerned a ride somewhere.

"The only problem we have is the girls don't now which one they like best," commented Chris and Will Mercado.

"Where is my shirt?" That was a typical sound of the Coleman sisters, Chrissy, Jenny, and Susan, getting ready for school in the morning. Sometimes an arguement occurred in the halls between brothers or sisters over a certain sweater, a pair of pants, or even a pair of shoes.

A lot of Panthers had a little Panther or a big Panther who attended school with them. At times it was a real hassle, but it was all in the family.

Togetherness

Cindy and Brian Shugart find time in their busy schedules to study together. Spending time with each other became harder with their many high school activities.

New Traditions

"I like breaking the tradition of getting class rings during our junior year and getting them at the end of our sophomore year," said junior Heather Schwetje.

The Class of 1989 was the first in school history to receive their rings as sophomores. They arrived just eleven days before the end of school.

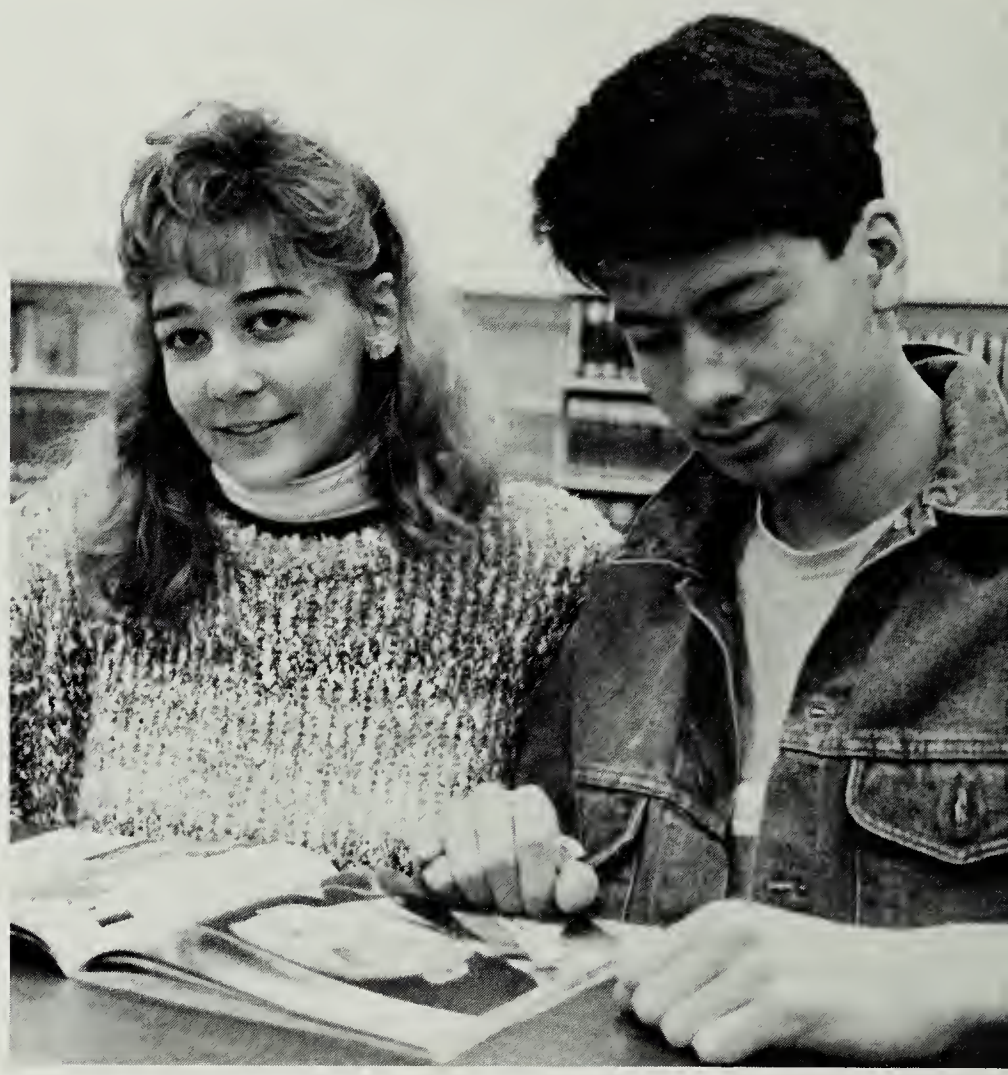
"I felt that it was good to give us our rings early. It gives us a chance to wear them two full years instead of just one and a half," said junior David Wolter. Added junior Kim Saunders, "I'm happy that I get more wear for the money my mom spent."

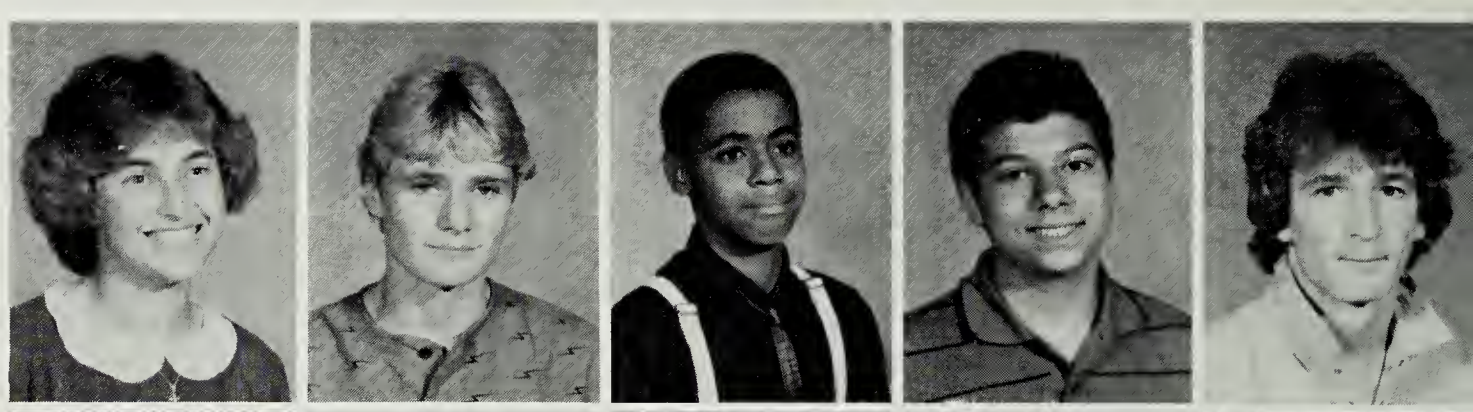
Watching the sophomores get their rings also lifted the spirits of the class behind them.

Sophomore Maura Barret said, "I can't wait until I get my ring. I was so jealous last year that they had theirs, it really made me want mine."

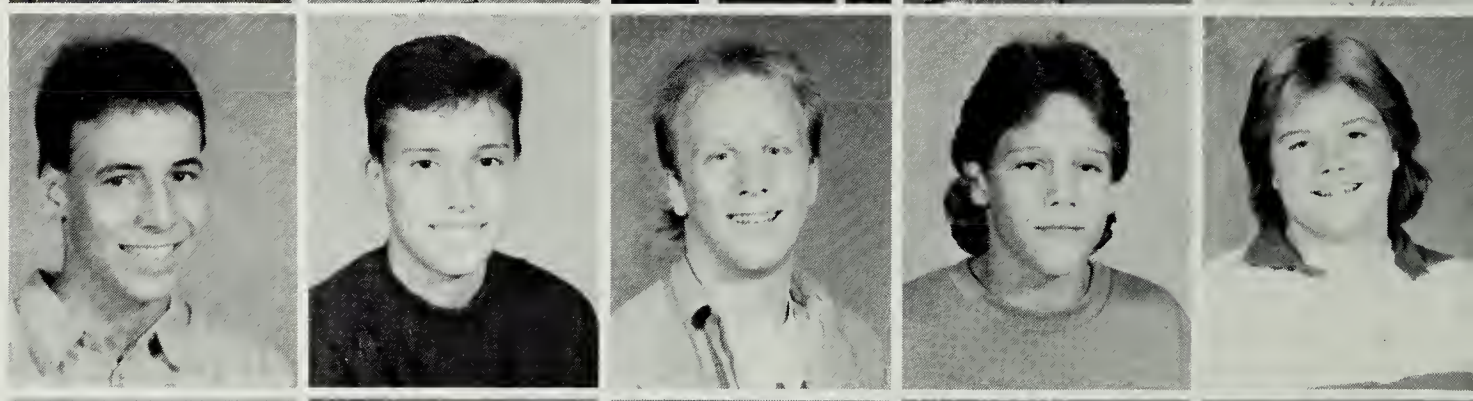
For the Moment

The tradition was that couples traded class rings, as did juniors Bill Masters and Cindy Hall.

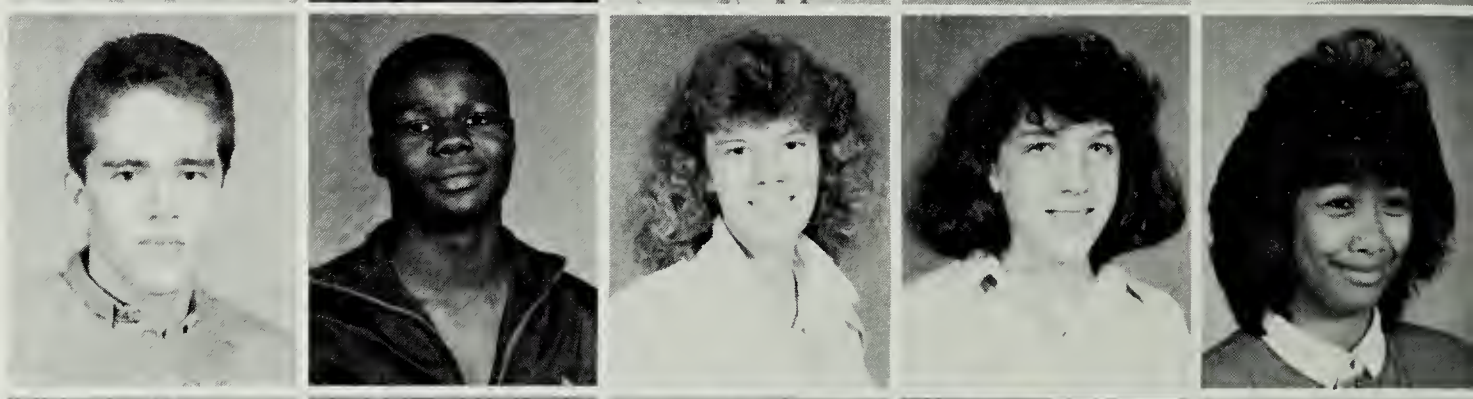




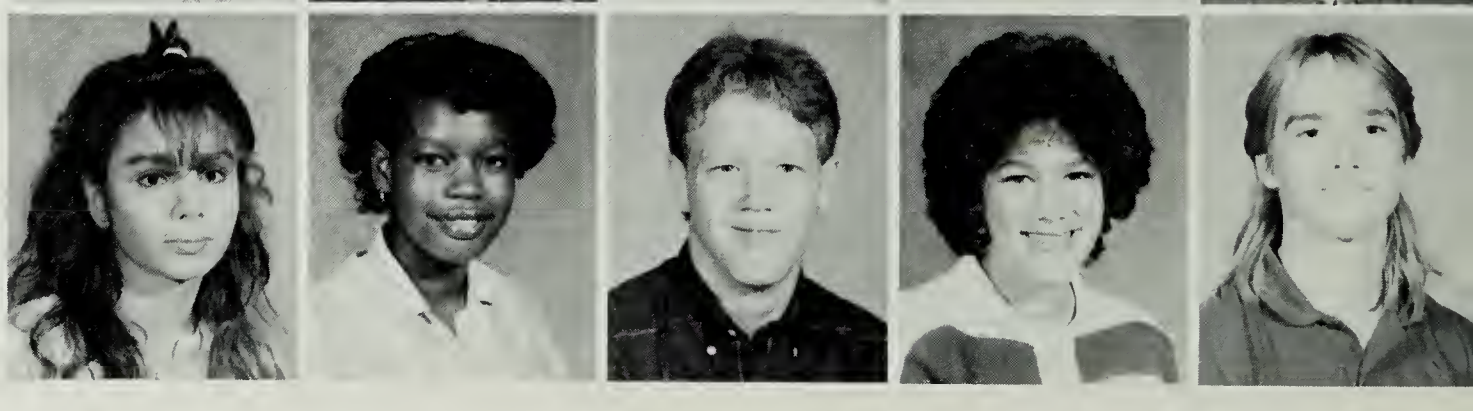
Kristi DePersia 89
Harrison Deppe 90
Sargio Desdunes 90
Frank Desena 91
Sammy Diehl 90



Bryan Dietz 89
Scott Dietz 91
Kelly Dillinger 89
Dana Dirisio 90
Michelle Ditgen 90



Jason Dix 89
Cecil Dixon 91
Debbie Dockendorff 89
Phyllis Dodson 91
Alvie Domingo 89



Amy Donahue 90
Chanequa Dorsett 89
Kevin Dotson 91
Mindi Dovberg 91
Jason Dowell 90



Brian Dowling 89
Jennifer Downey 91
Charles Driscoll 91
Patrick Driscoll 90
Tricia Durate 90

Haiwoon Duncker 91
Soon Gill Duncker 89
Matthew Dunlap 89
Stephanie Dunn 89
Carrie Durham 89

Bryan Dutton 90
Carolyn Dutton 89
Hazel Duvall 89
Robert Dye 90
Matthew Eads 91

Matthew Earharts 89
Kelvin Ebron 90
James Edgington 90
Regina Edgington 89
Wendy Edmonds 91

Joseph Edwards 89
Justin Edwards 91
Rhonda Eley 91
Yolanda Eley 91
Michael Embrey 90

Susan Emmons 89
Ricky English 91
Rudolph Ennis 91
Heather Erie 89
Leeanne Ervin 89

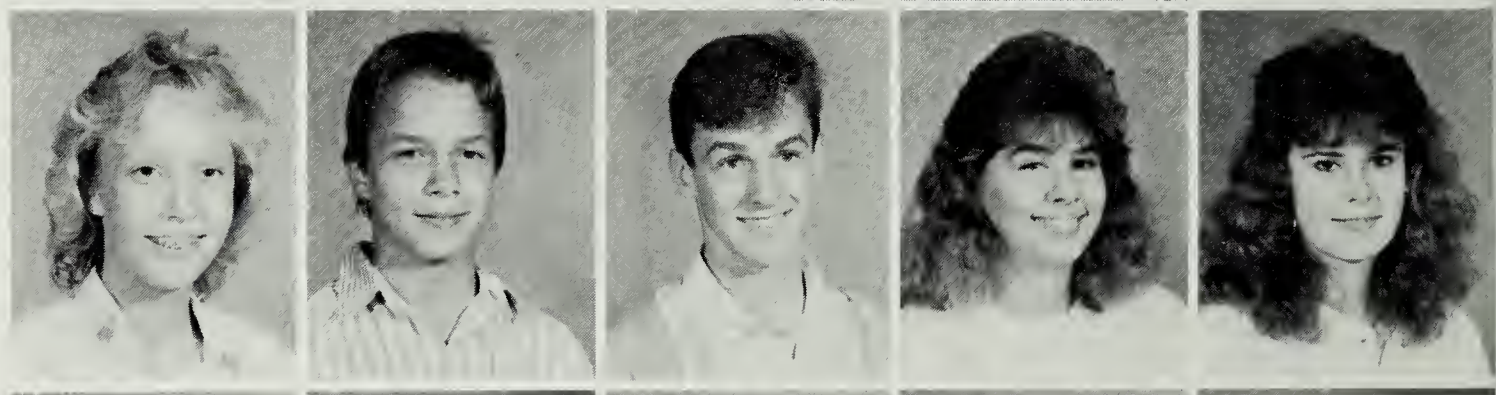
Clinton Eskew 90
David Eskridge 90
Kimberly Estu 90
Angelique Ethridge 91
Terri Evans 91

Corin Evenstad 89
Jerry Ewing 89
Douglas Falk 91
Julie Falk 91
Angela Farmer 90

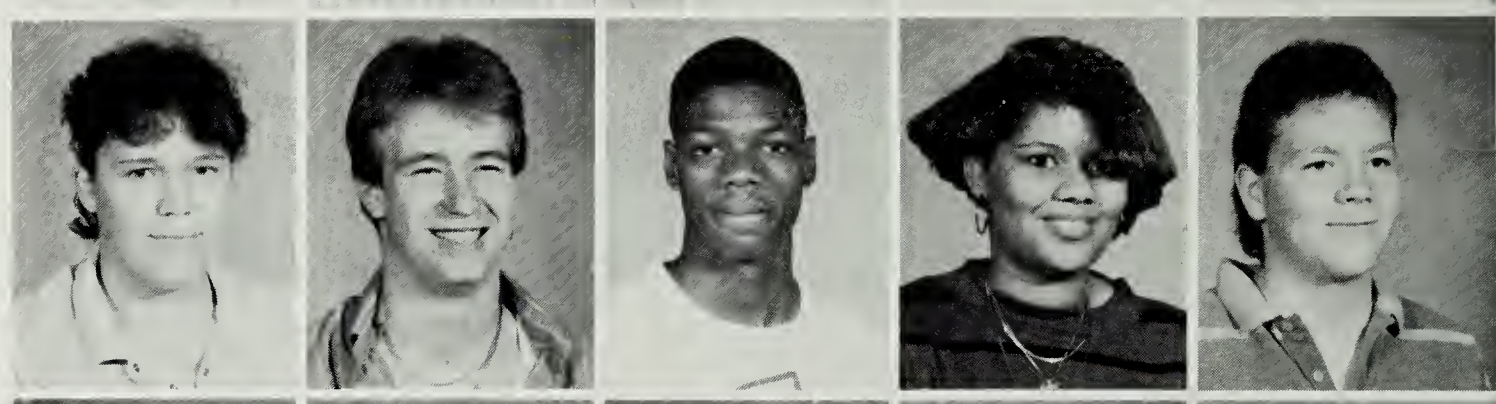


Chanda Farmer 91
Michelle Farris 90
Dyanna Faz 90
Ashley Featherstone 90
Eric Fels 91

Jennifer Ferenschak 90
Timothy Ferenschak 91
Robert Ferguson 90
Robin Ferguson 89
Angel Fidler 91



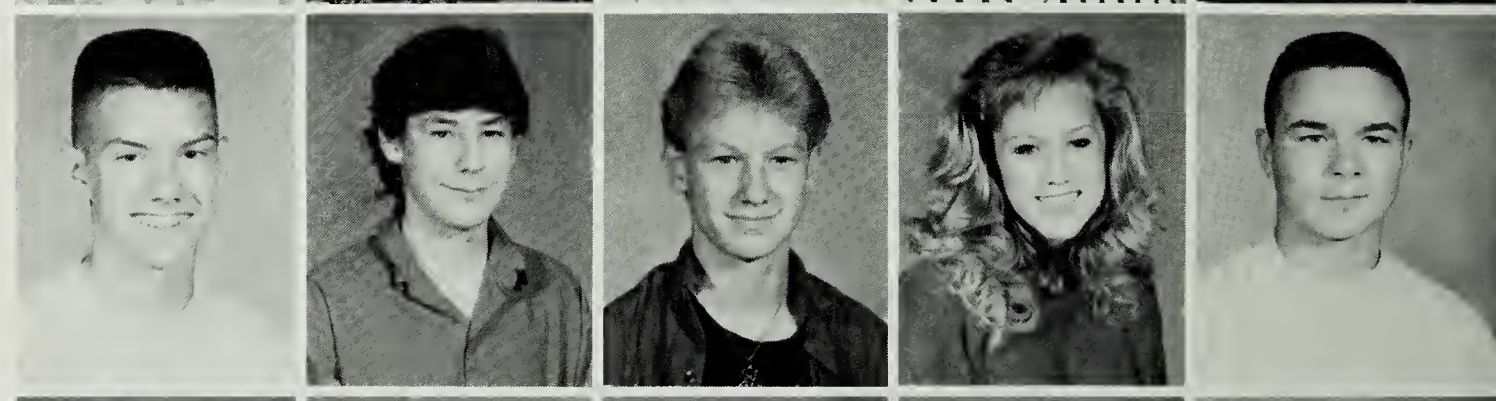
Saundra Figueroa 90
Clayton Fisher 90
Diangelo Fisher 91
Angela Fitzgerald 91
Vincent Fleming 91



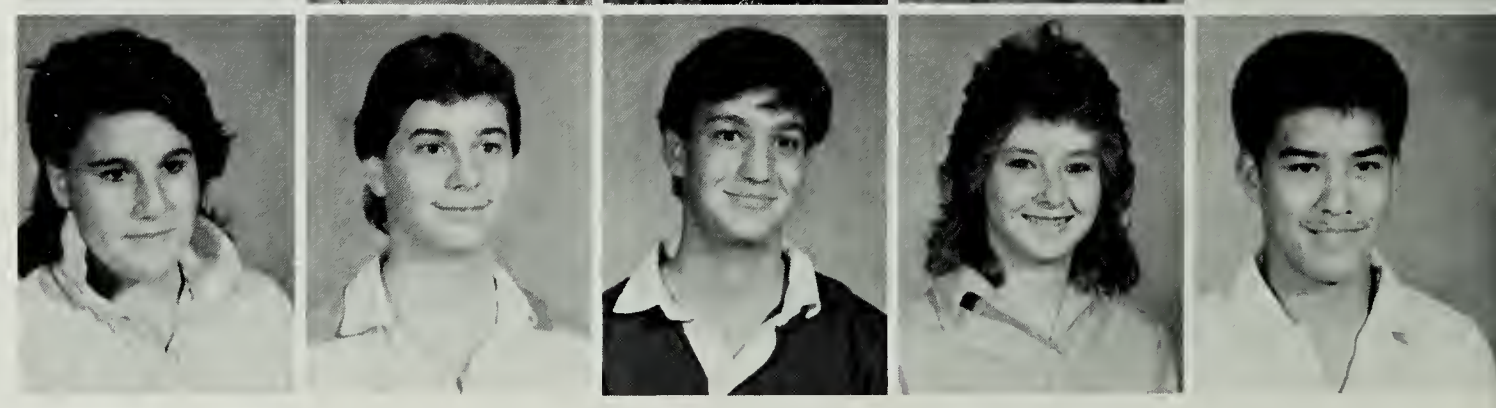
Colleen Flynn 91
Joseph Flynn 90
Jennifer Foglesong 91
Terri Foglesong 90
Julie Foley 90



Michael Foley 89
Michael Folliard 91
Seth Folsom 90
Jennifer Foote 89
Brian Ford 90



Leasha Ford 91
Donald Forry 90
Roger Fortuna90
Tracy Fortune 89
Troy Foster 89





Jason Fournier 90
Jason Fox 89
Sonja Fox 89
Stacy Frank 91
Robin Freeman 91

Kendra Freiheir 91
Micheal Fridley 89
Tim Friend 89
Cynthia Fritsche 89
Robert Fry 91

Rob Fry 89
Amy Fuller 89
Mark Fulton 89
Angi Furbee 91
James Gahn 90

Becky Gallentine 90
Wendy Galliani 91
Derek Gallion 89
Jeff Gallop 89
Greg Garcia 91



Not Quite!

You're frazzled from having to struggle through P.E., math, and science. And you still had homework to do. But there was always lunch to look forward to, right? It gave you a chance to rest from your first three class periods, to polish that English homework, and to socialize--all at the same time!

Not quite! You had to first of all find a seat, preferably one that was near a table. Said sophomore Pat Driscoll, "The worst part of it is, by the time you get out of the lunch line,, you have to find yourself a chair again!"

The lines were the other problem. Often every single friend of the person in front of you came to "visit". Suddenly you were in a line to rival the one for King's Dominion's Shockwave rollercoaster.

It all seemed pretty hopeless . . . But it could have been worse. Maybe.

Chowin' Down !

Even though cafeteria food is not the best American cuisine, friends Justin Edwards, Kerry Danner, Anissa Thompson, and Shannon Tetreault make the best of their lunch break.

Brian Gardner 90
David Gardziel 89
Gretchen Garrison 89
Lauri Gemar 90
Colins Gibb 90



Michael Gill 90
Jo Ann Gillis 90
Laura Gipson 91
Lillian Gipson 89
Daniel Glisan 89

Gina Gloster 90
Daniel Goad 91
Tara Golding 91
Ben Gonzales 89
Lamar Gooden 90



Michelle Gooding 91
Jarrell Goodloe 90
Deadra Goodner 90
John Goodwin 89
James Gordon 90

Get Spirited!

The Sophomore class started out with a bang when their officers got the spirit flowing at the beginning of the year at the first pep rally. The officers for the class of '90 were President, Jenny Stearns; Vice President, Tracy Jarvis; Secretary, Angie Deck; and Treasurer, Corrie Lohman.

President Jenny Stearns tried her best to make the sophomore class one big family. She said "I'm trying to raise more class spirit."

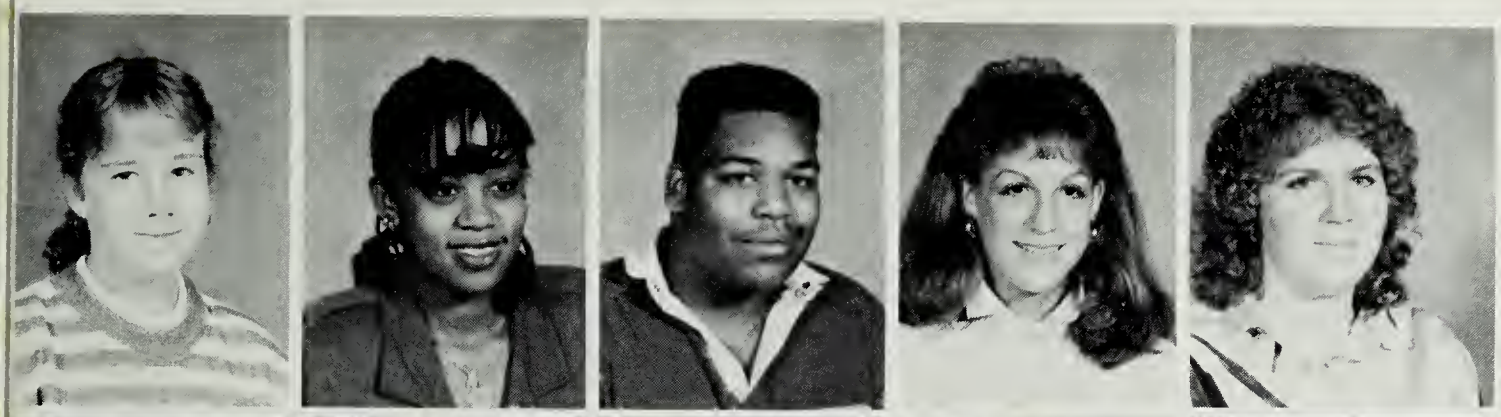
During Homecoming, the class of '90 put forth great effort in constructing a float that would be remembered. They worked long,hard hours at Tracy Jarvis' house, which was tiring but fun commented Angie Deck.

Treasurer Corrie Lohman started off the year by saying, "I wanted to be more involved with the Sophomore class!" The class of '90 strived to be the best that would one day rule the school.

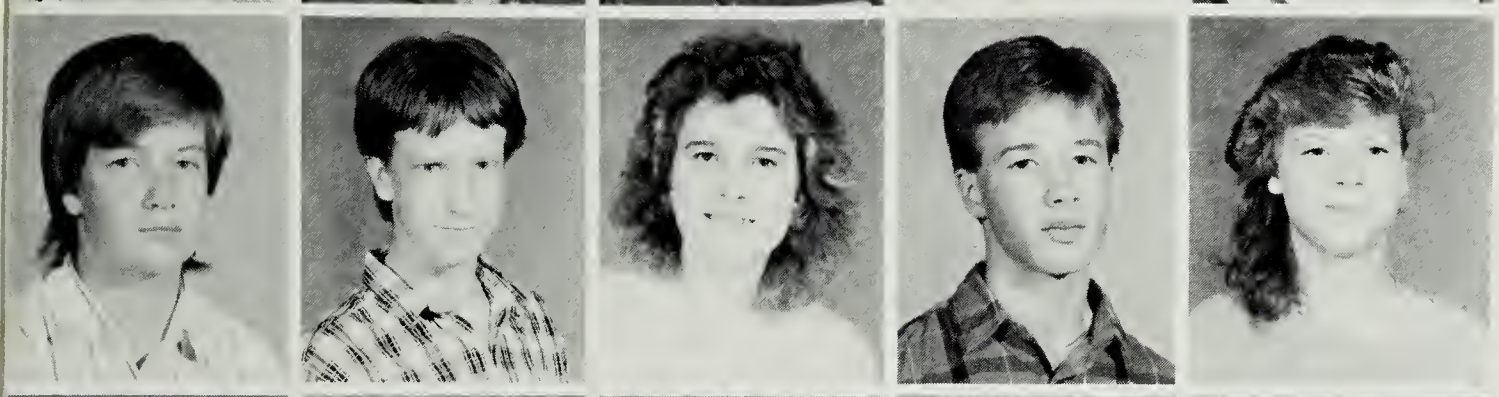
Hanging out

Sophomore officers Angie Deck, Jenny Stearns, Tracy Jarvis, and Corey Lohman hang signs to advertise a dance.





Jennie Gordon 91
Patricia Gordon 89
Anthony Gould 89
Julie Grace 91
Tara Graff 91



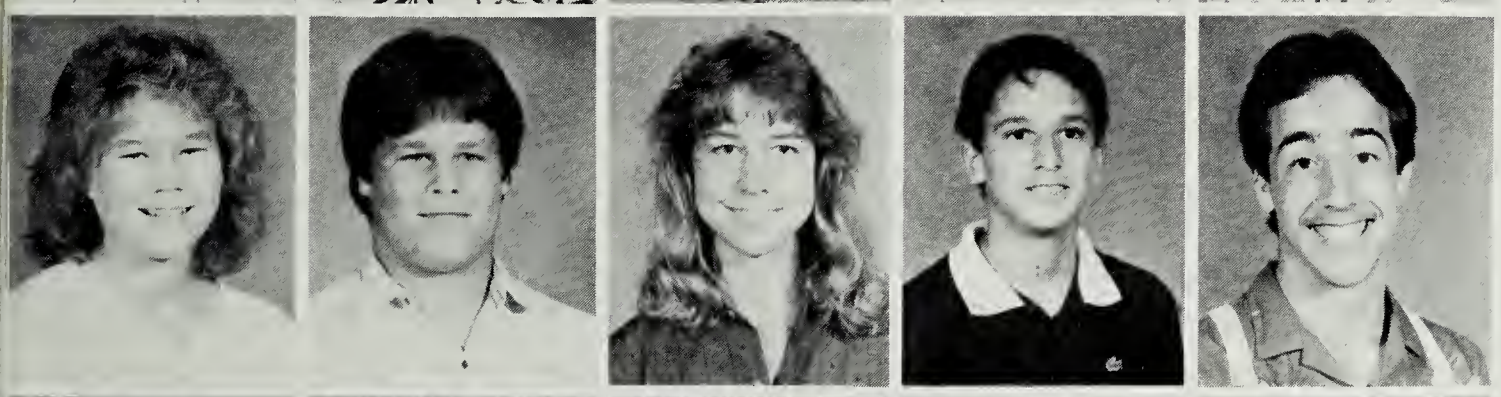
Chris Graham 89
Steven Graham 91
Julia Grassler 89
Chris Greathouse 90
ennifer Greek 91



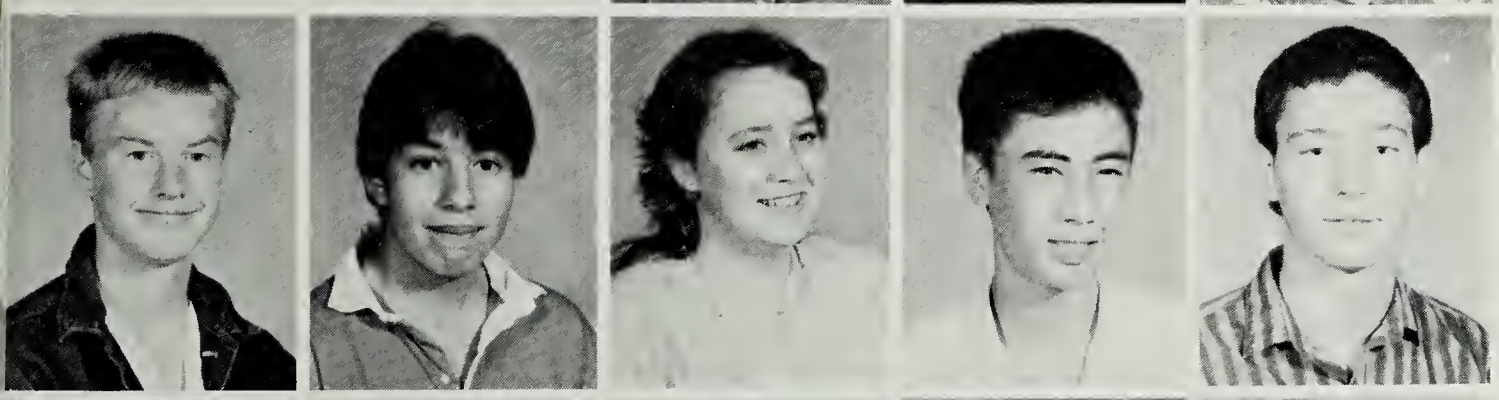
Greg Grider 90
David Griffea 90
Dianna Griffith 89
Marsha Griggers 89
Deena Grillone 90



Tammy Grimsley 91
Melissa Grinkley 90
Kimberly Grooms 89
Elizabeth Grotz 91
Eric Grotz 89



Bethany Grubb 91
Frank Grubb 89
Cindy Grubenmann 90
Michael Guillory 91
Scott Gum 91



Stephen Guthrie 91
Steve Gutierrez 91
Janice Guyett 91
Scott Hadar 90
Tim Hadley 89



Ben Hale 90
Jeanette Hale 90
Nathan Hale 91
Angela Hall 89
Carrie Hall 90

Chris Hall91
Cynthia Hall89
Jennifer Hall91
Lee Hall91
Tammy Hamilton91



Gerry Hamm90
Jesse Hamm89
Melissa Hamm91
Deloris Hamm89
Marcus Hamm89

Tabitha Hamm89
Scott Hansen90
Shane Harlow90
Angie Harmon90
William Harner91

Shawna Harrigan90
Brian Harris91
Glenn Harris89
Jimmy Harris91
Ricky Harris89

Robert Harris89
Travis Harris89
Veronica Harris89
Kim Harrison89
Christi Hart89

Stacie Harvey90
Jennifer Haughey89
Brenda Haulton90
Robert Hawkins 90
Leslie Hawver91

Kristin Hayden90
Monnetta Haynesworth91
Brenda Heath90
Heidi Heath91
Joshua Heatwole91



Tim Helbling 91
Mike Helms 91
Stacy Henley 90
Matthew Henry 91
Bruce Herdt 89

Claudia Hernandez 89
Eureka Herring 91
Forest Hetland 89
Kris Hetland 91
Seth Heywood 91

DeAndra Hicks 90
Lisa Hicks 89
Mark Hildago 91
Dannielle Hilliker 89
Larry Hills 91

Elizabeth Hines 90
Kesha Hinson 89
Shauna Hippeard 89
Treina Hippeard 90
Susan Hixon 91



Mine-All Mine

Mirrors and makeup. Notes and pictures. Candy wrappers, week-old lunches, and books. Lots of books.

These were just a few of the things we had in those yellow or orange crates we called our lockers. Having a locker was something like having an apartment--only smaller and messier. "No matter how hard you try, the trash is still piled up to the top!" said sophomore Patty Parkhurst.

Lockers were also a means of celebrating special events. Athletes found their lockers decorated with crepe paper and spirited good luck notes on days of important games. Likewise, birthdays were occasions to find a decorated locker. Birthday boys and girls had to deal with balloons, signs, and even silly string between classes.

Photos and assignments personalized them. We cursed them as often as we appreciatied them. Just like home.

Second Home

Kari Crowell relaxes while doing homework at her second home. Decorations added that personal touch to our lockers.

The Big Cheese

7:00 AM - No upperclassmen could be found. The car wouldn't start. Worse, you had neither a car nor a driver's license.

So, you trudged to the bus stop. For the next ten minutes, you inhaled all the fumes from every car that passed by and hoped that someone would see you, standing there, and give you a ride. But then...there it was. The cheesewagon. YUCK.

You climbed on. At least the ride offered an opportunity to catch up on homework. You got to school and the ride was soon forgotten.

The afternoon bell reminded you how you had to return home. You made your way out the door. Hordes of yellow monsters loomed before you. The school bus got you to and from school with little effort on your part, and no one was offended when you complained about it. What could be better than a free ride, anyway?

Driving, that's what!

Til Tomorrow

Going home the school bus way was how the majority number of students ended their day at school--like it or not.





Kimberly Hochmuth 90
Deborah Hodges 90
Stacy Hodson 91
Patricia Hogan 89
Ian Homan 90

Aaron Hollaway 91
Christy Holley 91
Jennifer Holloway 91
Karen Holloway 91
Stanley Holloway 91

Michele Holzman 89
Alice Homan 89
Jeff Homan 90
Soon Hong 90
Leah hooks 90

Michael Hooks 91
Allison Hord 89
Shane Horne 90
Adina Horowitz 89
Stacey Horowirz 89



Brian Howard 89
James Howard 90
John Howard 89
Nikki Howard 91
Lewis Howard 90

Marcus Howard 89
Patrick Huckabay 89
Stacy Huckabay 89
James Hudson 89
Paula Hudson 89

Marcia Huggin89
Janet Hughes 91
Leslie Hughes90
Suzanne Hughes 89
Eliot Hull 90

Kevin Hume91
James Hundley90
Carleton Hunter91
Ted Hupka89
Jessica Hurle89

Marc Hurst91
Barby Ingle90
Ann Ingram89
Clint Ingram91
Dan Irby91

Mike Irby89
Tina Irby90
Scott Iverson91
Kenneth Jacobs91
John Jacobson90

Steven Jakolski91
Cindy James89
Rhonda James89
Steve Janke 89
Greg Jarvis90

Tracy Jarvis90
Vernice Jefferson91
Shawn Jenkins89
Marc Jensen91
Robert Jessup91



Shane Jewett90
Donna Jocewicz90
David John90
Cable Johnson91
Crystal Johnson90

Keith Johnson90
Kelly Johnson90
Melissa Johnson90
Michelle Johnson89
Patricia Johnson90



Sarah Johnson89
Steven Johnson91
Sylvia Johnson91
Tara Johnson90
Bill Johnson90

Laura Jonah91
Bridget Jones91
Charles Jones90
Derek Jones89
Kelly Jones91



Krissy Jones90
Michelle Jones90
Nancy Jones90
Bobby Jones90
Stephan Jones91

Suellen Jones90
Colin Kalbfleisch91
Chad Kampf90
Tammy Karhan91
Jennifer Keady91



Mark Keator 90
Christian Kedzeierski 91
Nicole Keiser 91
Rebecca Keller 91
Holly Kellett 91

Jennifer Kellett 90
Mandy Kelley 91
Pat Kennedy 91
Sean Kenney 91
Jen Kepus 90

Matt Kern 89
Aaron Kerstetter 90
Kevin Kiah 90
Johnny Kidd 90
Brian Kile 89

Melvin Kile 89
Brooke Kimmel 90
Kevin King 89
Thomas King 91
Raymond Kinley 90



Welcome

On September 22, the freshmen voted for the members of their class that were to be their first high school leaders. The candidates waited anxiously for the election results.

The four winners were announced over the P A the next morning.
Carey Riordan, President; Kristain Cain, Vice President; Stacie Clemons, Treasurer; and Hillary Schwanda, Secretary were given the honors.

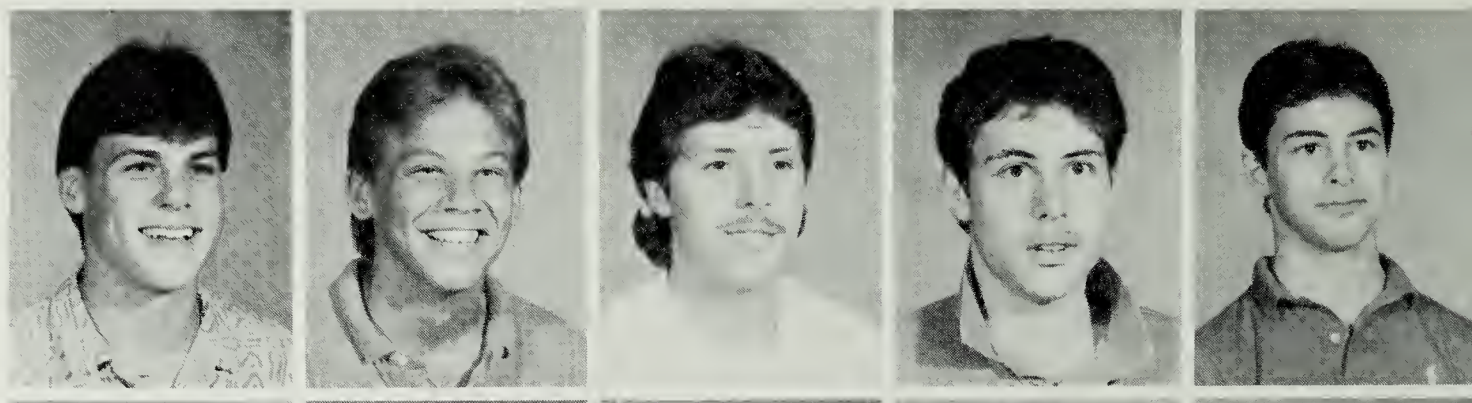
With guidance from sponsor Susan Loney, they worked especially hard to ready the freshmen for Homecoming Week activities.

The class displayed enthusiasm by dressing up for spirit days, buying spirit links, and building a class float.

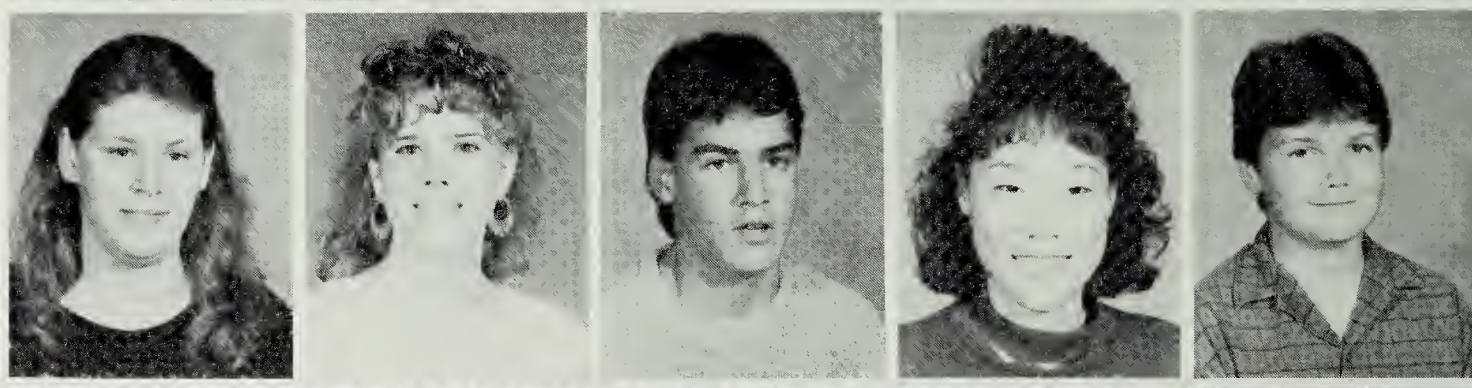
Leaders

The class of 1991 elected Carey Riordan, Kristain Cain, Hillary Schwanda, and Stacie Clemons as its first leaders.

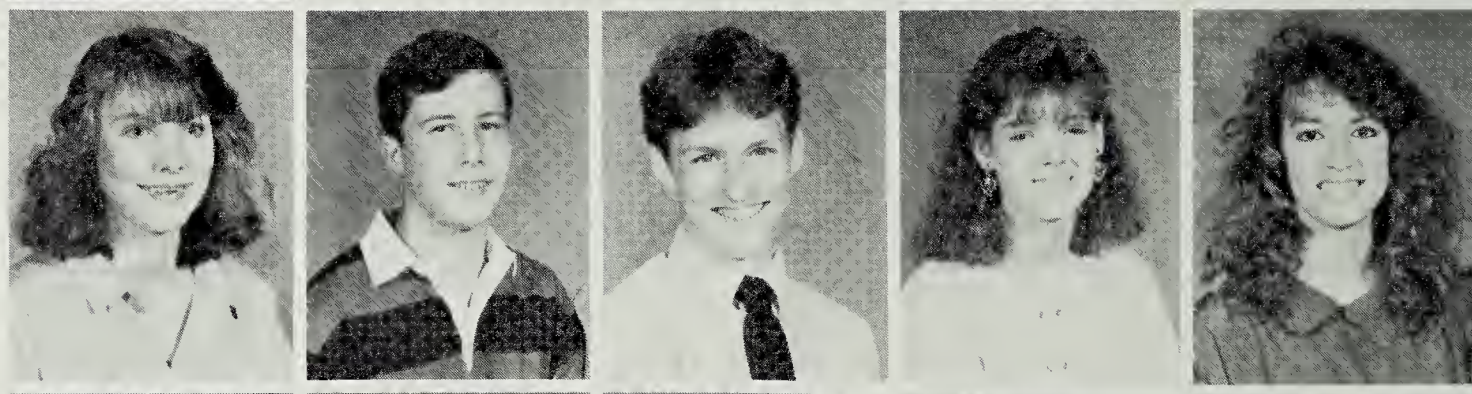
Chip Kirk 89
Danny Kiser 90
Michael Kitts 90
Scotty Kitts 89
Steven Kitts 90



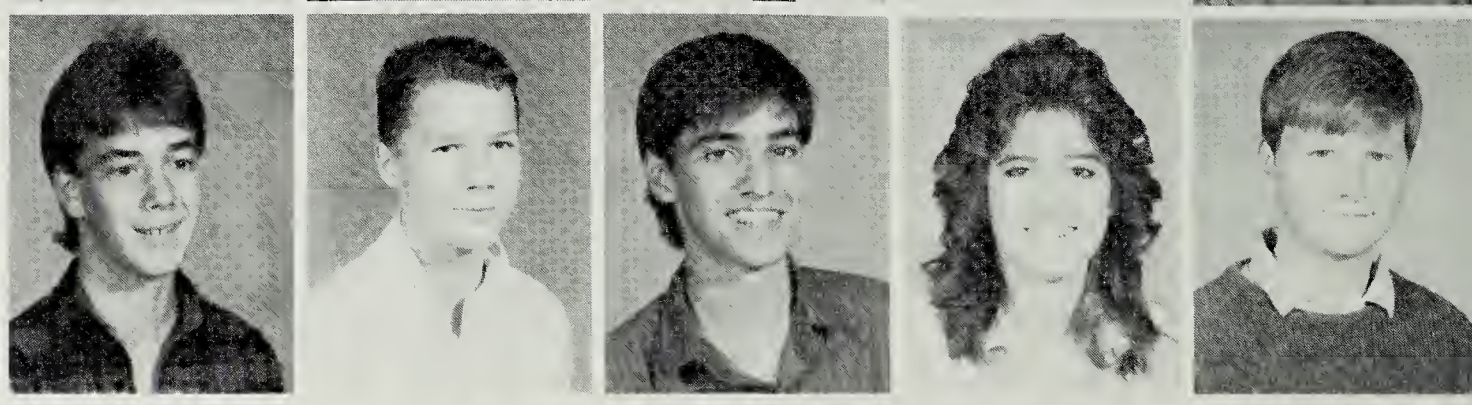
Deborah Knapp 90
Diane Knight 89
Mike Kondash 89
Susie Kong 90
Jason Korsen 90



Kelly Krapfl 91
Barry Kraus 91
Christopher Kreiler 89
Jennifer Krucelyak 91
Stephanie Krueger 89



Matt Kuhns 91
Robert Kulik 89
Stephen Lacey 89
Lisa Lagerberg 90
Scott Laird 90



Just Made It!

"It's ridiculous. I've never heard of anything like it," said freshman Jason Banks. The new rules from the school board stiffened the penalty for being late to class. Instead of an in-school-suspension after six tardies it was an F for the grading period. As a result a lot of students cleaned up their act. "Last year I could stroll to class, this year, no way!" said junior Chad Weyant. Getting to class on time was hard, with using the bathroom, unsticking your locker, and the trip through the overcrowded halls.

"Students are always looking for an exception to the policy," said Mrs. Patricia Emmons, "but we don't make the rules, we just enforce them."

"The number of tardies did drop severely since the new policy was put into effect," said Assistant Principal Tom Gill. The tardy policy definitely showed signs of taking effect.



Late Again

Under concealment of the shadows sophomores Bryan Pigott and Evette Crouch try to slip into school undetected.



Johnny Lake91
Vanessa Lambert90
Geoffrey Land89
Sylvianna Land91
Chris Landrum91

Lauri landrum89
Julie Lane89
Krissy Lang89
Michelle Lang90
Luv Langley91

Robert Lanham91
Lisa Lansing89
Matt Larkin89
Kelly Lashbaugh91
Ralph Lashbaugh89

Joseph Laurendeau91
Althera Lawson91
Genevive Lazar89
Erika Lazaroff91
Kira Lazenby90

Jennifer Leach90
James Leary91
Amie LeBrun90
Chad LeBrun89
Barry Lee91

Christie Lee89
Joo Lee89
Ki Lee91
Sandi Lee91
Yung Lee89

Leo Leger91
Gregory Leo90
David Levine91
Jenni Lewis91
Kevin Lewis90

Always There

Friends were everywhere: in school, at home, at work. Everyone had at least one.

Freshman Hai Woon Dunker said,"I value honesty and dependabilty the most in a friend."

Although friends got you in trouble, they often got you out of it. After all that's what friends are for,right?

"They also give you the benifit of the doubt," commented sophomore Vanessa Lambert. Aaron Austin said, "Best friends are those you can trust to make the right decision and be there when you need support and advise"

Also friends were very patient with mood swings, and bad tempers. Kevin Daniel said, "They really help cheer you up when you need it."

"No matter how weird we acted, looney tunes and all, our friends stuck with us through thick and thin," Forest Hetland concluded.

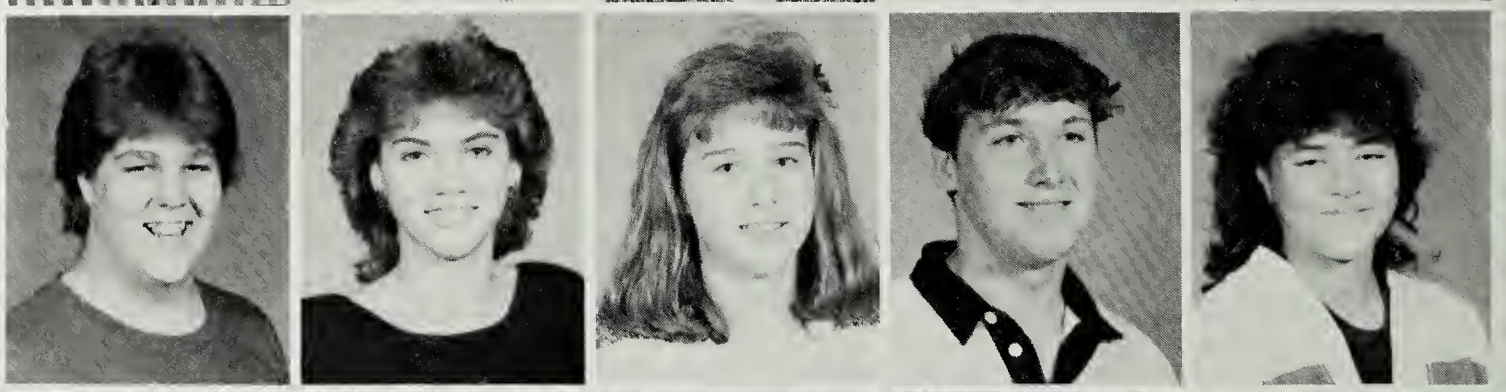


Chatting

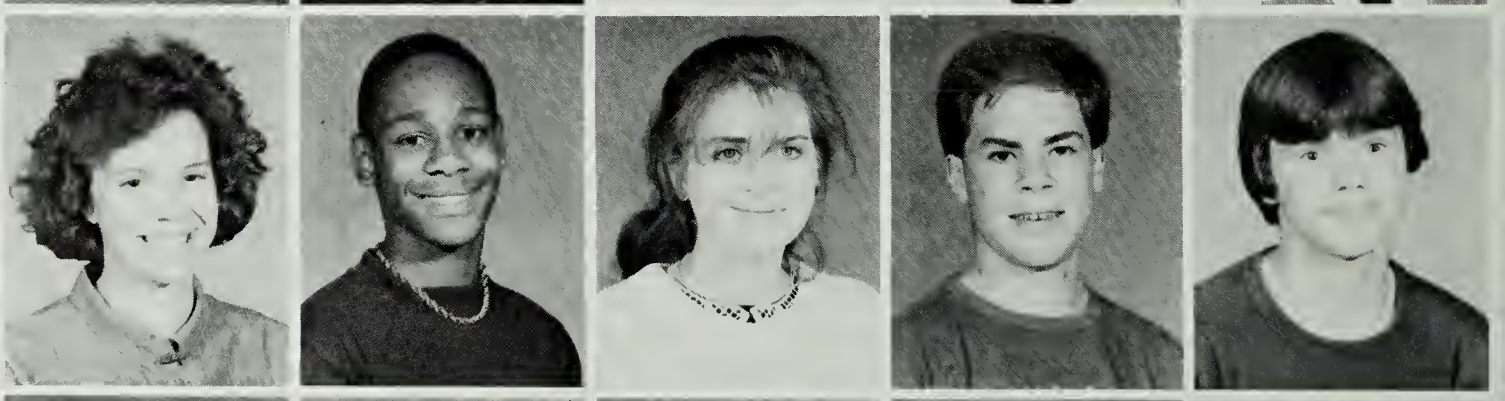
Chris Justice, Sara Curran, Kesha Hinson, and John Reynolds enjoy a social break in social studies.



Daniel Linsmayer 91
Eddie Linsmayer 90
Janice Lipscomb 91
Belinda Littlepage 89
Susan Lochner 89



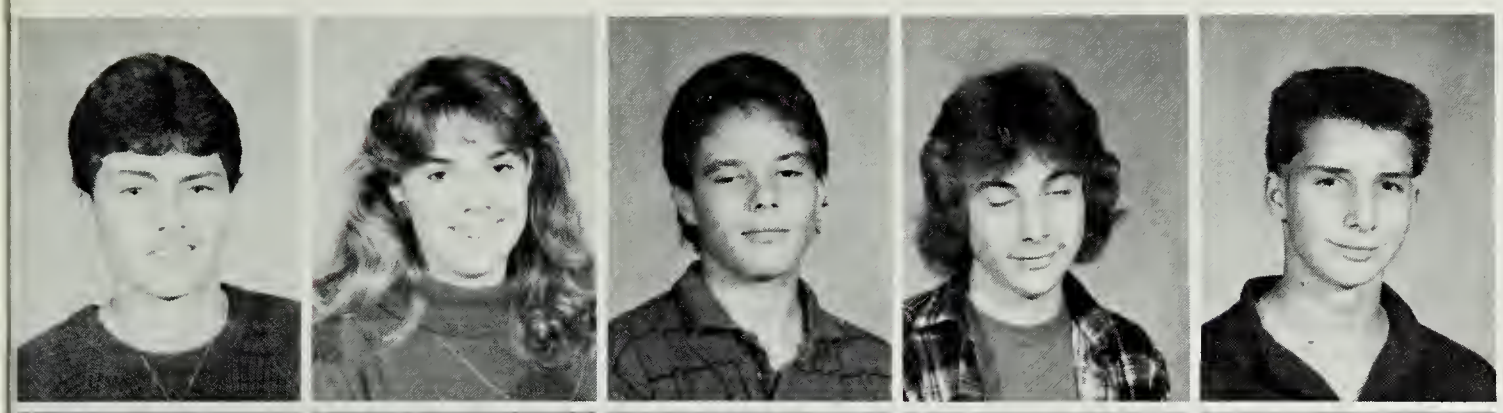
Charles Lockhart 90
Corey Lohman 90
Jacquie Lontz 91
Brett Lowe 89
Niki Lowe 89



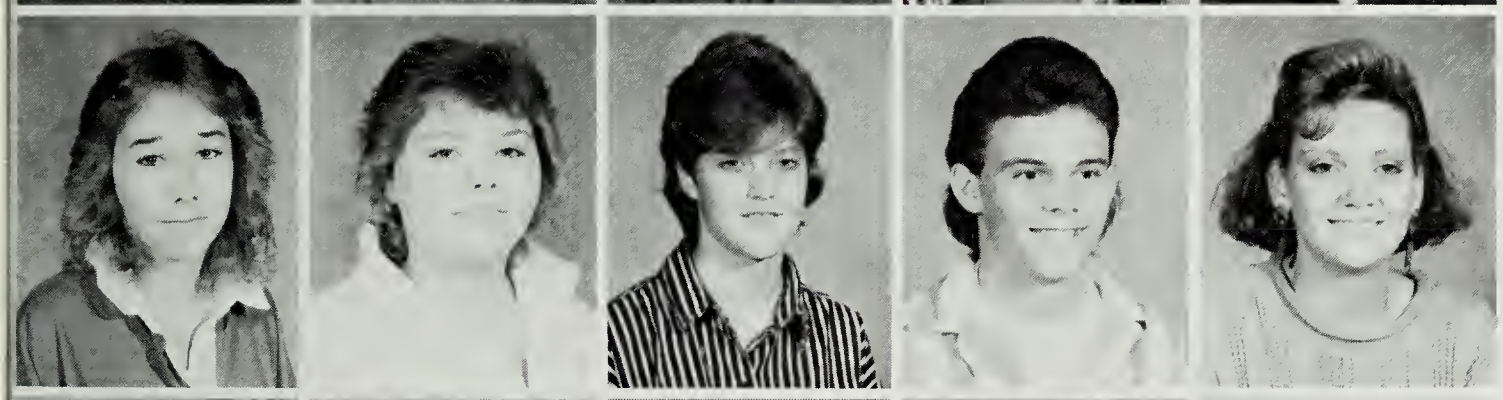
Molly Lowndes 90
Lenton Lucas 90
Christine Lund 89
Don Lund 91
Timothy Lusk 90



Debra Lytroski 91
Lynette Lutrell 90
Paul Lyles 90
Kevin Lynott 89
Christine Maas 91



Michael Maas91
Marla Mackey89
William Mackey91
David Maconaughey90
Rodney Madagan90



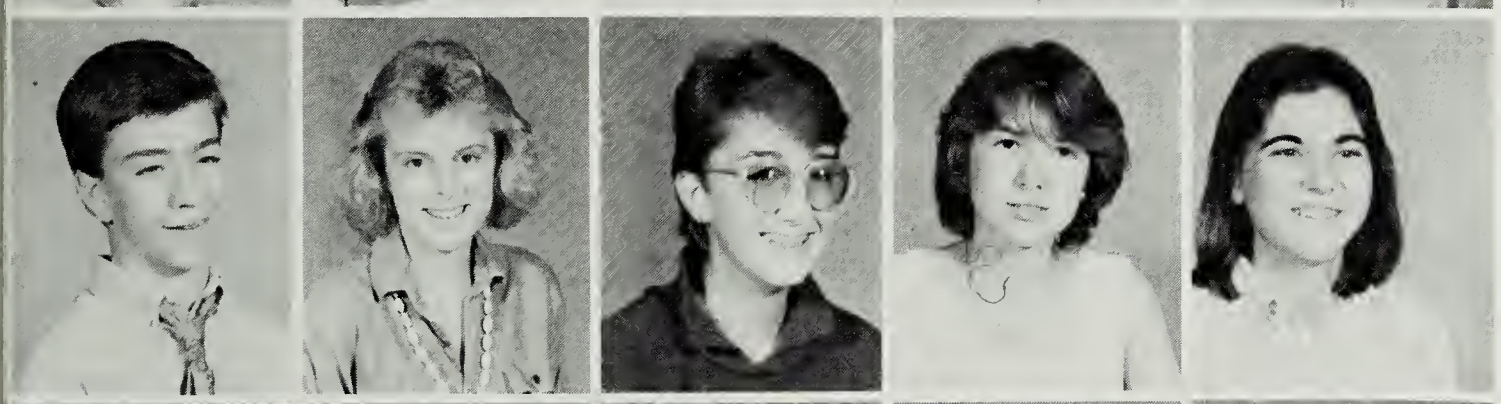
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Sherri Maddox90
Hillary Madsen91
Ross Madsen90
Jennni Maes89



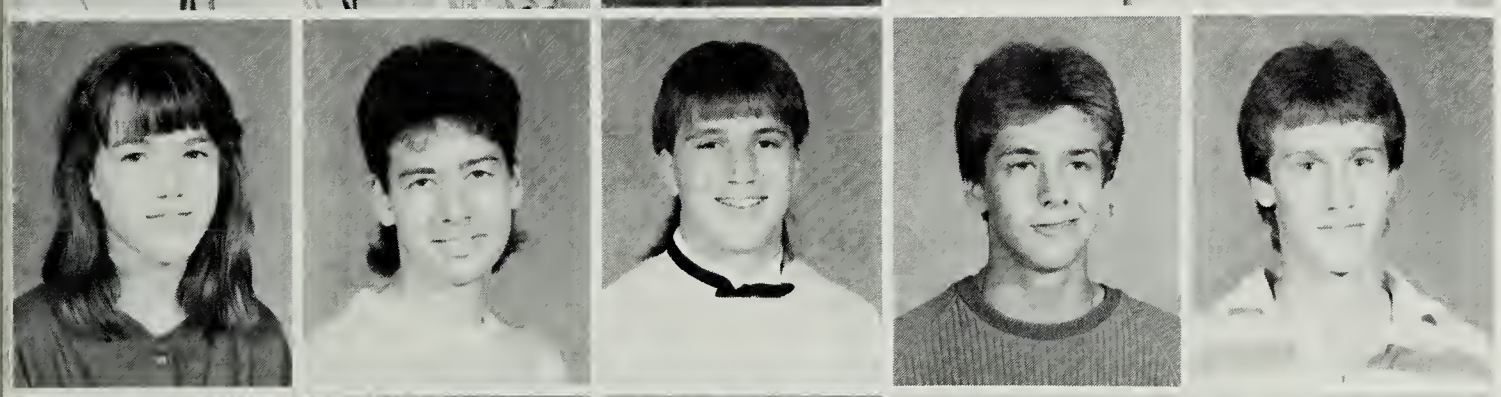
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Chrissy Malanka91
Echo Magallanes90
Janice Mallory91
Mark Malloy91



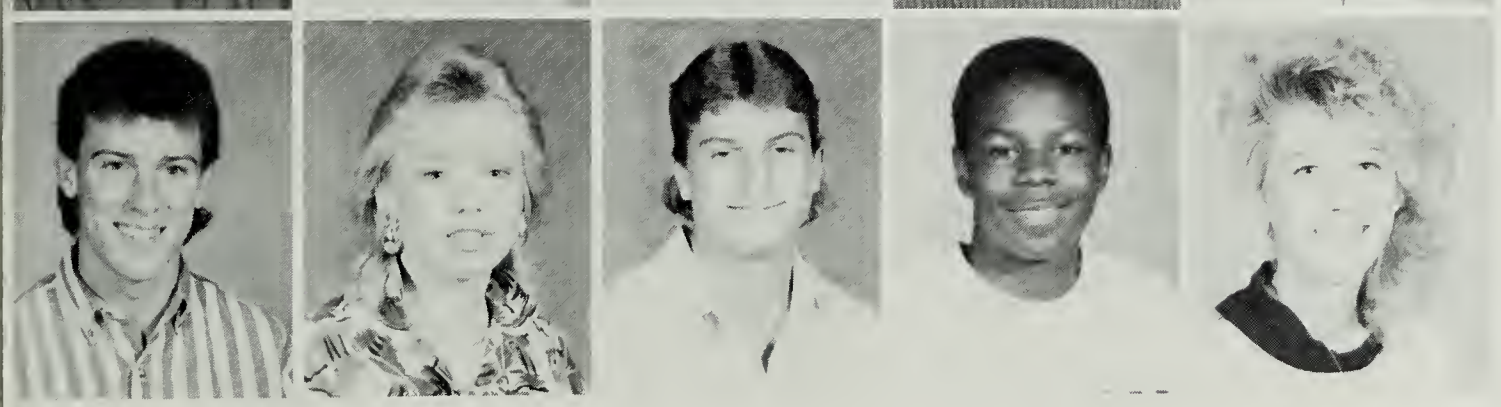
Patrick Malloy90
Tanya Mangin89
John Manning90
Mike Marek89
Chris Marandette89



Greg Martin90
Kimberly Martin89
Susan Martim91
Vicki Martine91
Monica Martinez90



Jennifer Massa91
William Masters89
Fred Mastrippolito91
Joseph Mathern89
Chris Mathis90



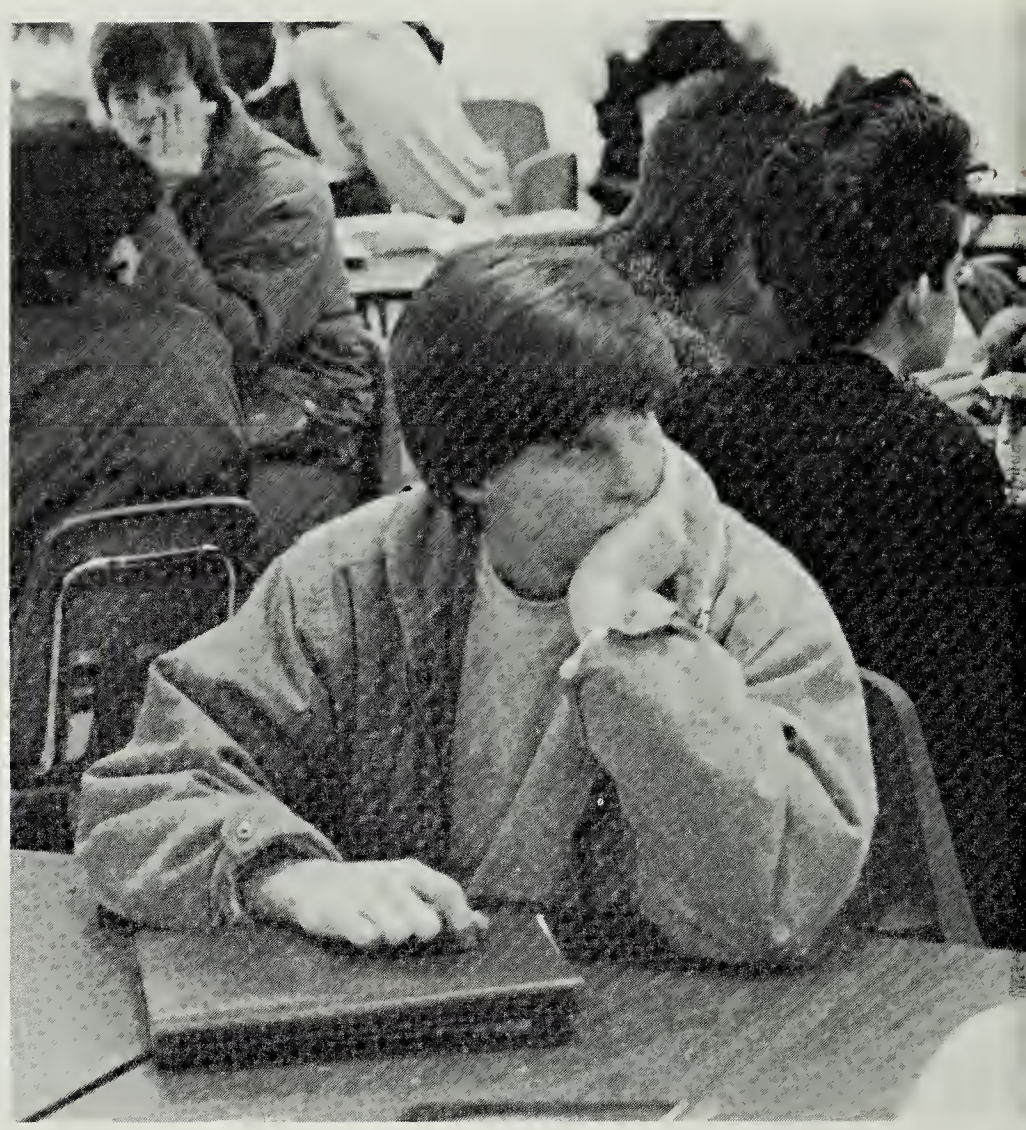
Kelly Mathis 89
Kristyn Mathis89
Matthew Maxwell90
Timothy McClain90
Terrie McClure90

What To Do?!

It wasn't a question of "To be or not to be." "To do or not to do" was more like it. The hours between 7:00 a.m. and 2:00 p.m., Monday to Friday, were easy enough to fill, of course. And an hour or so had to be allowed for homework. But the rest of the time was free!

Free time wasn't as great as it sounded, though. After about twenty minutes of revelling in thoughts of, "Wow! I have nothing to do," boredom had once again reared its ugly head.

Activity could usually break boredom's spell. Skateboarding, reading, riding a bike or a moped, drawing, eating, playing basketball or some other sport, going shopping, or even cleaning house were options. It really wasn't too hard to find something to do. Or, one could always follow junior Debbie Dockendorff's example. Said Debbie, "I don't watch TV. I don't do homework. I just sit around, moping about how bored I am."



HO HUM!

For once, lunch time seemed too long to freshman Matt Eves who sits drumming his fingers staring into space.

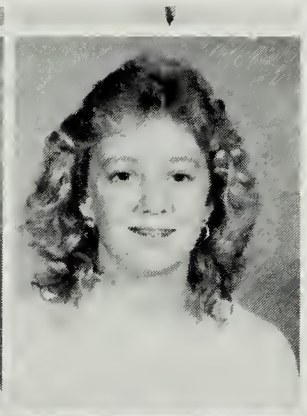
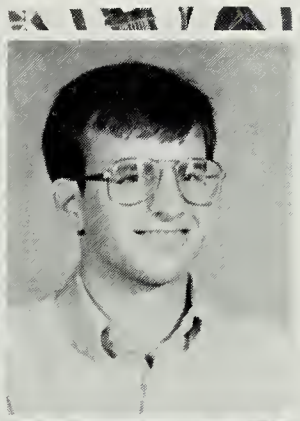
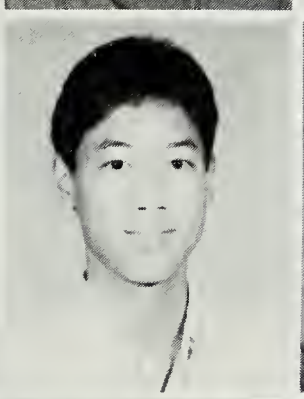
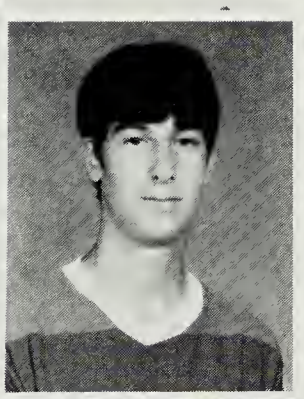


Tim McCleary 90
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Tomi McCumber 91
Melanie McDowell 90
Stephanie McDowell 89

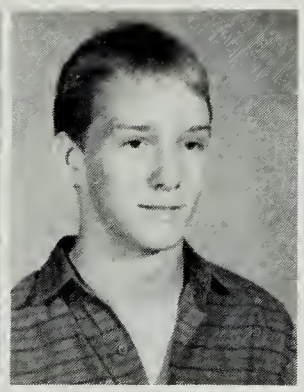
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Gerald McElwain 90
Lynn McElwain 89
Christi McGee 91
James McGinnis 90

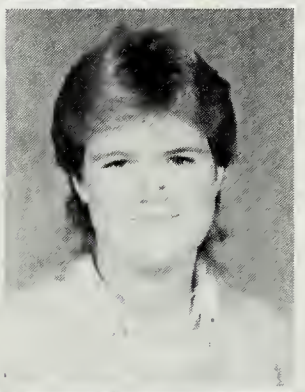
Joe McGovern 89
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Kristi McInerney 90
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Rodney McLaughlin 91

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Deborah McMillen 89
Joseph Meador 91
Ray Medcalf 89
Jemaine Medford 91

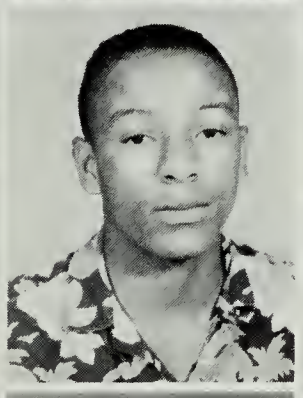






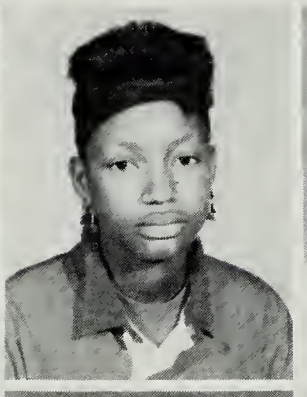
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Karin Millsaps91
Brian Minchin89
Romeo Miranda90
Kenneth Mitchell91

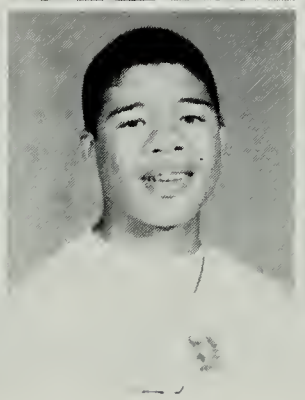



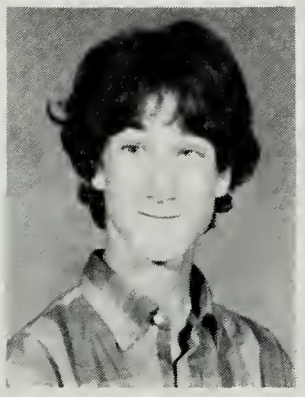
Karen Mitter90
Eric Moberly89
Anna Moody91
Adrian Moore90
Renee Moore90




Kelly Moore89
Robert Moore91
Shawn Moore89
Vernise Moore91
Zena Morain91




Heather Moraski91
Clinton Morgan91
Stuart Morris90
Jason Morris91
Jeremy Morrow91

Mirror Image

"Hey I just saw him in my typing class and he was wearing something different!"

Dressing alike went out in the fourth grade, so it was sometimes easier to distinguish one twin from another. But what happened when they borrowed each others clothes?

"One thing I like about having a twin is that we can wear the same clothes. Sometimes people confuse us because they've seen my sister in an outfit that I'm wearing and they think I'm her," said Carla Galliani.

Teachers often confused twins too. Art teacher Carolyn Leggett said, "I had one in my fifth period class art class and his brother in my sixth period. Without even realizing it I asked the one if he had art twice a day. Then I realized they were TWINS!"

So with this we wathced more carefully not to make the mistake of wrongly identifying a twin.

Which One?

Aaron and Pat Vandelinde sit and try to distinguish who's making the play while their friends try to distinguish between them.



Diana Morse 91
Kelly Morseman 89
Richard Morton 90
Gretchen Moss 89
Isha Mott 91

Raymond Mountjoy 90
Jake Murphy 90
Michael Murphy 89
Vonetta Murray 91
Michelle Mussomele 89

John Myers 91
James Myles 91
Lahonda Myles 90
Melissa Magle 89
Cindy Natale 91

Vincent Natale 90
Mike Neese 90
Steve Neese 89
Derek Nelson 90
Gray Nelson 91



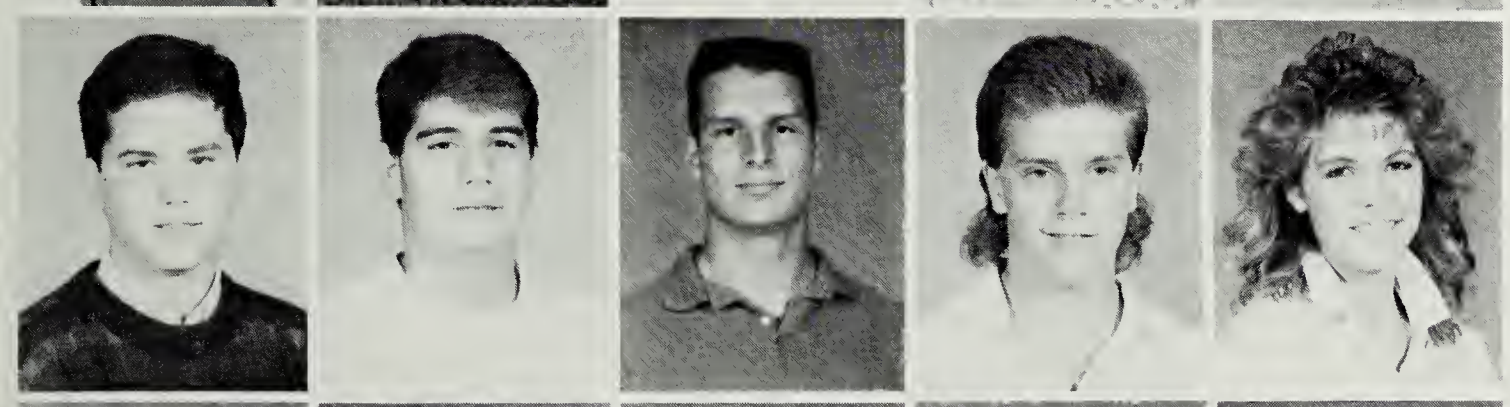
Martha Nelson 89
Scott Neville 91
Melissa Newman 91
John Newman 91
Lan Nguyen 89



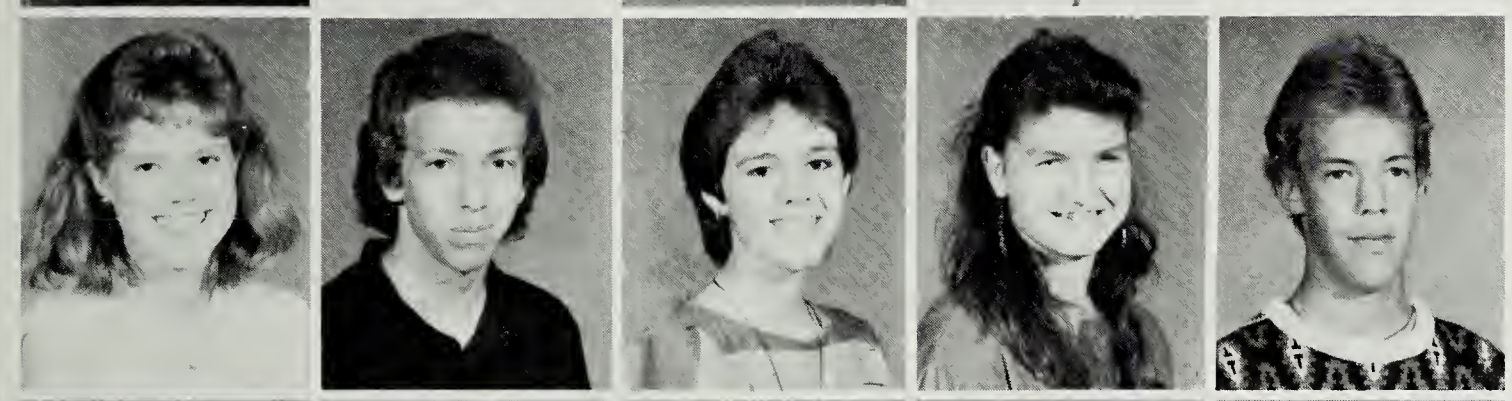
Loc Ngyuen 90
Phung Ngyuen 88
Karen Nicolaus 90
Michael Nicolosi 90
Thomas Niemira 90



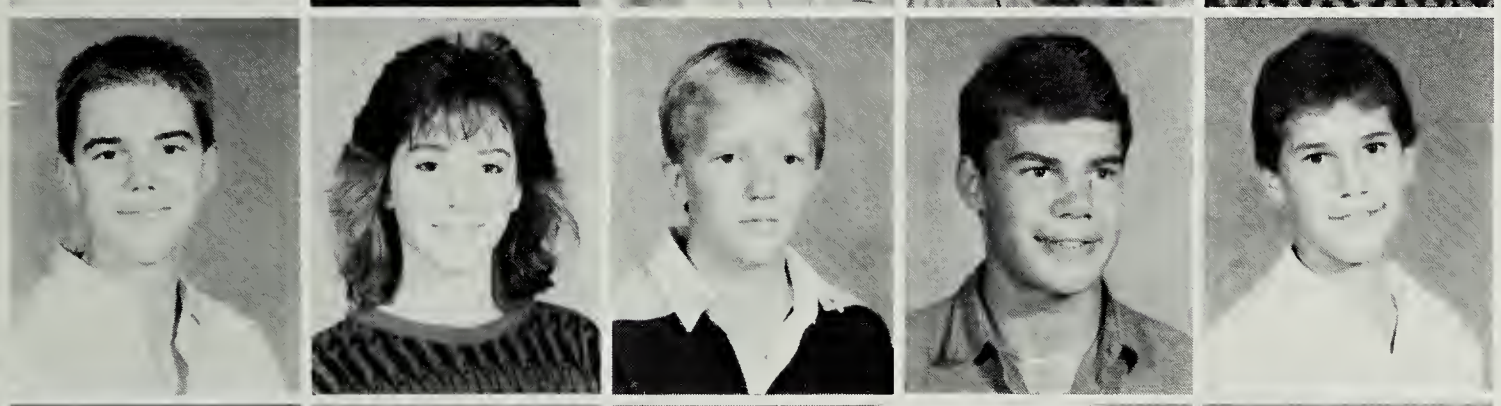
Sirikul Ningcharoen 89
Catherine Nissley 90
Jenny Noble 89
Denise Norris 91
Danielle North 91



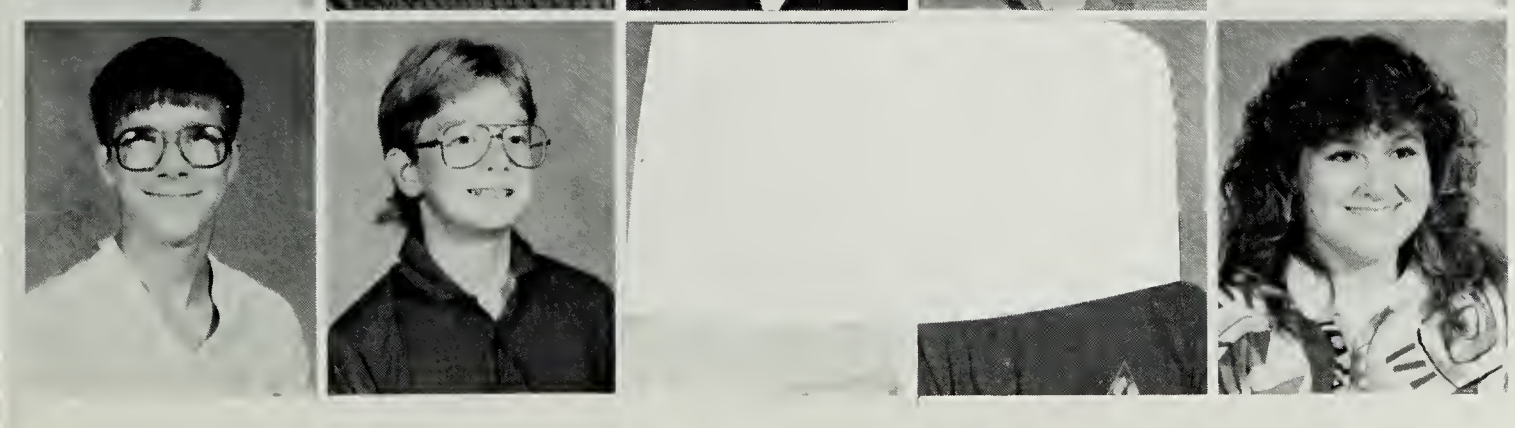
Richard North 91
Ken Novellino 90
Craig Novitsky 89
David O'Brien 90
Heather O'Brien 89



Shannon O'Connor 89
Michael O'Hara 90
Helen Ohler 89
Nichole Okuly 91
Shawn Olds 90



Jeffery Orchard 91
Dorothy Ott 91
Jeffery Overand 91
Mark Overholt 89
Ryan Overholt 91

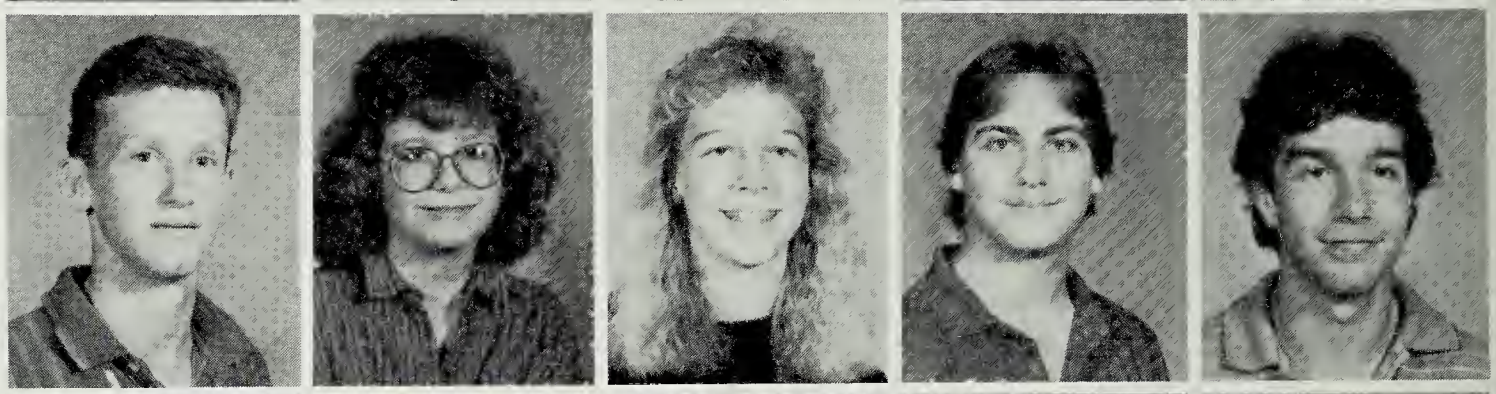


Bruce Overstreet 91
Mike Overton 91
Jarod Owen 91
Jason Owen 91
Jennifer Owen 90

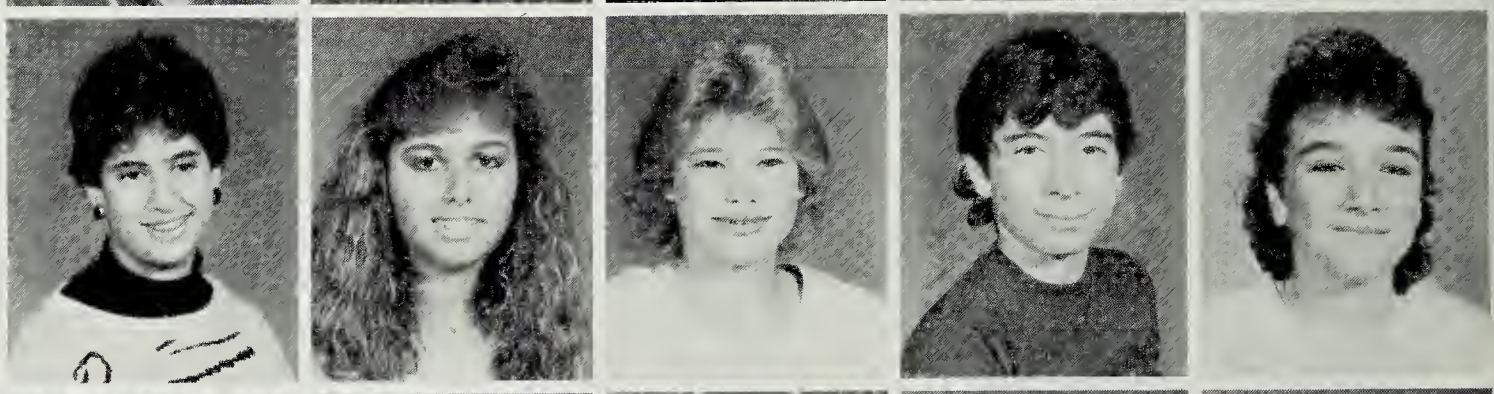
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Angela Oztuna89
Maria Pagan91
Steven Pagan89
Brice Page91



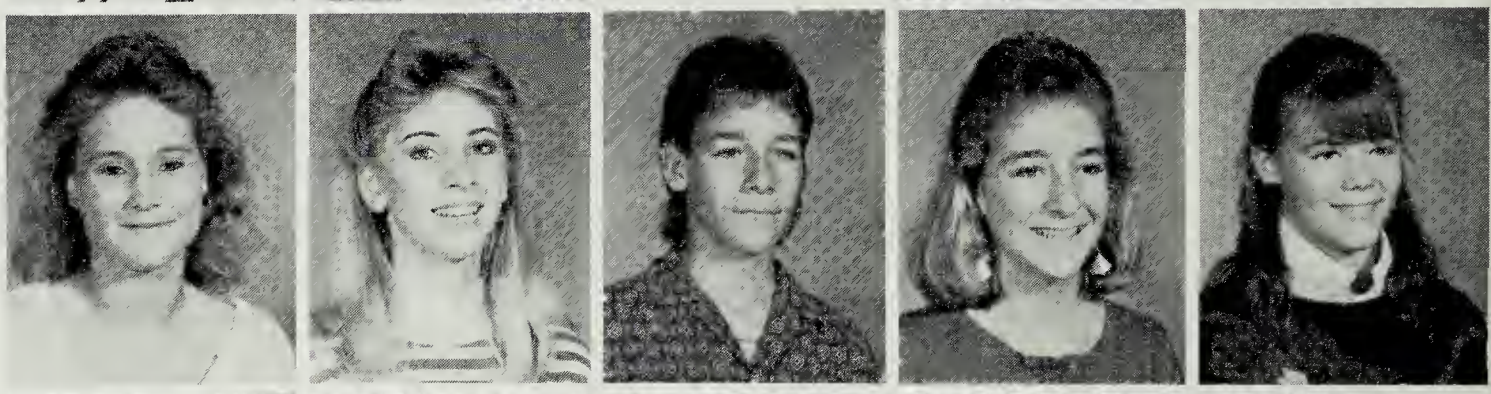
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Jeannie Palmer91
Mark Pancerella89
Todd Papajohn90



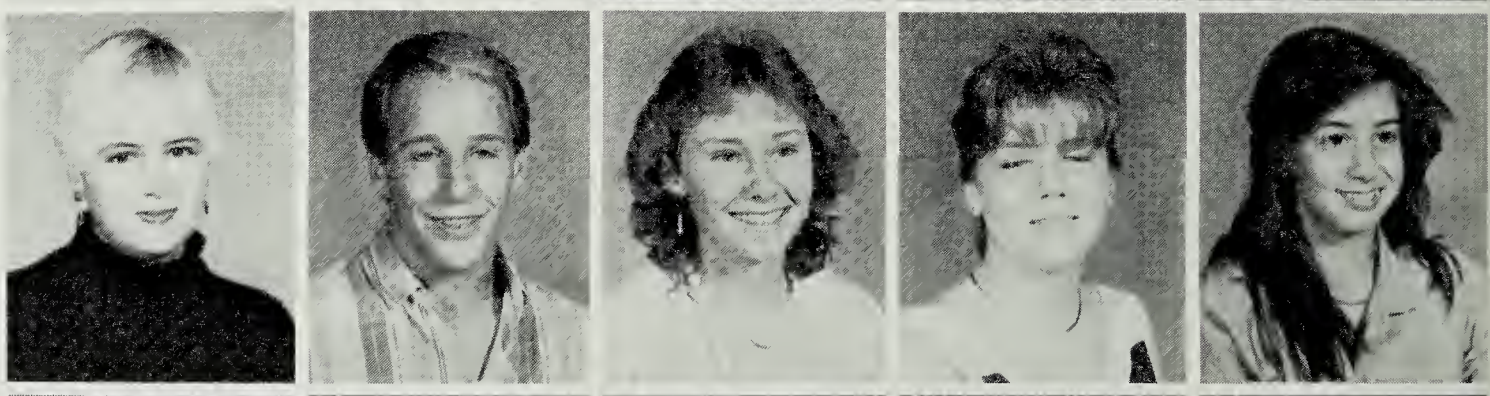
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Tina Papas89
Patty Parkhurst90
Charles Parks91
Melissa Parsels90



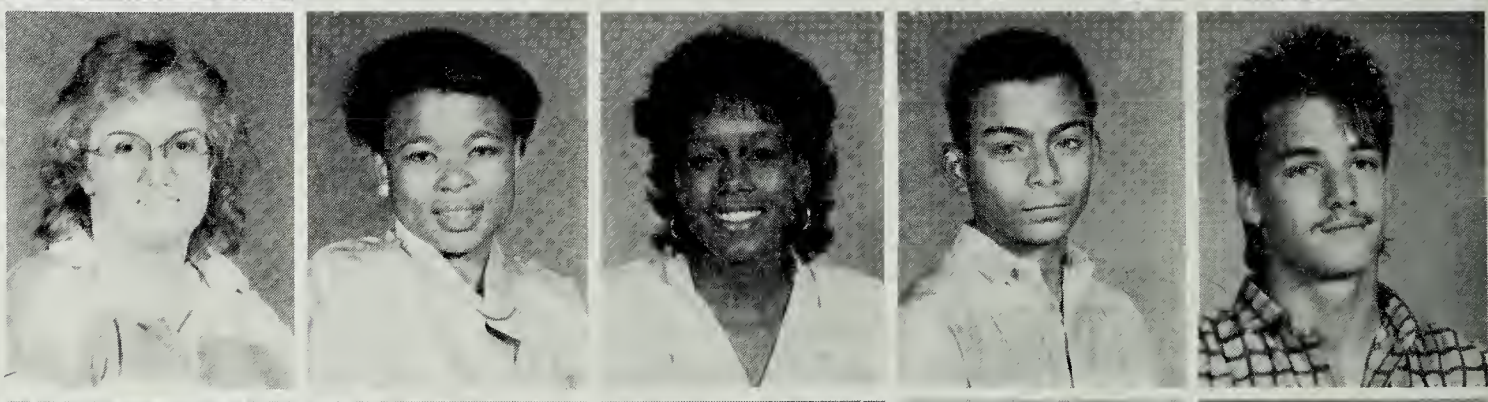
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Felicia Patsch89
Chad Pattie91
Joye Pattie91
Heather Paul91



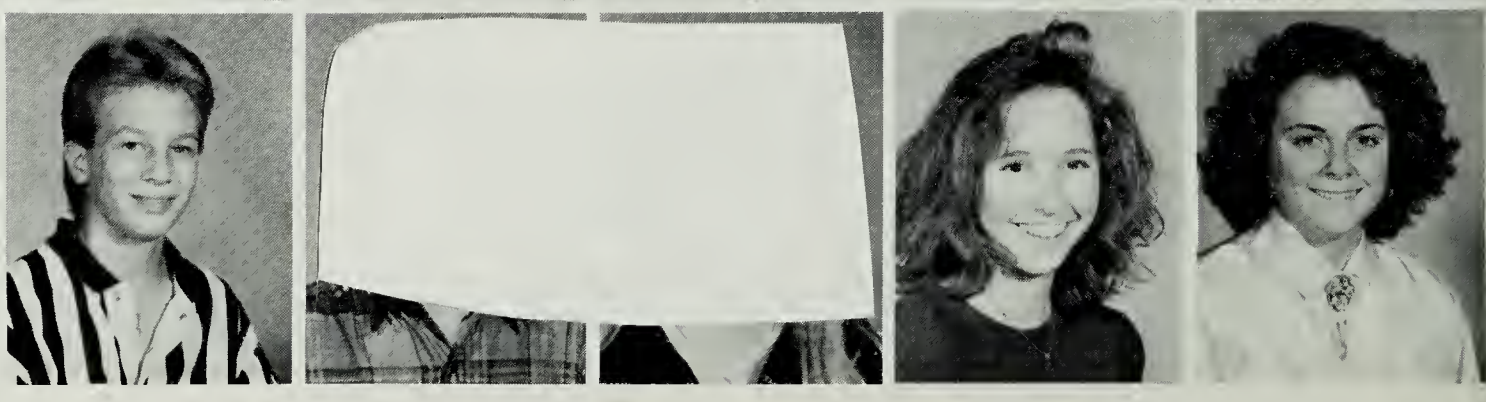
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Keith Pavlick90
Nicole Payant90
Annette Payne91
Laura Payne90

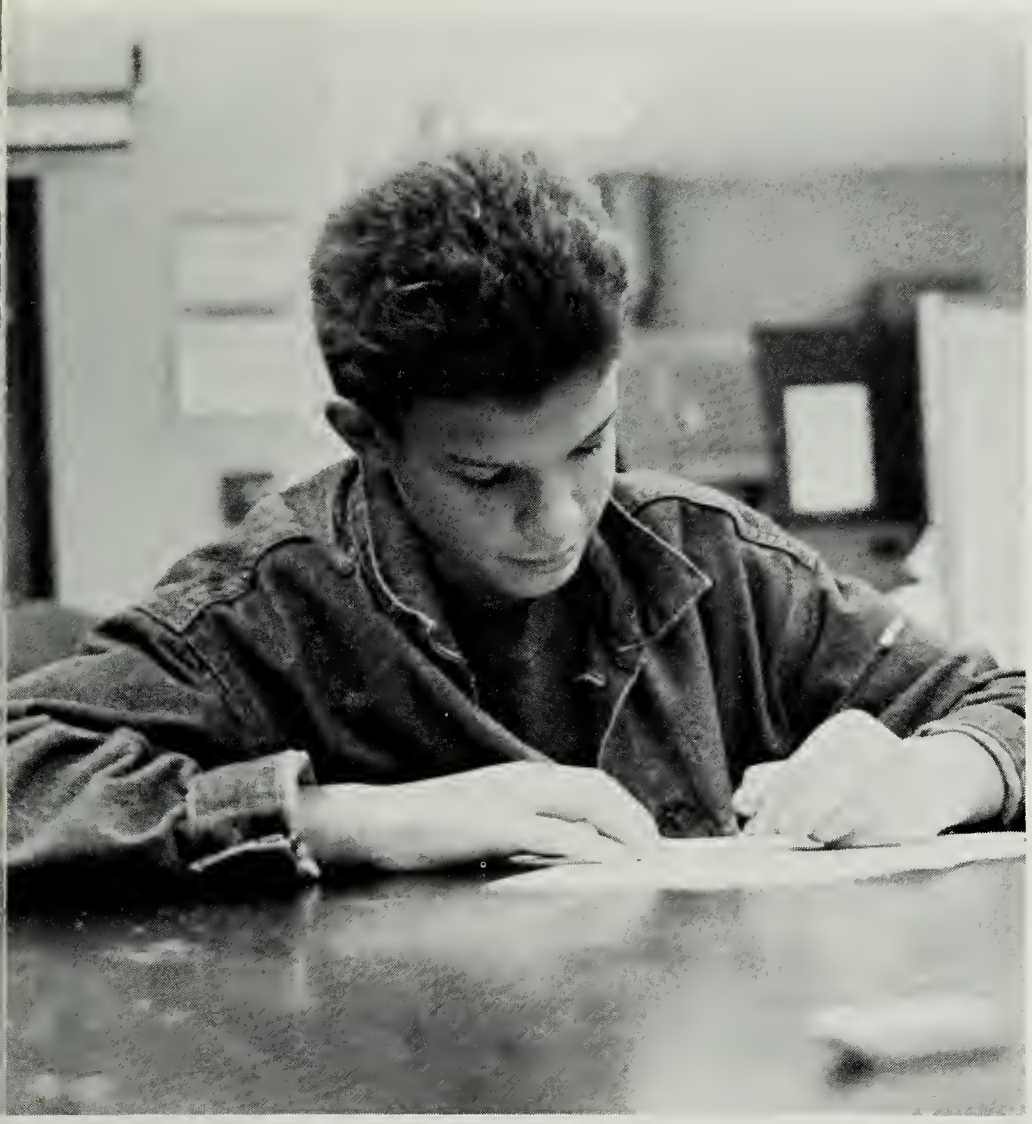


Ericka Pearce89
Antionette Pearson90
Sherrie Penn89
Antonio Perks90
Daniel Perreault89



Sean Perry91
Aaron Peters90
Erika Peters91
Meredith Peters89
Lori Petty90





Backwards

On the first day of SRA testing, Mr. Bob Moore asked,"Are any of you left-handed and can't use these desks?" Most of the juniors in the auditorium hadn't really noticed that the desks were made for right-handers, but the lefties had not only noticed but also had to deal with the problem. Said Jeff Land, "My biggest problem has always been coping with the desks for right-handed people. I have to cross my arm all the way over the desk to write." Other problems had to be faced too. Scissors, doors, and the fact that we write from left to right posed problems. There was also the problem of smearing everything that they wrote. But then there were those who didn't have the slightest problem with it. Said Maureen McGovern, "It's something different--a gift, even. I like to think, 'Hey, I'm a special person--I'm lefthanded.'"

Nooo Problem

Freshman Seth Heywood works diligently to complete a sketch. Being a lefty did not curb his creativity.



Todd Peverill 91
Christy Phillips 89
Jason Phillips 91
Kevin Phoenix 89
Bryan Pigott 90

Mark Pino 89
Anitra Piper 91
Robert Piper 90
Joseph Pislock 90
Natalie Pitt 89

La'Keshia Pitts 91
Erick Plater 90
Jason Polond 90
Kevin Polk 91
Rebecca Polk 91

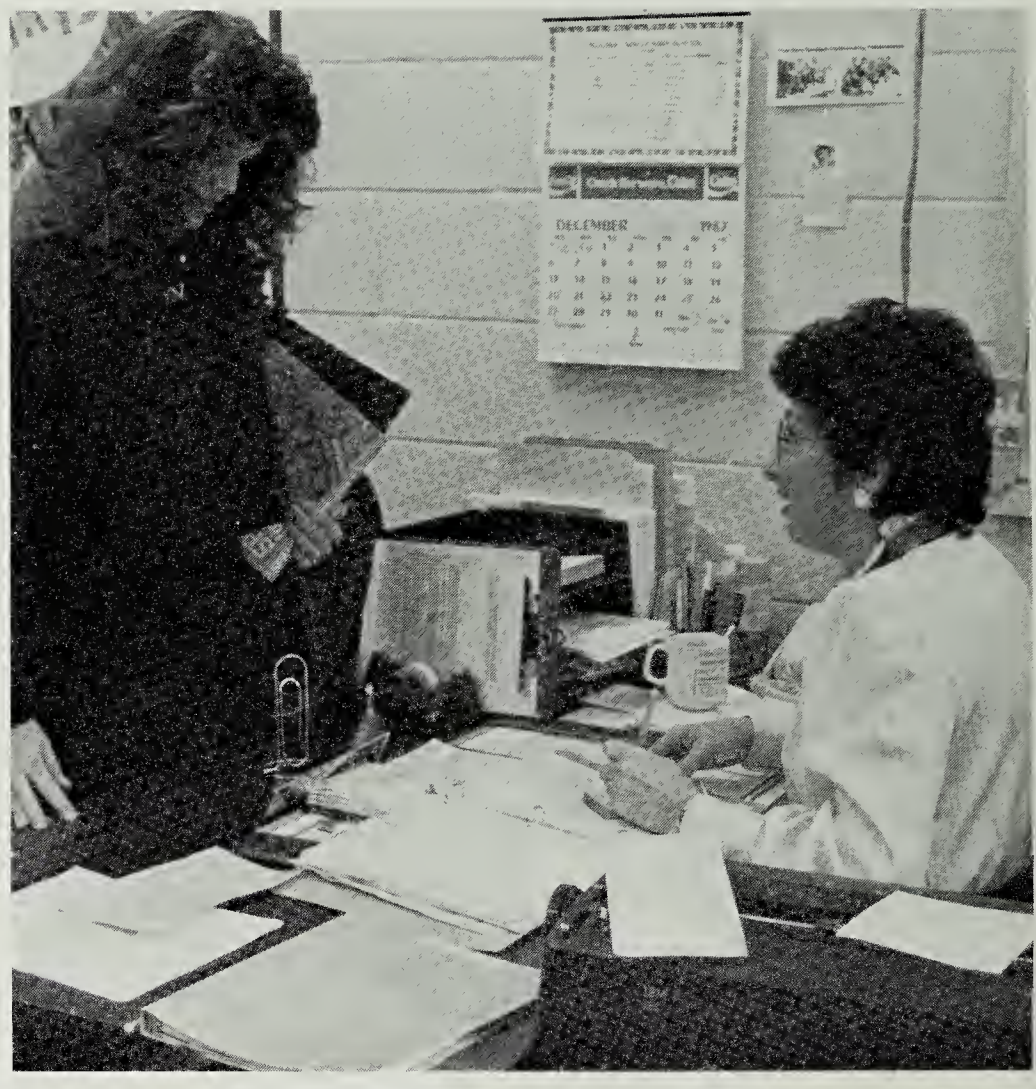
David Pomerantz 90
Michelle Poole 90
Tanya Poole 91
Michelle Pope 91
Nathan Porter 90

Excuse Me!

What's your reason for getting home from a date 20 minutes late?...for being 10 minutes late for class or work?... for breaking a date-?...for not getting your homework done ???

Excuses range from the ridiculous to the matter of fact truth.
From Mark Keater's, ''A Martian took my homework'', to Shirley McGann's, ''I have too much homework tonight; I can't make it'', are just two examples of the wide range of excuses we used. The most popular excuse for being late to class was ''My locker wouldn''t open and I had to find Mr. Jordan to help me open it.'' Running a close second was ''The bathroom was locked and I had to go to the other end of the building to find an open one.

No matter how original the excuses, when we overused them, bosses, parents, and teachers soon caught on.



Signing In

Arriving to school late, Amie LeBrun had to sign in with Mrs.Misenko.



Thomas Poiser 91
Adrianne Potter 91
Jeff Powell 89
Laura Powell 90
Lawanda Powell 90

Keith Powers 90
Jason Praino 90
John Pree 91
Carl Pregenzer 89
Tim Preoti 89

Darrell Pretlow 89
James Pretlow 89
Kristen Priestly 91
Shawn Pullen 89
Micheal Pyeatt 91

Jason Quincy 91
Wanda Quinn 91
Ernest Queen 91
Josh Queensberry 91
Mike Ragon 89



Robert Ragon91
Joseph Raines91
James Ramsey91
Kenneth Randall89
Tammi Rankin90

Renee Rannick91
Robie Ravella90
Stephen Ravert91
Jason Ray90
Cher Regalado91

Pam Regalado89
Dianna Regelman89
Angel Reid91
Consheenia Reid90
Erica Reid89

Jason Reid91
Shirleen Reid91
Amy Reith91
Jason Renfroe89
Dristen Revell91

Hannah Revis90
Jonatnan Reynolds89
Staci Richardson91
David Rickard89
Jennifer Rickard90

Kimberly Ridgley89
Carllyn Riley91
Heather Rinaldi90
Heather Rinker89
Carey Riordan91

Susan Riordan90
Bonnie Roberts89
Steve Robertson89
John Robinette90
Matthew Robinette90

Winning It

It was a cool sunny day as the class of '89 and the rest of the student body got together at Panther Stadium. Their purpose for this gathering was to scream until their faces turned blue. The second pep rally of the year was to take place soon and the juniors were determined to keep the spirit stick for a second time in a row.

The classes started to scream and in the end the juniors would do it again: win the spirit stick for a second time in a row. "It's great to know that our class can come together and have what it takes to beat the seniors," said Steve Lacey.

The class of '89 is probably on of the most spirited classes to enter Potomac. The juniors actually tied the seniors in spirit competition last year. "I think that the reason that the juniors are more spirited is because we all stick together!" said junior Jenni Maes.

Really Loud

By outyelling the other three classes at cheers like B-E-A-T Garfield Indians," won both pep rallies.



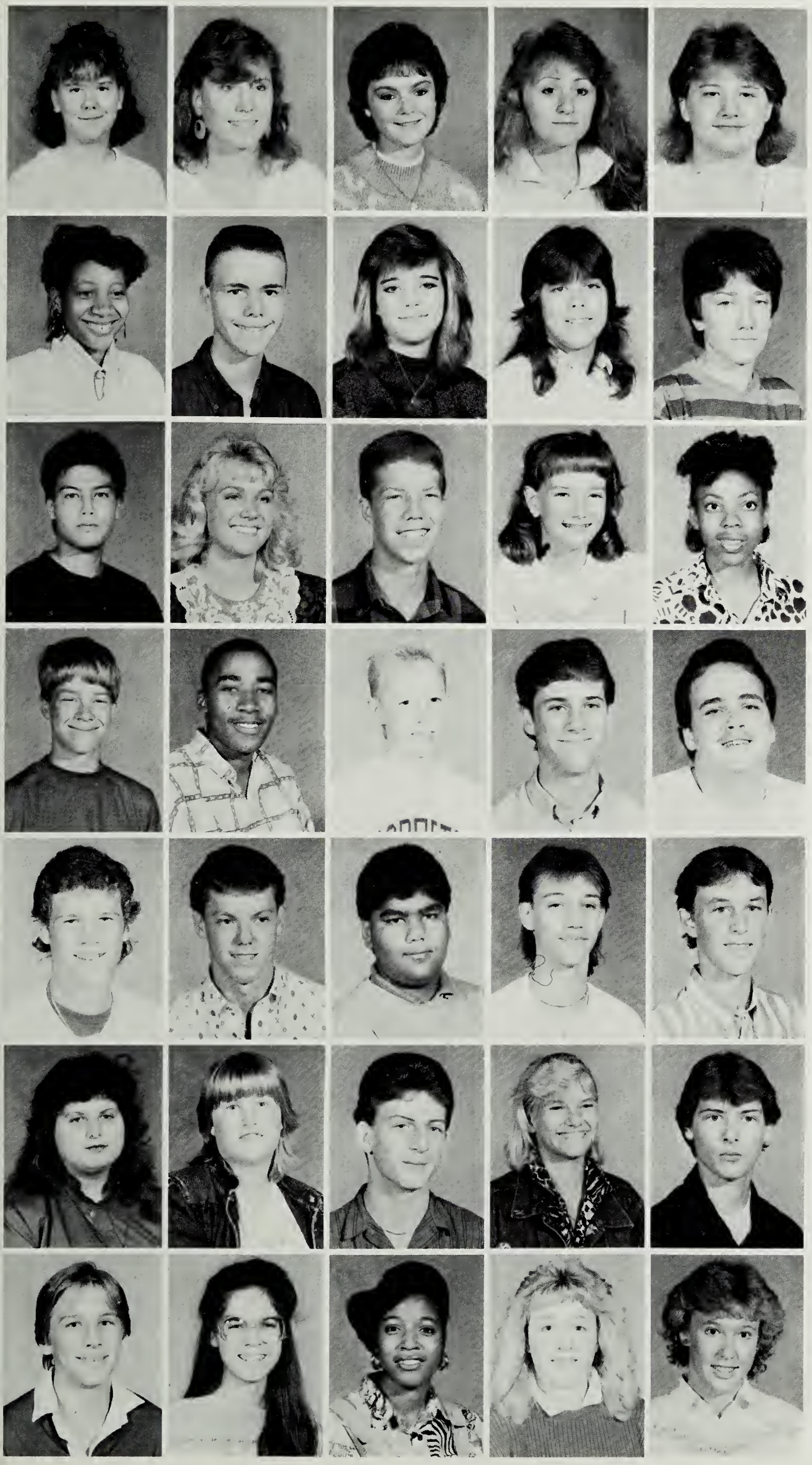


Angel Rodriguez 91
Antonio Rodriguez 90
Gina Rodriguez 89
Jennifer Rogers 91
Glenn Rohrabacher 91

Susan Rohrabacher 91
Becky Romagna 89
Bobby Rose 91
Margaret Ross 90
Ryan Roteman 90

Philip Rotondo 91
Jennifer Roy 91
John Roy 89
Eddie Rubio 89
Sergio Rubio 90

Helen Ruhren 90
Joe Ruhren 90
Paula Runion 89
Jon Russamee 91
Brenda Rutkoskie 91



Teresa Ryerse91
Kim Sanders89
Prudence Sanders90
Michelle Sanford89
Annie Santmyer90

Cymele Saunders90
Sean Sauntry90
Stephanie Scarpinato89
April Schuh89
Steven Schmitt90

Karl Schwanda89
Heather Schwetje89
Brandon Scott90
Clare Scott90
Jamesia Scott90

John Scott90
Christopher Scroggins90
Bert Seay91
Christopher Seger89
Roger Seitz89

Marc Selvitelle91
Will Sessoms89
Haider Shah89
Travis Shane89
scott Shingler90

Dawn Shirazi89
Monica Short90
Brian Shugart90
Mary Sidlauskas89
Alex Silverstrand89

Mike Sines91
Alice Simonelli89
Leslie Singleton89
Dawn Slater89
Kimberly Slater90



Kristi Sloan90
Christina Smerick91
Ben Smith89
Carol Smith90
Cecil Smith91

Dawn Smith90
Darlene Smith89
Develle Smith90
Jennifer Smith90
Jennifer Smith90

Leon Smith91
Les Smith90
Ramone Smith89
Scott Smith89
Chris Snyder91

Keith Snyder89
Rob Snyder90
Rena Sommers91
Ronny Sommers89
Scott Sonnenberg89

Fernando Sotelo
Brian Sowala91
Kevin Sowells90
Kirsten Speca91
Calvin Speed91

Jon Spetrino91
Tracey Spooner89
Sharon Squier89
Maria Staggers89
Kim Stair89

Eric Stanley91
Jody Staveskie90
Clinton Stauffer91
John Stanton91
Susan Stanley91

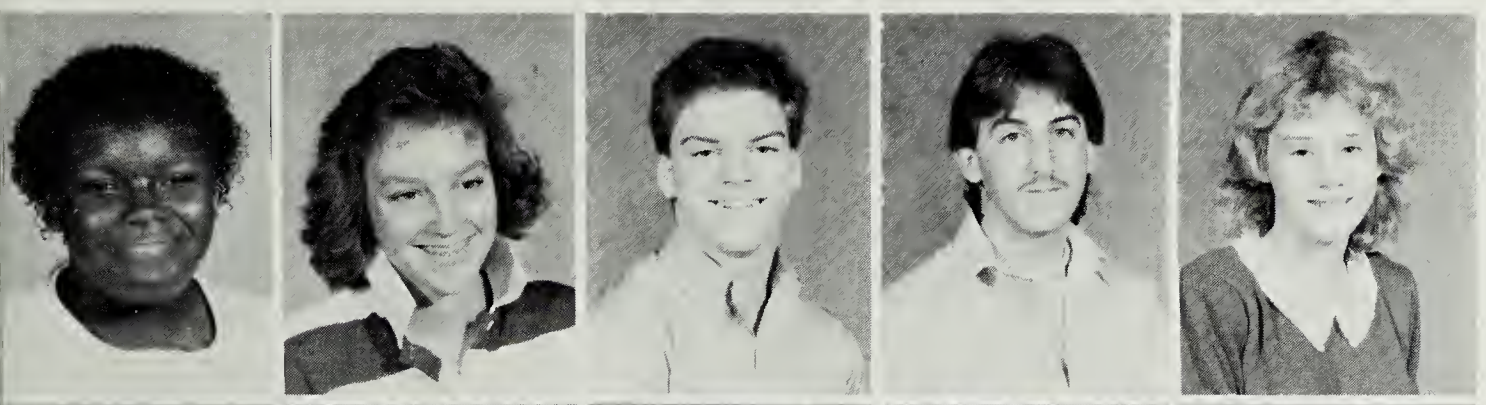
Where Now?



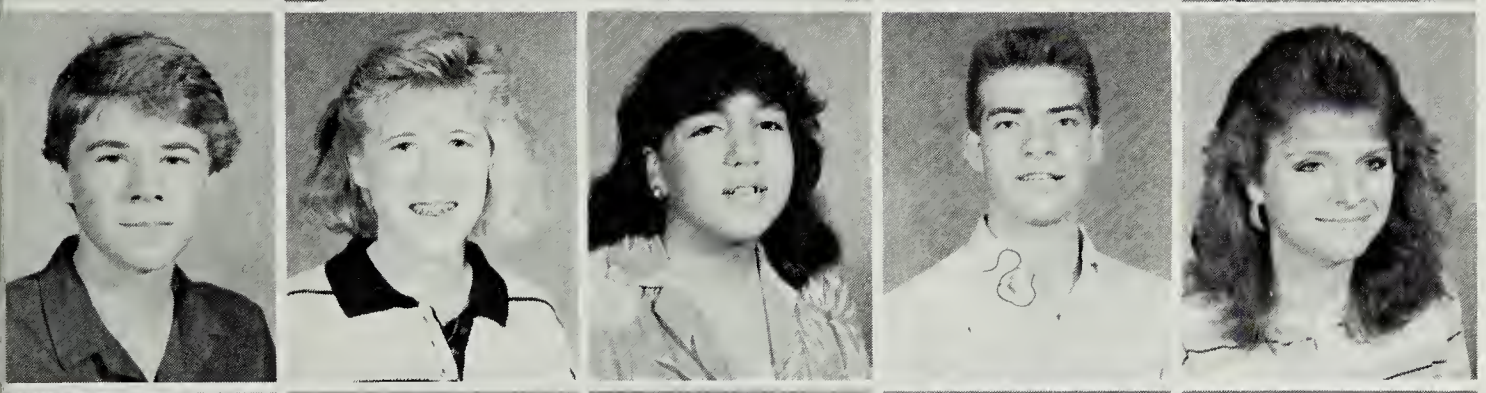
"Which way is Biology?" were common words of freshman. They were the ones who were lost or confused - or both. "I almost died when Mr. Dyer told me there were five sets of stairs - I thought there were just the middle ones!," said one newcomer. "Being a freshman isn't that bad except for the fact that upperclassmen label you as immature because you're in the ninth grade," commented Lisa Beall. Those who were in the ninth grade certainly wouldn't be there forever. "The thought Ilike the most about being a freshman is that I know in nine months it will be over and I'll be a graduated freshman," said David Baldwin. A few jokes and wrong turns later, the Class of '91 would no longer be classified as freshman but as sophomores. Then as Seniors they'd say "Remember our freshman year- It wasn't all that bad! Even if it was - it didn't last forever."

Help!

Sophomore Carl Thompson directs freshmen Mikele Galgraith, and Heather Paul in the right direction.



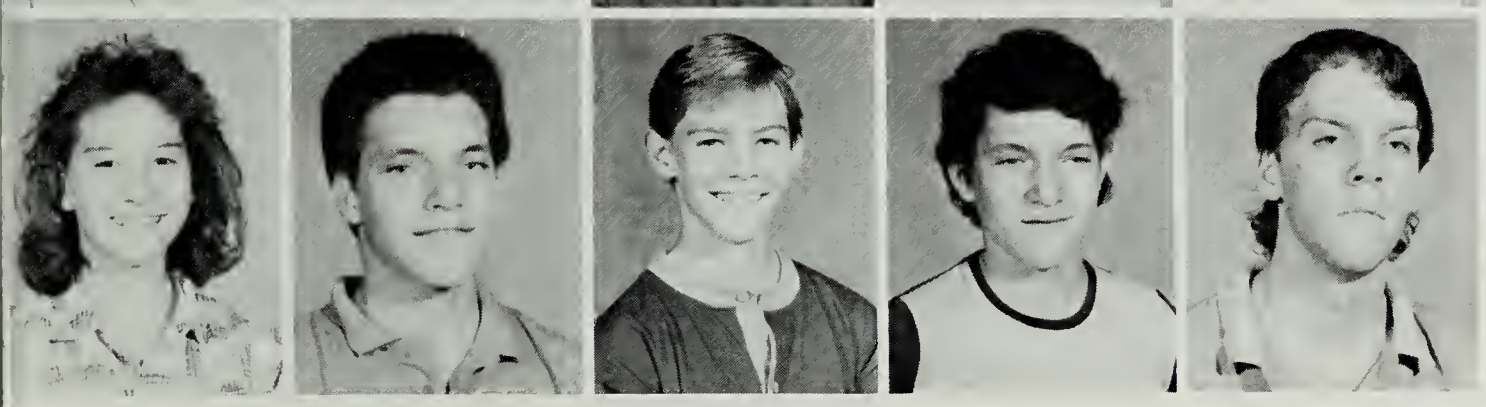
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Jennifer Stearns 90
Martin Stearns 89
Richard Stebbins 90
Heather Steelberg 91



David Steiner 90
Heather Steiner 91
Tamar Stepanian 91
David Steptrino 89
Stacey Sterbutzel 89



Dianne Stevens 91
Vanessa Stevens 91
Alexander Stirling 89
Theresa Stitts 89
Angela Stone 89



Christina Stone 91
Daniel Stone 89
Jeffrey Stone 91
John Stone 91
David Stott 90

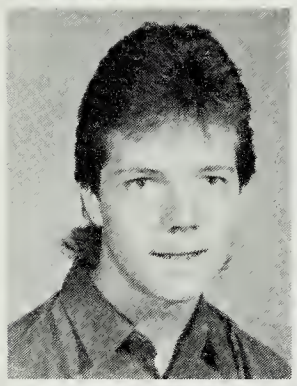
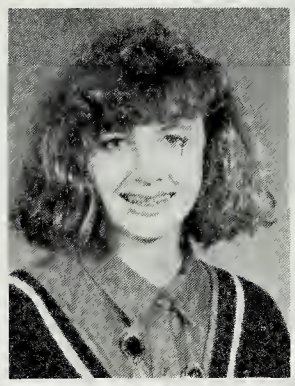
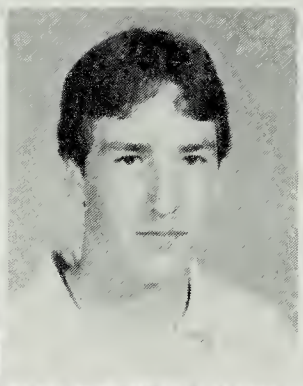
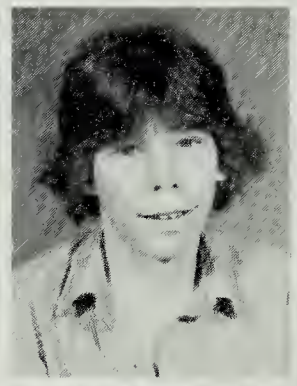
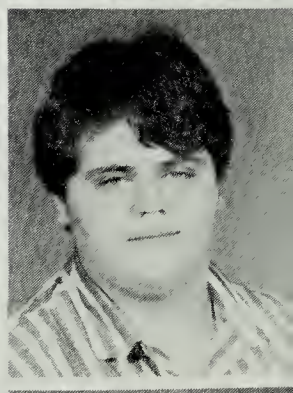
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Laurie Strickland91
Ramona Strohl91



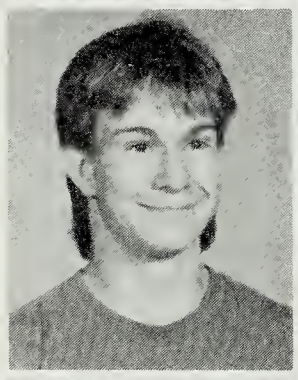


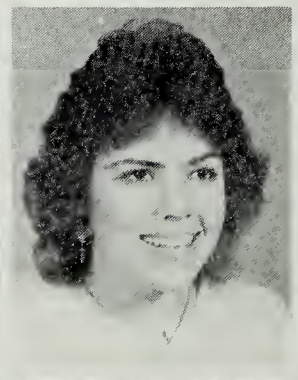
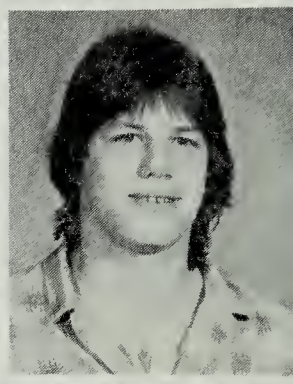


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Jeffery Sutherland90

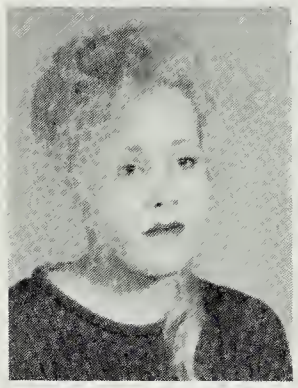
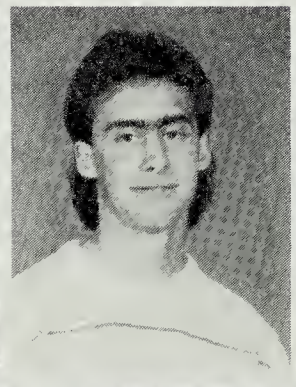






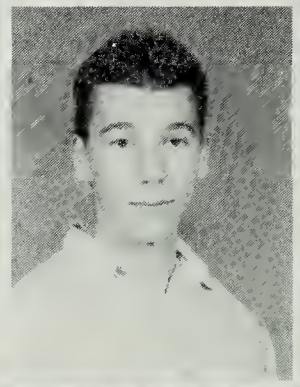
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Schelle Sutherland91
Christopher Sutter91
Aimee Swayne90
Mark Swayne90



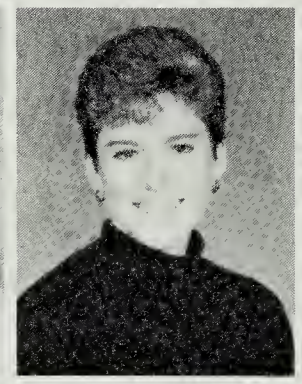
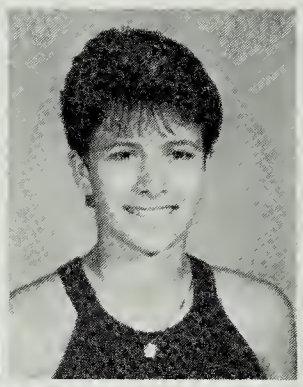




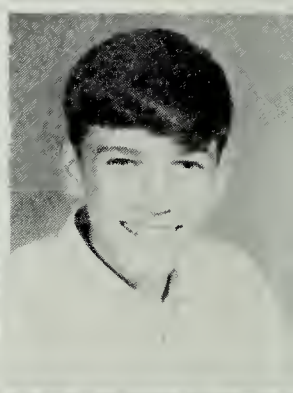
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Greg Swistak89
Melinda Switzer89

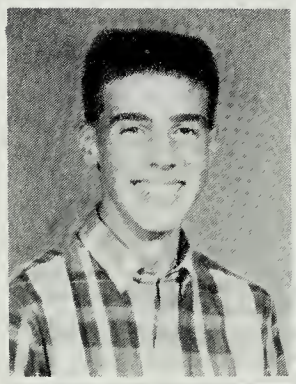
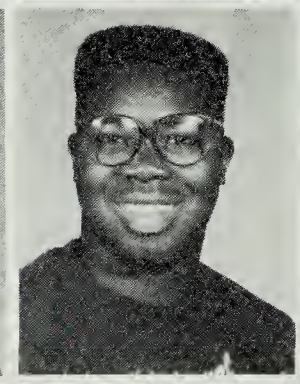
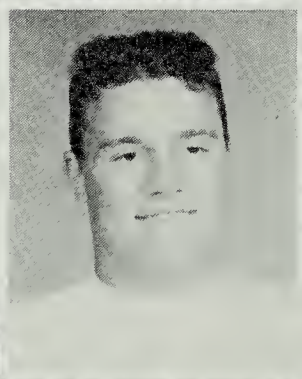
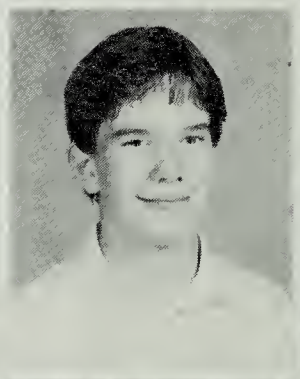
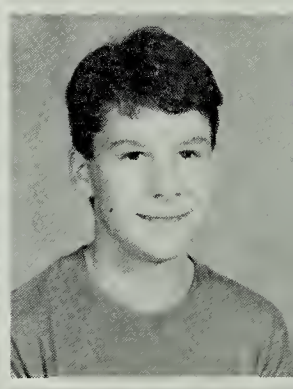



Stephanie Taber91
Tiffany Tadlock89
Alison Tague89
Tricia Tanguay90
Robert Tanner91



Ronald Tanner90
Darrel Tarver89
Charles Taylor89
Chuck Taylor91
John Taylor91

Sara Taylor91
Samantha Teague89
Laura Teeler91
Patty Testa91
Ivy Tetreault91









Shannon Tetreault 90
Kris Thayer 90
Theresa Theroux 90
Heather Thieling 89
Tommy Thigpen 89

Barbara Thomas 89
Bean Thomas 89
Joel Thomas 90
Reynold Thomas 90
TJ Thomas 91

William Thomas 89
Anissa Thompson 89
April Thompson 91
Carl Thompson 90
Lisa Thompson 90

Rob Thompson 90
James Thorson 90
Erin Tierney 89
Katy Tierney 89
John Tiller 91



Check It Out

Amid all the books, newspapers, and magazines, it wasn't a rare sight to see students in the library. Many times it had to be used for research. As freshman Christi McGee put it, "We don't use the library by choice, but since teachers desire certain assignments, it is helpful."

For those who weren't hungry (and for some who were), lunch provided valuable time to finish homework. "Sometimes I used the library during lunch to finish homework that's due later in the day," agreed sophomore Monica Short and junior Karen Beyer.

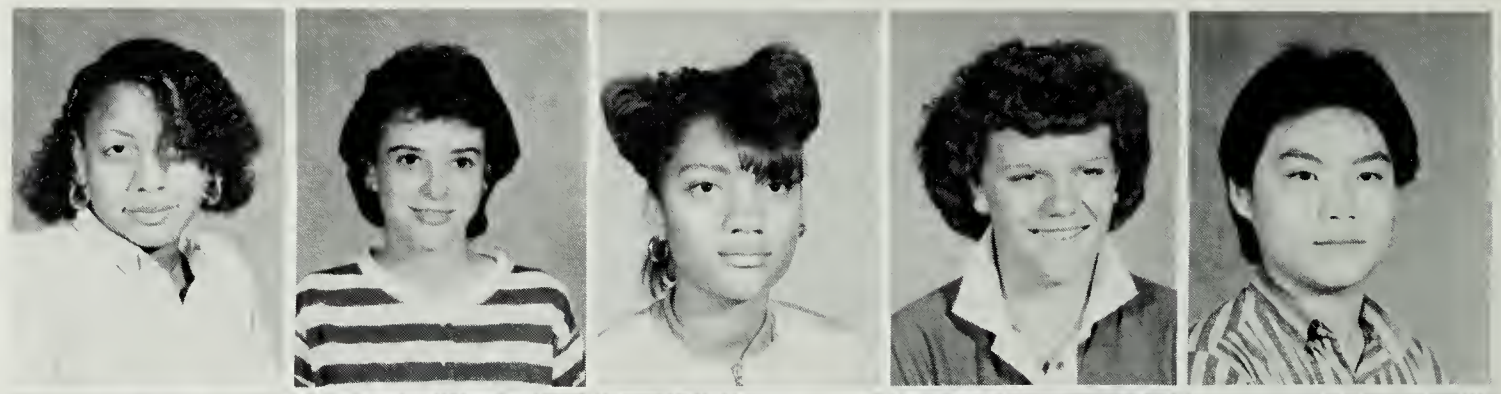
Even with good intentions in mind, sophomore Susie Kong admitted, "Socializing sometimes gets in the way."

If you wanted to escape in a good book, needed to do a little research, or desired a quiet place to study, you could always check out the library.

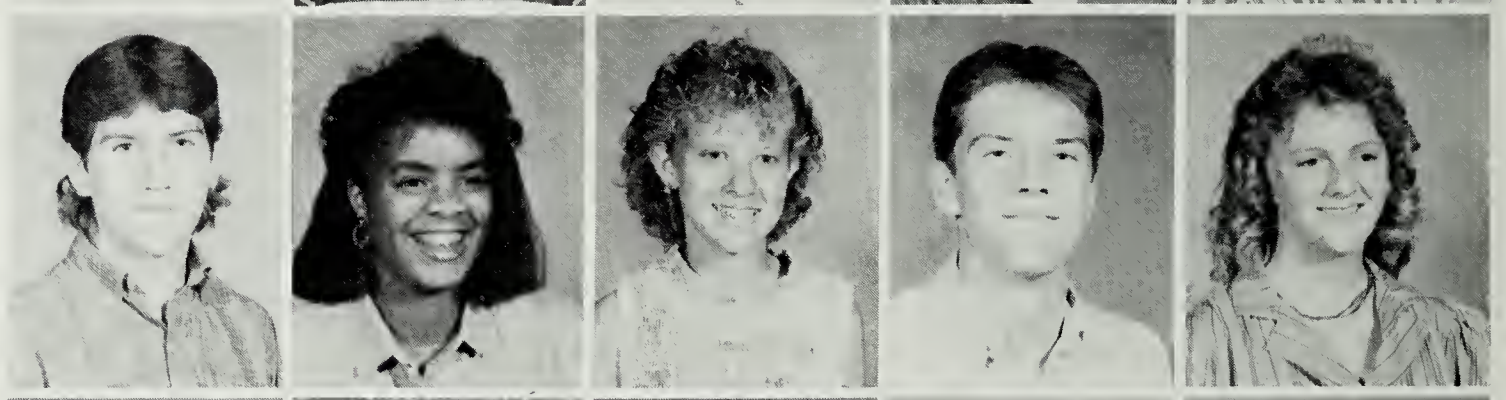
The Search

Rod McLaughlin takes advantage of the card catalog, a reliable source for finding most books in the library.

Sherri Tipton91
Valerie Tidwell91
Andretta Toles90
Christi Tolman90
Jimmy Tong91



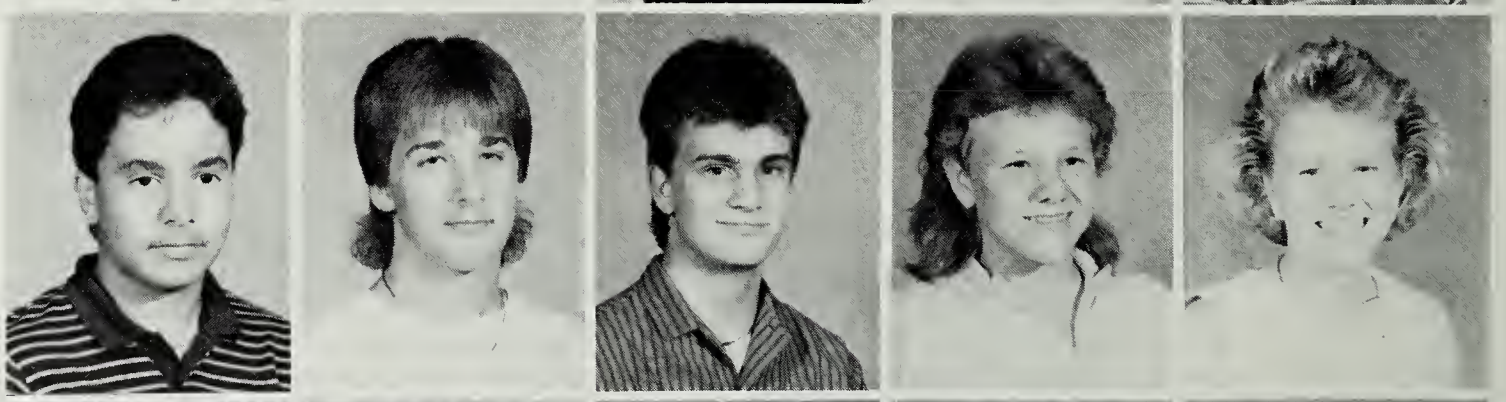
Danny Traylor91
Coletta Treakle89
Heather Trent91
Eric Treschuk89
Karen Treusch89



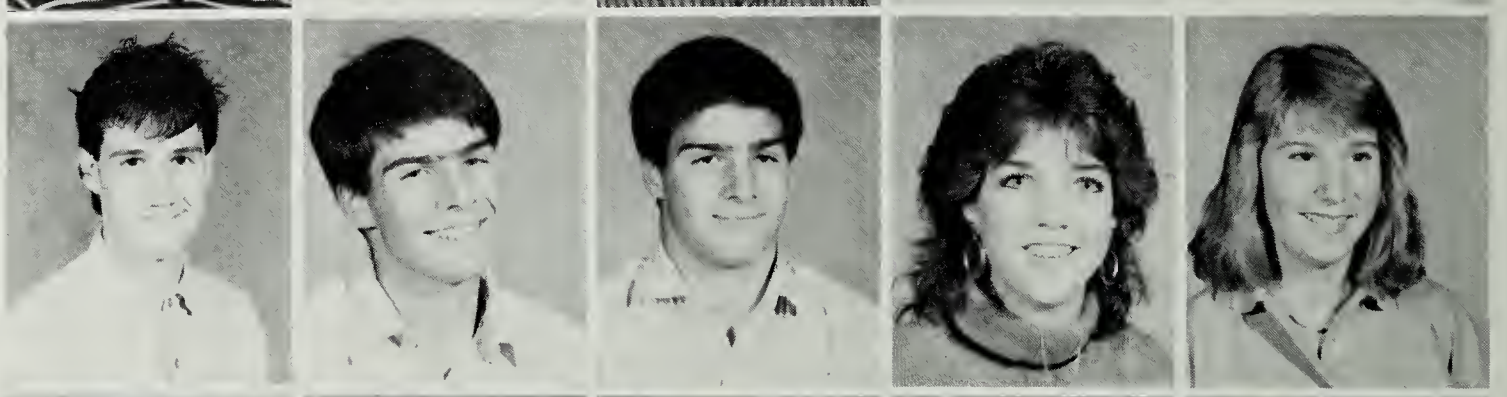
Jennie Tribe91
Megan Trick90
Brian Tucci91
Andre' Tuell89
Alex Tuler89



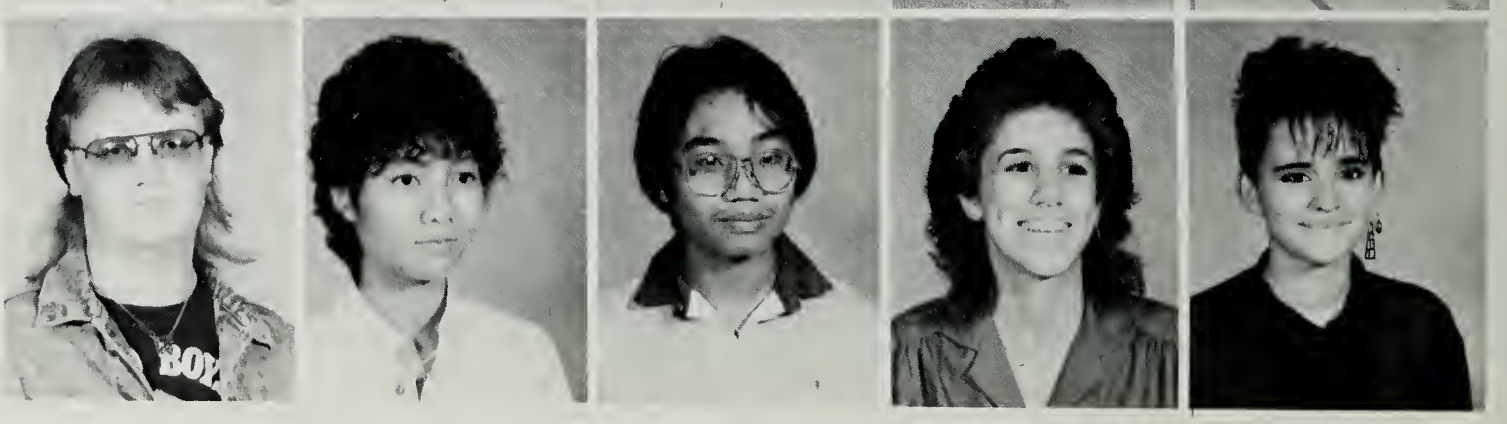
Lewis Turner89
Stacy Turner90
Todd Turner89
Tonya Turner89
Jeremy Tuten91



John Tuten90
Scott Tuthill90
Darlene Uber91
Donna Uber89
Eric Udell91



Richard Usher-Keeler89
Aaron VandeLinde89
Patrick VandeLinde89
Jenny VanFleet90
Karen VanGundy90



Willie VanSumeren90
Dolradee Vasari89
John Velasco91
Michelle Velasquez89
Carie Viar90



Matthew Viau 89
Ricardo Villanueva 90
Richard Vogel 89
John Wade 89
Lori Wagner 91

Wendy Wahala 91
Allison Walcroft 90
Katherine Walcroft 89
Jason Walker 90
Wayne Walker 91

Cynthia Wallace 89
Anthony Wallis 91
Lashun Walloe 90
Kirstin Walsh 89
Jennifer Walters 91

Stephanie Walz 91
Alden Wangner 91
Micheal Wardlaw 90
Carlotta Warner 89
Martin Warner 91



On The Lookout

"Usually I just watch T.V., listen to music, or go out with friends," said junior Caryn Brown. Finding things to do was ever on the minds of underclassmen.

Fun was easier to find when in a group. Said freshman Susan Hixson, "I always have fun after school with my friends." Added junior Andi Cowan, "You usually won't see me without my friend."

Sports also took up a lot of time. Said sophomore Scott Ford, "We play street hockey on weekends. It's not really organized but there are a lot of teams from different developments."

Sometimes plans didn't work out because of restriction, bad weather, or the lack of a ride. So underclassmen relied on the T.V., radio, and telephone for entertainment, too. But whatever the circumstances, they were always on the lookout for something new to do..

Up and Over

Racing in Richmond, freshman Chris Hall clears a hill on the course. Chris dedicated his spare time to his hobby.

Middle Ages

"It's like being the middle child. You're not the youngest or the oldest or even close to being an upperclassman. As a sophomore you're just waiting around to climb another step on the ladder," said sophomore Liz Hines.

Being a tenth grader wasn't the worst thing to be in high school (that was being a freshman!), but the sophomores sometimes felt trapped. They were stuck right in the middle.

Sophomores like Ray Bolton saw things in a different light. "As I see it, most of us are just hurrying along to get this over with so we can have our year of glory--Our SENIOR year."

The thought of being the ultimate, a senior, was the light at the end of the tunnel. All that was left to do then was to pass down the tradition of being trapped in the Middle Ages to the next class of sophomores.



In Between

Sophomore, Jeff Miller takes lighthearted abuse from freshman Tonya Poole and junior Dan Perreault.



Lori Warnes 91
Tom Warren 91
Keith Washington 90
Malcolm Washington 90
Tanya Washington 91

Kiwana Watkins 90
Cyndi Weamer 91
Laura Weamer 89
Julie Webb 89
Kevin Webb 91

Traci Webb 91
Aaron Weeter 90
Christopher Weller 91
Kellie Welks 90
Jerry Welty 90

Jonathon Wernli 91
Mary West 89
Ben Wester 91
Keith Wester 90
Brian Westerhoff 89



Jeffery Westerhoff89
Vanessa Westhoff91
Melanie Westover89
Denver Wetherell91
Chad Weyant89

Scott Whaley90
Dan Wharton90
Jeff Wharton90
Christina Wheatly91
Richard Wheatly89

Greg White89
Brad Whitehurst91
Michael Whitten91
Chris Wickline89
Michele Wilcoxson91

Brian Wilfong90
Carlos Williams90
Jack Williams91
John Williams89
Marie Williams90

Mindy Williams91
Tabitha Williams89
David Wilson90
Dawn Wilson90
James Wilson91

Nathan Wilson89
Tim Wilson89
Amy Wirick91
Lisa Wolford90
David Wolter89

Danny Wong89
Lisa Wood91
David Woodruff90
Charles Woods90
Marc Woods91

Sarah Woodville 91
Michelle Woolard 89
Tina Woolfrey 89
Sheila Wools 90
Hilda Workman 89
Colette Wortham 90
Harold Worthy 91

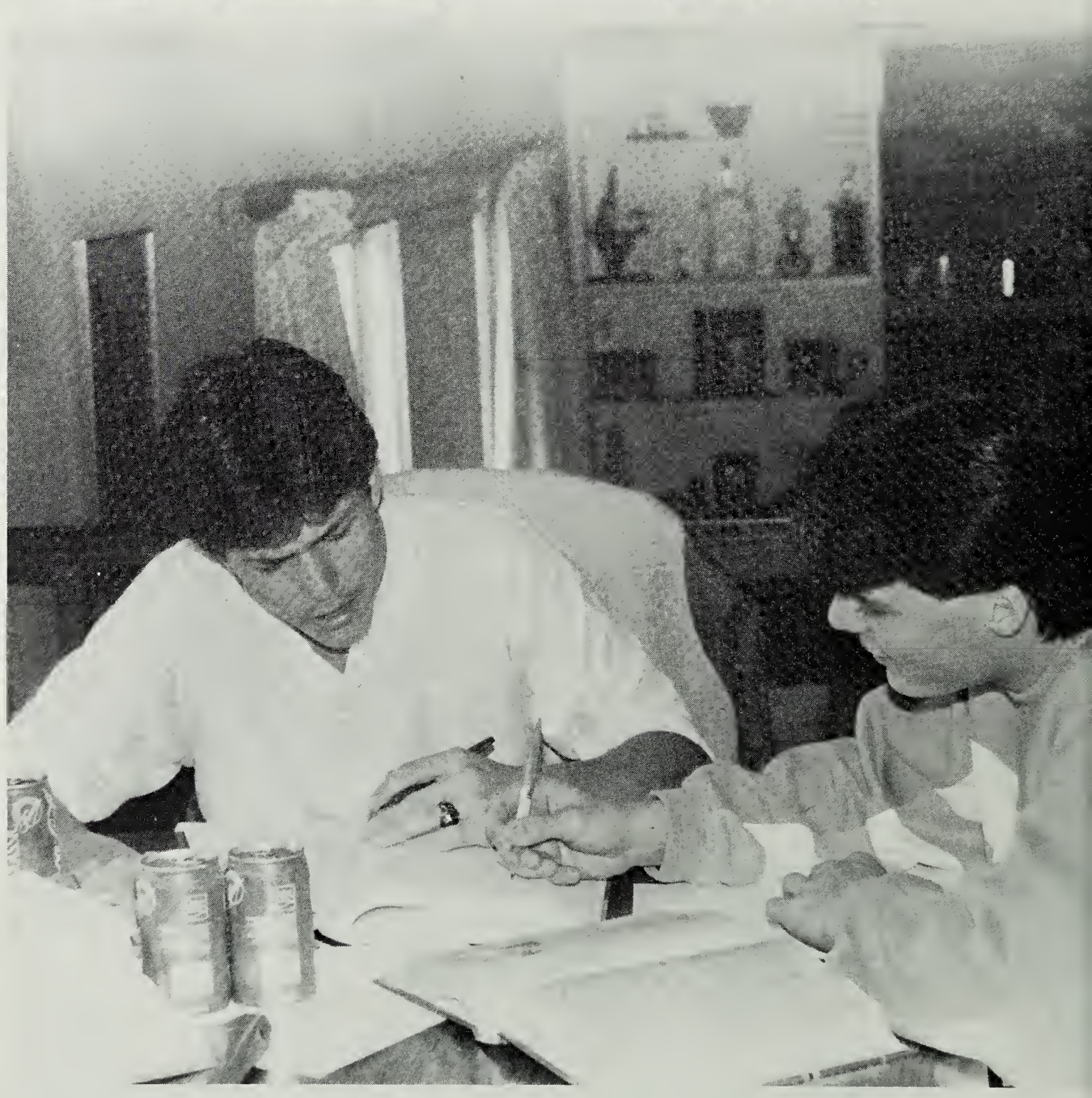
Marc Wright 89
Sarah Wright 89
Shawn Wright 90
Susan Wright 90
Andrew Wynn 90
Melissa Wynne 89
Carrie Yacoma 91

Charold Youmans 89
Harold Youmans 91
Erik Younglof 89
Kristy Zacharias 90
Qassim Zargarpur 89
Janet Zavacz 89
Crystal Zurat 91

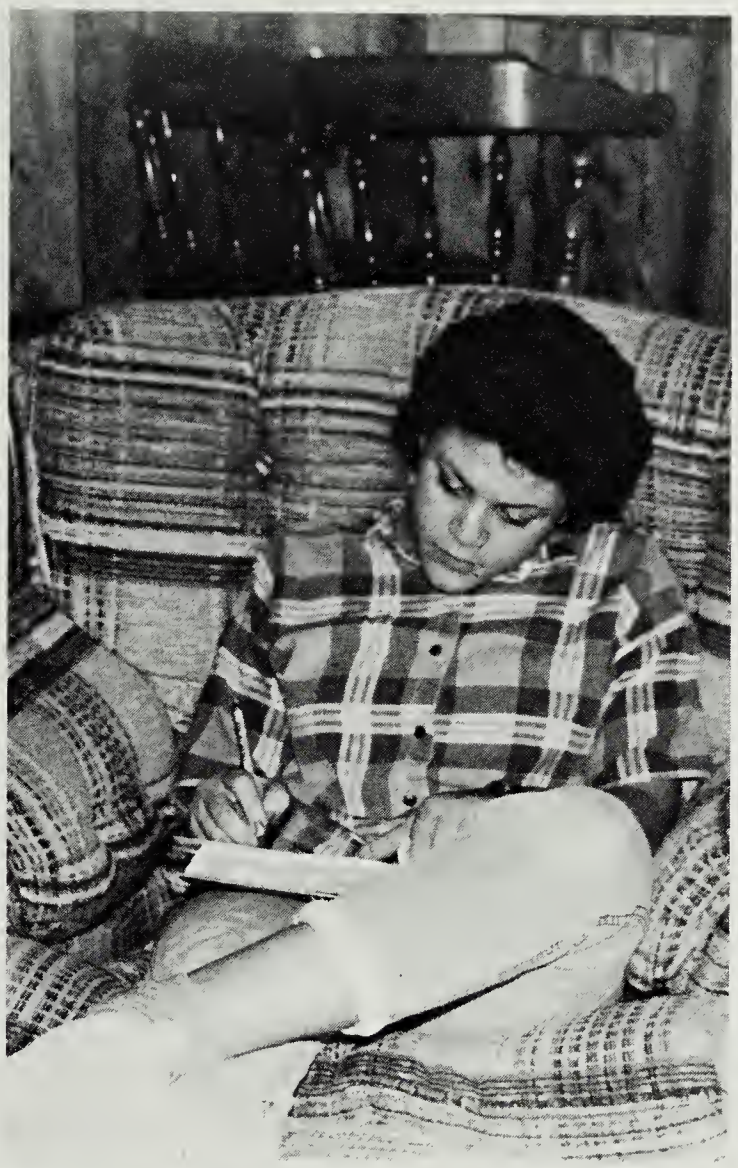


Sharing Answers

Discussing the answers, Inky Borough and Chip Kirk work on their English assignments-.Friends often used homework as an excuse to spend more time together.







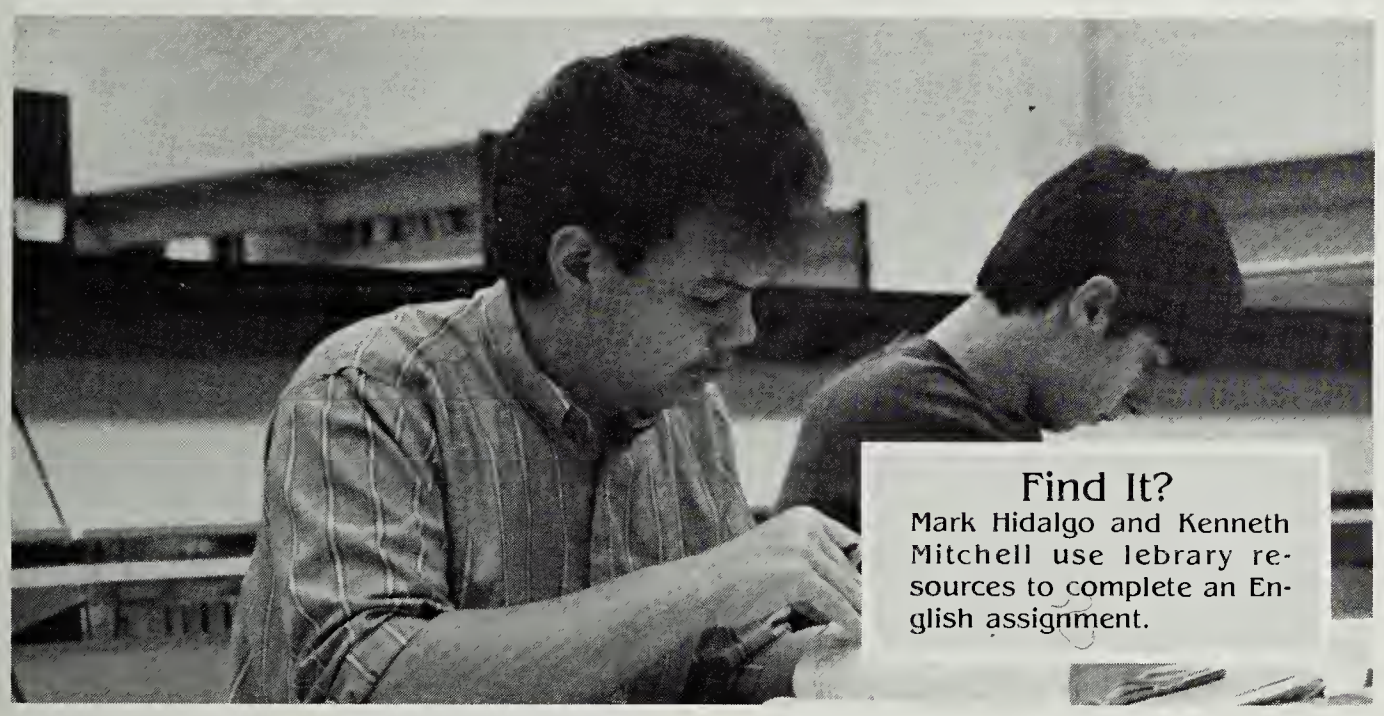
Comfy

Making herself comfortable in a huge living room chair, freshman Gail Carter finishes a voacabulary assignment.

Q & A

Surrounded by stuffed animals, Debbie Lutkoski gets moral support while doing homework.





Find It?

Mark Hidalgo and Kenneth Mitchell use lebrary resources to complete an English assignment.



Hallwork??

Waiting for her friends to finish band practice, Chris Hetland takes advantage of the free time to get ahead in the homework department.

The Dreaded Homework Blues

"Not another subject!"

Most students felt totally loaded down with what seemed like tons of homework they had every night. Once all the geometry theorems were memorized, there was still vocabulary for World Studies. The biology test had to be studied for and the English paper had to be written, too. No matter how students tried, it never failed that there was always at least one subject that made them suffer through that dreaded nighttime activity.

"It seems to me that for the first half of the day I'll have no homework--then boom! My last three classes give me hours' worth!" exclaimed sophomore Karen Bahorich.

It was even worse when you missed a couple days of school. It was heaven while you were at home, watching your soaps and feeling only a little bit sickly. But once you came back to school, it all caught up to you. You suddenly felt many times worse than you had the day before as piles and even more piles of homework were dumped on you.

"It's really not even worth staying at home," said junior Julie Callentine.

Homework was a pain, but, in the long run, it helped. Adults insisted it built character. Besides, if we would have had to do all that work at school, we would have been here forever!

Being Positive

Teachers and students get to know one another

"Being an adult and having survived my adolescent years, I am experienced in life and have an opportunity to lessen student pain by explaining situations to them from different points of view. It takes time and the first step is getting involved," said Mr. Al Eaton.

In many cases, teachers felt that being a good teacher meant being a friend, too.

"I think the secret to teaching is letting kids know you care about them and that you are willing to help them in any way you can," said Ms. Lorraine Palumbo.

Whether working in the weight room or going on weekend trips, such as Model OAS in D.C.,or publicataions workshops at UVA, teachers and students alike found that having common interests brought them together. For example, Mrs. Faith Holcombe was known to invite students to go hiking in the Shenandoah Valley or skiing at Ski Liberty.

Generally the teachers felt that they got back what they put into their classes.

"I just love students. I must say I've never met a bad kid; I always look for the positive," Mr. John Jenkins said proudly.



Getting Acquainted

Students had a chance to befriend teachers after school. Tommy Thigpen, Heather O'Brien, Ms. Lorraine Palumbo, and Milton Thornhill talk about things that happened throughout the day.



Ms. Patricia Aron- Math
Mr. Mike Babuschak- Art
Mr. Timothy Bass- Science
Mr. Russ Bowling- Auto Body, VICA
Mr. Richard Brosh- Math

Ms. Gail Brown- ISS
Ms. Jean Cahall- Business
Mr. Eddie Campbell- Health, P.E., Tennis, Ftbl.
Mr. David Carr- Business, DECA, Fresh. Ftbl., Wrest.
Mr. Larry Casey- Music, Orch.

Mr. David Colcombe- Soc. Studies, Fresh. Ftbl., J.V. Bsbl.
Mr. John Compel- Asst. Principal
Ms. Beth Conte- Soc. Studies, Debate
Mr. Lynn Cummings- Science
Mr. Micheal Dyre- Science, Jr. Class







Small Talk

Talking after school, juniors Julie Blanchfield and Stephanie Bell joke around with Mr. Jim Portell before a game.

Coming Closer

Overnight trips helped teachers become closer with students. Yearbook members and sponsors get organized at UVA between workshops.

Chit Chat

In the mornings, Mr. Al Eaton and members of the volleyball team met in the front hall. These meetings included pep talks on game days.





Ms. Harryette Eden- Eng., Speech, Drama Cl.
Ms. P. Emmons- Soc. Studies, Dept. Head, NHS
Ms. Evelyn Fleming- Home Ec.
Ms. Diane Fontana- Latin, Latin Club
Mr. Floyd Freeze- Business, FBLA, Wrest.Intramurals

Ms. Marian Frizzle- Business, FBLA
Mr. Jerry Gardziel- Driver Ed., Varsity Bsbl.
Ms. Jean Guadet- Librarian
Ms. Patricia Ghiloni- Science, Dept. Head
Mr. Tom Gill- Asst. Principal

Mr. Melvin Goodwyn- Music, Choir
Ms. Sharon Gregory- Health, P.E., J.V. Girls Bsktbl, J.V. Sftbl.
Ms. N. Hall Math, Dept. Head
Mr. Kendall Hayes- Health, P.E., Boys Varsity Bsktbl.
Ms. Linda Higgins- Eng.

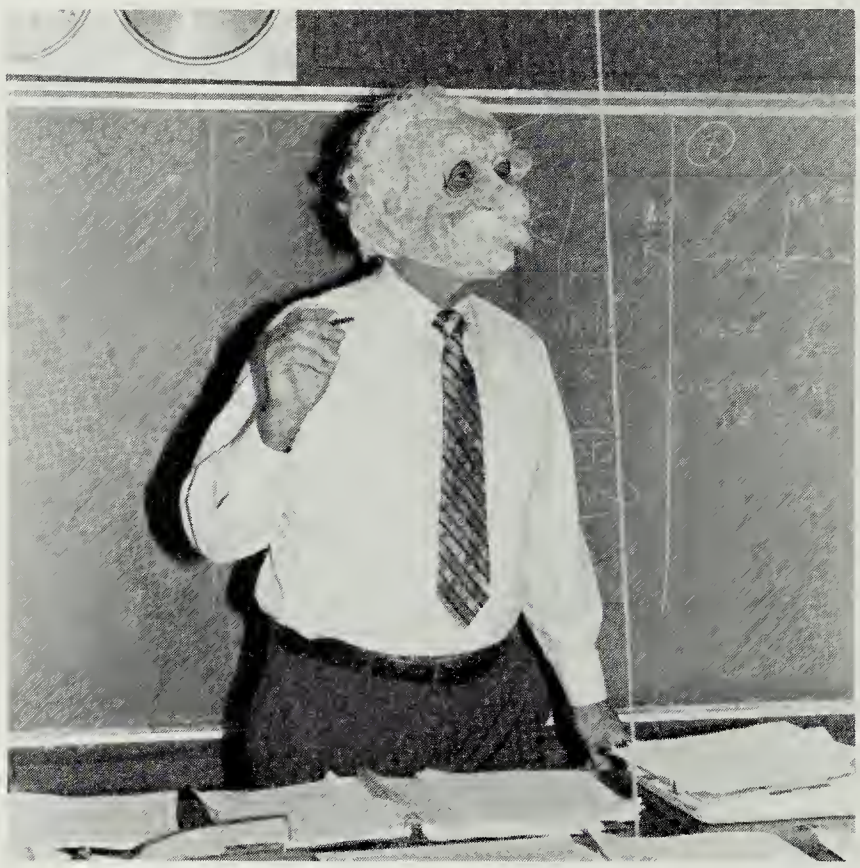
Good Luck

To show her support for the athletes, Mrs. Faith Holcombe stamps a panther paw on senior Steve Snyder's hand for good luck in his basketball game.



Albert Einstein!?

During spirit week many teachers took advantage to show spirit. Mr. Lynn Cummings surprised his classes by arriving as Albert Einstein.



Pie in the Face

During a pep rally, Mr. James Qualls creams Mr. Tom Gill, after the assistant principal was "captured."







Mr.Donald Hiller French, Span. Hist. Club, SNHS
Ms.Valerie Hillyer English
Ms.Faith Holcombe English
Mr.Robert Holley Earth Science
Ms.Vivian Ivey Librarian









Ms.Anita Jackson Spec. Ed., Band Frnt. JV Cheerleaders
Ms.Rosalind Jacobs Spec. Ed., Pep Club.
Mr.John Jenkins Soc. St.
Ms.Peggy Jones English
Mr.Aaron Jordan Asst. Principal









Ms.Keller English
Mr.John Kittell Spec. Ed.
Ms.Klavins German, Ger. Club
Ms.Kathleen Kunze Career Cnslr., Soph. Class
Ms.Penny Lake Journ., Eng. PHS Class









Pride

Teachers Used Every Chance To Show School Spirit

In school, spirit ranged in everything from holidays to sports. Student spirit was reflected by teachers. For example, during Spirit Week, many of the faculty dressed up for dress up days.

For Halloween day, Mr. Micheal Dyre said, "I like Halloween because it gives teachers a chance for some theatrical performances."

Inside classrooms, holiday decorations brought in by teachers turned up also. When asked about decorations, Mr. Donald Hiller said, "It adds the final touch!"

Ms. Diane Ferree, Varsity Cheerleading sponsor, explained, "School spirit is a matter of pride. It takes time and effort to achieve and maintain it."

'Tis the Season

Mr. Donald Hiller puts the final touches on his door, which won first place in the Christmas decorating contest.



Ms. Nancey Lanza- Math
Ms. Carolyn Leggett- Art, Dept. Head, Yearbook
Mr. Clarence Leggett- Construction
Ms. Ann Lockett- Principal
Ms. Susan Loney- Math

Mr. Barry Maguire- English, SADD
Ms. Betsy Maloney- English
Mr. Mark Maloney- Soc. St.,Freshmen Boys Bsktbl.
Ms. Jane Manderville- Business
Ms. Charma McKnight- Sp. Ed., Pep Club

Ms. Sandy Mercer- Math
Ms. Gloria Miller- French, Dept. Head
Ms. Sandra Moller- English
Ms. Karen Moye- Health, P.E.
Ms. Lorraine Palumbo- Soc. St.

Secretaries and Copy Room: Front Row- Pat Carter, Janet Dunivin, Dee Misenko, Mary Ann Margheim, Jewel Winebarger.

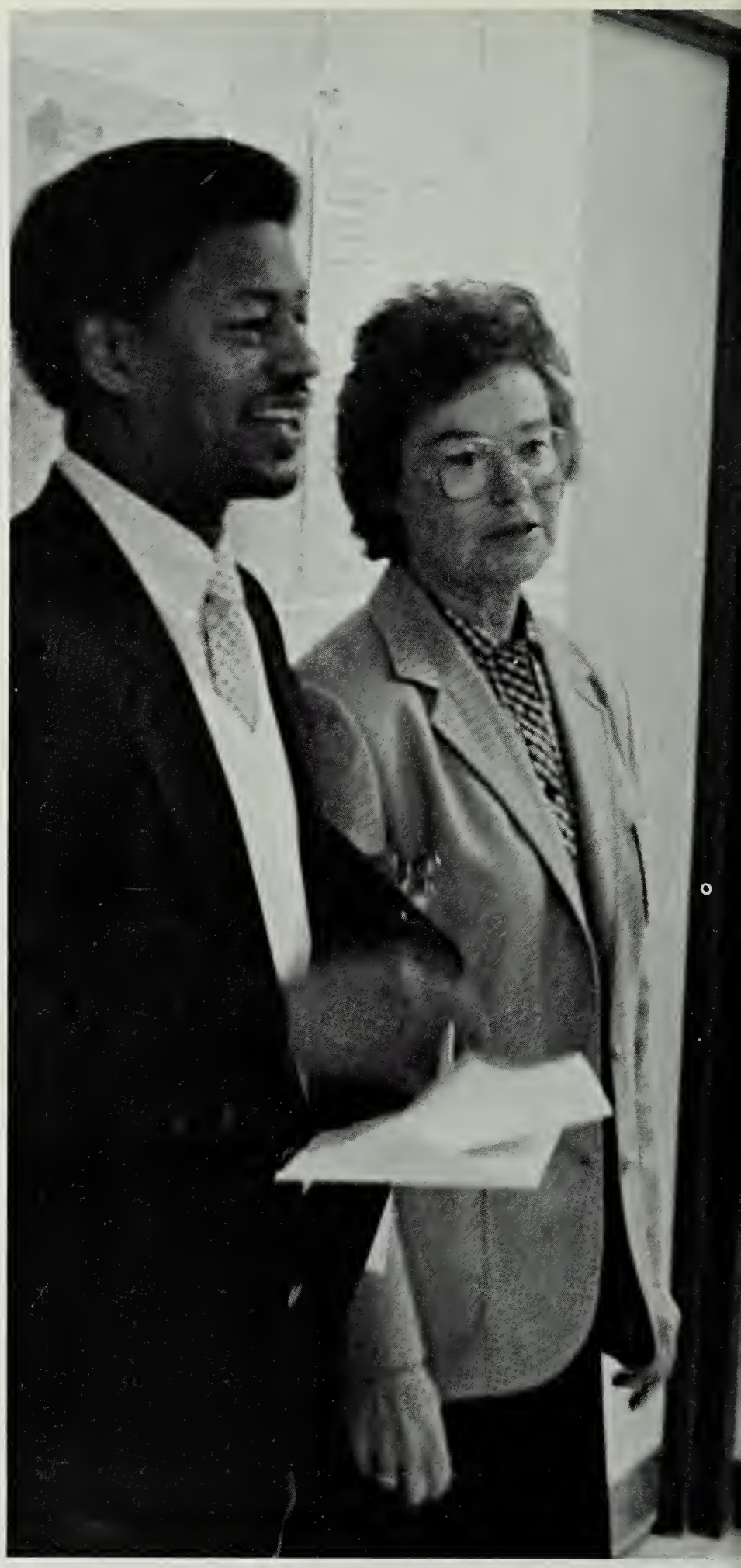
Back Row- Rose Latulip, Millie Sokol, Dottie Stevens, Jim Portell, Gayle Brown, Fran Thompson.





Cafeteria Staff: Front Row- Rose Poorman, Leona Nicely, Patricia Sokolski, Lee Bowles, Dru Turner, Eleanor Bickford, Opal Kirby.

Back Row- Polly Carney, Margaret Osbourne, Mary Steelburg, Sandy Coulloane, Carol Schultz, Mary Sweesey, Barbara Fulkerson, Phyllis Butts.



Ms. Toni Payne- Resource, Employ.
Ms. Janice Polk- Soc. Studies, NHS
Mr. Stephan Prifti- Drafting
Ms. Louevenia Quash- Employ, EMR Resource,
Ms. Bridget Rose- French, For. Lang. Club

Ms. E.A. Roth- Spanish, Span. Club
Ms. Anne Rude- Spanish
Mr. Brain Sachlis- Music, Band
Ms. Kathryn Scott- Math
Ms. Carol Secord- English, Reading Improvement



All In Order

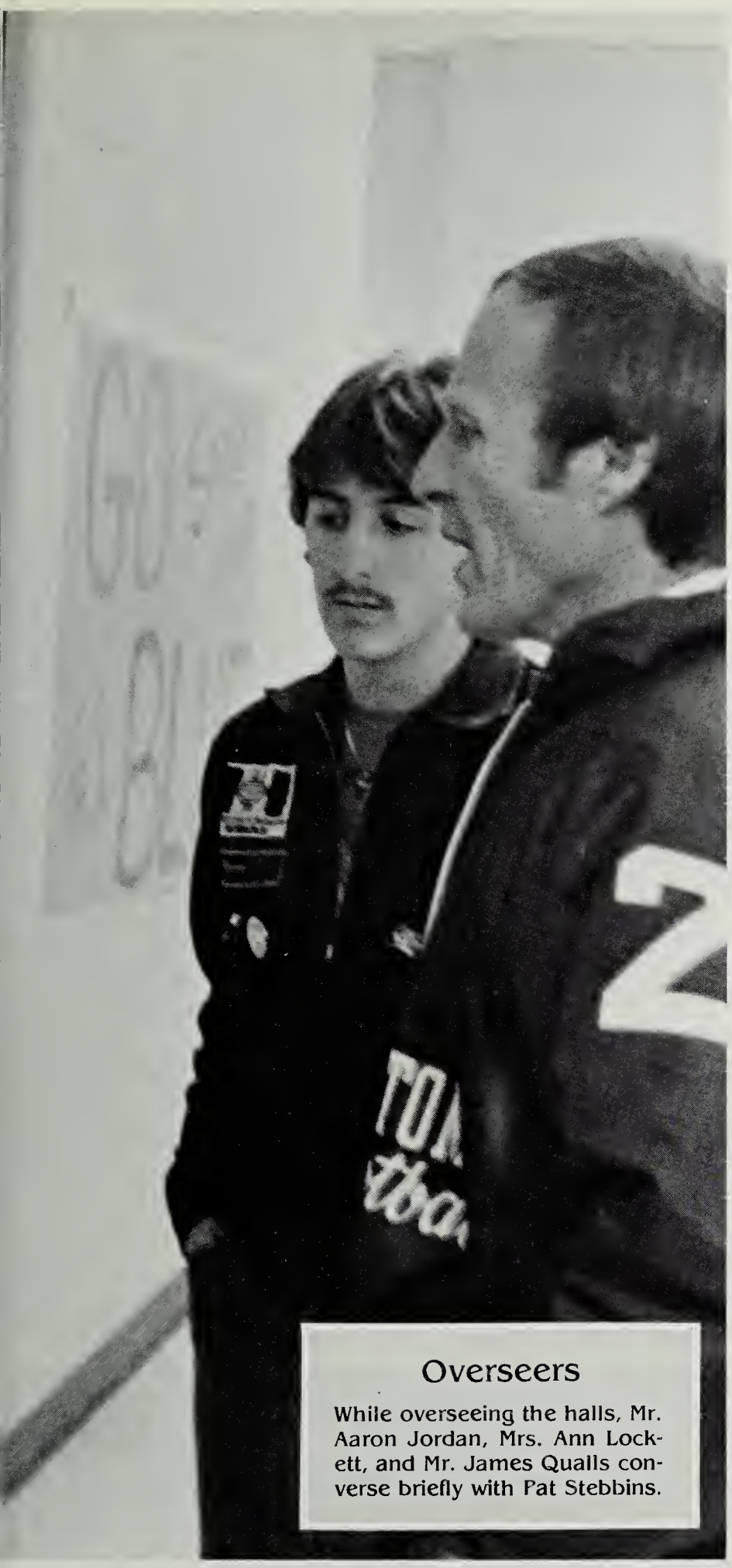
Administrators Make Things Run Smoothly

After Mr. Robert Ferrebee became Assistant Superintendent, Mrs. Anne Lockett was assigned as our new principal. Since she was assistant principal previously, her transition was easy even though the new title added more responsibilities. As an assistant principal she was in charge of certain aspects, but being the principal meant she was in charge of EVERYTHING! Mrs. Lockett commented, "With the leadership of Jenny Beyer and other SCA officers, activities were planned successfully. This year, they worked more closely with administrators than ever.

Administrators agreed that the students took more pride in the lunchroom; however, they wanted to see improvement in other student responsibilities, such as getting to class on time.

As Mr. Jordan said, "Our job is to make sure everything runs in order," and all the other administrators agreed.

Custodial Staff Front Row: Madelyn Brown, Gertie Green, Barbara Greenwalt, Mary Williams. **Back Row:** Alvin Howard, Jim Solomon, Charlotte Crews.



Overseers

While overseeing the halls, Mr. Aaron Jordan, Mrs. Ann Lockett, and Mr. James Qualls converse briefly with Pat Stebbins.





Ms. Marilyn Selvitelle- Math, Girls Tennis
Ms. Susan M. Smith- Spanish, For. Lang. Club
Ms. Karen Spillman- Science
Ms. Charlotte Stultz- Soc. St., It's Academic
Mr. Paul Szymonski- Soc. St.,Cross Country

Ms. Frances Thompson- Office Secretary
Mr. Grover Wade, Jr.-ICT, VICA/ICT
Ms. Carol Wakefield- Guidance, Jr. Civitans
Ms. Joanne R. Willis- Guidance
Ms. Nicole Yannerall- Math, Freshman Cheerleders,J.V. Girls Soccer



Essential ingredients

. . . FOR VICTORY!

"Sports are a great way to prepare for the future. You learn to overcome obstacles, set goals, and meet them. Best of all, you can get into great physical condition," said senior wrestler Jimmy Thrall.

No matter the reasons, scores of students scheduled their lives around practices, meets, competitions, and games. They invested time, money, and energy into perfecting their skills. For some, competition was the key element. For others, the camaraderie was important. Said senior tennis player Michele Pitt, "Being on a team is a great way to meet people."

Many events shaped the athletes' memories of the season. Soccer players remembered holding tryouts on the parking lot amid the piles of snow that were dumped on the area early in the spring of 1987.

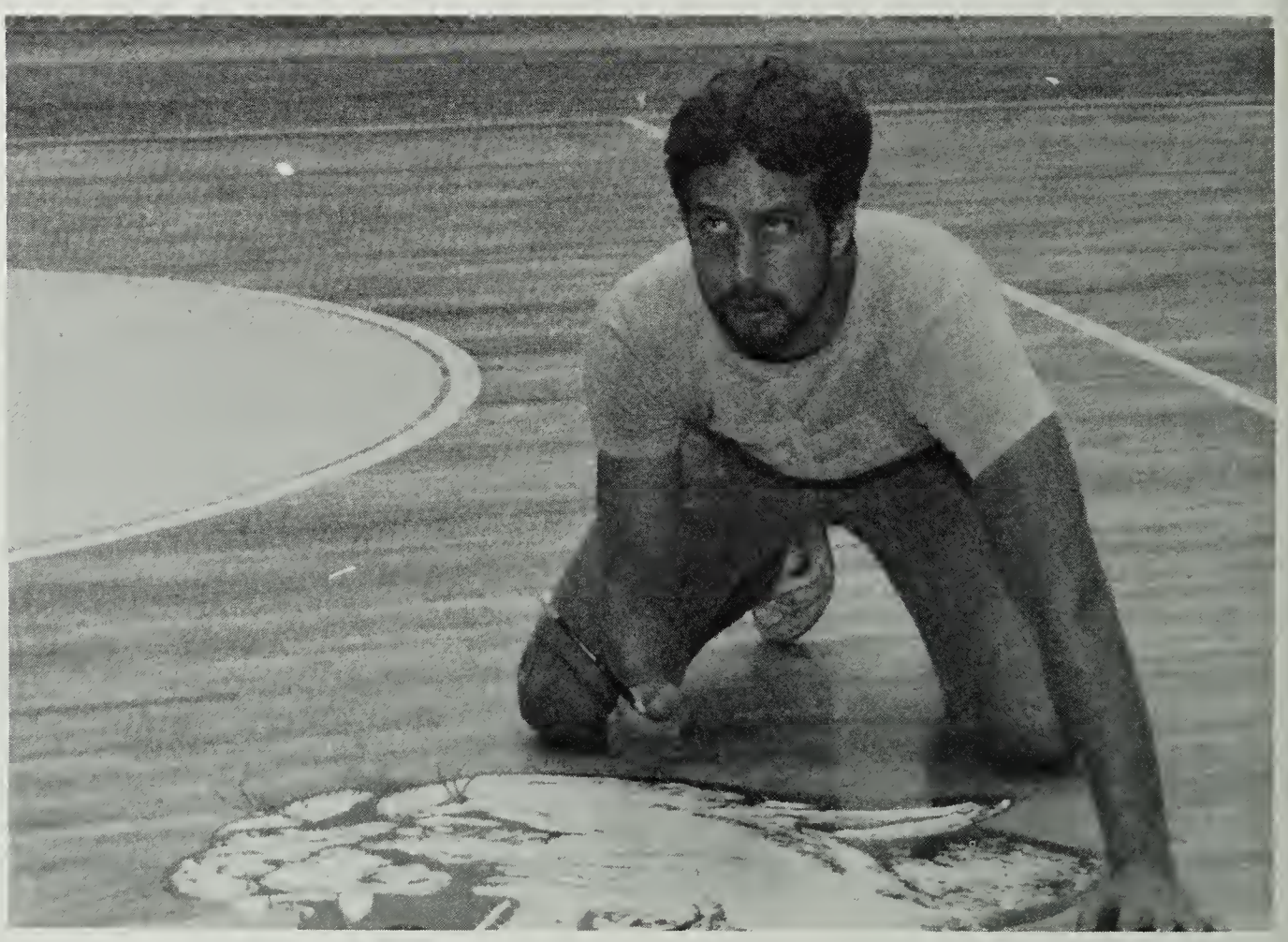
What was probably was the best thing about being involved with sports was the competition and the "thrill of victory".

Soccer player Joely Hebert said, "What I like best is the competition."

That was it. Competition, and victory. What was most essential to a team's morale and attitude? In senior golfer Bill Wakefield's word's, "Winning." That, Potomac athletes enjoyed most.

Finishing Touch

Adding a special touch to our new gym floor, Phil Taccetta handpaints the panther mascot. The floor, replacing the worn-out one, was easier to keep up and better to play on.





One More Time!

Sailing high above the heads of the Woodbridge team, senior Bob Lund puts another two points on the scoreboard.



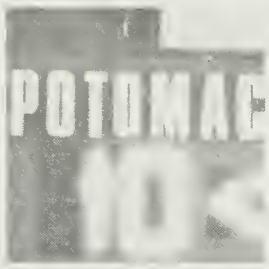


Attention

Cheerleader Robin Brammer stands at attention through the "Star Spangled Banner."

Spazzed Out

The days of the conservative mascot were gone once sophomore Seth Folsom got the job.







SPORTS

Level Landing

Leveling the long jump pit, Tiffany Dayton rakes the sand as Leonard Holmes prepares for another jump. This attention to detail made measurements at meets more accurate.

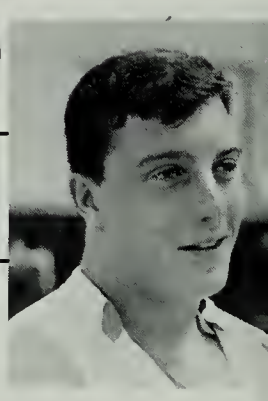


The High Life

Putting forth his best efforts, Erin Swenson eases himself over the pole vault bar. The great effort put in at practices paid off at many off the meets.







"Breaking the record for discus at Districts gave me a great feeling of accomplishment and made all the hard work pay off." -Mike Neifeh



Front Row: Coach Bill Stephens, Larry Alexander, James Smith, Reggie Scott, Brian Ervin, Larry Jordan, Gary Martin, Mike Peverill, Erik Anderson, Brian Watkins. **Second Row**: Assistant Coach Bob Hannon, Greg Craine, Jodie Agatone, Mike Neifeh, Bob Lund, Jenny Beyer, Paula Holler, Maria Natale, Kari Zehner, Coach Paul Szymonski. **Third Row**: Daniel Stone, John Wade, Heather Schwetji, Cathy Beyer Ali Sterling, Erin Swenson, Ralph Griggers, Marcus Howard. **Fourth Row**: Erik Treschuck, Joe Edwards, Shawn Wright, Kim Harris, Brittany Brenner, Robin Ferguson, Jerald Goodloe, David Griffea, Louis Howard. **Back Row**: Melissa Craine, Xiaber Jackson, Beth Nissely, Ken Stubbor, Manager Debbie Hodgers, Michele Farris, Tracy Jarvis, Jennifer Kellet.





Strong Jump

Using the last of his strength, Gary Martin gets up speed to make the long jump. This giving-it-your-all attitude was characteristic of the track team.

Getting the O.K.

Before setting up the runners on the starting line, Coach Paul Szymonski looks for an O.K. from the other side of the track as Heather Schwetji checks the records.

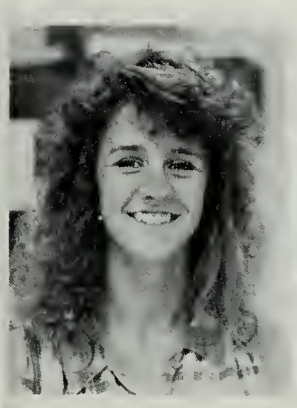
Track Is Back

Coach Bill Stephens was quoted as saying that the '87 track season was the best he had ever seen. The team did in fact have a good season having captured 102 points, placing first at districts, and third in the region.

The boys team had a tremendous amount of skill and ability as shown clearly by the six individual first places achieved by Mike Naifeh in shot put and discus. Other achievements noted were first place in high jump and sixth in hurdles by Bob Lund, first place in the one hundred by Larry Jordan, and first place by both teams in the quarter mile as well as the mile relay.

The girls team was successful also,with Jenny Beyer placing fourth in hurdles. Also placing was Melissa Craine with a second in discus and a third in shot put.

Both teams worked hard all season long and proved that Potomac track was back in action.



"In order to succeed you have to want to. It takes a lot of hard work and dedication to be good in track." -Jenny Beyer

WAAAY BACK

Putting everything into it is Rick Bruinsma with another powerful serve.

Down the Line

Just completing a backhand volley,Steve Secord watches the ball go right down the line.



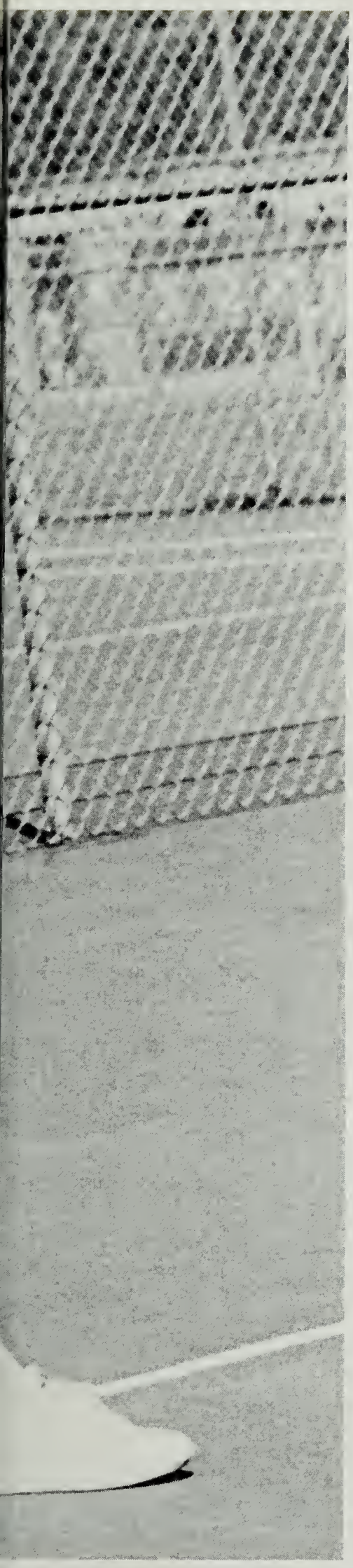


Boys Tennis

Gar-Field	9-0	Courtland	8-1
Osborn Park	9-0	Woodbridge	8-1
Stonewall	7-2	James Wood	7-2
North Stafford	7-2	Fauquier	7-2
Stafford	6-3	Woodbridge	9-0
Fauquier	7-2		

"need to be more competitive in the upcoming years to prove to be the best in the top seat."- Joe McGovern





Concentration

With supreme concentration, Paul Colangelo sets up for another powerful forehand ground-stroke.

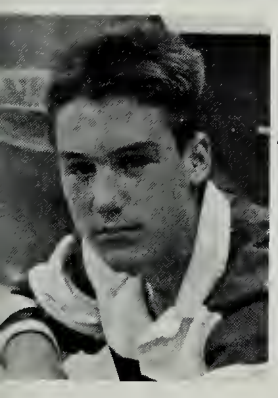


Front Row: David Pomerantz, Rob Kulik, Matt Maxwell, Paul Colangelo. **Middle Row**: Dennis Burke, Brian Westoff, Joe Porto Chris Horne, Mike Scherk. **Back Row**: Coach Ed Campbell, Jeff Wise, Steve Secord, Rick Bruinsma, Joe McGovern.



Fun And Games

The Boys Tennis season was impressive with their great record and their fifth District title. The team worked hard under the guidance of Coach Ed Campbell. ''Coach Campbell runs a hard practice, but everyone will agree that it paid off in the matches,'' said Rob Kulik. The fact that there were few veterans posed little trouble to Coach Campbell and the success of the team. As Brian Westoff observed, ''Faced with a young team, Coach Campbell worked us hard to win our fifth District title.'' But, it wasn't ''all work and no play''. ''We managed to work hard, but still had lots of fun, like when Steve Secord dumped the water jug over Coach Campbell's head,'' recalled Dennis Burke. The team also added a little humor to the season with nicknames, such as Opie and Cool-Whip. Even Coach Campbell recieved the title of ''Big Guy''. Tough practices, a great coach, hard work and lots of fun all contributed to not only an excellent season but also a winning one.



''It really is a privelege to be ranked so high as a sophomore, but the pressure is on to continue to do so well.''-Paul Colangelo

Hit -N- Run

"We have a good relationship, not only with each other, but the coach as well," said Aimee Longwitz. This statement could be justified every morning as one watched some of the softball players, gathered in the main lobby, talking and laughing with their friend and coach, Al Eaton. The varsity team came out of the dugout with only four starters from their 1985 Championship season. But the girls didn't let that stop them. They took to the field determined to show they were still the best.

To them, every game was unique. The team had a one-game-at-a-time strategy and worked well with it. "It's helpful to play with a self-assured, confident attitude, and aim these feelings at every team individually, without caring about the last or the next," explained Coach Al Eaton.

All in all, the Varsity Softball Team rallied themselves together and proved once again that they hadn't lost that winning spirit.

Intent Study

Standing aside, Cricket Mees studies the game . Even if players weren't actively involved on the field, they participated mentally while cheering their fellow teammates on.



Down Home

Coming into a sliding stop, Wendy Silverstrand prepares to throw the ball homeward. Many times quick, decisive plays determined the outcome of the game.





J.V. Softball Front Row: Theresa Stitts, Tonya Turner, Sherri Costa, Chi Kong. **Back Row:** Coach Tim Bass, Susie Lockner, Marua Barrett, Robbie Revella, Aimie LeBrun, Dawn Slater.





"Playing Varsity Softball this was a great experience for me. I had lots of fun and enjoyed every minute of it. Hopefully next year will be just as fun and even better." -Sherri Costa



Strike 'Em Out

While Wendy Silverstrand waits in the backfield, Tracy Bradley winds up for another pitch. Concentration and a good arm were essential to good pitching.



Sign Language

On the side lines, Coach Al Eaton signals to his players using slight hand motions. Many times strategy, skill and talent secured victories for the team.

Varsity Softball Front Row: Delores Hamm, Diana Faz, Krista Bouslough, Michelle Railey. **Middle Row:** Sheri Patton, Xandra Bense, Marsha Coxton, Darlene Bardon, Cricket Mees. **Back Row:** Coach Al Eaton, Wendy Silverstran, Jill Hauschildt, Anna Reid, Tracy Bradley, Wendy Alachnowitz.





"I've enjoyed playing on the varsity level this year because it challenged me to improve my skills in softball." -Marsha Coxton

Varsity Softball

Stonewall	14-13	Stonewall	9-2
Courtland	27-8	Gar-Field	0-9
Gar-Field	3-9	Courtland	20-3
Fauquier	20-17	Fauquier	8-12
James Wood	6-4	James Wood	3-5
North Stafford	11-12	Woodbridge	0-7
Woodbridge	7-8	Osbourn Park	17-7
Stafford	1-5	North Stafford	13-0



Varsity Soccer Front Row: Chad Weyant, Robbie Finks, James Lascody, Adam Britt, Tim Cristian, Fred Farber, Derek Lazaroff. Middle Row: Brent Phillips, Derek Phillips, Allen Britt, Brian Norton, Jason Fox, Chris Mercado. Back Row: Adrian Moore, Brendan O'Donnaghue, David Johnson, Kevin Phoenix, Chris Beckman, Steve DeHarde, Rodney Madagan, Coach Sam Vitas.



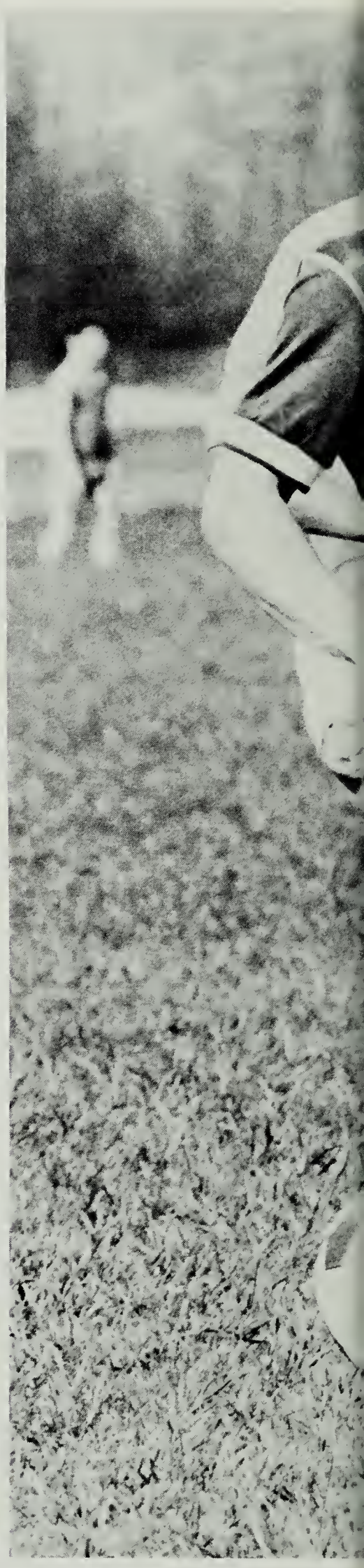
Listening Up

Getting advice from Coach Sam Vitas, the Boys Varsity team listens attentively for strategy to take home a victory.



Keeping Track

Looking over the stats, managers Susan Zovak and Tina de los Santos put the books in order.





"The highpoint of our season for me was when we were down 2 goals to Gar-Field and then scored 3 unanswered goals to take home the victory." -Kevin Phoenix

"We had our highs and lows, but we ended our season with a strong high." -Fred Farber





Stop Action

Always in action, Robbie Finks shows off his muscles while trying to score against Courtland.

Lookin' Good

Being "close as a family" described the Boys Varsity Soccer team. The one for all and all for one adage was practiced throughout the season and no one was considered THE STAR. When asked who was the most important member on the team, Robbie Finks replied, "The coach was." This was Coach Sam Vitas' second year as coach of the varsity team. Practices had to be at 4:00 p.m. because Sam Vitas did not teach at Potomac but at Fred Lynn Middle School. The team's appreciation of the Coach's dedication was shown in their respect for the coach and their winning attitude.

The Boys J.V. team had, as always, an impressive year with only one loss. When asked how the year went, Manager Tina de los Santos said, "It was great!"



J.V. Soccer Front Row: Doug Bonny, Dana Dirizio, Jerry Andrews. **Middle Row:** Cindy Hall (mgr), Will Sessons, Jeff Powell, Paul Beckman, Chris Greathouse, Billy Masters. **Back Row:** Forrest Hetland, Sam Zargarpur, Steve Sneider, Mike Lacey, Coach Wendall Hayes.



"The highlight of the season for me was scoring my first goal as a Varsity player against Woodbridge." -Chad Weyant

Boys Varsity Soccer

		Gar-Field	0-1
North Stafford	3-0	Fauquier	6-1
Stafford	1-0	James Wood	0-1
Osbourn Park	2-1	Woodbridge	3-1
Stafford	3-1	North Stafford	3-0
Stonewall	2-1	Districts	
Courtland	2-3	Woodbridge	1-2

Last Effort!

After delaying her opponent as long as possible, Heather Moore makes a slide tackle to stop Woodbridge's Stephanie Hylan.

Varsity Soccer Front Row: Meredith Peters, Cindy Condrey, Katie Martin, Sabrina Roche, Ginny Lazar, Heather Rinker. **Middle Row:** Julie Callantine (mgr), Laura Collins, Trish Prodot, Laura Weamer, Cristi Depersia, Nikki Peters, Lisa Camm. **Back Row:** Coach John Jenkins, Robin Osler, Shelley Eveslage, Kristin Hagewald, Heather Moore, Joely Hebert, M.J. Lavelle, Chris O'Connor, Kristi Anderson, Annie Triano.









"I expected my first year on varsity to be difficult, but with the help of upperclassmen on the team, I adjusted well." -Laura Weamer

"In spite of all our injuries, we had a fantastic season...and we looked good!" -Kristi Anderson



Pulling Together

Being a young team posed no problem for the Girls Varsity Soccer team. The problem came when they tried keeping the team healthy. The first three games were okay, after that, things got more serious and the rest of the season was spent trying to get people to replace the injured.

The injuries started with Lisa Camm having a sprained ankle. Next, Cindy Condrey and Chris O'Connor were in a car accident and were out for a couple of games. In the Woodbridge game, both Laura Weamer and Shelley Eveslage suffered pulled ligaments and were out for the season.

In spite of all the injuries, the girls made it to the district tournament. Once there, they played a tough game against Woodbridge, but unfortunately lost. "My girls worked very hard to overcome all the injuries and had an excellent season for such a young team," summed up Coach John Jenkins.

The girls J.V. soccer team also encountered many problems; like starting out with 20 players and ending with only 15 on the team. But with help of the new coach, Nicole Yannerell, they ended the season with a record of 5-3.



Pulling It Out

With an oppressing opponent coming on, Lisa Camm concentrates on clearing the ball out to the offense.



J.V. Front Row: Malinda Antonik (co-capt), Traci Willie (co-capt), Karen VanGundy, Joo Lee, Stacey Horowitz. **Middle Row:** Jennifer Ferenschak, Suellen Jones, Marsha Griggers Stephanie Scarpinato, Kim Hochmuth, Michelle Poole. **Back Row:** Keri Derham (mgr), Kim Slater, Krissy Jones, Kirsten Walsh, Angie Deck, Maureen McGovern, Coach Nicole Yannarell.



"Nothing can compare to how it feels to win as a tean when you know you did your best." - Angie Deck

Girls Varsity Soccer

North Stafford	4-0	Fauquier	0-1
Stafford	6-0	Chantilly	0-3
Osbourn Park	1-3	Woodbridge	0-8
Stafford	2-0	North Stafford	2-2
Stonewall	2-1	Districts-	
Gar-Field	6-4	Wodbridge	0-5

Strike!

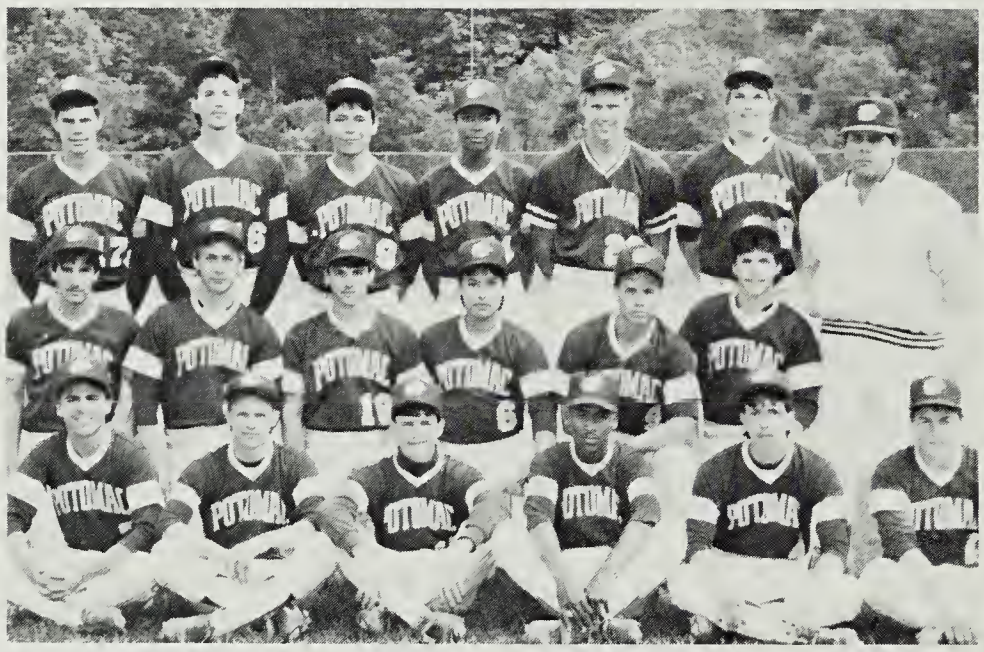
Winding up to throw a strike, John Martin uses hard work and practice to keep the team on top.



Fair Play?

Hooting at the man on third, Brian Benczkowski helps to break the concentration of the other team.

Varsity. Front Row: Frank Chimento, David Liesten, Bobby Costa, Tyrone Johnson, Steve Lacey, Allen Browning. **Middle Row:** Danny Clarkson, Brian Benczkowski, Rob Harris, Karl Schwanda, Chris Dempster, Brian Burrough. **Back Row:** Mark Overholt, John Martin, Sam Faz, Kenny Hargraves, Mark Kingston, Kelly Kasper, Coach Jerry Gardziel.

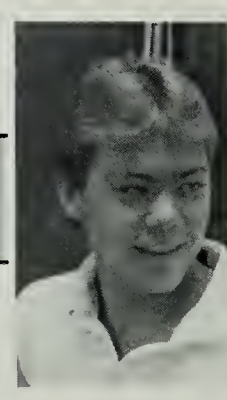




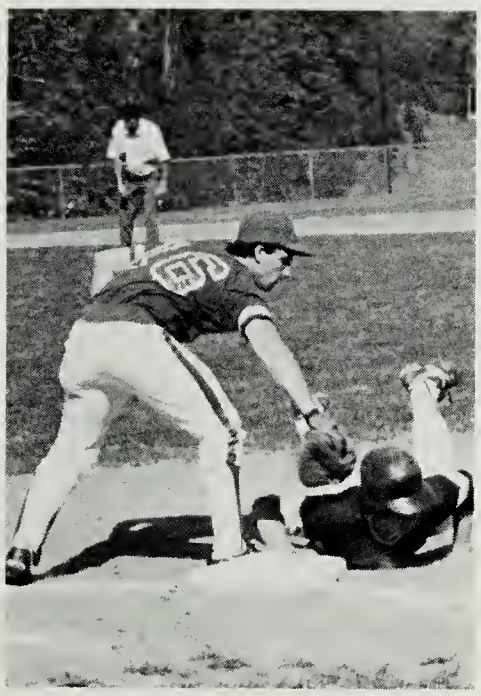
Varsity Baseball

Osbourn Park	14-4	Osbourn Park	8-4
Stafford	11-2	Stafford	20-5
Stonewall	7-5	Stonewall	16-2
Courtland	14-5	Gar-Field	6-2
Gar-Field	1-4	Courtland	4-13
Fauquier	17-1	Fauquier	6-13
James Wood	4-1	James Wood	4-11
North Stafford	9-8	Woodbridge	2-0
Woodbridge	7-8	North Stafford	6-2

"Beating Gar-Field really was the highlight of our season. Our first win against them was like the icing on the cake." - Marcus Berry







Safe!

Sliding into first base, Chris Dempster maintains his position. Pulling out all the stops was one of the reasons the team had a super 13-5 record.

Hip, Hip, Hooray!

After congratulating Brian Burrough on a homerun, members of the Varsity team walk back to the dugout.





J.V. Front Row: Jerry Gardziel, Brad Whitehurst, Todd Christian, Matt Charleston, Barry Benczkowski. **Middle Row:** Chris Basinger, David Woodruff, Randy Toor, Tommy Harrisen, Marcus Berry, Steve Davis. **Back Row:** Coach Dave Colcomb, Matt Larkin, Craig Hauschildt, Joe Flynn, Mike Thomas, Scott Sonnanberg, Brian Dietze, Eric Moberly.

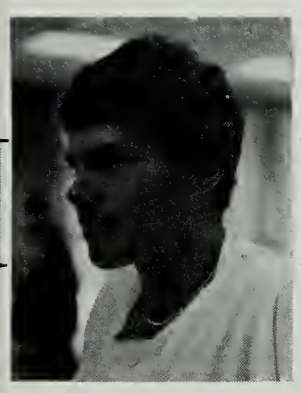
Sweet -N- Sour

All that spring rain never stopped the Varsity Baseball team from chasing their dream. "They were pretty tough," said Coach Jerry Gardziel, "a little rain didn't melt any of 'em."

Their season, with tastes of both sweet victories and sour defeats, allowed them to experience baseball without the All-Stars of last year.

Having high hopes for a state championship bid, the team began the season ranked 27th nationally. With a sense of accomplishment, they set out for Prince William Stadium. Once there, their thoughts of becoming state champions were set aside while their minds focused on the game at hand, and just being able to play ball.

The J.V. team had a season no less successful, "This year's J.V. team was the best I've ever seen; they probably could've competed on a Varsity level," remarked Karl Schwanda. And as Brad Whitehurst said, "We were ready for whoever came and whatever they could give us." Potomac baseball was successful in all efforts. Summing it up, Brian Burrough said, "It's a quality ball club."



"The first game against Fauquier was hardest because the first round of districts are always the most difficult". -Mark Overholt

"Being voted Player of the Year was a big surprise. It's a great honor, but a lot of peope gave me a hard time." -Sam Faz



Thanks, Coach!

"Here comes the coach." This statement brought thoughts of thundering voices and ear-shattering whistles to many students who participated in sports. And then there were the volleyball teams. Coaches Al Eaton, Chris Kadis, and Karen Moye gave support, advice, and a little push (or maybe a big shove) when the teams needed it.

"Like Mr. Eaton told us 'There are no I's in TEAM'," said Stacy Closson. The coaches kept the teams together and working towards their goals. "Our new J V coach, Karen Moye, encouraged us to be our very best," Debbie Hodges said.

"Our team confidence was boosted through Coach Eaton's 'Positive Mental Attitude' conditioning. program; it helped us get through long practices and hard games," said Stacy Closson. *continued on page 126*



Varsity Front Row: Melissa Montesa, Jenny Aubin, Debbie McMillen, Cindy Grubenmann. **Midle Row:** Stacy Closson, Xandra Bense, Shelly Eveslage, Jennifer Greek, Amie Le Brun. **Back Row:** Jennifer Coleman, Debbie Anderson, Jennifer Anderson, Jenny Beyer, Kristi Anderson, Coach Al Eaton.





"The coaches did their job and being supportive was a small part of it. They encouraged us to play to our potential." -Debbie Anderson

"This season, we worked hard and came a long way. Coach Eaton taught all of us a lot. Next year Fauquier is OURS!" -Jenny Aubin







Up and Over

Amie Le Brun smacks one over the net during warm-ups. Practice before the games gave players a chance to limber up and get mentally prepared.

Panther Prowl

Melissa Montesa, Debbie McMillen, and Jennifer Greek prepare to receive a serve. The Panther Prowl gave the players an extra pounce when returning a serve.



Warm-Up Whack

Using a power slam to volley, Jenny Beyer practices before an important game. Team members gave each other their best in warm-ups.



"The season went really well considering we had 2 very young teams and didn't have our gym to practice in for the first half of the season." -Xandra Bense

Varsity Girl's Volleyball

		Osbourn Park	2-0
Stonewall	0-2	Woodbridge	0-2
Osbourn Park	2-1	Fauquier	0-2
Woodbridge	1-2	Gar-field	2-0
Fauquier	1-2		
Gar-field	2-0	**Districts**	
Stonewall	2-1	Fauquier	0-2

And with such great coaches, another important factor was easily gained: team spirit. Mindi Dovberg said that the coaches and the friendliness among the players made this season special. To boost team spirit, the players often cheered each other on. But, as Kristi Anderson found out, sometimes things didn't go as planned. "Amie Le Brun and I led the 'Gimme a P' cheer and we misspelled 'Potomac' !" she said.

That team spirit kept the teams going even though they had to practice at Saunders Middle School due to the construction of our new gym floor. "It prepared us to work in small gyms and the heat," said Xandra Bense.

"Our victory over Gar-field was the most decisive; it secured our place in the District Tournament," said Debbie Anderson. Mindi Dovberg said, "The hardest game for the J.V. team to win was against Osbourn Park, but we used all of the techniques we had learned." "Our last game against Gar-field was the toughest. The third game was very close; we only won by a few points," said Lisa Beall of the freshman team.

From try-outs at Saunders to the last game of the season, the girls' volleyball teams made the season memorable, thanks to a lot of hard work and, of course, the coaches.



Freshman Volleyball. Front Row-:Karin Millsaps, Tammy Karhan, Jennifer Fogelsong, Janice Mallory Middle RowRobie Ravella, Maura Barrett,Debbie Hodges-,Jenni DavisBack RowNicole Keiser, Mindi Dowberg, Julie Foley



"Say Huh?"

Kristi Anderson gave the referee an unbelieving stare as Amie Le Brun and Xandra Bense look on. Players often questioned calls they thought were unfair.



"I personally cannot say enough nice things about my coach, Ms. Moye. She showed me how to be a competetive and improved player, and most of all, she made me feel like a WINNER!"

-Debbie Hodges

"The Gar-field game was the hardest to win because both teams were determined to win and we went into extra points to win the third game 19-17."

-Colleen Flynn









Freshmen Front Row: Heather Poleol, Chris Wheatly, Natalie App, Carla Gallian. **Middle Row**:Kelli Kraphel, Shanon Swenson, Lisa Beall, Wendy Galliani. **Back Row**: Michaelann Gailbrath (mgr), Zena Morgan, Colleen Glynn, Dannielle North, Arlene Armburst, Becky Polk.

Way To Go!

Amie Le Brun and Shelly Eveslage congratulate each other on a great play. Team members gave support to all the other players throughout the season.



"The team's spirit and effort were unbelieveable. The coach's positive approach towards winning games really helped morale."
-Danielle North

"Our first home game was the decisive because we were trying to prove to the fans, and the other team that we could beat them on our home court."
-Lisa Beall



Psyched!

"How ya gonna play?"
"Tough!"
"How ya gonna win?"
"Mean!"
"All right, let's go!

This type of cheer between Coach Marilyn Selvitelle and the girls was one of the ways the Girls Tennis team got psyched to play their matches competitively and make it all the way to Districts. Also helping them get to Districts was their drive and determination to win. Not only did the team have each other's support, but also that of the Boys Tennis Team, who watched their matches. Their support for each other was evident during the District finals match against Woodbridge. When it came down to Marcia Huggin and Michele Pitt getting the team into the Regionals, the whole team cheered long and loud.

"This year was the last year of our building process. Next year our juniors will be seasoned seniors and the team as a whole will be tough." commented player Julie Webb.

Always a fine team, the Girls Tennis team built themselves into a great team, shown by their support of each other and winning spirit.



Servin' It Up

Seventh ranked player Tracy Jarvis sets up for a powerful serve to her unfortunate Stonewall opponent.



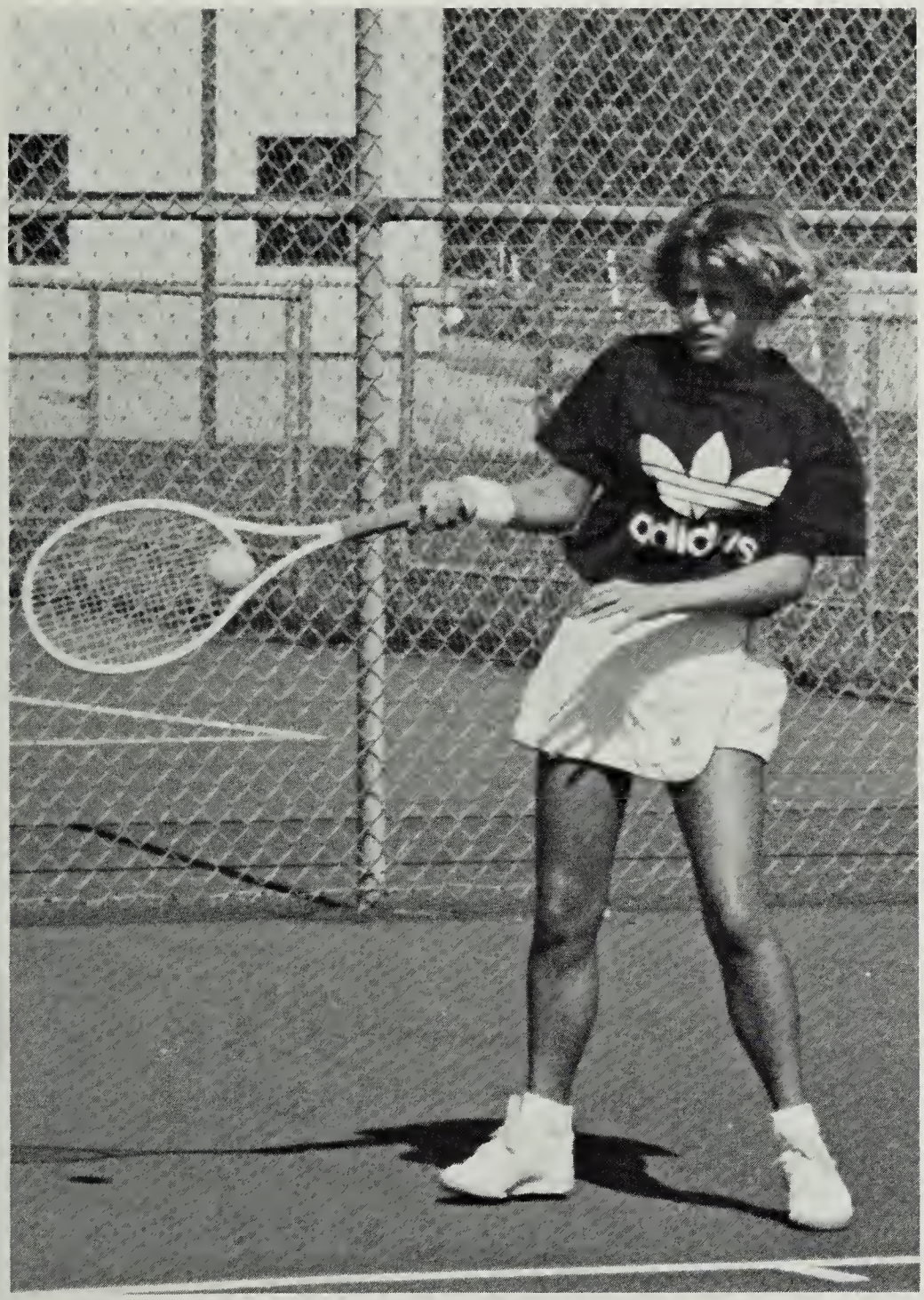
"We had a lot of pressure on us to win. All of our hard work and practices paid off and took us to district finals."

Karen Clark

"I liked that it was the first time we played as a team instead of individuals."

Heather Erie





All Pumped Up

Undefeated player of the year Marcia Huggin concentrates intensely while returning a forehand volley right down the line at the home game against Fauquier.

Smashing Success

Getting support from her doubles partner, Erica Reid, Karen Secord smashes a ball across the net.







Pep Talk

Giving encouragement, Coach Marilyn Selvitelle gets the team pepped up to play a very competitive match.

Girls Tennis *Front Row:* S. Miller, M. Pitt, K. Secord, A. Grinkley, D. Jarvis, J. Webb, K. Clark, T. Jarvis. *Back Row:* N. Payant, J. Rogers, C. Gagnon, A. Horde, M. Trick, N. Arnold, K. Freiherr, H. Erie, E. Reid, M. Huggin, Coach M. Selvitelle.



"Coach Selvitelle wasn't just a coach; she was an understanding friend as well." -Karen Secord

Girls Tennis

		James Wood	5 - 2
		N. Stafford	8 - 8
Stafford	6 - 3	Courtland	6 - 3
Fauquier	9 - 0		
Osbourn Park	9 - 0	**Districts**	
Woodbridge	1 - 8		
Gar-field	3 - 6	Gar-field	8 - 1
Stonewall	6 - 3	Woodbridge	0 - 9

Spunk & Spirit

Veronica Barr and Susie Emmons give the routine their best shot. The whole squad performed each number with energy and enthusiasm.



Front Row: Chelsea Hart, Rachel Farris, Tina Miles, Penny Lohman, Brenda Dennison. **2nd Row:** Jacquie Bruce, Joo Lee, Kim Ridgely, Tracey Roye, Christy Lavelle, Debbie Lutkoski, Stacie Clemmons, Suzie Rohrabacher, Clair Scott. **3rd Row:** Mary West, Rae Rodriguez, Stephanie Kruegger, Veronica Barr, Sherri Costa, Tiffany Fonte, Tina de los Santos, Ginger Steen, Karen Bahorich. **Back Row:** Melissa Dever, Shannon O'Connor, Corinne Lutkoski, Gerri Gillis, Carrie Durham, Carol Shirley, Cathy Beyer, Marsha Coxton, Susie Emmons, Karen Beyer, Corey Lohman.





Kick, Stop, or Turn?

Concentrating on musical beat, Captain Tina Miles mentally visulizes the routine. Tina and other officers often created new steps.



Smile, 2, 3, 4

Corey Lohman gives the crowd a big smile. Although each routine required concentration, the Pantherettes always managed to smile.

Keeping The Tradition

Have you ever tried to squeeze through the lobby after 2:30 and been greeted by loud music, bouncing curls, and prancing feet? Yes! Pantherette practice! Every day after school, the squad could be found trying different steps and working with new songs. All of that hard work and dedication paid off. When the team went to the University of Richmond for summer camp, they secured every award except one. Among these were the awards for Precision Dance and the shining star award. Hand in hand with these came a perfect score for home routine, an invitation for the entire squad to perform in Ireland, and an opportunity for the officers to perform in the Macy's Day Parade

There were always competitions which required new routines and difficult moves. The squad had to prove they have improved in agility, creativity, and the ability to move as one.

The Pantherettes could remember the year and smile with pride, they look to the future with hope and the knowledge that hard work and dedication pay off.

Superstar Girl

Showing disbelief and elation, Tina Miles finds out she was selected as a Superstar Girl. Only two others at camp were picked for this award.



"Being a Pantherette is really special because we all share that magical moment when we perform and the good feeling we have after a great performance; not too many people are able to experience that."--Shannon O'Connor.



Fun, Fun, Fun

One of the most exciting things that the Marching Band did this year was attending two competitions. The band had not performed in competition for over three years, so there were only a few seniors who had experienced the fun and excitement. Although it was fun it was also hard work because no one could march out of step and no one could play their own tune. Competition was a time to act as a unit. "Competition is not like a halftime show, where your friends and relatives love you even if you make a mistake out there!" said Mr. Brian Sachlis as he prepared them.

Showing off at home game halftimes was fun, too. Another fun part of the season were rides to away games. As Forest Hetland said, "We sang, listened to music, yelled, and talked. How could we not have fun?"

Taking off last season's hats and donning bows, the Band Front marched onto the field in their new uniforms. Their flashy red spin flags also added variety to the show.



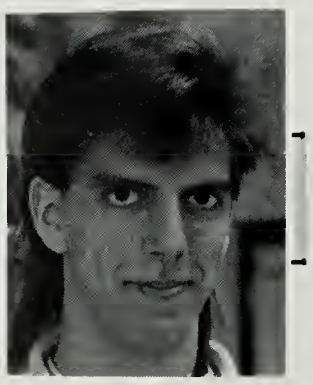
1 and 2 and 3!

Freshman Kurt Daniel, junior Soon-Gill Duncker, sophomore Mary Ross, and sophomore Janelle Boop count steps as they march.

Umm Pah!

Always full of spirit, senior Tim Palmer shows off his talent. Tim was the only tuba player in the band.





"We had a lot of fun this year. Our competitions went well and this season showed a lot of promise for the future."--Max Acker

"At first playing and marching at the same time was hard, but with the help from the marching veterans, it got easier and more fun."--Hai Woon Duncker







Warming Up

At the Homecoming Bonfire, freshmen Steve Graham, Mary Ross, and Melissa Ambler warm up before performing segments of the halftime show.

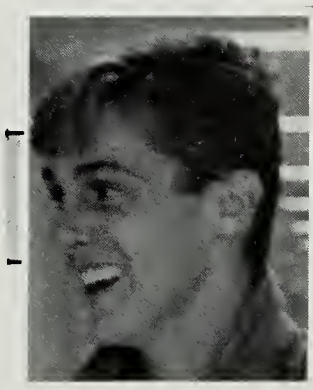


Band Front: Sponsor Anita Jackson, Laura Powell, Cindy Lee, Staci Richardson, Tina Scites, Coletta Treakle, Angela Farmer, Ali Stirling, Hannah Revis, Lisa Anderson, Kris Hetland, Megan Dempster, Jennie Gordon, Samantha Butler, sponsor Susan Loney.



"We started to value each other's opinions and advice. We also improved 100 percent by the end of the year."--Michele Holtzman.

"I think that when we were in the stands, we went crazy with spirit. It didn't even matter what the score! I didn't care if other people thought I was wild."--Robby Fergeson.



A Lot For A Little

"Golf is a great sport because you get a lot out of a little effort," said senior William Wakefield.

For a little effort the golf team went far by losing only a few matches. Having great luck on the course was a blessing, but having bad luck on the road--fighting heavy traffic on the way to matches--was a curse.

Although golf took little effort, it took great concentration. This caused tension which needed to be released. Tension was released in ways such as "Wrestlemania 4" in the hotel at regionals. Eating at McDonald's was always a must, too.

"Being a small team, we were a very close knit group and made many special friendships which will never be forgotten," said Byron Gooley.



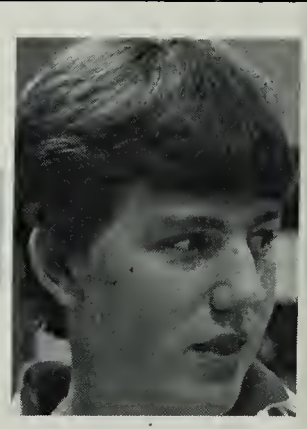
Golf Team: Front Row: Tony Dearing, Byron Gooley, Vince Natale, Scott Shingler, David O'Brien. **Back Row:** Brian Howard, Steve Booker, Bill Wakefield, Sean Cooney, Chris Basinger, Chris Olio, Coach Bob Moore. Not pictured: Mike Arnold.



Golf

Quantico Invitational	James Wood
Crtlnd. - Wdbge.	Osbourn Park
James Wood - G F	Quantico
Stonewall Jackson	Gar-Field
Facquier	North Stafford
Quantico	Districts

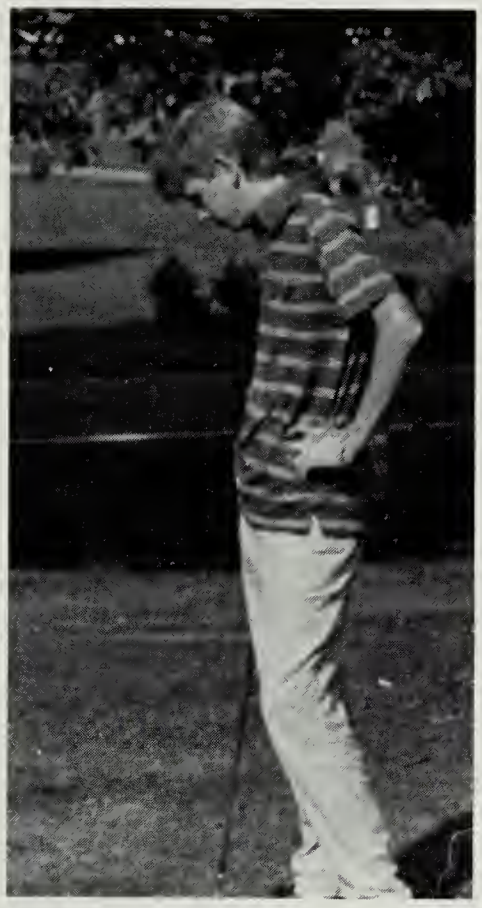
"During the season we practiced long and hard and it's paid off because we went to districts and regionals."--Chris Basinger.





Puttin' It In

Concentrating hard, junior Sean Cooney putts the ball in hopes of winning the round.



Concentration

Waiting for his turn Brian Howard looks intently at the ground trying to concentrate on making a better shot.

Don't Move

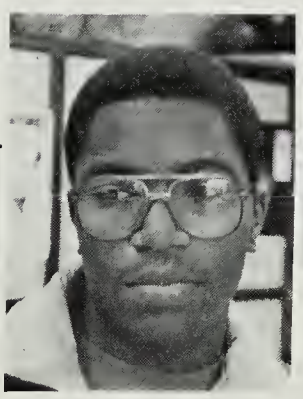
Keeping both eyes on the ball Mike Arnold winds up for his shot.





"The most memorable and fun thing we did all season was when we went to districts and had a wrestling match in the hotel."-- Mike Arnold.

"I love to play golf because it's a fum game and no matter who you play with it's fun."--Byron Gooley.





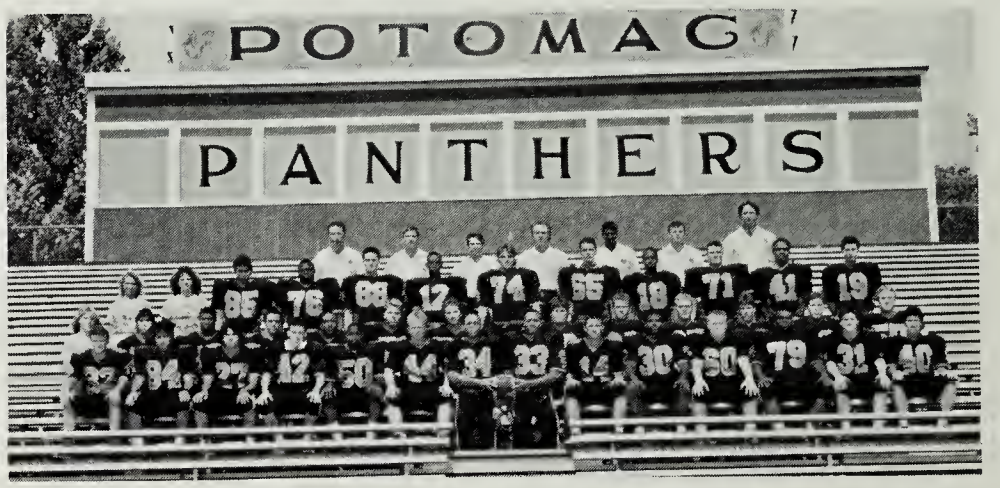
Coaching Excellence

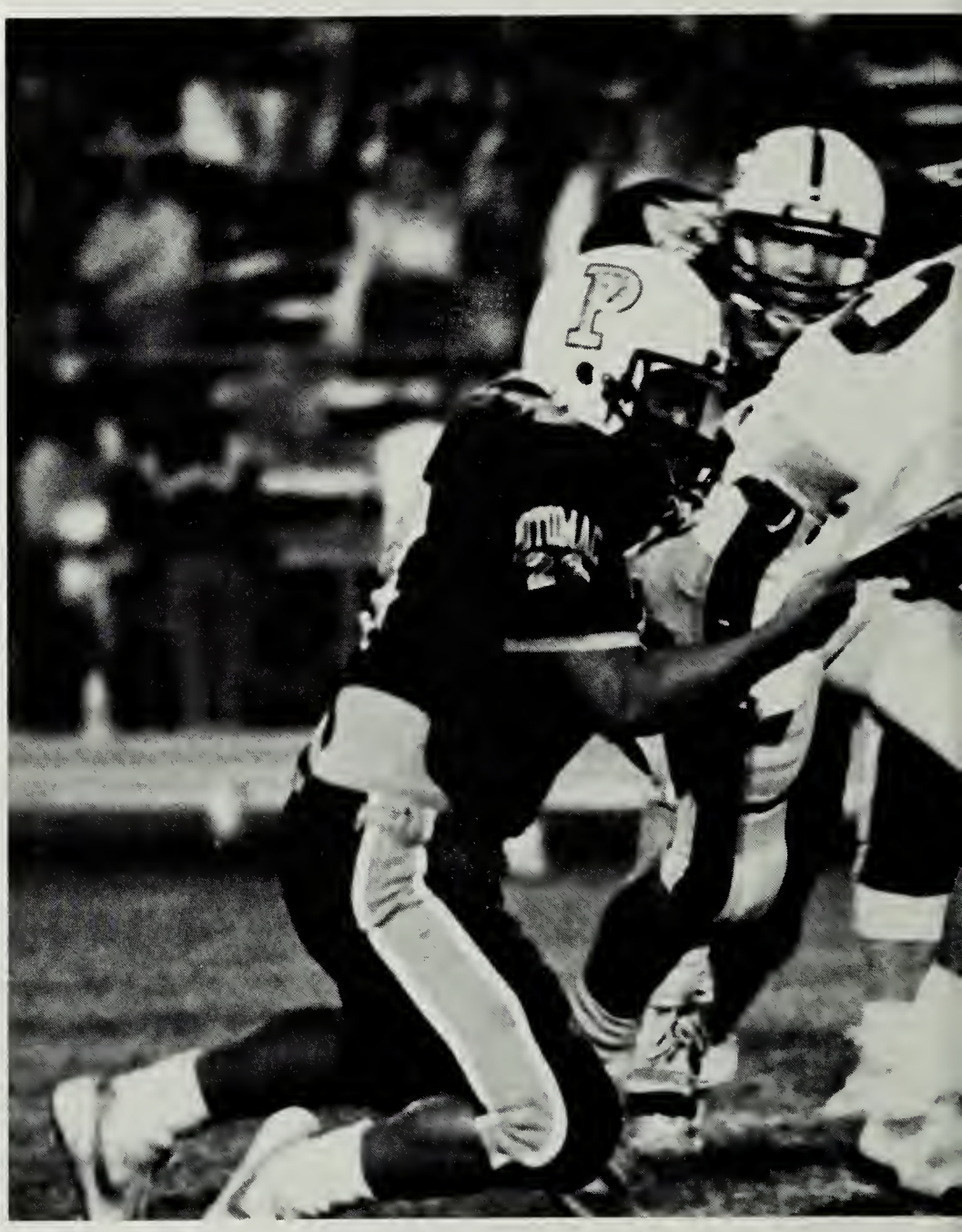
Coach Bill Brown, Potomac's Varsity Head Football Coach, is one of two varsity head coaches who has coached from Potomac Senior High School's inception in the fall of 1979. He has built a successful football program, winning district and regional championships and advancing to State competition. More importantly, he has built a winning tradition with a program that has produced not only college bound athletes, but scholars athletes as well.

Winning is a Potomac tradition in football. However, sportsmanship and character development have been given equal impetus. Under Coach Brown's leadership, our teams have been the recepients of the Northern Virginia Officials Association's Sportsmanship Award in the District for the last two years.

In addition to Coach Brown's success on Potomac's football field, he has also served the school as an administrative assistant for several of our formative years. Coach Brown has been and remains a valuable asset to Potomac Senior High School. Potomac salutes for a job well done!!!

Varsity Football Front Row: M. Comerford, F. Wompat, R. Kinley, J. Purdy, S. Johnson, K. Dillinger, T. Washington, D. Purcell, P. Kersse, M. Thornhill, L. Bennett, L. Davis, W. Stearns, M. Porter. **Second Row:** M. Craine (mgr), C. Colletti, L. Jordan, T. Skillman, S. Johnson, D. Arnold, D. Kline, F. Grubb, L. Turner. B. Smith, B. Andrews, J. Hambrick, K. Lynott. **Third Row:** C. Mees (mgr), A. Cowen (mgr), S. Snyder, N. Alleyne, T. Hupka, S. Wright, K. Kasper, C. Novitsky, B.J. Hawkins, C. Taylor, T. Thigpen, T. Hadley. **Fourth Row:** Coaches E. Campbell, B. Brown, G. Fekete, G. Prifti, B. Stephens, J. Portell, D. Sullivan.

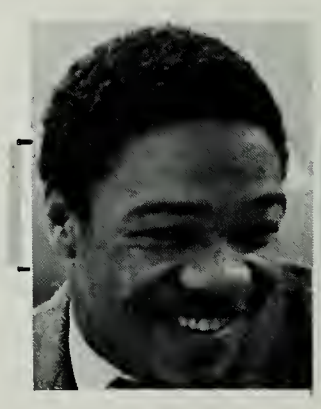




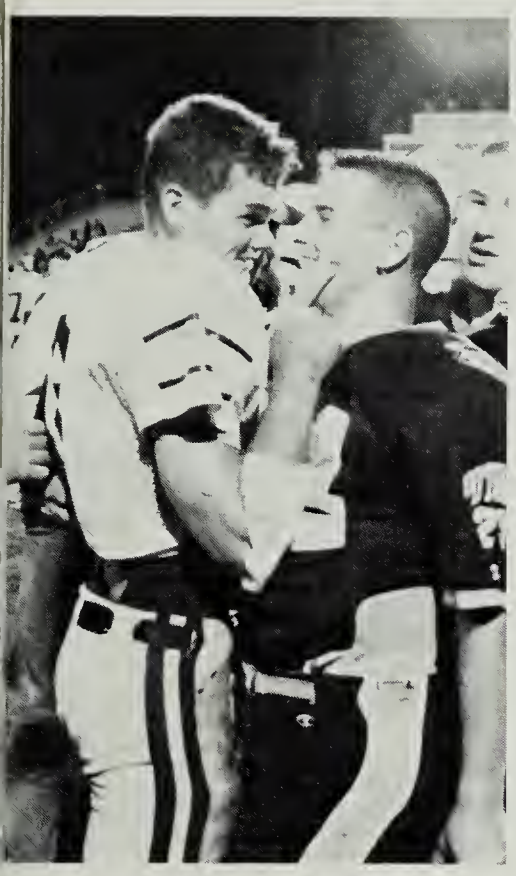
Varsity Football

Petersburg	23-6	Woodbridge	10-0
Courtland	0-14	Osbourn Park	21-17
James Wood	13-17	Gar-Field	7-20
North Stafford	20-6	Stafford	21-20
Stonewall	24-0		

"My being a new recruit for Potomac was surely different. I felt a kind of relationship with the players which I didn't have back in Arkansas." -Tom Thigpen



Fun & Dedication



Next Time

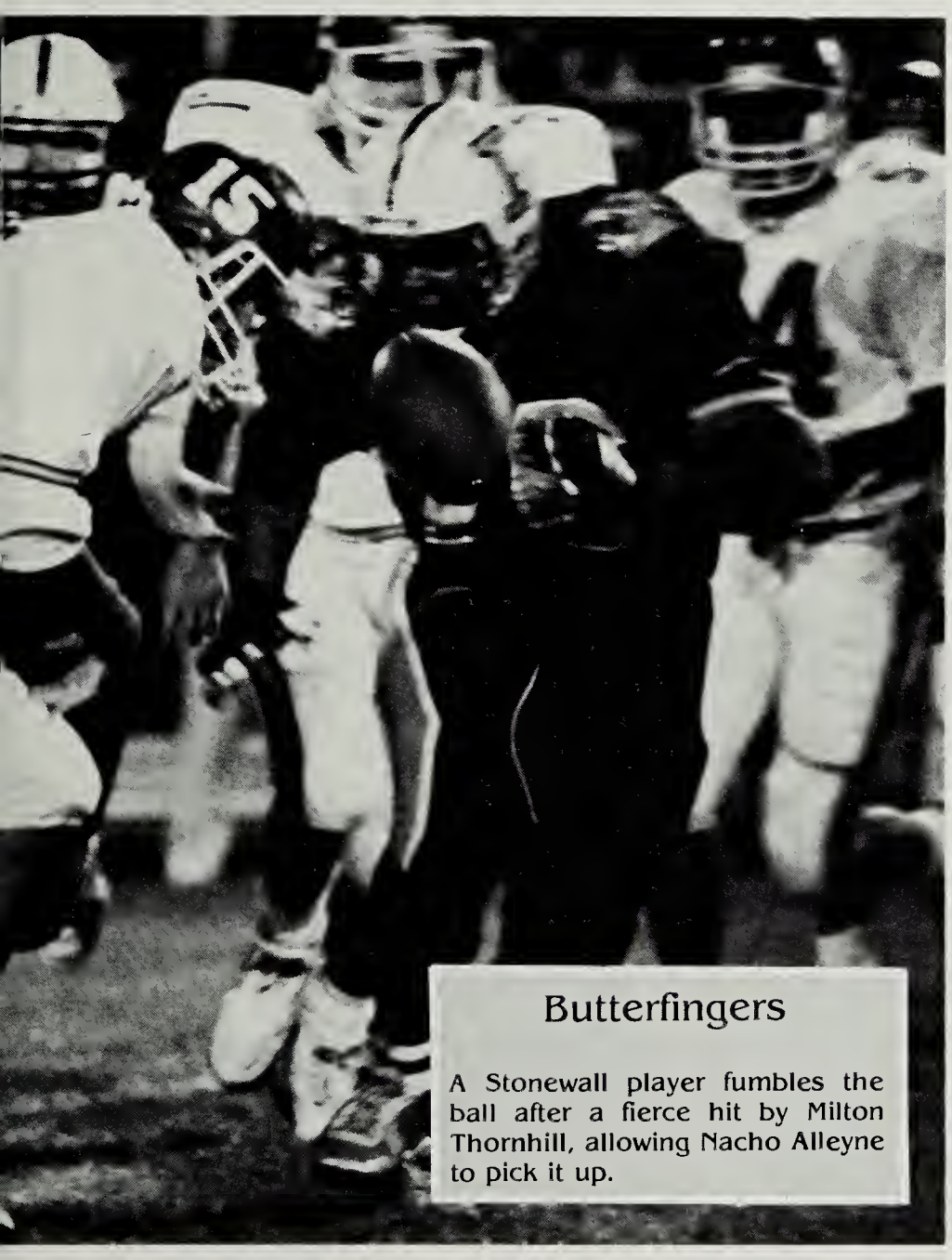
Friends since Pee Wee League football, Woodbridge player Brian Hooks warns Paul Kersse that he'll get him next time.

Offensive Attack

After the handoff from quarterback Paul Kersse, running back Larry Jordan charges downfield.

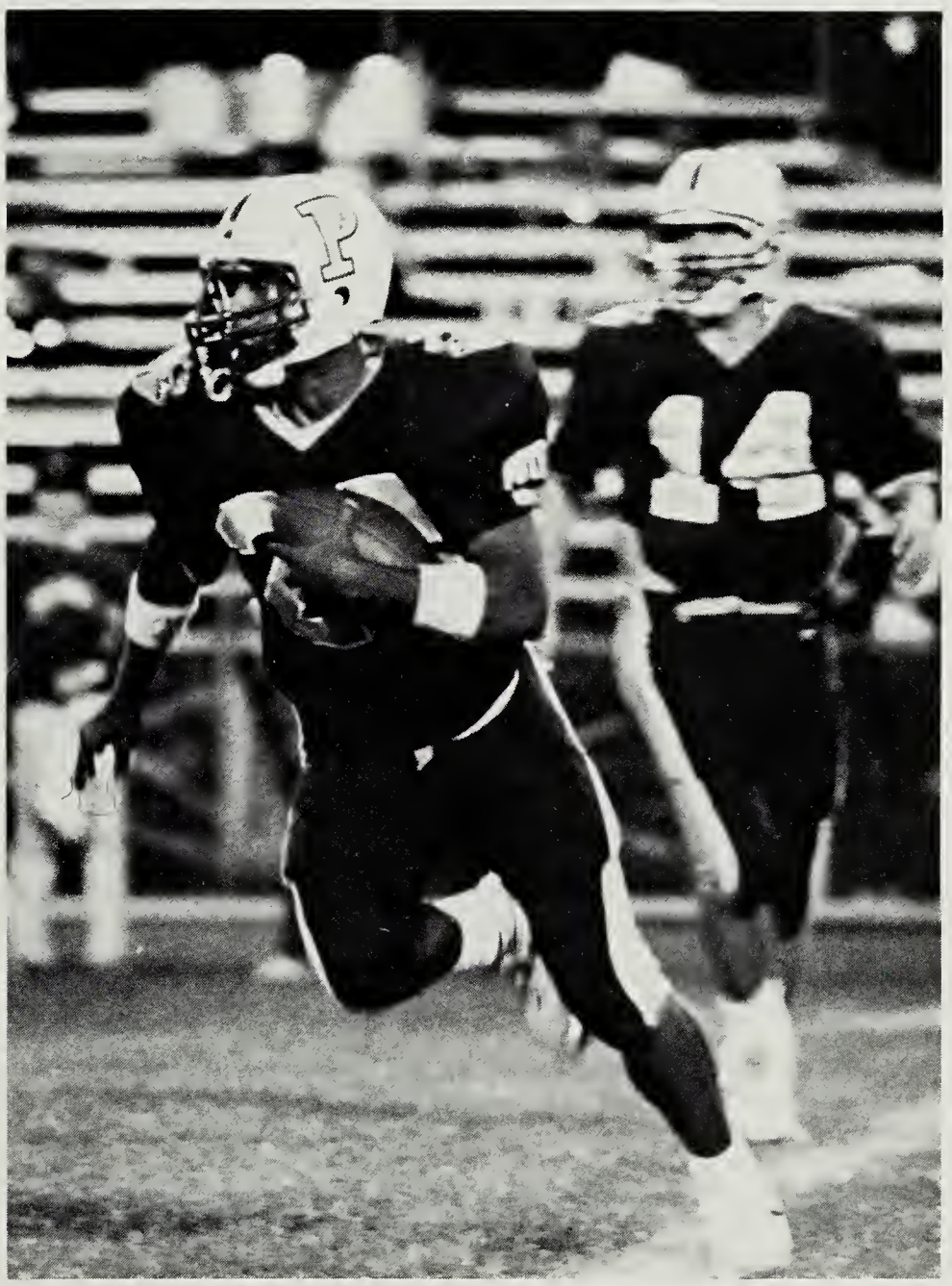
It's summer--bum-out time. Beaches, partying--you had the freedom to do whatever you want. But that wasn't the case for the football players. First it was a grueling week at football camp, then many weeks up on our own football field, sweating it out in the hot and humid summer weather, getting ready to win in the tough year ahead.

At camp it was hard work during the day--a lot of practice with few breaks. But the players had fun on those breaks (if they weren't sacked out). On one occasion, upon arriving back at the dorms after player curfew, coaches Dave Sullivan and Gary Fekete were surprised by the team, who dumped water and water balloons on them in the stairwell. After that, the team continued the onslaught, (cont'd on p. 139)



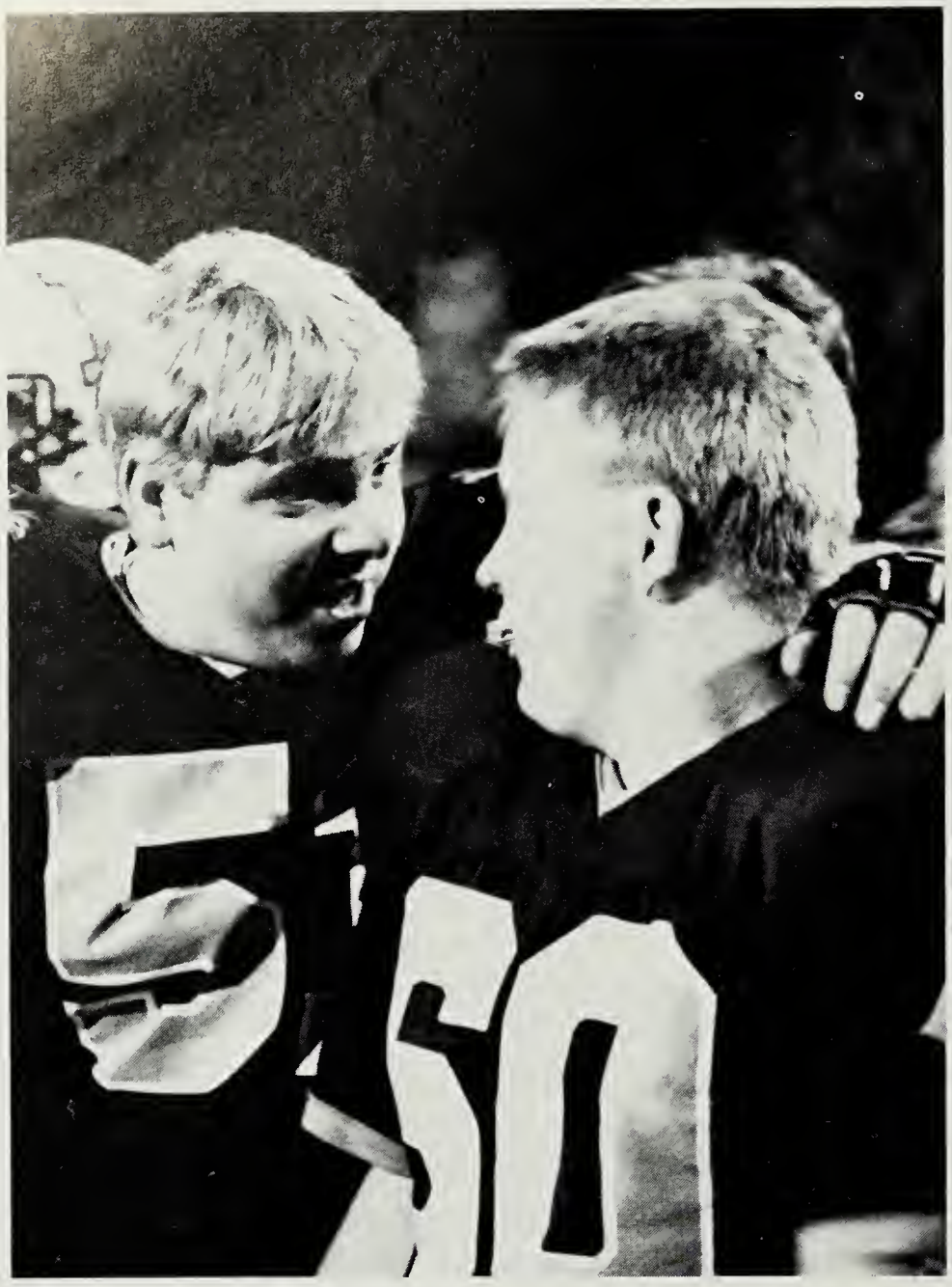
Butterfingers

A Stonewall player fumbles the ball after a fierce hit by Milton Thornhill, allowing Nacho Alleyne to pick it up.





"Football was special to me because of the support I got from my coaches and teammates."--Brian Andrews.





Smile!

Defensive tackle Dave Arnold encourages teammate Lee Bennett. Frienship proved to be essential to teamwork and winning.

Penalties

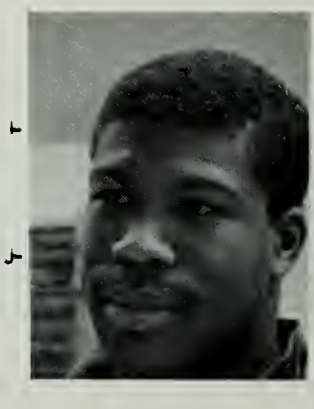
Courtland defense did not use the face mask to tackle Wes Stearns, but he was penalized 15 yards anyway.

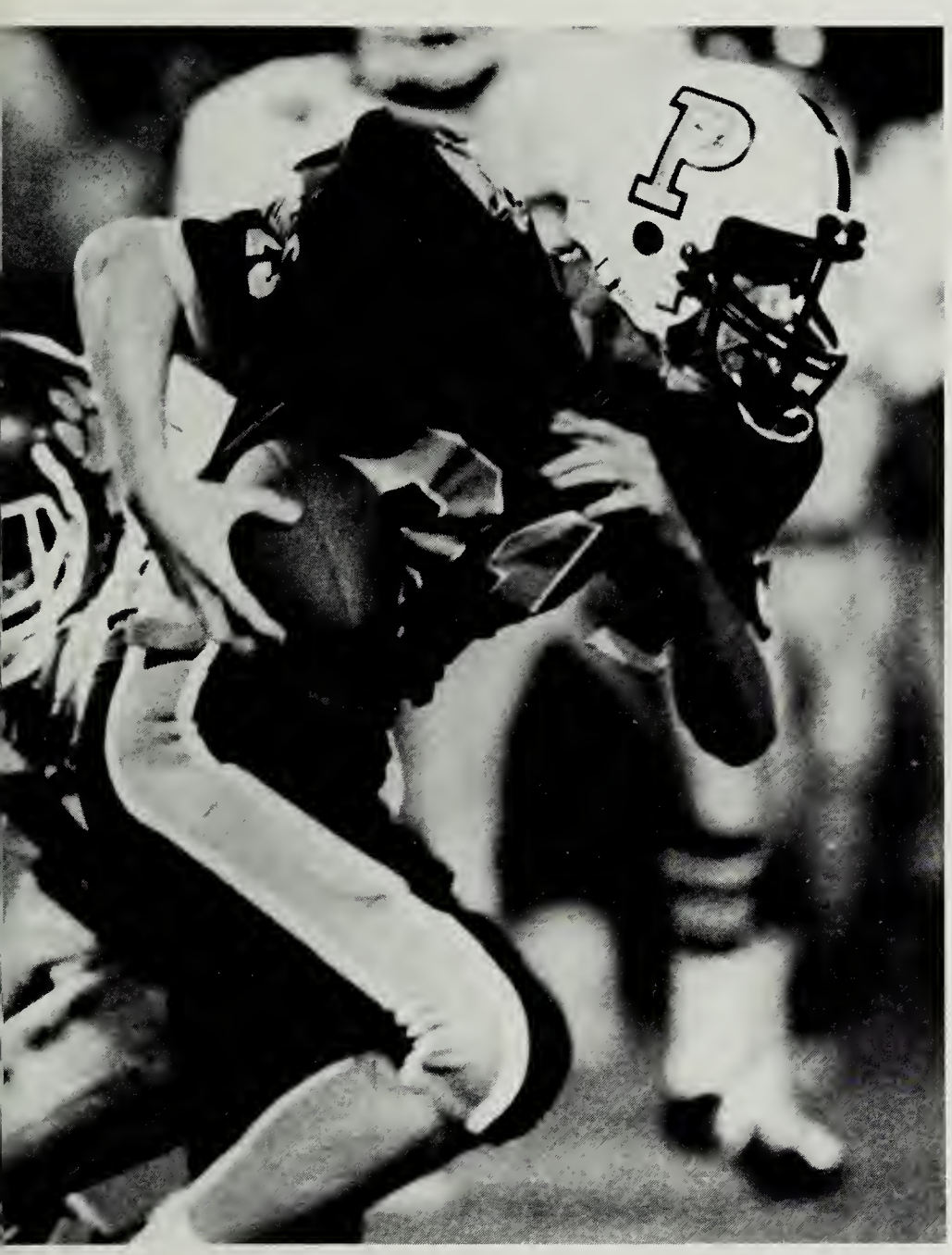




"This season was dedicated to Chuck Coles. I'm sure Chuck would have appretiated our effort."--Dave Kline.

"Essential to the team's morale and attitude was the senior leadership."--Larry Jordan.



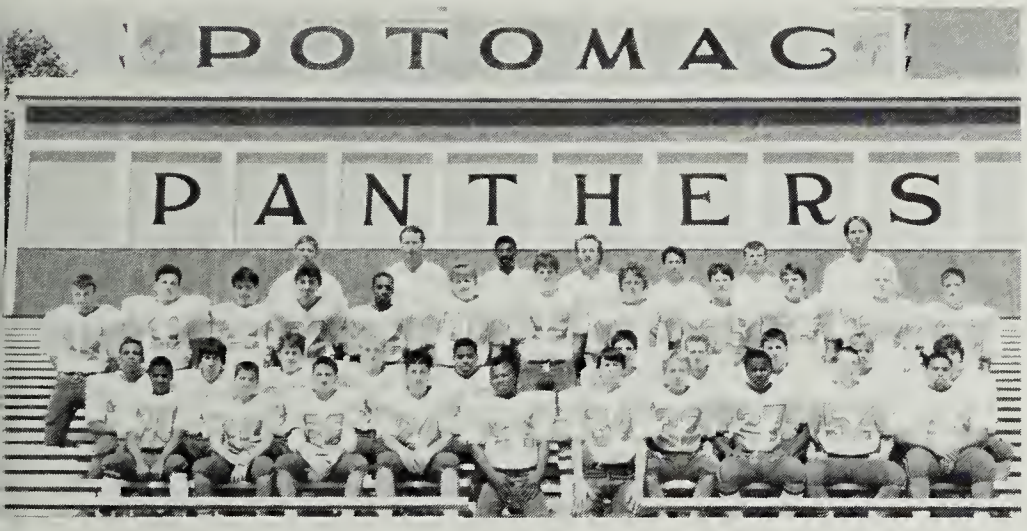


Decisions

Running back Todd Skillman eludes two Courtland tackles. Quick decisions helped the team to victory.

(Cont'd from p. 137)
chasing the two coaches through the woods. A touching part of the year was the team's dedicating the season to friend and former teammate Chuck Coles. As senior Chris Colletti commented, "We started the season off on a good note because we dedicated it to Chuck."

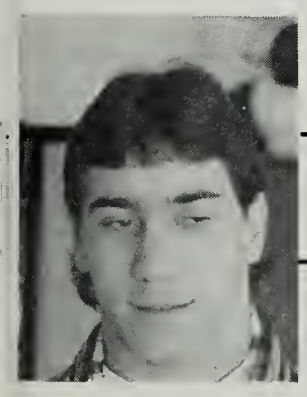
"The loose atmosphere helped make the season fun," commented senior Todd Skillman. And as junior Tommy Thigpen stated, "When we all played together as a team, we were unstoppable."





J.V. Front Row: R. Harris, B. Johnson, M. Holbrook, C. Woods, I. Johnson, J. Wade, K. Pavlick, M. Hamn, A. Rendell, V. Berryman. **Second Row:** K. Coggins, R. Kinley, J. Murphy, M. Davis, R. Piper, P. Vandelinde, B. Palm, B. Dowling, M. Berry, C. Wickline,. **Third Row:** R. Snyder, C. Mercado, A. Vandelinde, M. Kile, J. Reynolds, G. Grider, T. Turner, C. Lockhart, C. Connelly, B. Conway, P. Bryan, J. Flynn. **Back Row:** Coaches B. Brown, E. Campbell, B. Stephens, G. Prifti, G. Fekete, J. Portell, D. Sullivan.

Freshmen: A. Anderson, D. Baldwin, C. Blasi, J. Bridgeford, S. Broadus, W. Brown, J. Chavard, J. Claxton, S. Colangello, M. Covington, R. Davis, F. Desena, C. Dixon, K. Dodson, T. Ferenschak, G. Garcia, S. Guiterraz, S. Gum, L. Hall, S. Holloway, K. Jacobs, M. Jenson, C. Johnson, P. Kennedy, T. King, J. Laurendeau, K. Lewis, D. Linsmyer, B. Mackey, C. Morgan, K. Morseman, J. Newsome, J. Owen, C. Potter, J. Quincey, J. Raines, J. Sprinto, C. Sutton, D. Trailor, B. Tucci, W. Walker, J. Wilson, H. Worthy.



"We always had fun with pracitces in the rain and dragging the coaches through the mud afterawrd."--Chris Colletti

"Chasing Coach Sully and Coach Fekete through the woods at camp was a fun part of the season."--Paul Kersse.



More Than A Game

For Cross Country, last season was definitely a rebuilding one. Along with many new members, the team also had a new coach.

"Our new coach, Mr. Bob Hannon, gained valuable experience in the sport during his first year coaching," said junior Joe Edwards.

Adding to the inexperience were the drastic weather changes the team had to run through, such as the heat wave in Stafford and the rainstorms in Charlottesville.

Despite what they had going against them, the dedicated team persevered, finally pulled together and finished with a winning season.

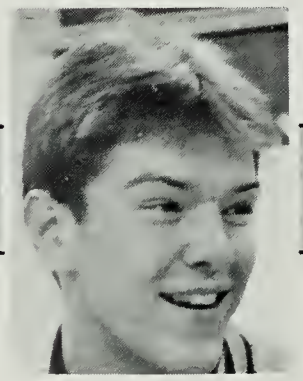
"Cross Country is a sport. Everything else is just a game." said junior Chris Kreiller.



Sweating It Out

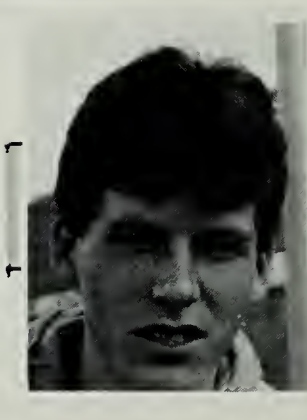
On an exceptionally warm day, Ralph Griggers, Erik Treschuk, Larry Alexander, and Brian Watkins finish a ten mile run with Coach Paul Szymonski.

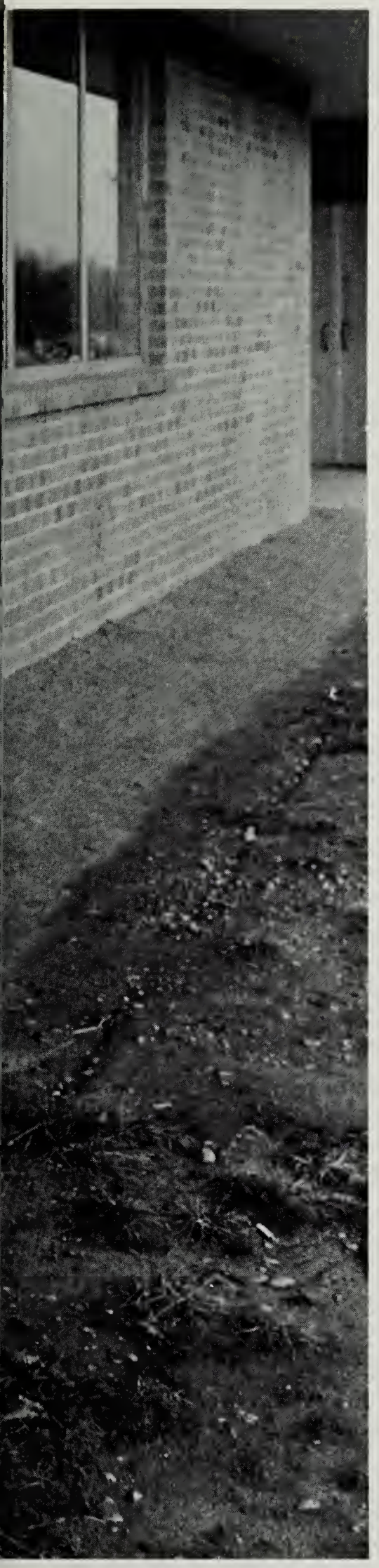




"Cross Country showed me how I can do things that I thought I couldn't do. You can always go a little farther than you could before. Besides, it's a lot of fun, mainly because of the people on the team."--Erik Treschuk.

"Even though it wasn't fun running in 90 degree heat or running in mud an inch thick, it was a great feeling to place in the top ten of a big race."--Brian Watkins.







Keep Going!

Even when the weather got nasty, the team continued to practice. Brian Watkins, Chris Kreiler, Ralph Griggers, and Erik Treschuk run despite the cold.



Cleaning Up

Mud left its mark on shoes, pants, and even jackets. Junior Xzabier Jackson scrapes the caked mess off her shoes.

Front Row: Dan Stone, John Scott, Jenny Jark, Rob Tanner, Kari Zehner, B.J. Cullins, Xzabier Jackson, Minna Niemi, Justin Edwards, Natalie Pitt. **Back Row:** Coach Bob Hannan, Brian Watkins, Larry Alexander, Ralph Griggers, Chris Kreiler, Shawn Olds, Erik Treschuk, Kevin King, Chris Cowan, Rappi Thorstenson, Joe Edwards, Ryan Roteman, Scott Hadar.



"A new coach and the team came together and did what we had to do to have a winning season."--Kari Zehner.



Beyond Cheering

Stepping out of character at homecoming festivities, varsity cheerleaders show their support at the bonfire by performing a skit.



J.V. Front Row: Lynette Luttrell, Shawn Blasi, Angie Deck, Heather Schwetje. **Second Row:** Jennifer Smith, Stacy Turner, Theresa Theroux, Becky Gallantine. **Back Row:** Barbie Ingle, Michelle Davis, Jenny Stearns, Donna Uber.



Freshmen Front Row: April Dart, April Sacket, Beth Swetje, Stacy Frank, Lisa Grotz. **Back Row:** Hillary Schwanda, Robin Scaggs, Vanessa Westoff, Jennifer Keady, Anna Moody, Lori Wagner.



"Cheerleading gives me a chance to yell all I want. I enjoyed being able to use my energy to get other people moving."--April Sackett.

"I think that it's important for students to get involved in school activities, such as cheerleading. It makes school spirit and supports other sports."--Jenny Stearns.



Only The Best

Varsity Cheerleaders: Front Row: Lyn Brockman, Robyn Brammer, Ginny Lazar, Julie Blanchfield, Stephanie Bell. Second Row: Tiffany Tadlock, Christi Hart, Kesha Hinson, Felicia Patsch, Jenny Foote, Gretchen Moss. Back Row: Sandi Lupo, Michelle Boyd, Heather Hynson.



"Tryouts have got to be the worst part of the whole year. You're scared, nervous, and excited at the same time," said junior Gretchen Moss. For three months after tryouts, all emphasis was on camp. The squad attended the NCA camp and returned with a better squad than when they started.

"Camp teaches us a sense of camradeship," said Ginny Lazar. "It's well, an experience!"

The Award of Excellence was the highest honor given, and for the fifth year, Varsity was nominated to compete for the award. Captains Michelle Boyd and Sandi Lupo were nominated for the highest individual award at camp, and Michelle was chosen "All-American Cheerleader."

When the junior members were asked how they felt about cheering, they responded,"It's the same thing year after year: football, basketball, and wrestling. But we enjoy it. We love being together doing something we all enjoy." Added junior Julie Blanchfield, "Cheerleading is a part of me. I don't know what I'd do without it."



Fiery Spirit

Waiting to toss the seniors' first place dummy into the Homecoming Bonfire, senior Sandi Lupo cradles the Stafford Indian.



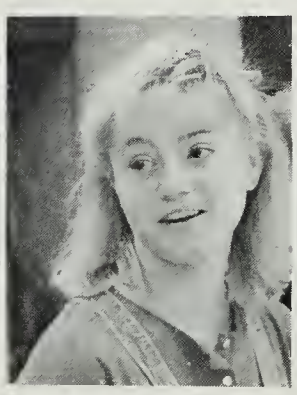
Getting Into It

Taking advantage of a time out, J.V. cheerleaders Shawn Blasi, Jenny Stearns, and Becky Gallantine cheer the basketball team on to victory.



"Our squads are like a family. We are all very close, which is very important. That helps to make us an excellent squad."--Heather Hynson.

"As a squad, we are only as good as we make ourselves. Bonds of friendship are very strong."--Sandi Lupo.



Carr Tips

Psyching up a team member, Coach Dave Carr gives tips on wrestling techniques. Coaching support helped team determination.

Building Character

Sprinting through the halls during practice the wrestling team builds strength and stamina for their grueling matches.

Varsity. Front Row: Merritt Davis, Keith Pavlick, Travis Harris, John Rufner, Jeff Stone Back Row: Robert Piper, George Bailey, Paul Kersse, Jim Thrall, Chris Colletti, David Darling, Ashton Hildreth, Manager Renee Brown.









Sideline Support

Looking on from the sidelines, wrestlers cheer for their fellow teammates as they try to pin their opponents.

Crucial Strength

With all his strength Barry Lee, puts his opponent into a full nelson. Strong individual techniques were crucial to winning a match.



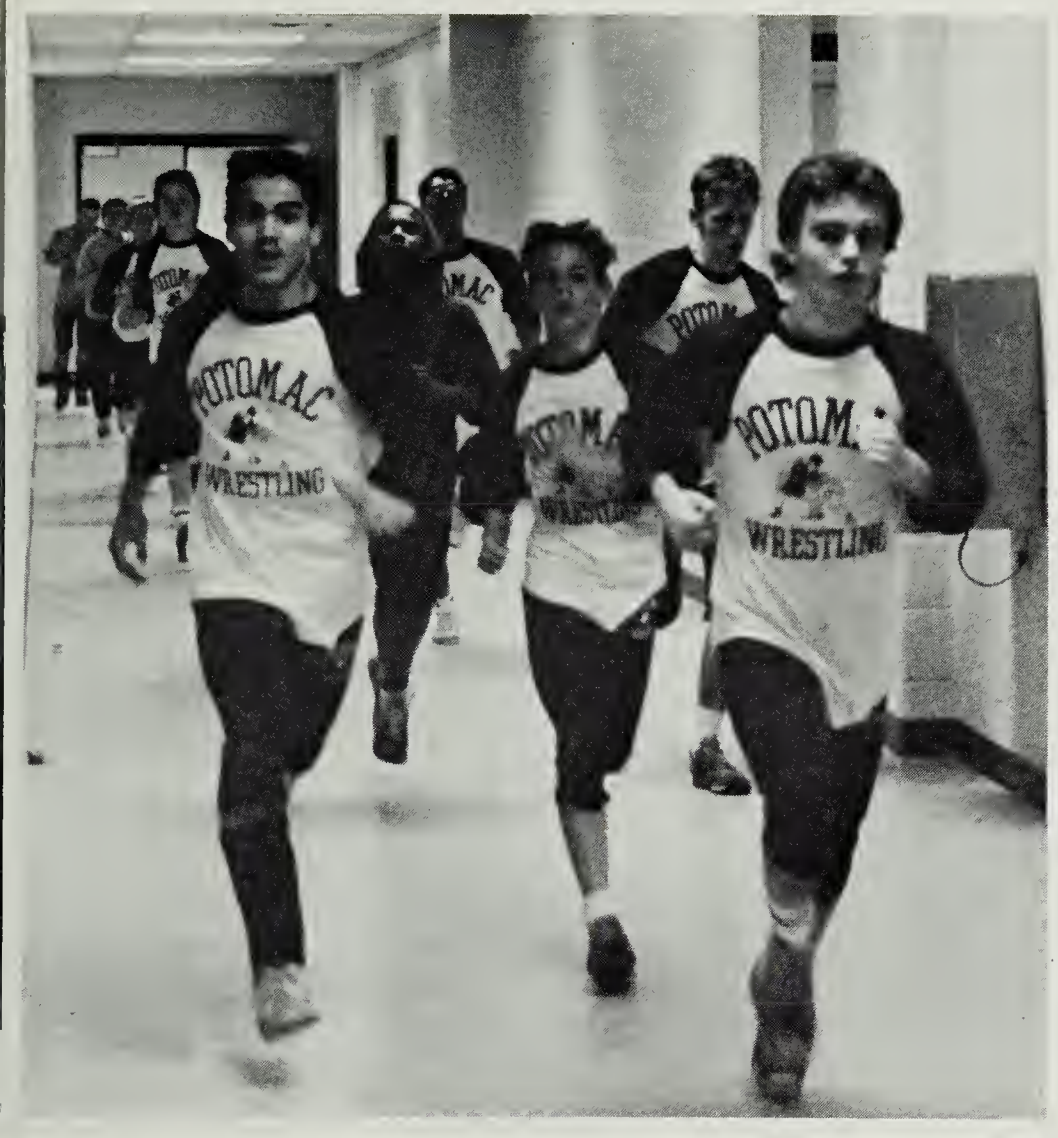
"I'm a very different person on the mat - it's like a job to me; all business!"

-Scott Ruhren

"I keep participating in wrestling because it makes me realize that I'm not the best which makes me want to make myself the best."

-Matt Covington





Mind & Body

"If you wanted to be a winner, you did the things that would make you a winner," said Chris Colletti. And the wrestling team did the things that made them winners.

A big part of winning was hard practices. A common scene was a herd of guys in sweats sprinting in the halls being timed by coaches.

Another part of winning was the support of Coaches Don Scarr and Dave Carr. Team members worked on physical strength but coaches helped prepare them mentally. "They helped me prepare my mind and strive to be better," commented Charlie Driscoll.

"I was made more aware of my limitations, both mentally and physically," said Matt Covington. They overcame the limitations and went to Districts where Travis Harris and Ashton Hildreth placed first, Scott Ruhren second and Keith Pavlick fourth. Going on to Northwest Regionals Travis and Ashton placed first, Scott second and Keith fifth.

As Charlie Driscoll stated, "The year was special because all that sweat, practice and hard work really added up to something."





J.V. Front Row: Ralph Lashbaugh, Robert Harris, Coy Sizemore, Matt Covington, Gray Nelson **Middle Row:** Kevin Kiah, Derek Nelson, Scott Shingler Charlie Driscoll, Jake Murphy, Rome Arquines, Billy Mees **Back Row:** Jerry Welty, Brian Palm, Paul Thomson, Barry Lee, Johnny Lake



"I like to know that I can beat someone else all by myself." - Jake Murphy

Wrestling

N. Stafford	40-30	Stonewall	12-50
W.T. Woodson	31-33	Patrick Henry	40-24
Robert E. Lee	56-12	W. Flemming	16-58
T. Jefferson	46-18	Osbourn City	18-52
Gar-Field	15-40	Woodbridge	27-43
Osbourn Park	39-29	Stafford	22-36
Fauquier	38-23	Courtland	38-32
James Wood	20-39		

Attitude

"The coach and the team's closeness is what makes our attitude as a team. We respect one another as people and athletes," said sophomore Melissa Craine. The team benefitted from their closeness: they went all the way to state. Senior Bob Lund placed second in the high jump with six feet and nine inches. Said senior Tiffany Fonte,

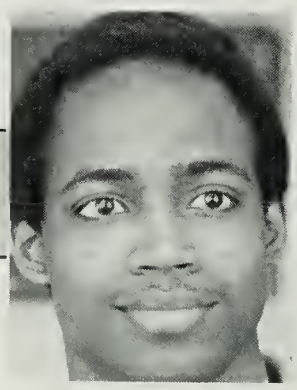
"We pushed each other and didn't let anyone get down. Inclement weather often hurt the athletes, who lost valuabe training time. Said senior Tori Palm, "Cold weather made it hard to train and be in shape for meets."

The indoor track events were as much mind games as they were tests of physical ability. Said Tori, "You have to be in top physical shape and be tough mentally. You can't let pressure bother you."

Support and skill brought a winning season to the team. Said Melissa, "The team is not only good on the track, but everyone looks out for one another. We have no captains because everyone on the team is a leader."



Warming Up
Warming up by running around the track, Sara Curran, Monyetta Haynesworth, Kathy Beckman, and Julie Lane battle the cold. Bad weather cut practice time.



"Dedication, self-discipline, and no fear are the keys to success in whatever the sport or field of work you are in."
--Larry Alexander.

"Since we're such a young team, the most difficult obstacle to overcome was realizing our team's potential."
--Tiffany Fonte





... 3,2,1, Action!

As Mr. Gary Fekete watches, Kevin Lynott films the shotputters, who were trying to improve their technique.

Relief

As Carlotta Warner comforts him, David Griffea sits in the whirlpool trying to ease a sore muscle.



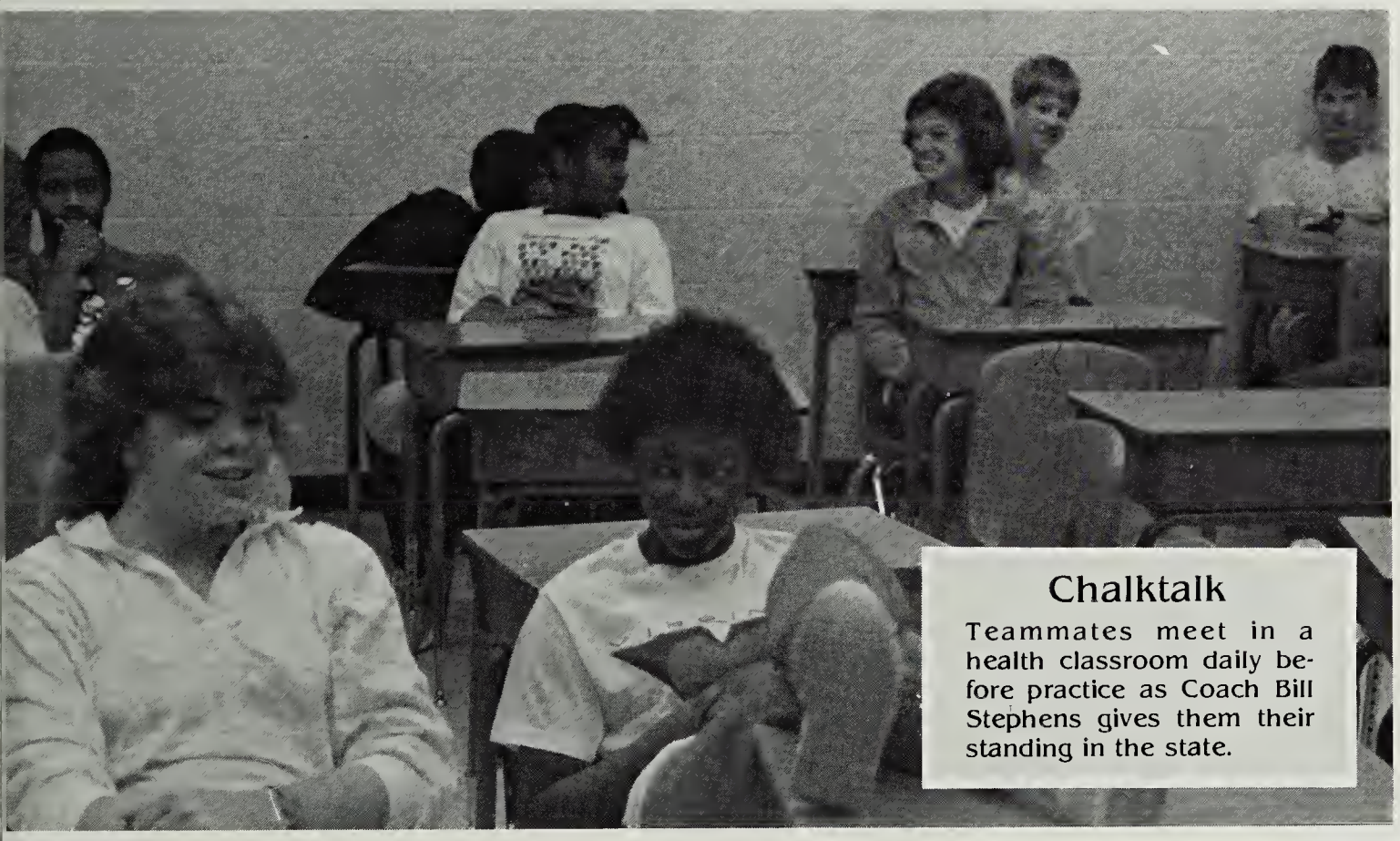


Clearing It

During practice, Julie Lane clears the hurdles perfectly. Rhythm was necessary to shave seconds off her time.

Concentration

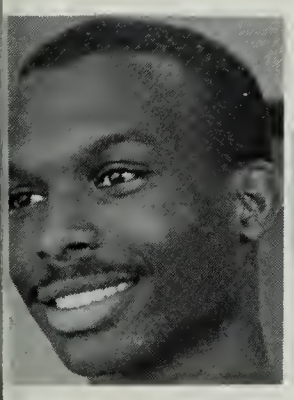
Focussing his mind on keeping a steady pace, Marcus Howard runs laps. A good pace was essential to winning races.



Chalktalk

Teammates meet in a health classroom daily before practice as Coach Bill Stephens gives them their standing in the state.





"Even though I don't enjoy running track, I feel like I've accomplished something when I'm done, and also I feel like I'm doing something worth my while."

--Natalie Pitt.

"Consistency and dedication were the key factors for the success of this year's well-disciplined indoor team."

--James Smith.



The Best

Being a relatively small group, the gymnastics team had their best season ever. With six hard-working team members, only one veteran, they captured the honor of being the only Prince William gymnastics team to place in the top four at Districts.

"Our coaches worked us wanting nothing but the best. They made an outstanding team," said Marbie Ingle.

Led by Coaches Lisa Eaton and Liz Potente, the girls grew in friendshipp as well as skill and ability. "Because we were a small team we were close," commented Kristen Priestly.

Their season was a learning experience and since none of the team members were seniors they didn't lose that experience to graduation.

They learned what had to be done to be the best. Members of the team feel that with improvement they can accomplish great heights in the near future.



Looking Good

Christina Stone checks her make up before doing her floor exercise. Techniques were judged, but neat appearance was also important.

Concentrated Success

Posed to execute a move, Jennifer Haughey contemplates her routine. As the girls performed, they constantly thought about poise and posture.

Gymnastics

North Stafford	2	Stafford Quad	3
James Wood Quad	2	Lake Braddock Invit.	16
Woodbridge Quad	2	Stonewall	1
Courtland Tri	2	Washington-Lee Invit.	6
Parkview Invit.	15	Districts	4

"We had our differences at the beginning, but we grew together and learned to show team spirit like at Districts."

-Christina Stone

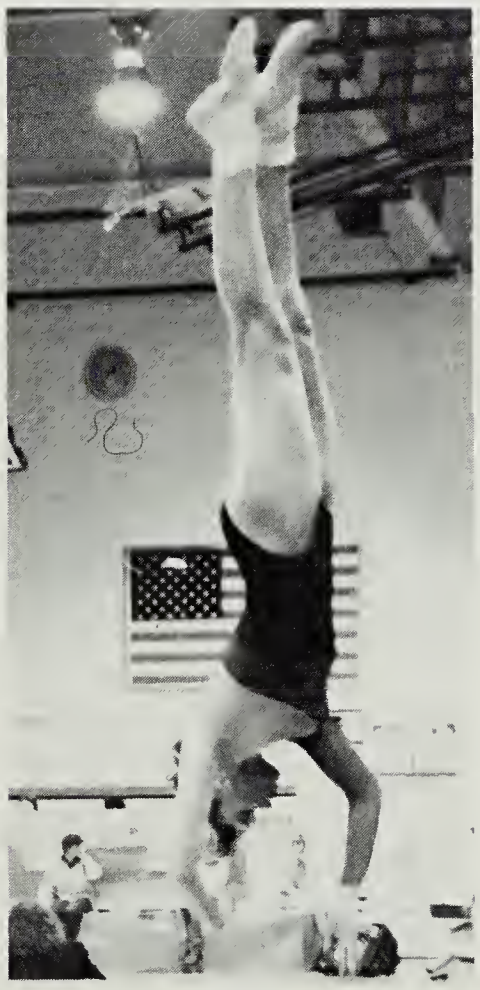


Front Row: Christina Stone **Middle Row:** Susan Riordan, Kristen Priestly, Marbie Ingle, Jennifer Haughey **Back Row:** Coach Lisa Eaton, Manager Shirley McGann, Ande Beamen, Manager Tanya Turner, Coach Liz Potente.









Ta - Da!

During her floor routine Christina Stone ends in a graceful pose. The floor routine is combined with vault[illegible]even bars and highbeam.

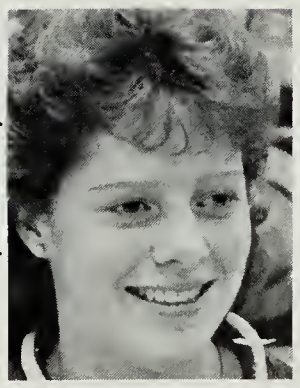
[illegible]t Routine

Do[illegible]ault routine, Susan Ric[illegible]ites a seemingly ef- for[illegible]er the pomel-horse.



"We had a strong season and high individual placings. I think the team will have a stronger season next year."
-Susan Riordan

"Being tho only high school in Prince William to place in the top four at Districts was my exciting highlight of the season."
-Ande Beamen



Excellence

"To be a winner, you have to work and be dedicated; you have to give 100% all of the time," said Cindy Condrey. If that's true, then the Panther basketball teams gave 110%. The season saw team effort, team cooperation, and team spirit.

"This was my first year playing basketball on a team but I was treated like I really was a part of the team," said newcomer Heather McCormack. Everyone agreed that the team members made the season fun. Jenny Beyer commented, "Every person was so different, it was fun for me to see how different people reacted to different situations."

"It was Ron Keyes' quick wit and bubbling sense of humor that made this season entertaining for me," said Mike Murphy about his teammate.(cont.on page 153)



Front Row: Shawn Wright, Brian Dietze, Lamarr Gooden, Michael Wardlaw, Shawn Jenkins, Leonard Holmes. **Back Row:** Coach Kendall Hayes, Mike Murphy, Ron Keyes-,Bob Lund, Jon Cooper, BJ Hawkins, Todd Sentz, Coach Dave Sullivan.



Varsity Boy's Basketball

N. Stafford	85-64	Gar-Field	73-75
Gar-Field	69-67	N. Stafford	79-66
O. Park	76-79	O. Park	78-49
J. Wood	71-59	Fauquier	69-80
Faquier	60-58	J. Wood	62-60
Woodbridge	77-83	S.Jackson	63-61
Anacostia	63-59	Woodbridge	82-65
S. Jackson	69-54	Stafford	59-38
Stafford	61-47	Courtland	80-65
Courtland	68-59	Gar-Field	70-72
Woodbridge	53-69	Record	15-6

"Our success this year can be attributed to three things: the intelligence of Coach Hayes, Ron Keyes's spectacular lay up, and the developing maturity of the sophmores players."
--Bob Lund









Hands Off!

As an opposing Viking grabs for the ball, Jenny Beyer keeps possession. Good protection of the ball was essential to defensive playing.

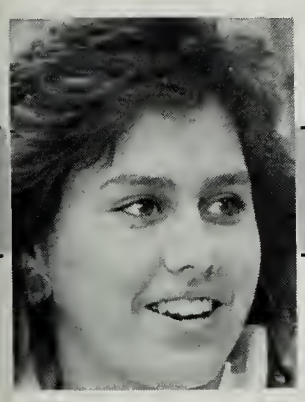
Girls Varsity Basketball: Front Row: Lauri Landrum, Mgr. Deana Natale, Cindy Condrey, Carlotta Warner, Jenny Kellet, Cindy Natale, Mgr **Back Row:** Coach Karen Moye, Debbie Anderson, Ali Sterling, Jenny Beyer, Kirsten Walsh, Darlene Bardon, Chaniqua Dorsette, Coach Bill Brown.

Reaching Up

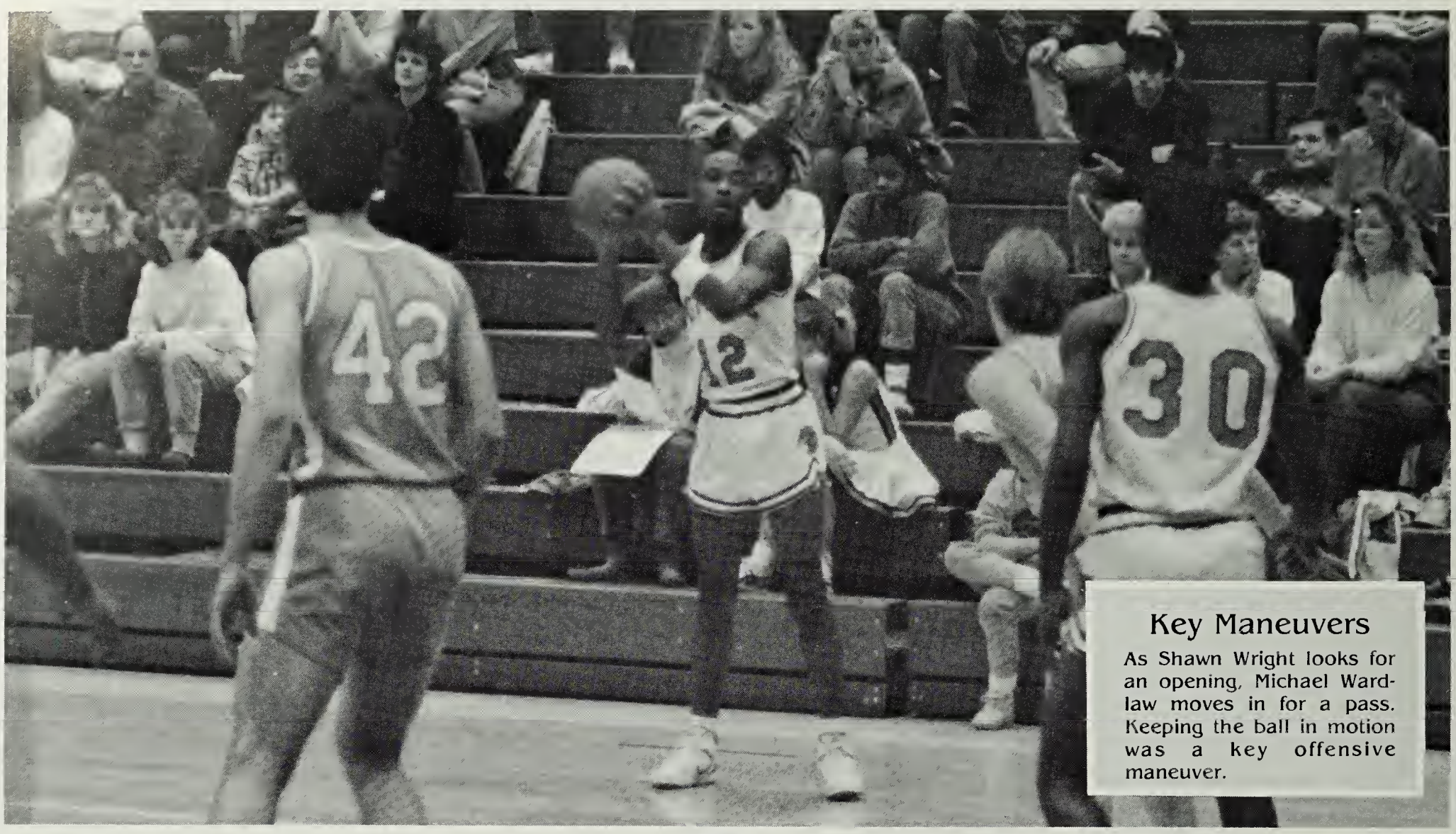
Stretching that extra inch, Ron Keys goes up for two. The boys' winning season was proof that the team always gave 100%.

Girls Varsity Basketball

North Stafford	45-37	North Stafford	51-40
Gar-Field	42-57	Osbourn Park	34-63
Osbourn Park	27-46	Fauquier	44-35
Fauquier	45-32	Bishop O'Connell	56-69
Bishop O'Connell	25-36	Stonewall	52-57
Stonewall	71-68	Woodbridge	35-73
Stafford	41-30	Stafford	38-28
Courtland	61-48	Courtland	45-49
Woodbridge	41-49	Stonewall	49-42
Gar-Field	54-59		



"The way Coach Brown kept a level of seriousness but allowed us to enjoy ourselves and made the season fun."--Cindy Condrey.



Key Maneuvers

As Shawn Wright looks for an opening, Michael Wardlaw moves in for a pass. Keeping the ball in motion was a key offensive maneuver.



Girls J.V. Basketball: Front Row: Kelly Krapfle, Jenny Aubin. Back Row: Coach Gregory, Denise Blair, Michelle Jones, Tammy Bruffey, Heather McCormick, Suellen Jones, Kim Slater.



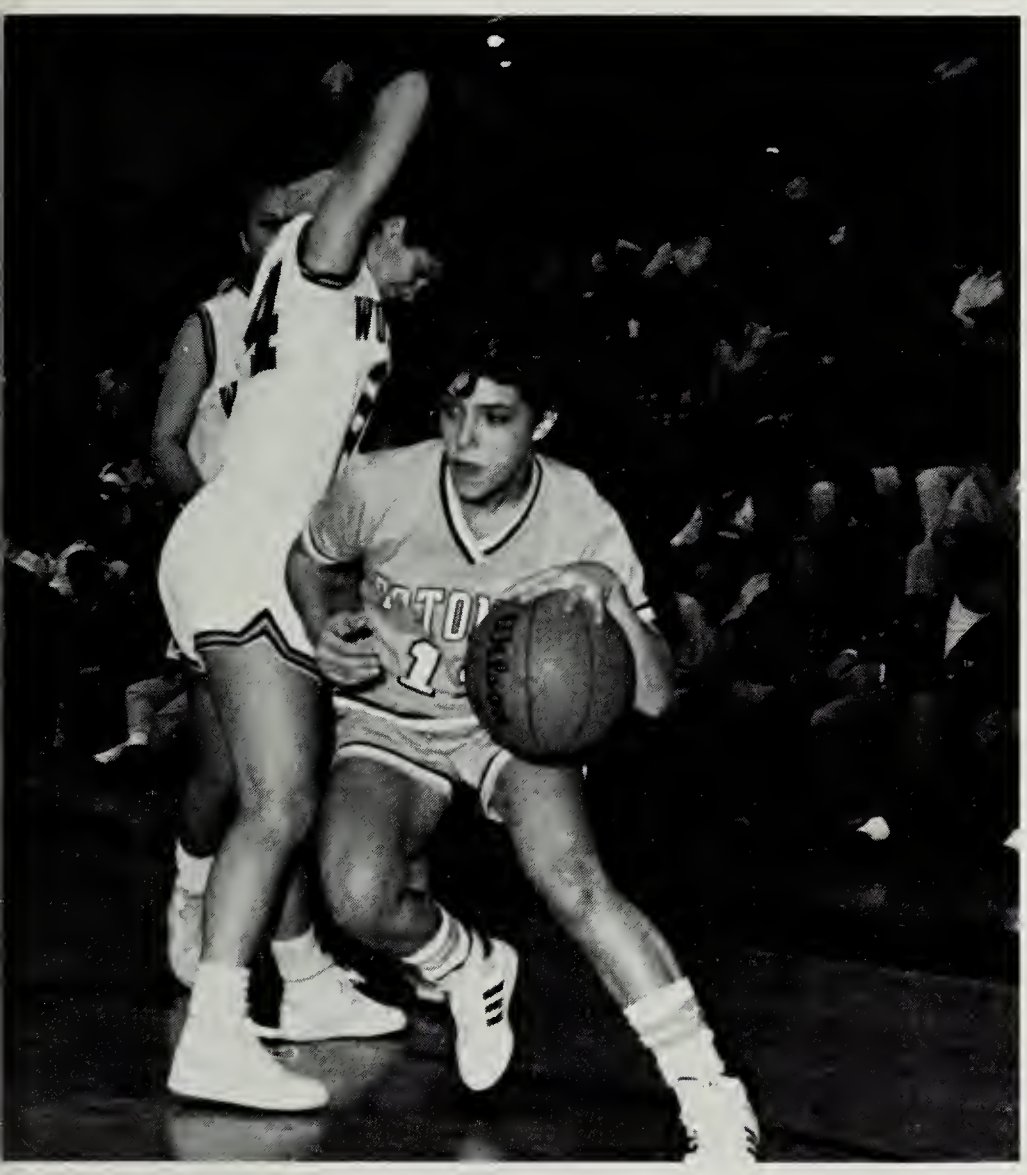
Boys J.V. Basketball: Front Row: Keith Washington, Brian Howard, Vince Natale, John Robinette, Stacey Hinley. Back Row: Brian Burke, Rich Morton, Mike Gill, Jim Edgington, Ron Tanner, Chris Connolly, Coach Weidmeir.



"I think Coach Hayes, along with the team's support, was essential to the team's morale. He was a great coach and has taught me a lot."--John Cooper.

"The joy and laughter and supportive actions of the team throughout the season were fun."--Chane Dorsett.



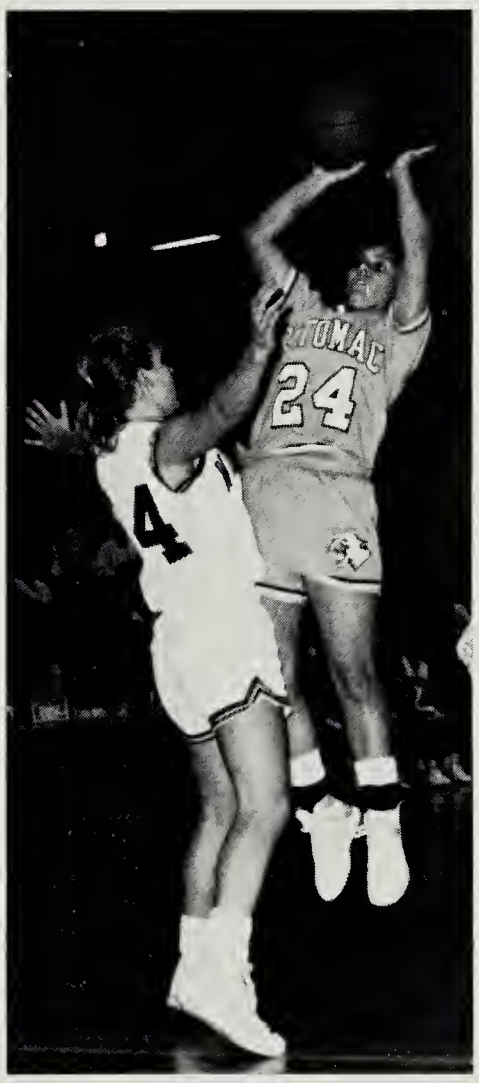


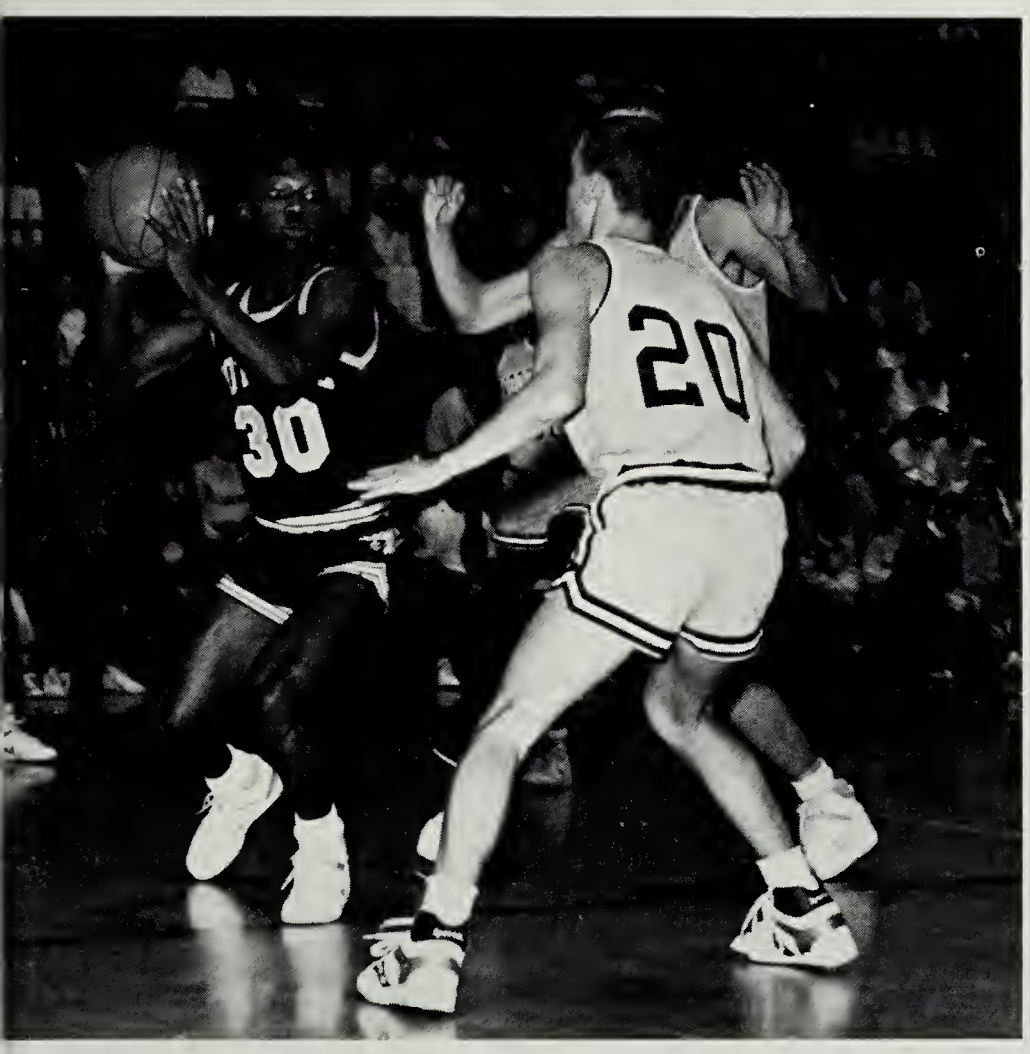
Sidestepping

Brushing past a Woodbridge opponent, Deana Natale moves down the court. Getting around opposing teammates was often difficult.

Shoot It!

Cindy Condrey jumps to attempt a goal. Good aim and a strong arm were essential for putting it through the hoop.





Keeping Possession

Attempting to pass to a teammate, Michael Wardlaw makes sure he'll keep possession. Opposing players fought to take possession from the Panthers.

(Cont'd from p. 150)

A lot of hard work went into making a winning season, too. "Hard work all the time was essential to the team's morale and attitude," said Leonard Holmes. Echoed Jenny Beyer, "We started generally as a new team; not many of us had played together before, so we had to start from scratch."

They obviously succeeded in getting the teams together. Todd Sentz said, "It was the best season yet for me." The varsity boys had a 15-6 record and the varsity girls ended the season 9-10. Both claimed a seat in the district tournaments.

"Coach Ken Hayes has been a great teacher for me this season; he has taught me a lot and showed me new ways to play the game," explained Jon Cooper.

(Continued on page 155)



"Having a new coach was hard to get used to but we all worked together and had both fun and a successful season."
--Darlene Bardon

"In the beginning of the season, they predicted us to finish in fifth place. Mr. Hayes said we had the best team, and we proved everybody wrong."
--Shawn Jenkins.

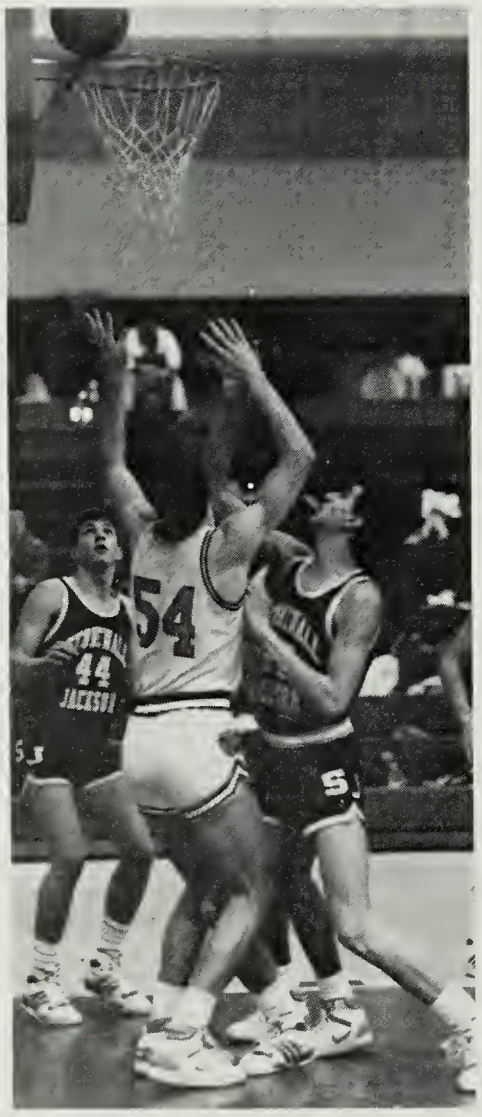


Under Attack

Dodging her Woodbridge opponents, Darlene Bardon fights to keep control of the ball. Opposing teams often used two-on-one tactics, yet rarely succeeded.

Keep Them Covered

Bob Lund attempts to block a Stonewall Raider. Keeping the opposing team from scoring meant blocking and guarding.

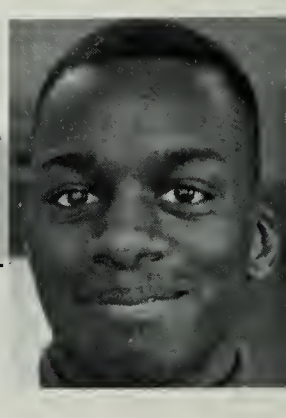






"Whatever our problem was, we tried not to let it get out of hand. In the end, we stuck together as a team."--Carlotta Warner.

"The team members were always up in practice and it carried over into the games. No matter the results, the team was always up."--Leonard Holmes.





Lending a Hand

As Bob Lund helps clear the way, Ron Keys aims to shoot. Team members depended on each other in all phases of the game.

(Continued from page 153)

Jennifer Kellet said, "Mr. (Bill) Brown is like no other coach I've had."

The coaches, the players, the managers, the game--that's what it's all about: having a good time. And as these teams found out, having a winning season doesn't hurt.



Freshman Boys: Front Row: John Newsome, Sal Colangelo, Bert Seay, Scott Dietze, Marty Warner, Chris Sutter, Kevin Webb. **Back Row:** Mr. Mark Maloney, Kelvin Speed, Chris Weller, Don Lund, David Baldwin, Scott Neville, Tony Wools.



Freshman Girls: Front Row: Melissa Hamm, Christie Gagnon, Carey Riordan, Alicia Colletti, Cindi Weamer. **Back Row:** Nicole Keiser, Nicole Arnold, Suzi Schopfel, Kim Greenhill, Aileen Callahan, Sylvianna Land, Jennifer Foglesong.

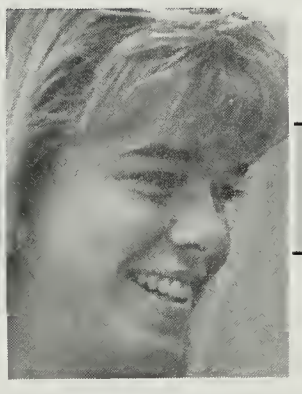


"The will to win is not as important as the will to prepare to win."

--Mike Murphy.

"I had a lot of fun playing basketball even though it was a lot of work and I got frustrated always fouling out."

--Kirsten Walsh





Essential ingredients . . . FOR SUCCESS!

We could complain about assignments, or we could focus our energy on meeting due dates. We could leave, or we could stay. We could get into trouble, or we could work.

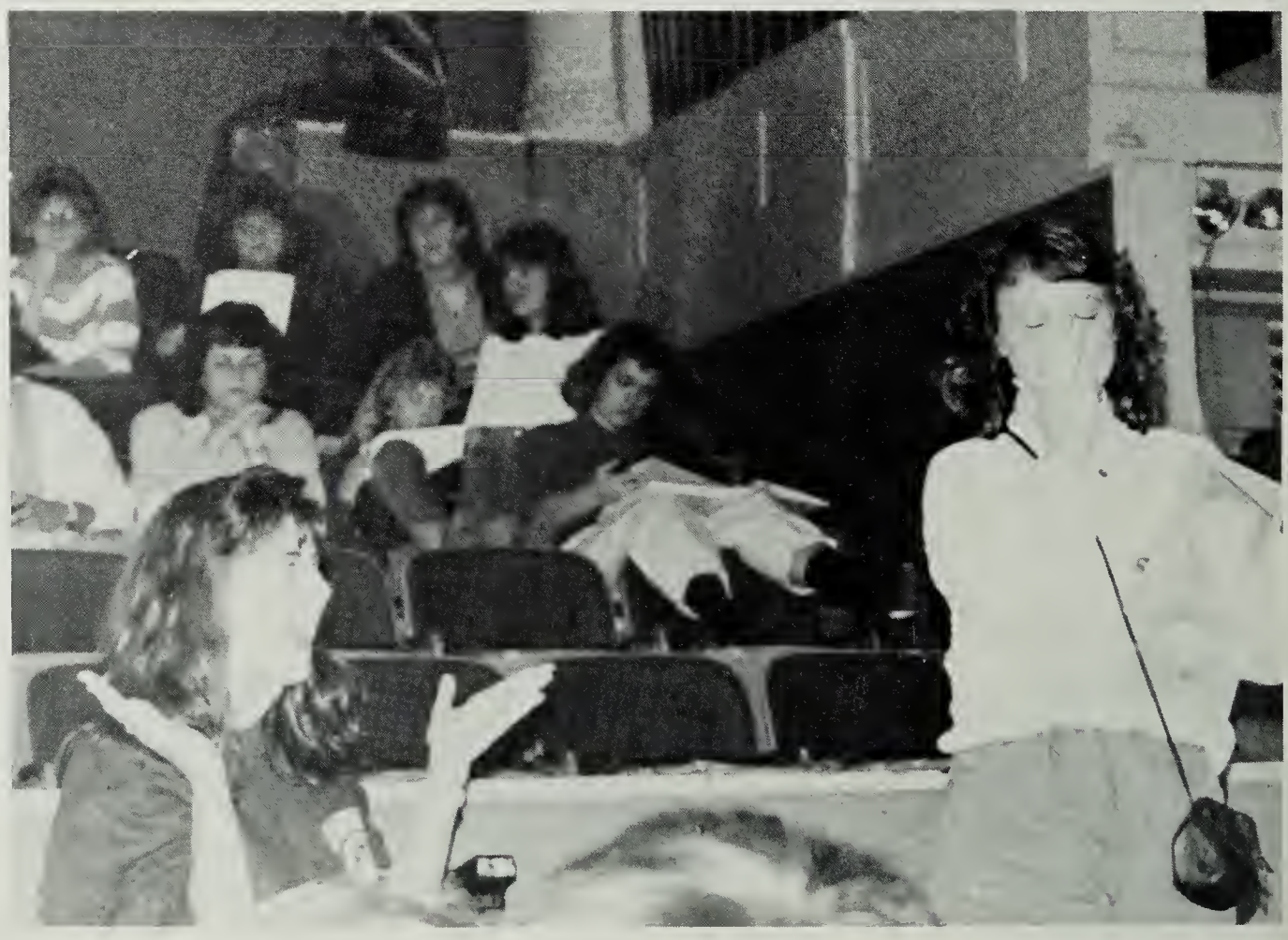
Education was the whole reason we were here, after all. It was why we had a tardy policy and why principal Ann Lockett took "drastic action" to enforce it. (She carted latecomers to the auditorium and lectured sternly and sent them to class, unexcused. According to county policy, work missed due to unexcused tardies could not be made up, therefore many "zeros" were entered into grade books.)

Education was guaranteed to everyone, and countless dollars were spent on equipment like new VCRs, computers, and the library's TOM, Text on Microform. Even as education was a right, it took work on our part.

Worksheets had to be completed and papers had to be researched. Everyone learned something, whether it was the fundamentals of design in a piece of artwork, how to write a concise sentence, or how to repair a car. All of it took work, time, and dedication. What Ms. Sandy Moller told her seniors about writing applied to all areas of study: "It's what you make of it." "You" and your work were the most essential part.

Fun! Wasn't It?

At the Virginia High School League's publications workshop at UVa, senior Ann Gillette steps onto the stage to receive the *Prowler*'s second Trophy award. Cheering,junior Stephanie Dunn made sure Potomac students got first row seats.

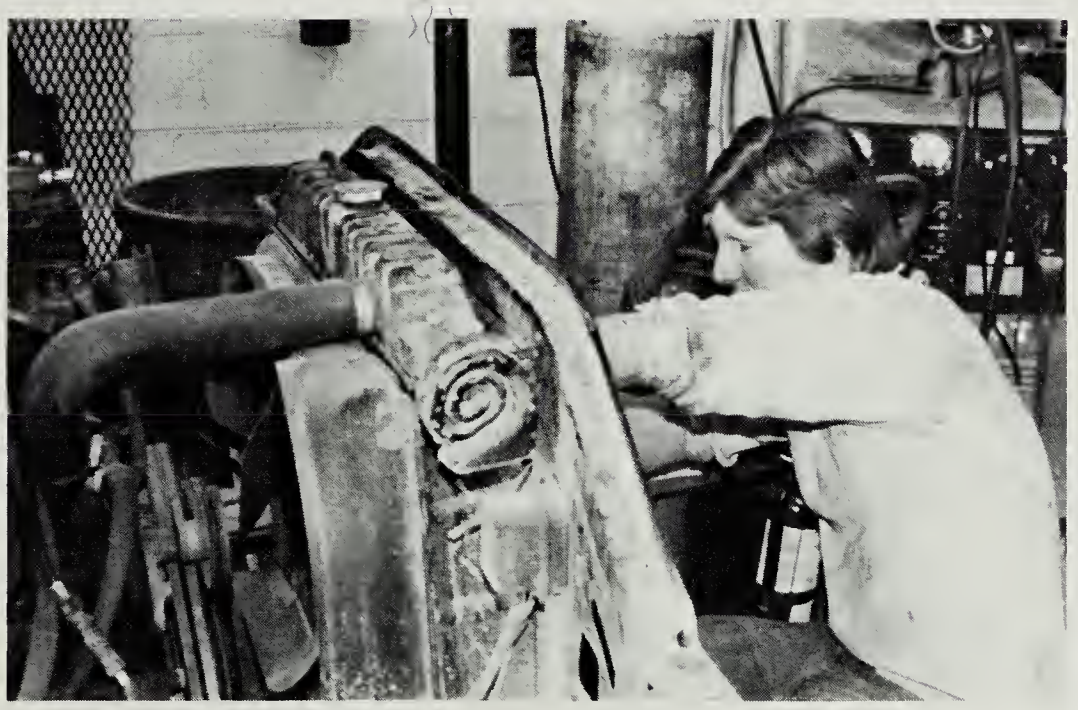




Making Adjustments

Before the Celebrate America concert on June 2, 1987, Marsha Dill gets help from Karmon Primas. The concert highlighted popular American music.



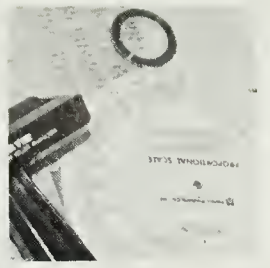


Checking It Out

Senior James Greubel checks structural damage in Auto Body.

When In France . . .

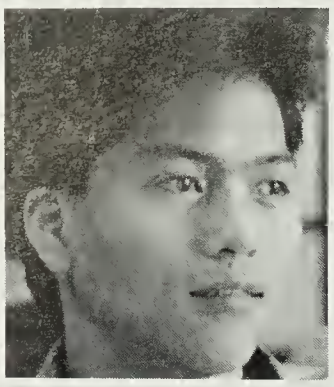
On St. Catherine's Day, French V students like Rachel Farris wore handmade hats.







ACADEMICS



Ralph de Leon
"I guess I met all the requirements for art. Plus I enjoy what we do in class."



Laura Garza
"The best thing was working with the people and learning things more in depth."

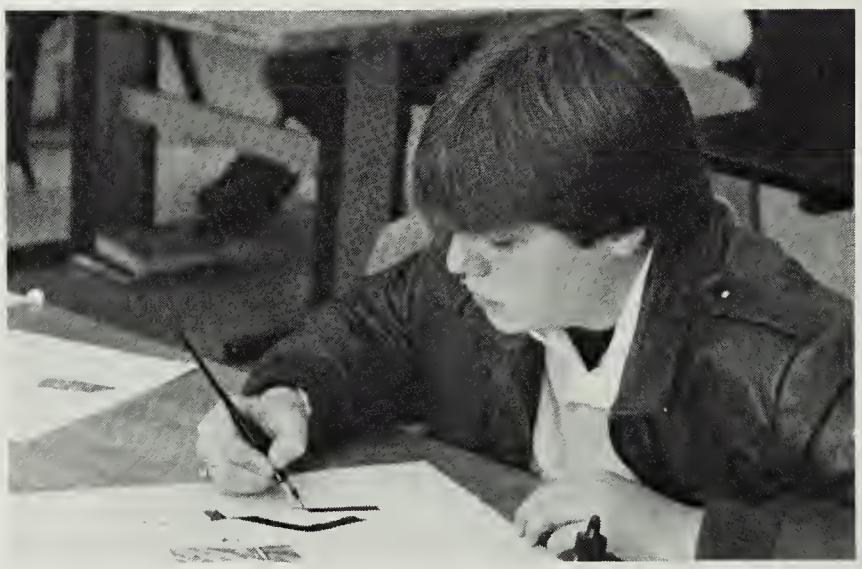


Shirley McGahn
"I learned a lot about cooking with greater variety, which I really enjoy."



Mousse It Up!

Junior Tracy Fortune was brave enough to let Junior Darlene Smith do her hair during cosmotology. The girls worked with each other to perfect their craft.



Future Designs

Art students do many drawings and designs. Junior Mike Fridley puts much thought and imagination into a new fashion design.

Wigged Out!!

Before students work new styles on people they try it on wigs. Junior Tina Wolfrey takes the time to perfect styling techniques by learning with a wig.



Creativity

Using common sense and imagination helped students in the fields of art, cosmotology, and home economics.

These three courses gave students the opportunity to put their creativity to work to make anything from a new hairstyle to clothing to pottery.

"We do many things. Our offerings range from jewelry to two dimensional designs," said art teacher, Mrs. Carolyn Leggett.

Every year, different six-week long studios were offered. This gave art students the opportunity to develop skills in a new medium, no matter how many years they had taken the course. Students from Art I to Art IV or V shared the same classroom, but advanaced students were encouraged to attempt more challenging projects or even independent studies in a field of their choice. For an independent study, students were required to stick to a contract that they worked out with the teacher.

Cosmotology concerned itself mainly with beauty care. The goal of the students was to become certified to work as beauticians in the state of Virginia. As there was no studio at Potomac, students were bussed daily to nearby Gar-Field High School. This also gave them the opportunity to meet and learn with students of other schools. Cutting wasn't the only part of their curriculum; dying, perming, curling, frosting, highlighting, spraying, moussing, and otherwise altering looks were the staples of their course.

Home Economics combined the common sense needed in the "real world" and the creativity needed to make life interesting. Students were able to enhance their cooking and sewing skills. Many times, teachers benefitted from their efforts in the kitchen when students took orders for holiday goodies.

Being in any class took determination and time, but being in art, home economics, or cosomotology took creativity.

Preparation

In Mr. Mike Babuschak's fashion design studio, Jason Fournier prepares to begins to design outfits for a pair of figure skaters.





They're Done!

Ready with her apron and oven mitt, Tonya Butterfield takes goodies from the oven. Being in home ec gave students a chance to learn new things.



Decisions

Once they have finished baking, sophomores April Lipscomb and Elaine Pearson determine who ordered which plate of Christmas cookies.

Hard Work Pays Off!!

Success and Money! Everyones two major goals in life. Of course we knew all of the hard work it was going to take to get there, because not many of us were lucky enough to be just plain rich the day we got out of high school.

A lot of students signed up for the business courses offered to enjoy learning how to become rich and successful.

Fashion merchandising was a very popular elective. They discussed fashion all over the world and how to mix and match their own clothes. As a special project the class was offered the chance to go to New York to visit factories and offices and shop at Bloomingdales and Macy's.

There were also classes that carried us through office operations. Office Technology and Office Specialist showed how to type business papers and letters, to file and how to use a word processor.

"It's a lot of fun and helps you improve in the office field," said senior Kim Lear.

Accounting and advanced accounting was where all the practice with money came in. It showed us how to keep records for business.

"Accounting was hard work and took much effort but it was fun too, so you really didn't notice how much you were putting into it," said senior Casey Solum.

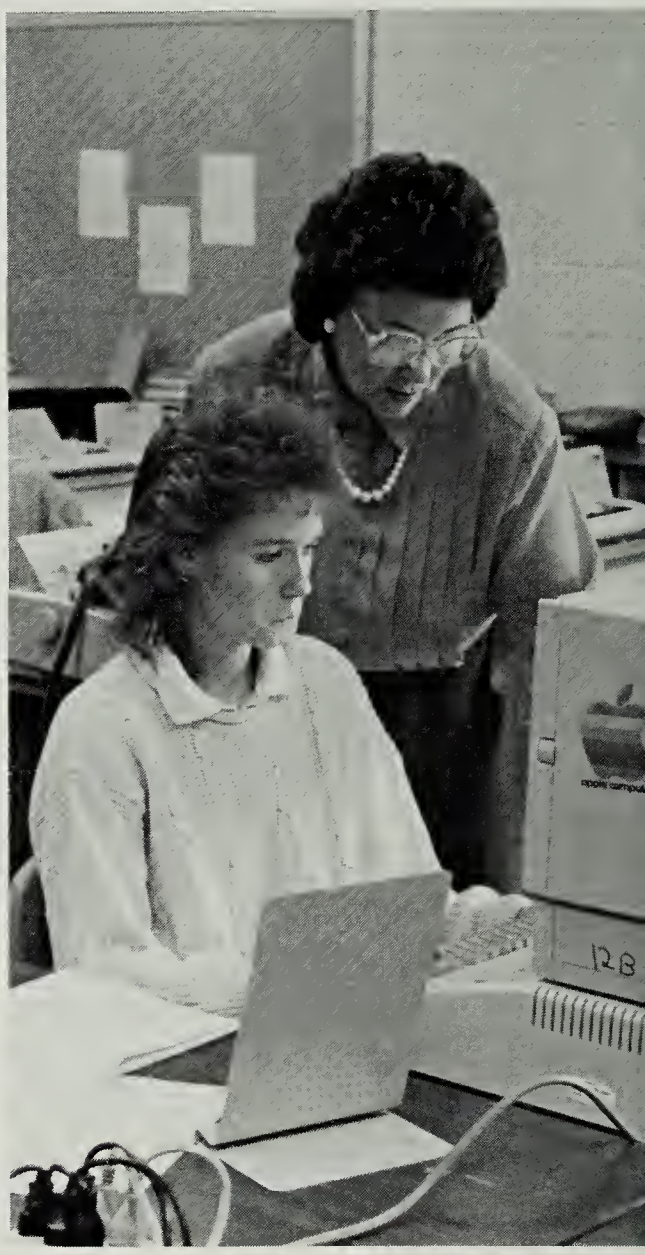
Advanced accounting was done mostly with computers. The program was developed this year to let students have the chance to apply their computer skills to more advanced concepts of accounting.

Marketing was also a "Let's make money class". We learned how to run a business and the advanced marketing students got hands on experience by running the school store every morning. Along with how to run the business it helped us learn how to advertise for it too.

Most importantly though, it taught us about the real world and how to have the two major goals we had all set, MONEY and SUCCESS.

Just Ask

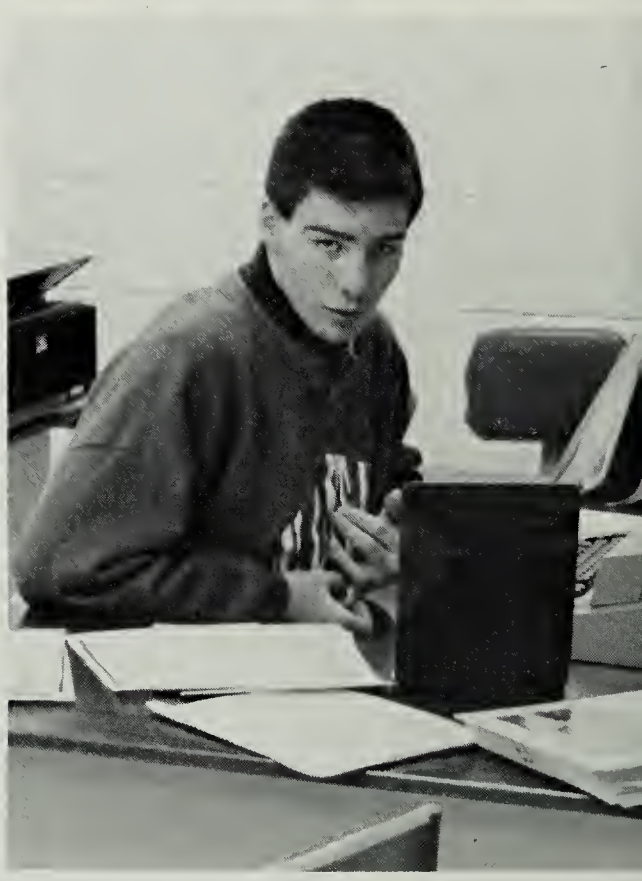
Working with the computer Chris Glynn gets some assistance from Mrs. Jane Manderville. Students learned the basics of programming.





Perfection

Laura Smith looks over her computer program to make sure its just right. Computer science was a popular course with students.



Who Me?

Startled by the photographer,Pat VandeLinde looks up to see what the commotion was.

Adding up?

Doing calculations in her notebook, Colleta Terekle finishes her accounting assignment.





Punching it in?

Letting her fingers do the walking, Pam Thorpe finishes her program in computer class.

Awaiting Patiently!

Angie Scott waits for her program to print out in computer class.



Natalee Zepp
"One time I taught my aunt the "basics" of BASIC. I did this by writing a program off the top of my head."



Lisa Knecht
"Lisa Knecht works hard and is a dedicated student and employee," said Mr. Dave Carr.



Sherri Tolman
"I had alot of fun with the Fashion Show we did in December. I think that and New York were the most memorable."



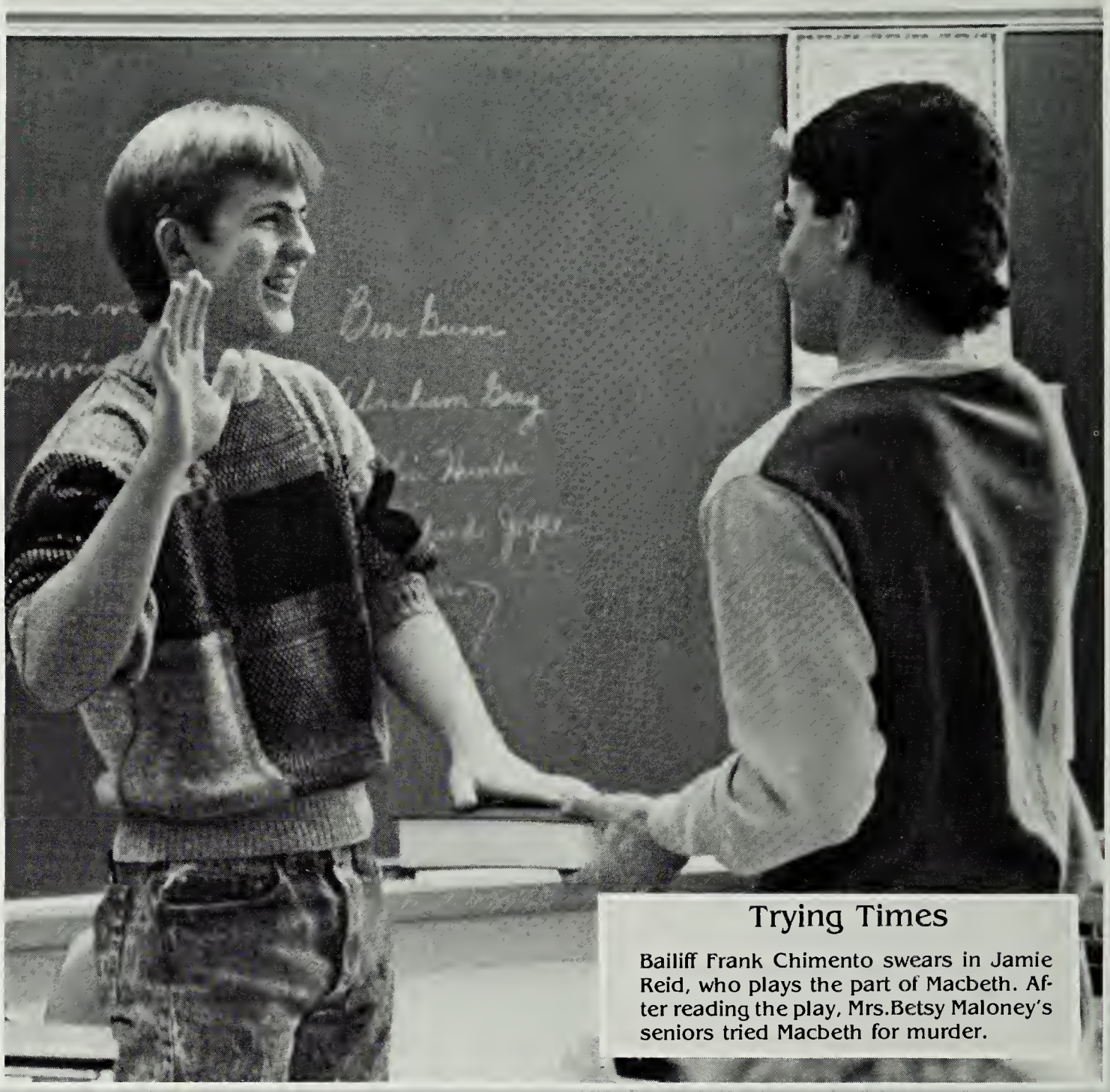
Maria Lusung
"My most memorable experience was when I gave an oral report. It was my first time to speak in front of an American class."



Debbie Hodges
"English has been my favorite subject for a long time, and I try to achieve a lot in this class.

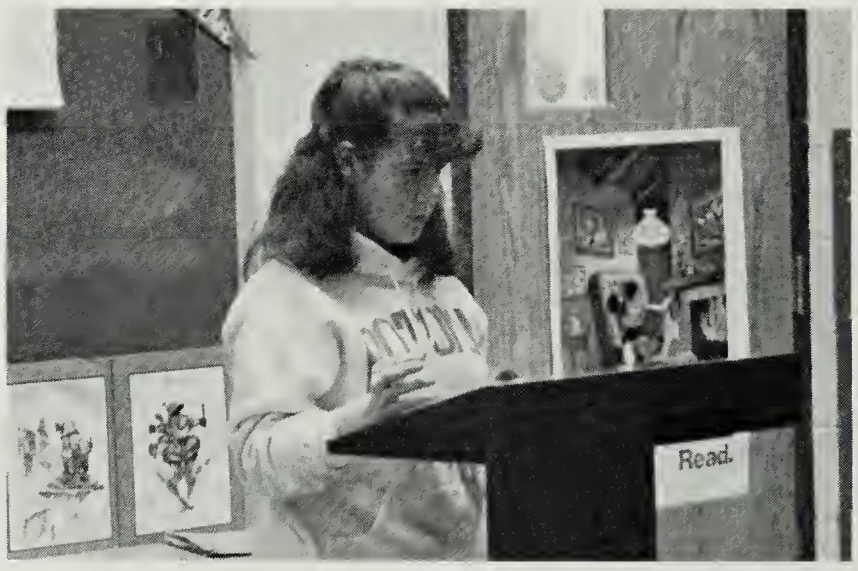


Shannon Malone
"My most memorable experience was getting up in front of the class and demonstrating how to use the "belly buster."



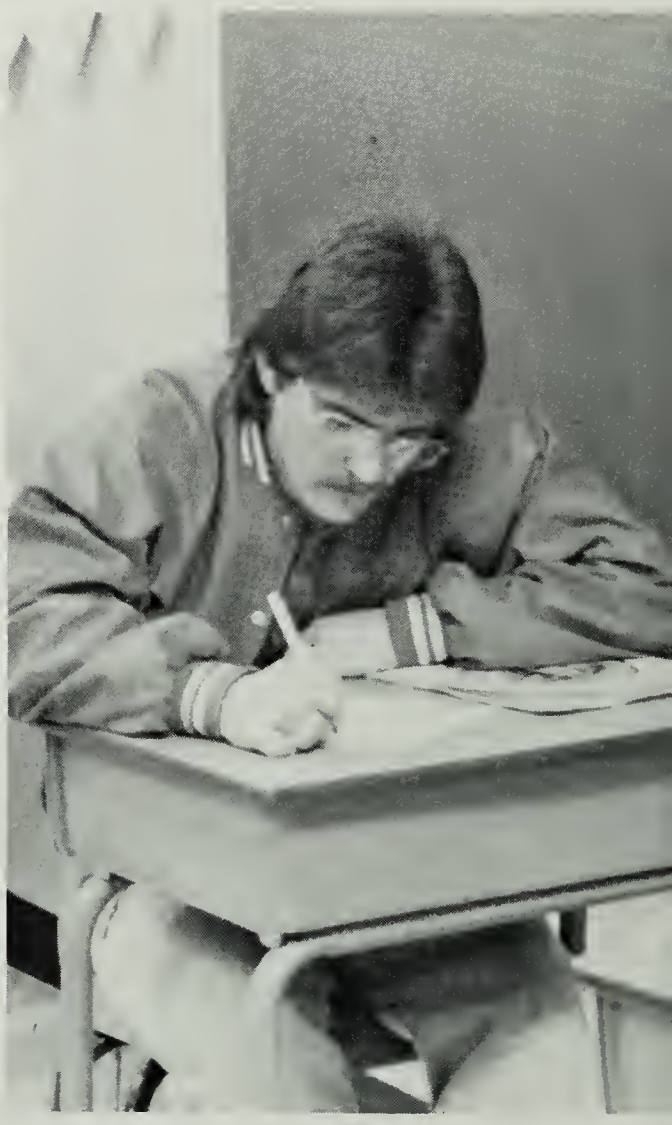
Trying Times

Bailiff Frank Chimento swears in Jamie Reid, who plays the part of Macbeth. After reading the play, Mrs.Betsy Maloney's seniors tried Macbeth for murder.



At the Podium

In Mrs.Faith Holcombe's English class, sophomore Laura Powell delivers her oral report. Reports usually caused anguish to students.



Revision

Revising his paper for English, senior Billy Coker works dilligently. Writing compositions was a big part of the English curriculum.

Set It Up

As the class watches, Keith Pavlick helps Patricia Bagato demonstrate how to tell facets of the future using dominoes.



Everyman

"I don't know how to start this!" said senior Lisa Anderson, as she began a focus journal in A.P. English 12.

Once we got the first sentence, it was a lot easier. Often students felt more comfortable writing about their own opinions or experiences than they did about the themes and plots.

Essays weren't the only things that stood between us and an easy 4.0 average. Grammar, vocabulary, literature, and oral presentations were key parts of the English curriculum.

Sometimes grammmar was hard to grasp. "'Do I use who or whom?' was the hardest thing for me to learn," said sophomore Ray Bolton. Not only was deciding which form of the word to use difficult, but deciding whether it was used as a pronoun, noun, verb, adjective or some other part of speech.

Vocabulary caused a lot of grief, too.

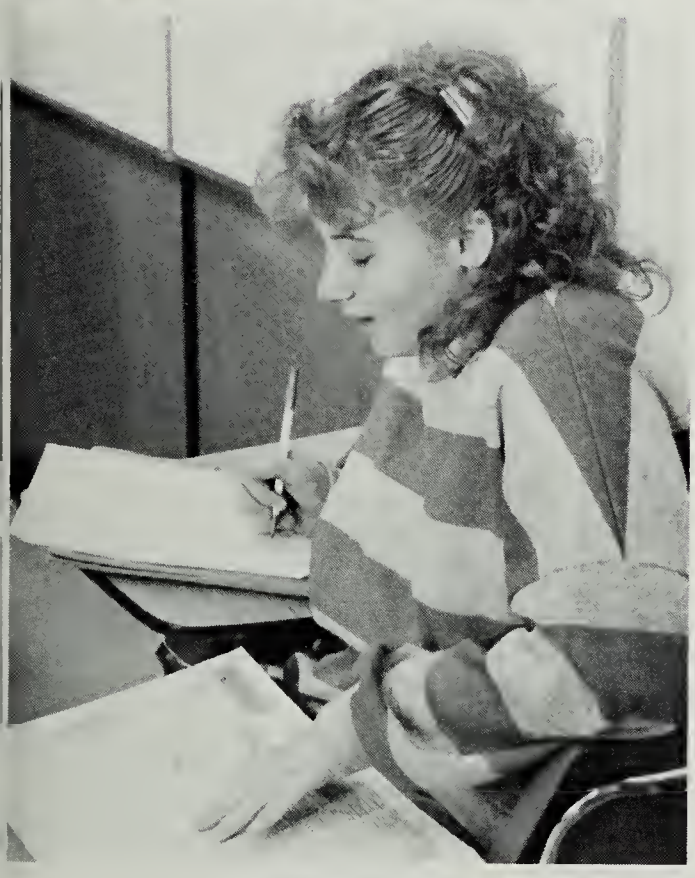
"I never knew or even heard of half of those vocabulary words until this year in English," said junior Steve Lacey.

Even though we learned our vocabulary, we still ran into an unfamiliar word or two in our reading. In ninth grade we dealt with *Romeo and Juliet.* Then in tenth grade it was some more Shakespeare with *Julius Caesar.* In our junior year, we moved into the twentieth century, leaving Will S. behind--for the time being. Works such as *The Crucible* dominated our time. Once we were seniors, Shakespeare reappeared with *Macbeth.*

Doing orals was the worst, though. We got the shakes for the first minute or so. Looking around, we noticed that it wasn't so bad after all. Some students relaxed so much that they didn't even notice that their 3 to 5 minute presentations turned into 15 minute mini-lectures.

"You get up in front of the class and you go um, well, um, um," said senior John Driscoll.

All this--just to say that we knew English.



Looking It Up

A large part of the English curriculum was vocabulary. Freshman Amy Reath consults the dictionary to define her vocabulary.



Let's Hurry

Rewriting her essay on Shakepeare's tragedy *Macbeth,* senior Rhonda Brown tries to complete it before the bell.

"Antonito el Comborio"

Anna Moody, Lori Harnes, and Maura Connolly perform a skit in Mrs. Susan Smith's Spanish class.



Smile!

Rachel Farris shows off her new hat that she made in French class to celebrate St. Catherine's Day.



Worlds Apart

"In a foreign language class, you not only learn a different language, but also science, history, geography, math and yes even English!" commented French teacher, Mrs. Bridget Rose.

There was more to learning a language than vocabulary. In order to understand the language, we had to understand the culture of those who spoke it. This meant everything from learning the twenty Spanish-speaking countries to baking foreign specialties for the Foreign Language spread. Some classes even played games like German Scrabble.

Vocabulary was, of course, one of the biggest parts of the curriclum, especially during the first few years. We had to learn phrases like "Como esta' Usted?" and "Wie geht es Ihnen?" too, so that if we were faced with having to speak with a native, then we could at least begin an intelligent conversation.

As we progressed into the third, fourth, and fifth year of our language, our classes centered more around literature, culture, and more complicated grammar. As we progressed, we began to write and speak more and more as our teachers strived to make us more fluent.

The most exciting part of the year was Foreign Language Week, which was held from March 7 to 11. In preparation for the festivities, students made flags, which they wore pinned to their shirts to show which language they were studying. Also, students designed posters announcing the week and the Foreign Language Festival. The Festival gave students an opportunity to see displays, skits, hear songs, and taste foods from the different countries.

The students of French, German, Latin, and Spanish learned more than just how to speak a language that would get them an advanced studies diploma. They learned about other people and how they lived.



Hat Day

Melissa McCreary wore a hand-made hat for St. Catherine's Day for French class.



Repeat After Me

Ms. Zile Klavins goes over vocabulary with her German II class. Vocabulary was the focus of the first few years of taking a language.

Learning the Language

Several students in German class recite from their books in order to learn the language by repitition.



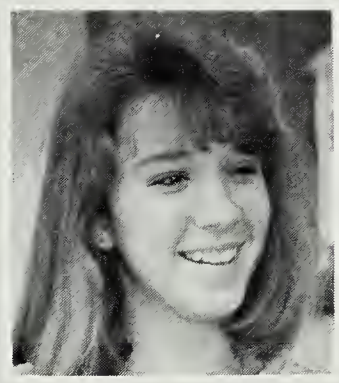


Display

Using their organizational ability, Alycia Colletti, Jennifer Maes, and Melanie Westover put up Latin mosaics in the foreign language showcase.



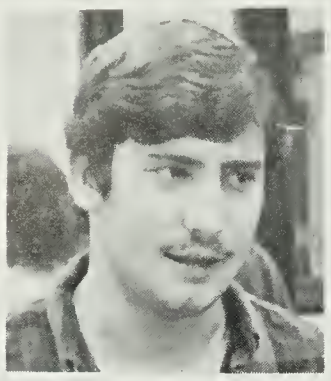
Jim Gregory, French IV
"It's tough work and reading, but somewhere in between everything, there's something kind of entertaining about it all."



Mandy Kelley, Latin I
I remember looking through our books and thinking, 'How will I ever survive this?' but I really enjoy learning new languages."



Jeremy Broesti, Spanish I
"I take Spanish because it is one of the easier languages and I intend to go through at least Spanish III."



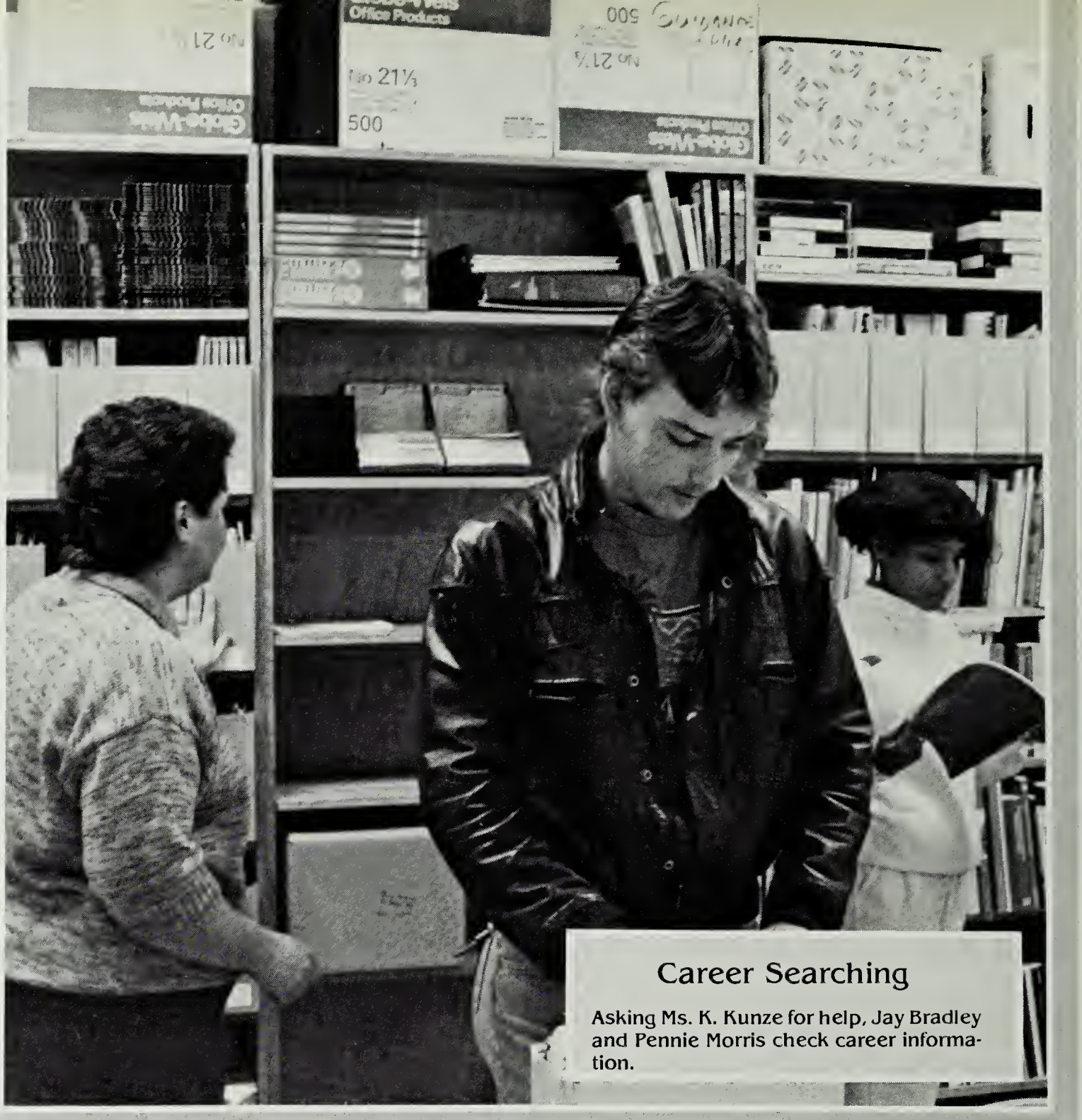
Keith Cadiere
"Being a library aide gives me time to relax. The work isn't hard and I like the people."



Crystal Burkhammer
"With encouragement and support, she has improved yearly. She made the honor roll the first six weeks last year," said Mrs.Louvenla Quash.



Sean Cooney
"I enjoy working in Guidance because I am not confined to the classroom."



Career Searching

Asking Ms. K. Kunze for help, Jay Bradley and Pennie Morris check career information.



Microscopic!

While working on an English paper, Lynette Luttrell uses the microfilm for research.

Scheduling

Miss Patricia Droves assists Jim Chambers on his class choices for next year.



Necessities

Where did we find copy machines, a card catalog, helpful people, a reference section, books on a variety of different subjects, and--don't forget--quietness?? The library! Whether it was to study, look for information, do homework, or read, the library was a good place to go. Students invaded the library before and after school, during classes, and even during lunch. Librarians and their aides were there to answer our questions and help us find the materials we needed.

If we needed help with course changes, college applications and scholarships, school-related or personal problems, or career plans, the Guidance Department was the place to go for answers. It was those secretaries and counselors who helped make life in school run as smoothly as possible.

Resource was a program designed for students who could not perform well in their regular course studies.

Along with their other classes, these students attended a resource class for one period each day to work on their areas of difficulty. During this time, the student had a chance to work with the teacher on a one-on-one basis.

For the first time, students were offered a new course called "Employ." Employ helped the students prepare for the change from school to the working world after graduation. The Potomac Employ classes studied occupations related to food services. As an activity, they prepared a Thanksgiving dinner and shared the responsibilities of planning the menu, grocery list, and chores that had to be done for the dinner.

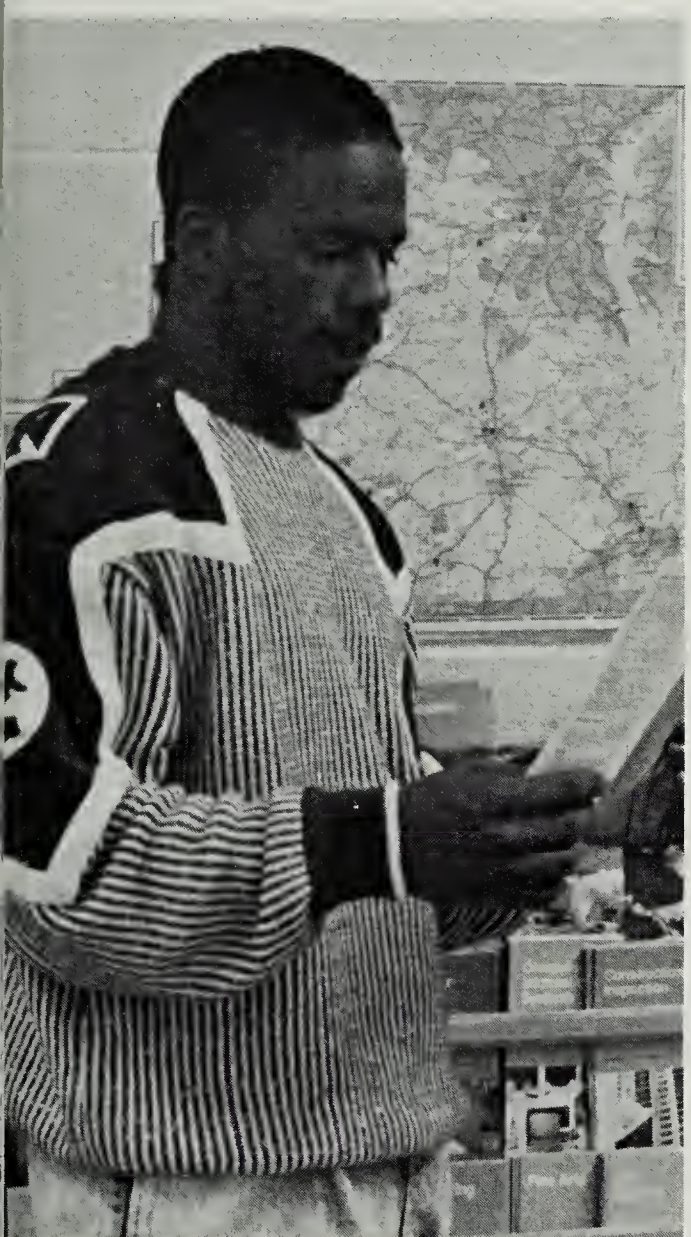
"It was a big success," said Mrs. Louvenia Quash, a resource teacher.

The resource program and its teachers at Potomac were very successful in their actions to aiding our special education students.

"Finding new ways to provide extra help is their first priority," said Mr. John Compel, Assistant Principle.

Beyond High School

Various pamphlets are provided by the Career Center for students like Ray Lewis, who want information on different career fields.





Home Away From Home

Busy with homework, Mark Hidalgo spends time in the library. The library was available for students who sought a quiet place to work.



Thank Goodness!

Grateful to be assigned to Mrs. Dot McCabe, senior Michelle Boyd and freshman Tami Foglesong get helpful advice from their guidance counselor.

"Sum" It Up!

"X=b+4a/2a"

"Hey where did all those letters come from? I thought this was math, not English," said junior Karen Clark.

There always seemed to be more letters in math, than there were numbers. We started out with the basics in general math. We were using strictly numbers then, simple multiiplication, division, addition, and subtraction. They they dropped the bomb when we moved on to Algebra I. We were bombarded with these little letters that they commonly called variables. Mr. Brosh's Algebra I class learned a simpler way to solve polynomials with the George Foil method. "I found that the George Foil method was eaiser to understand than the other way," said sophomore Liz Hines.

The next step was Geometry. There we learned proofs, theroms and laws of math. It was more fun because we dealt with shapes and not just numbers.

Algebra II was where we really ran into numbers and letters mixing together. It was definately something that had to be explained in great detail.

We thought that was bad, then after a year we moved on to a strange course called Functions Trig. It seemed to be a mixture of what we had seen before and things that we hadn't.

After a year of trying to figure out what was going on we had a choice of math to take, either Calculus or Computer Math. Computer Math was chosen by many because we made up a program to solve the problems for us. Then those who had interests in engineering took the calculus course.

Maybe though for a change of pace one could take Consumer Math with strictly numbers. It taught the basic everyday math that we might use in everyday life.

No matter what math we took we seemed to be confused, but with the help of teachers and mom and dad we learned about where to put the letters and the numbers and even how to get the whole problem right!

Board Work

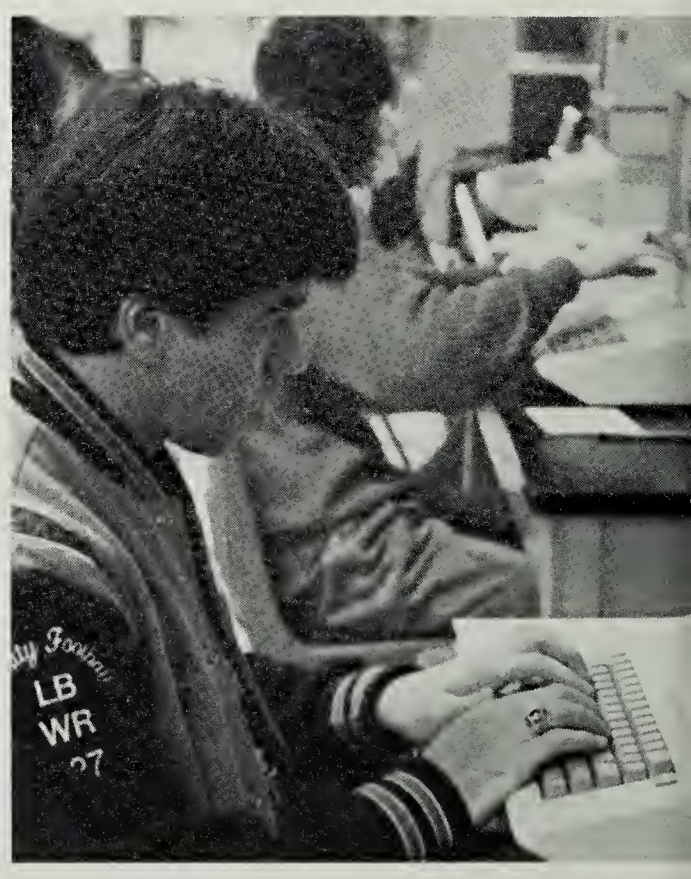
Working on the board Tanja Johnson learned how to do algebraic equations. Doing problems on the board helped students to demonstrate their knowledge.





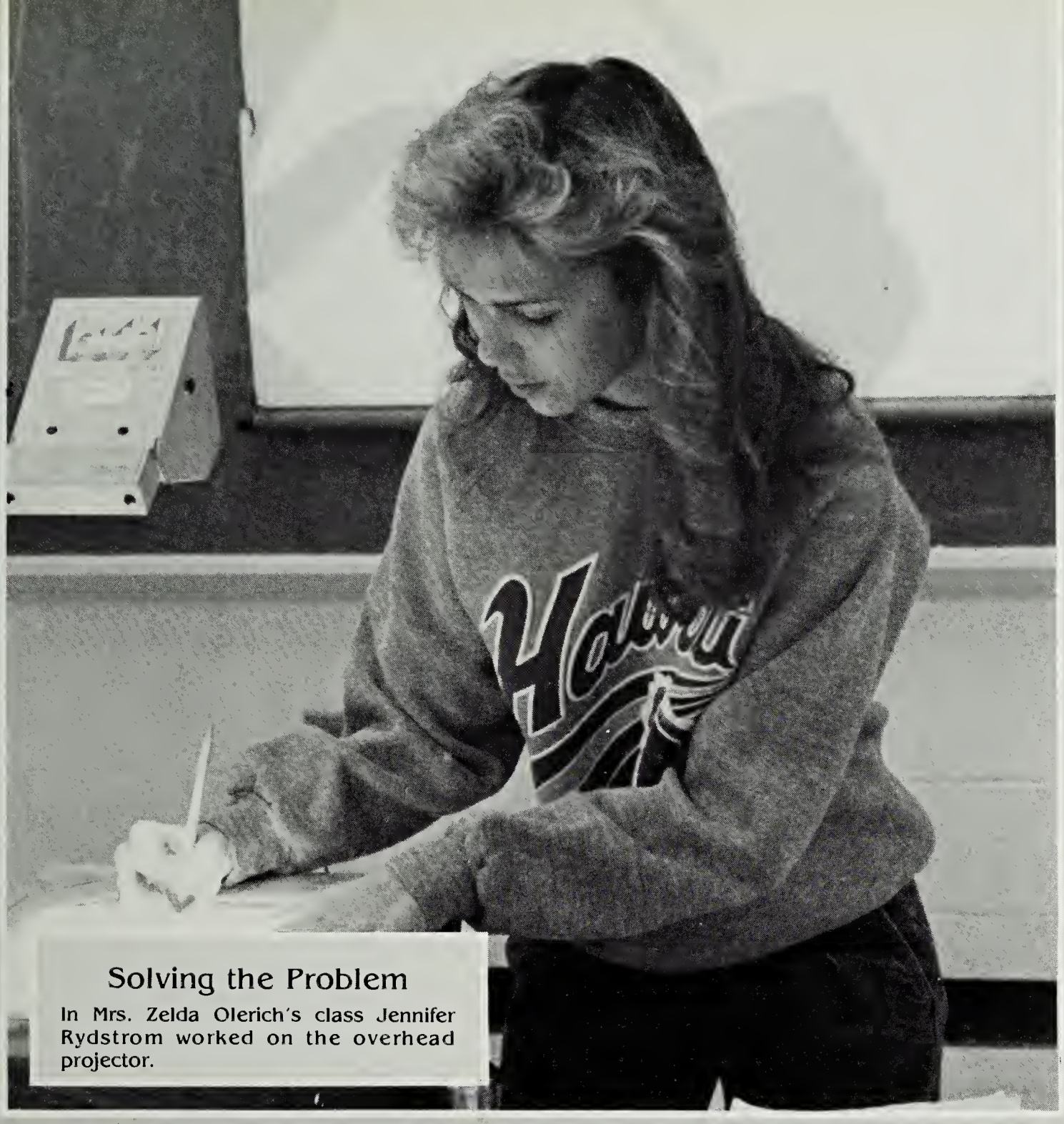
Reviewing Homework

Several students in Mr. Brosh's General Math II class worked out problems from their homework.



Computer Time

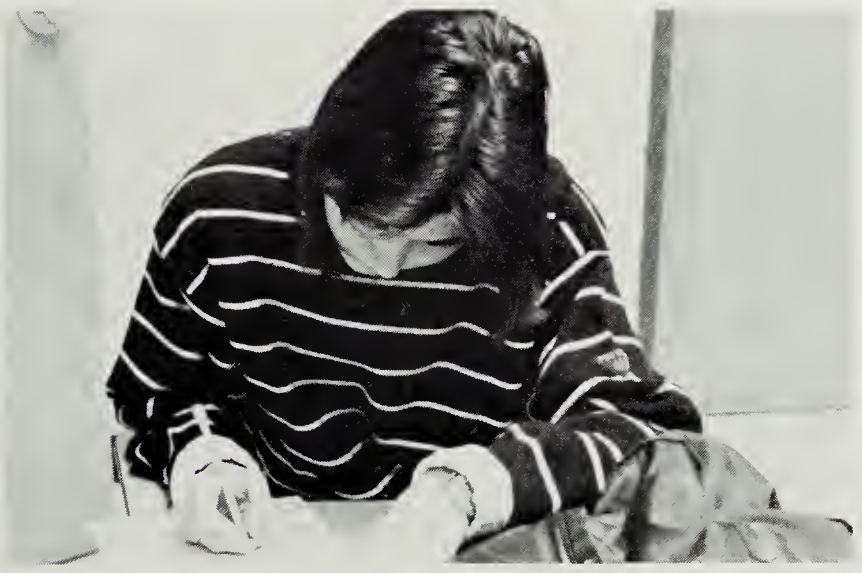
Ron Kinley spent a lot of time at the computer during his computer math class. Making up programs to solve math problems was a major ojective of the course.



Solving the Problem

In Mrs. Zelda Olerich's class Jennifer Rydstrom worked on the overhead projector.





Making it up

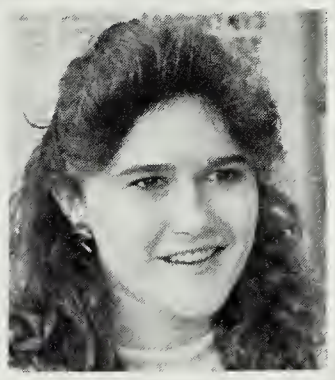
Monica Martinez stayed after school to make up a Functions/Trig quiz.

Catching up

After missing a day of school, Scott Larid makes up his missed assignments.



Mike Catlett
"Mrs. Loney makes this awesome face about people's silly answers.



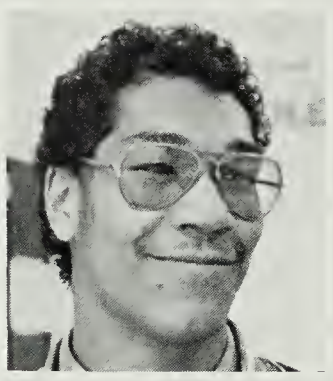
Sara Taylor
"My most memorable experience was getting an A on the mid-term."



Mike Fox
"I'll never forget studying for the Mid-term exam."



Maureen McGovern
"I like ochestra teacher, Mr. Larry Casey, a lot because he takes the music seriosly, but at the same time he knows how to have fun with it."



George Bailey
Since I enjoy singing and I have been singing since I was seven years old, I think I am a pretty good singer. I enjoy the Camerata Singers.



Melissa McCreary
"I like to play the oboe because it's a challange. Also it's a unique instrument; not many people know about it. The only thing I hate about it is that people keep confusing it with a clarinet or a duck."



Harder Than It Looks

Playing the trumpet was not as easy as many people thought. The trumpet players often had sore lips after concerts and long hours of playing.



Treble Choir: Front Row: Maria Lusung, Shawna Harrigon, Mr. Melvin Goodwynn. **Middle Row:** Patty Parlchust, Allison Walcroft, Ebra Mallagenes. **Back Row:** Krista Montgomery, Rhonda James, Angela Farmer, Dana Van Metre, Barbra Putnam.

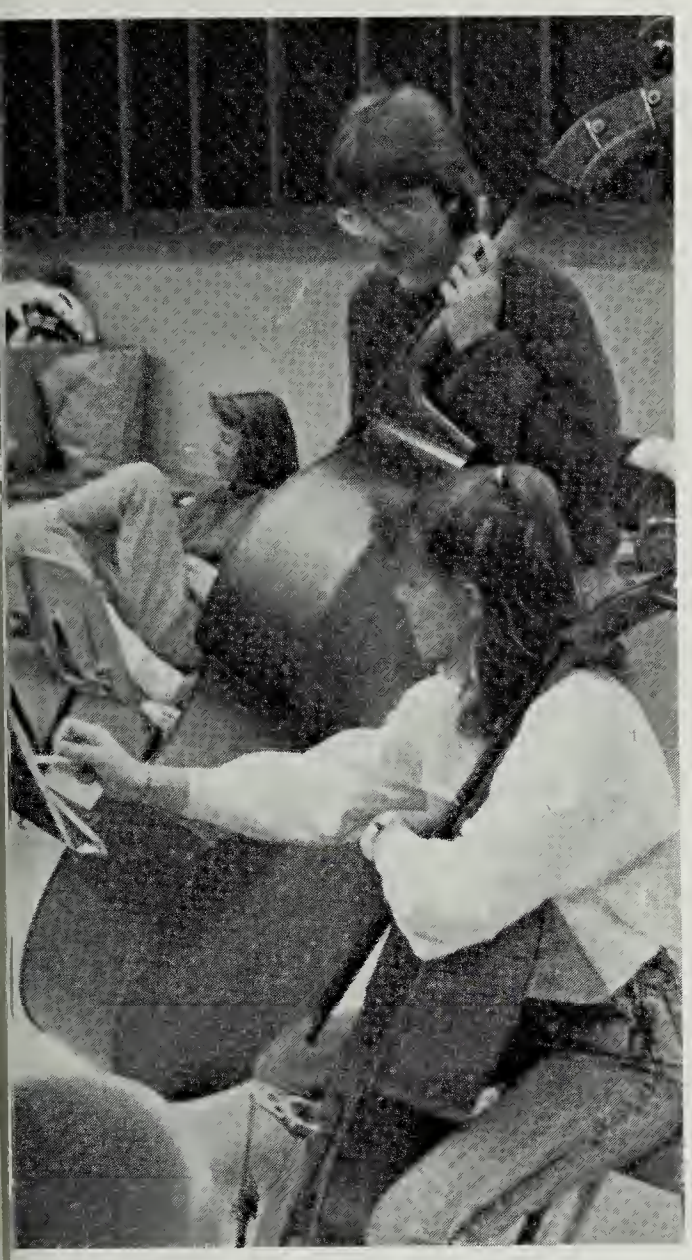


Warm Up

Singing their scales, Camerata singers Greg Basham and Kim Sanders warm up for their fall concert. Besides limbering up vocal cords, warming up helped calm nerves.

Helping Out

During orchestra rehearsal, Heather Paul helps Brian Sowala figure out the beat. Musicians often helped each other.



Tune-ing Up

What did choir, band, and orchestra have in common? Naturally you would say "music", but there was more to the word "music" than many people realized. They usually didn't think about all the long practices and competions that the musicians went through.

Sophmore Vanessa Lambert said, "I practice about two to three hours every day, and on the weekends I try to practice about 5 hours a day." As band teacher Mr. Brian Sachlis always said, "The band is only as good as the worst player. " Of course, this was also true for chorus and orchestra.

Do, Re, Mi, Fa, So, La, Ti, Do. The Latin words of the scale were how many members of the choirs warmed up. Since much of the renowned work in the music world, especially choir pieces, originated from the Latin language, many songs the singers learned were in Latin. However, this was not the only foreign language in which the chorus students sang. At competitions, they often sang in French, German and Spanish. "Sometimes I wish we'd sing in English for a change," said senior Craig Basham, a Camerata singer.

Although there were many Potomac students who placed in the All County and All Regional Choirs, there were only two from the entire school who made All State. Seniors Kim Creighton and Tina de los Santos were the lucky ones. The two went to Henley High School to practice on Friday afternoon, Saturday and Sunday, March 5, 6, and 7. Sunday evening they performed for an audience which consisted mainly of parents and friends.

The Camerata Singers were very exited about ther trip to Orlando, Florida, where a nationwide competition was held in mid-April. They went for 5 days, from Thursday to Monday. In Florida they visited Orlando Beach, Disney World, and the Epcott Center.

The symphonic band

(Continued on page 172.)



Loving It

First chair trombone player in the Concert band, freshman Kyle Morseman said that he enjoyed playing the trombone at the band's concerts and rehearsals.



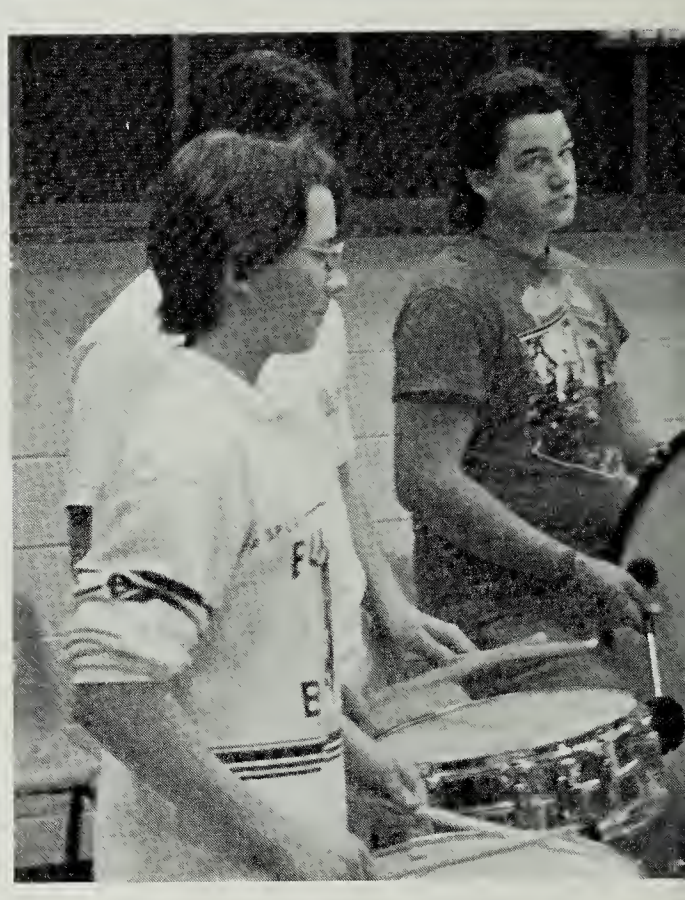
Camerata: Kim Sanders, Eric Bell, Allison Hord, Mike Catlett, Tina de los Santos, George Bailey, Becky Anderson, Stan Schlegel, Kim Creighton, Robert Thomas, Alice Homan, Craig Basham, Kelly Johnson, Ken Stuber, Tracey Roye, Tim Wilson, Carol Blanton.

Concert Choir: **Front:** Mr. Melvin Goodwyn, Eva Cook, Robie Ravella, Chi Kong, Stephanie Clancy, Estelle Armstrong, Megan Dempster, Lissa Du Vall. **Middle:** Crystal Johnson, Patricia Hogan, Tim McClain, Merritt Davis, Brian Gardner, Kris Thayer, Laura Collins, Molly Lowndes. **Back:** Rachel Farris, Kelly Freeman, George Bailey, Stan Schlegel, Andy Wynn, Robert Thomas, Keith Johnson, Christy Hart, Ali Sterling.



Concentrating

Concentrating on the beat, members of the drum section watch for cues from Mr. Brian Sachlis. In order to know when to play, everyone had to watch the conductor.



(Continued from page 171.)

went to competition for the first time in four years. The competitions were held in March in Williamsburg, Virginia. The band had to go on a one-day trip there in order to compete. Members of the band were able to do more than just perform; most of them went to Busch Gardens to enjoy the rides. At the competition, they played selections which they had included in their spring concert, which they had had the week before. The musicians agreed that the trip was a lot of fun.

Christmastime was also a busy, fun time for the bands. Every year they performed in a school concert with the other music departments. One of the songs that was very popular with the audience was "Sleigh Ride." What made the piece so enjoyable was history teacher, Mr. Dave Colcombe's reading of "The Night Before Christmas."

Also performing at the Christmas concert was the PHS Orchestra. It was different from the classes, as it was a full orchestra. Horn, woodwind, and percussion players joined the violinists, violists, cellists, and bassists on the stage. The group usually practiced together after school, as they were never in the same classes.

Two other bands were essential to the school, though they were not in particular classes. The marching band helped raise spirit at football games, and also went to two marching competitions. The Slam Dunk Pep Band helped psych up the crowd and the players during basketball season, as their name suggests. This band was begun in 1985 by two students, when they were asked if the music department could help raise spirit at basketball games in much the same manner that the marching band did during the fall. The pep band continued to grow--and continued to cheer and make noise--under the direction of Mr. Sachlis.



Tuning Up

Tuning before rehearsoal, Jeannie Palmer and Diana Moeres begin to play scales. Rehearsal usually started with tuning, when everyone played a C major scale.



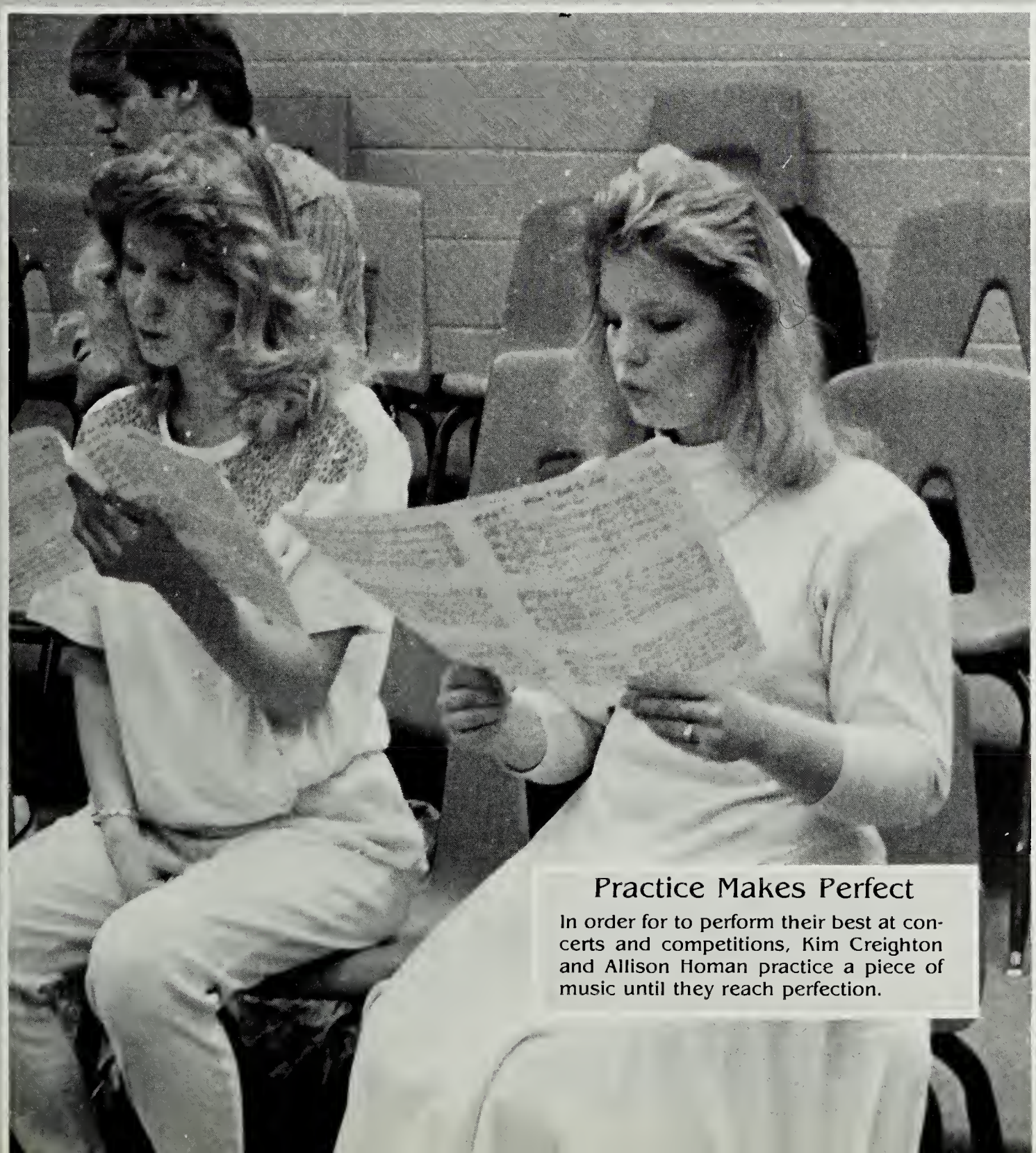
The Night Before

Looking the part of a modern Santa Claus, history teacher, Mr. Dave Colcombe reads "The Night Before Christmas" as the band plays "Sleigh Ride" during the winter concert.

One and Two and Three

Being able to read the music was not the only essential ability the music members had to have. Alison Cozzone proves just that by playing in rythm.





Practice Makes Perfect

In order for to perform their best at concerts and competitions, Kim Creighton and Allison Homan practice a piece of music until they reach perfection.



Becky Anderson
"Choir was always fun, although we worked hard and accomplished a lot. It felt great when you had put on a great peformance."



Young J Lee
"I hope I'm going to make Governor's School. I think that playing for block-parties and being on All County and All Regionals has really helped."



Forest Hetland
"I joined the band program to help me get into college. It's a good career to fall back on if I don't make it in art.



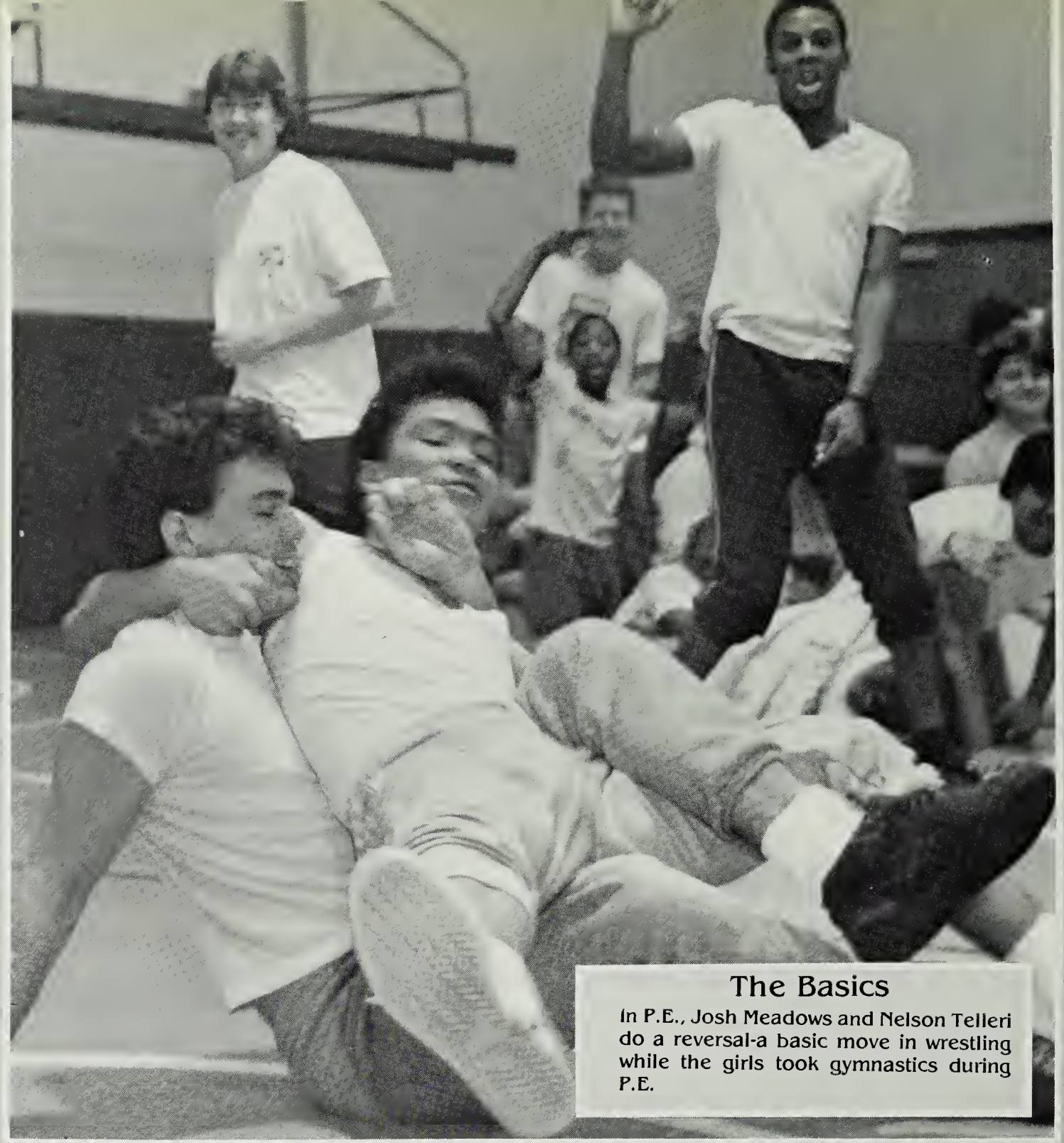
Jason Korzen
"My best memory of P.E. was playing basketball, and some guys lifted me up to the rim so I could slam. I'm kindda short so it was quite an experience."



Stacie Clemmons
"I enjoy Mr. Bill Stephens' class, and I try to make it enjoyable for others as well. I am interested in staying in shape."



Carrie Yacano
"The most memorable experience in P.E. was wrestling; it is one sport I don't understand. It was a challenge and fun."



The Basics

In P.E., Josh Meadows and Nelson Telleri do a reversal-a basic move in wrestling while the girls took gymnastics during P.E.

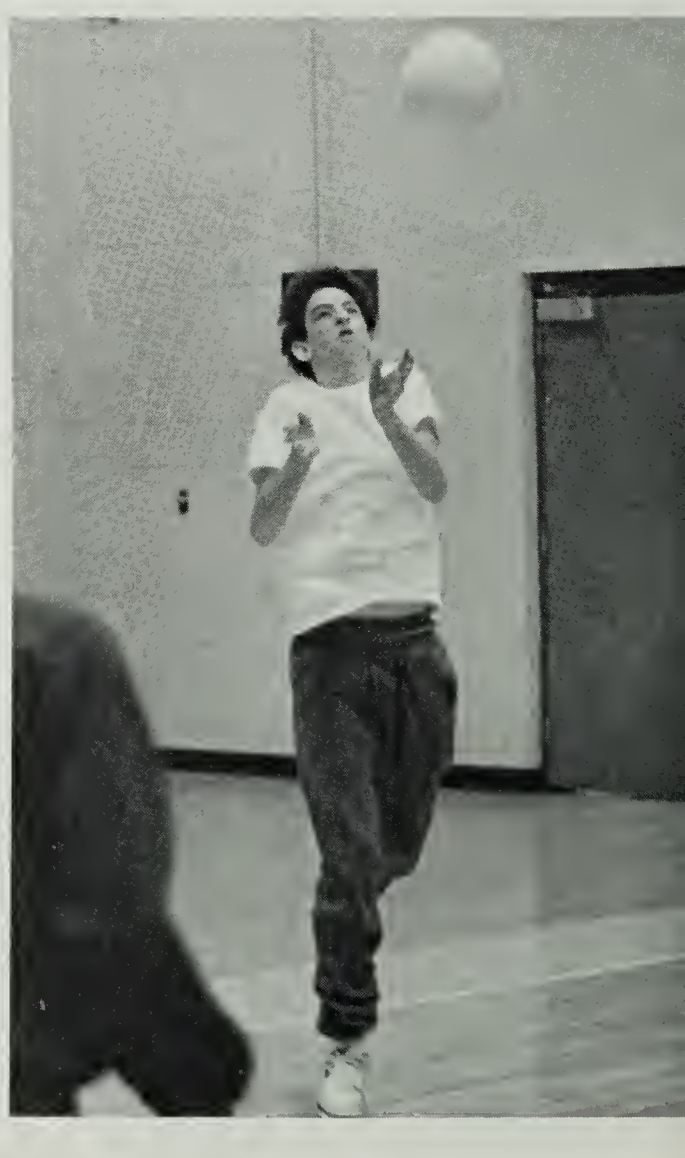


One on One

As Brian Shugart keeps control of the ball, Colin Gibb does his best to play defense.

I Got It

Recieving a serve, Tim Conway attempts to keep the ball in play. Part of P.E. was learning the correct procedures of volleyball.



Leisure Sport

Scoring big in shuffleboard, Jeff Reid watches his disk come to a complete stop. Considered a leisure sport, shuffleboard was enjoyed by many.



Take A Break

No matter what other classes you took, Health and Physical Education were the ones that were unavoidable and a must for everyone in order to graduate.

"I don't mind P.E. It's a break from my other classes," said Tracey Jarvis.

Some considered dressing out for P.E. the worst part, but out in action, things became more enjoyable. After playing basketball, Theresa Theroux said, "It gets kinda vicious out there with scratching, pushing, and flying elbows, but I survive."

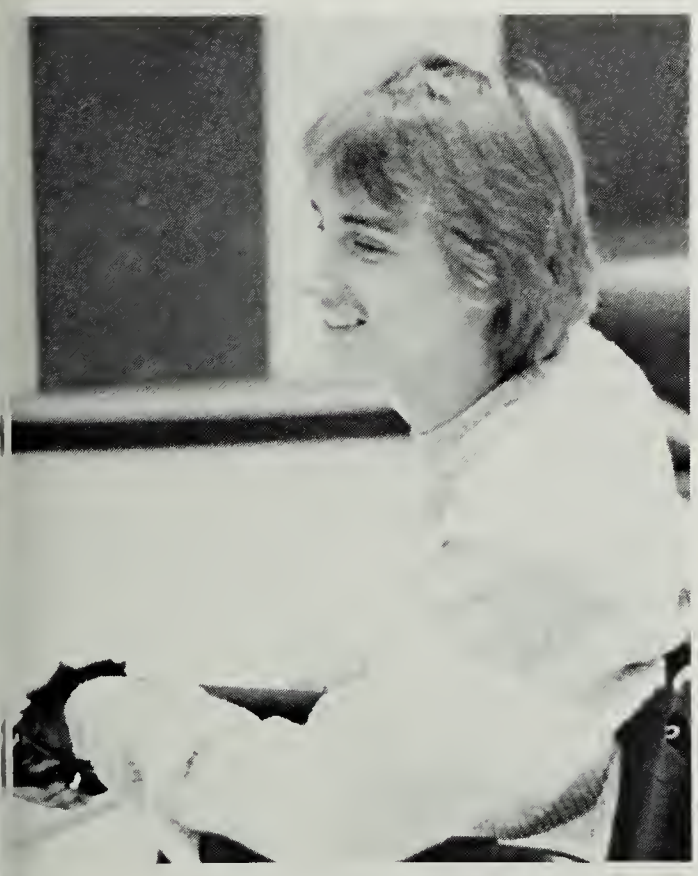
Taking showers was also a necessity, whether you felt you needed it or not. "In the locker room, there's a mad dash for the mirrors; the girls who need to fix in less than ten minutes what took them more than an hour in the morning," said Tamara Hamilton.

While P.E. was a break from paperwork, it was back to the books for Health. Topics like first aid, drugs and alcohol, nutrition and the rules of the road were discussed. The phrase "Don't drink and drive" was one of the many that was important enough to be stressed countless times.

"I found driver's education interesting and very informative. It prepares you for emergencies on the road," said Paul Beckman. The most awaited part of Health and P.E. was road and range. Students couldn't wait to get their hands on their learner's permits and get behind the wheel. Exercises like wide turns, driving in reverse, and the figure eight were practiced under the close supervision of Mr. Bill Brown and Mr. Jerry Gardziel.

"I'll never forget the time I was driving and the horn went off and kept going. Mr. Brown just laughed and all the P.E. classes stared," said Kim Hochmuth.

Road and range were meant to build experience, and some students did just that. After a few fender benders and some close calls on the highway, Mr. Jerry Gardziel commented, "I see my life flash before my eyes about five times a day."



Relaxing

Watching his opponet, Jimmy Martin relaxes in a game of shuffleboard.



Up and Over

Participating in the gymnastics part of P.E. curriculum, Lee Dangerfield completes a roundoff off the vault.

Too Little Time

Time is our major enemy," said senior Debbie Jarvis, Editor-in-Chief of the *PHS Class*.

Time was the common enemy that publications staffs tried to battle.

"There just aren't enough hours in the day for me to get everything done so I end up doing fifty things at one time," said yearbook section editor, junior Stephanie Dunn.

It got even worse at deadline time. Staffers ran around frantically trying to find a quote, get a picture, and finish everything. Sometimes it felt as if things were hopeless, but everyone put in 257 1/2% to get the job done.

With staffs of 16 to 20 students the *PHS Class* and the *Prowler* tried to win a trophy award once again. *Prowler* won their second trophy and the *PHS Class* won their first at the 1987 VHSL Publications workshop at UVa.

The literary magazine, *Out of the Blue*, also seemed to have little time to get everything done.

"In 1986-1987, we had a staff of about fifty at first, but it came down to it only five or ten of us actually doing the work," said senior Kristel McLaughlin.

Out of the Blue consisted mainly of student contributions. Throughout the year, posters calling for all types of writing decorated the halls. They called for poems, short stories, essay and other types of writing. The illustrations were also contributed by students. It was up to the *Out of the Blue* staff, which was sponsored by English teacher, Mrs. Bridget Abler, to judge what was put into the magazine. At the end of the year, the finished magazine was sold to students and faculty.

"The greatest feeling in the world for me is to know that all the people that buy a yearbook love what I've spent countless hours writing, cropping, labeling, printing, organizing, and computering," said *Prowler* staffer Stephanie Dunn.

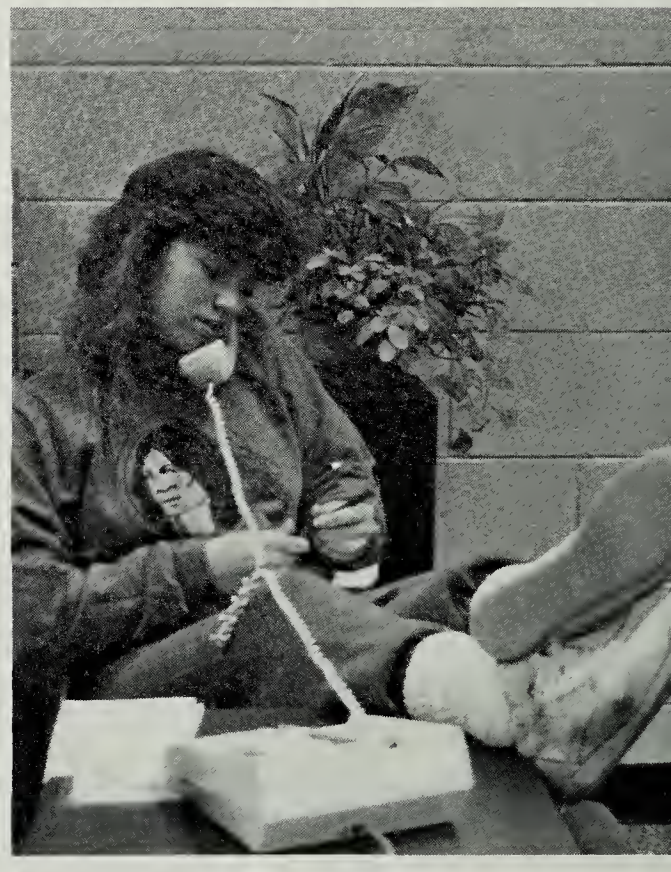
Paste Up

At Potomac News's paste-up board, senior Rick Edington pastes up a sports page. The newspaper staff went to the nearby paper's headquarters to publish the *PHS Class*.



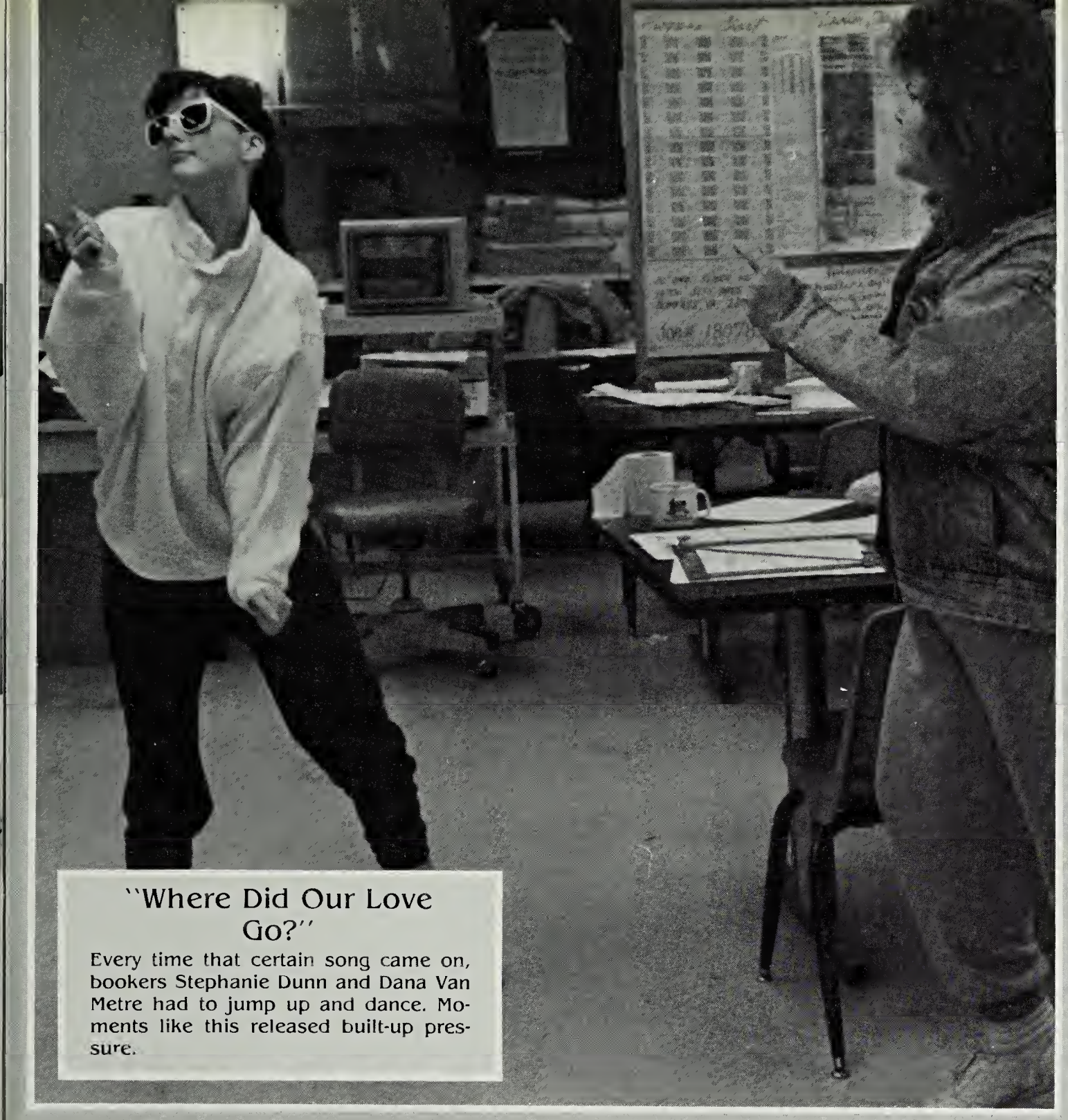


Front Row: Jeanie Edgington, Kim Whitehurst, Katie Martin, Kay Schultz, Wendy Winneberger, Jay McDonald. Middle Row: Jenny Foote, Anissa Thompson, Kim Creighton, Debbie Jarvis, Felicia Patsch, Beth Adams. Back Row: Minna Niemi, Kim Burgess, Rick Edgington, Matt Cervarich, Steve Davis, Tom Jarman. Not pictured: Tiffany Tadlock, Jimmy Harris, Kristi Anderson.



Interview

"I know you don't know me, but . . . " said senior Malinda Antonik as she interviewed P.E. students. Good quotes made copy more interesting.



"Where Did Our Love Go?"

Every time that certain song came on, bookers Stephanie Dunn and Dana Van Metre had to jump up and dance. Moments like this released built-up pressure.





Getting Organized

At the Potomac News, senior Jay McDonald tries to find the tools he needs to paste up his page.

Hiding Out

When the classroom became too noisy for Sports Editor, senior Lisa Anderson, to write football copy, she retreated to the quieter back room.



Debbie Jarvis, Journalism
"We won trophy class for the first time, and that was really nice."



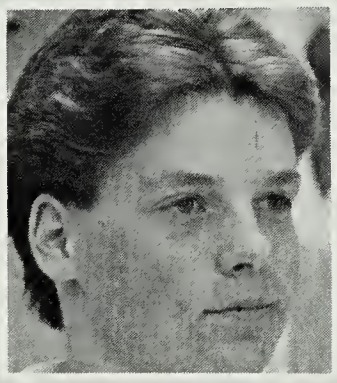
Ann Gillette, Photo Journalism
"Yearbook is a full-time job."



Stephanie Collier, Literary Magazine
"We've had a lot of trouble getting students' contributions."



Chris O'Connor
"I've been taking science for four years and I've done two Science Fair projects; they require a lot of extra work."



Thomas Walderman
"I'm very honored that Mr. (Lynn) Cummings chose me to be highlighted, especially since I am an exchange student.

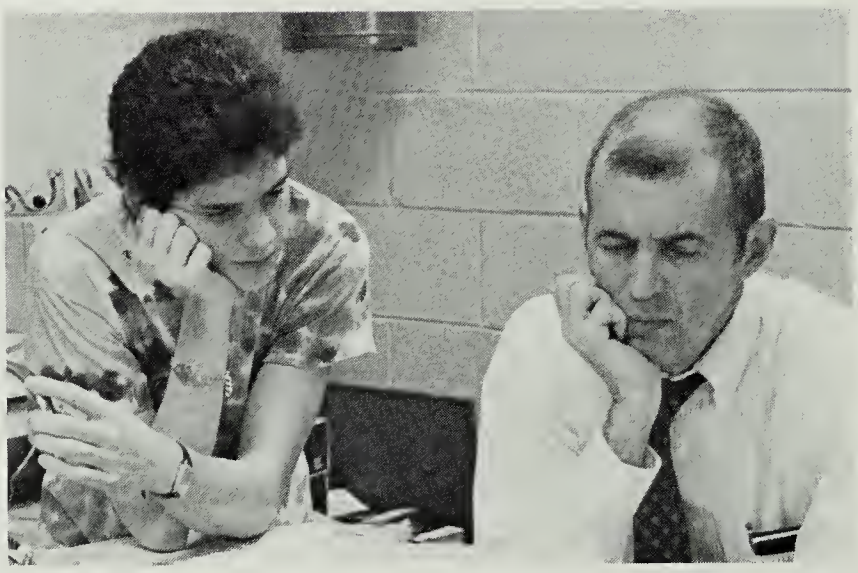


Jennifer Kellett
"My most memorable experience has been Mrs. Pamela Chiarito's dressing up to resemble the people we study about."



Teamwork

During physics class, juniors Erika Reid and Xzabier Jackson complete a lab on the transfer of heat and specific energy.

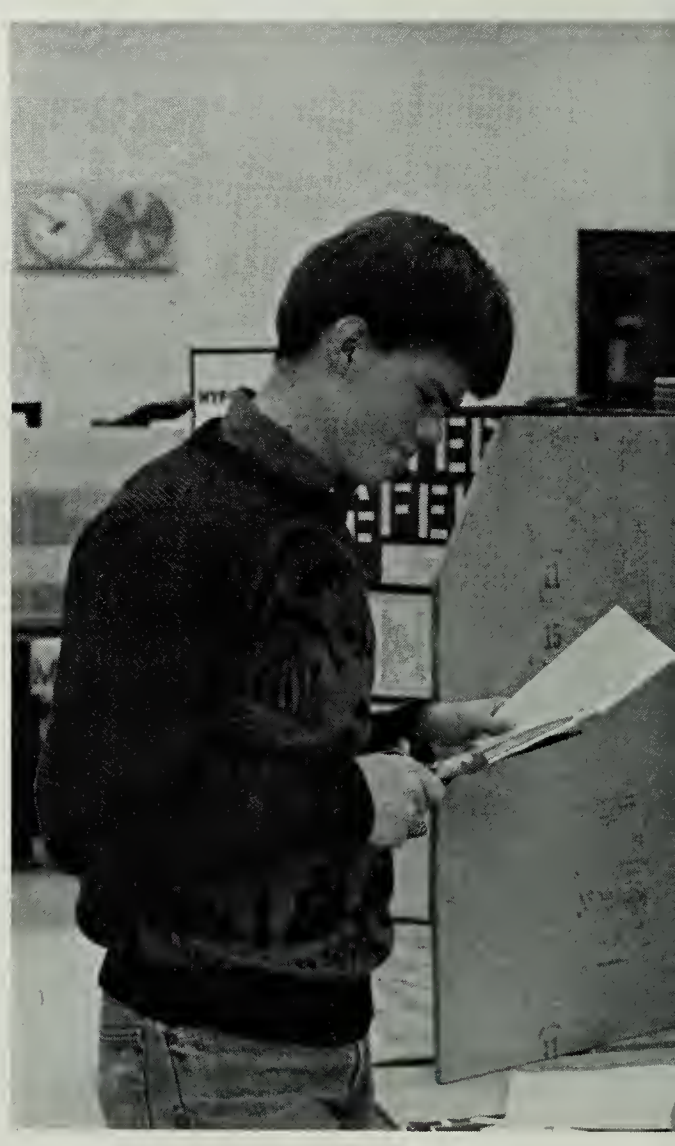


Clearing It Up

Junior Matt Dunlap questions Mr. Roger Plumsky about the results of his lab. Labs were a major part of AP Chemistry.

Setting Up

Putting the finishing touches on his science project, senior Chris Cowan sets up in the library. February 24 was the big day for those who had projects to display.



"How Come?"

Protection

Wearing an apron to protect his clothes, Frank Gifford drips acid into a beaker. Wearing goggles was mandatory in lab situations.



"How come?" said senior Rick Laurence.

There were all kinds of sciences: earth, biology, chemistry, and physics. Then there were the advanced science courses too. The farther in science we went the more the question of "how come" appeared.

"We were talking about DNA in advanced biology and I kept driving Mrs. Ferree crazy asking her questions about why we had DNA and how we got it and why we had it. I just kept asking because I was curious," said junior Allison Hord.

Needless to say even with all of the questions science was fun to say the least. When you figured out that you got to dissect the pig in biology and the rabbit in advanced biology you couldn't wait to get through all of the DNA, RNA, and all of the other molecules so you could get to the dissecting part. Then there was the year of chemistry when you got to experiment with compounds like potassium permanganate, and silver nitrate. When lab days came around we all prayed that we wouldn't accidentally mix the wrong things together and end up blowing up the entire first floor of the school! Earth science was a little less dangerous because we just looked at rocks and studied things like volcanoes. Further on into the science program we went into physics and studied things such as properties of energy and non-living matter.

Usually once we completed these courses we dared to venture into the territory of the five point class to get even more confused on the "how come" subject. Five point classes that were offered were Advanced Chemistry, Biology, and Physics.

All of the classes were fun for almost everyone, even the ones who didn't even like science that much. But there was still that question in the back of everyones mind when they learned anything new, the question was--How Come??



Perfection

In Mr. Roger Plumsky's AP Chemistry class, senior John Driscoll concentrates on completing his lab.



Touch & Know

During their Earth Science class, Vick Burch and Carrie Biar examine different types of rocks and minerals.

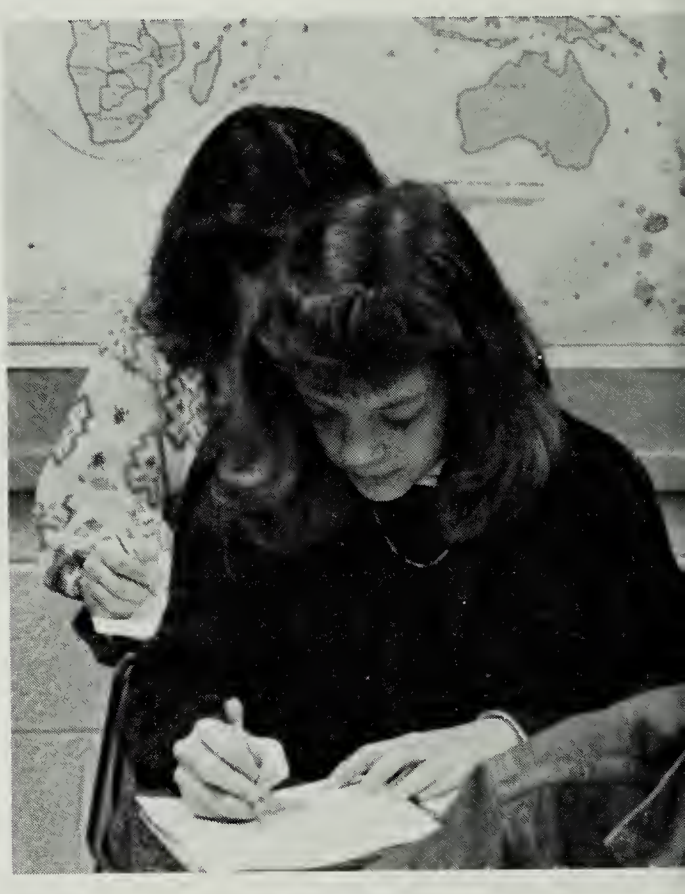
I Got it!

Trying to get the VCR to work so their government class can watch the Lyndon B. Johnson movie, seniors Jim Reid and Kelly Kasper check to see if it is right.



Almost Done

Working dilligently to get her assignment done, April Sackett concentrates on writing her answer.



When?

Dates, dates, and more dates. When asked what came to their minds when history was mentioned, people always said "dates." In actuality there was much more to history than just memorizing dates.

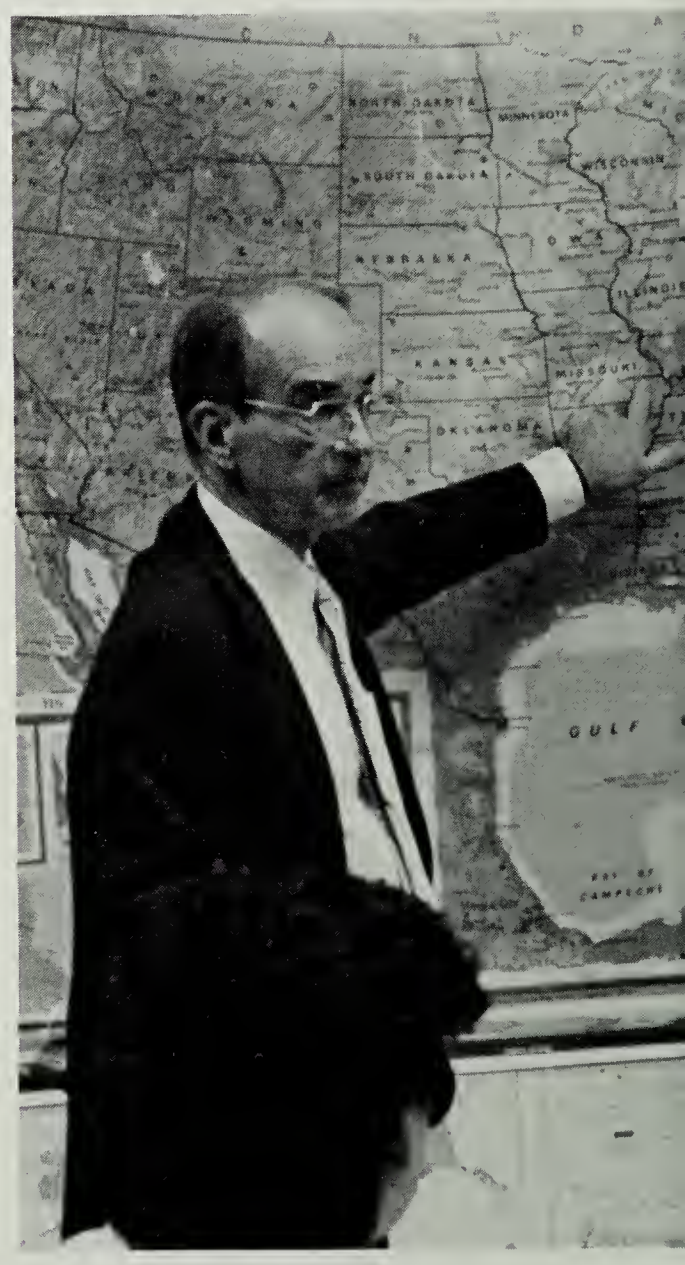
This year being an election year made for many extra projects. All of Mrs. Jan Polk's and Ms. Charlotte Stultz's classes picked a presidential candidate and followed his progress throughout the election year. At the end of the year a mock election was held. Also with American Studies II came economics projects. Students were assigned a budget they had to live under for approximately one month. This was fun for the students because they got to go out and buy a car, a house, and all the other necessities. At the end of the project, many students found that they had a lot to learn about living under a budget before they actually had to do it in the real world.

In World Studies I, the favorite thing ot do was watch films about Egypt and King Tut. Filmstrips made it easier to get a good picture of the past and remember it.

"In my World Studies I class, I learned about Early America, which helped me extremely in producing a quality paper," said freshman Rachelle Brown.

The most offbeat course in the Social Studies department seemed to be Sociology. While all the other courses dealt with the past of a country, sociology taught about values and norms of our society.

"Once we got into psychology in Sociology, I found out a lot about myself. It really made me think about my way of life and my attitudes toward people," said senior Krista Staley. Sociology also included a lot of fun little games, like drawing people and trees. Exercises like this often brought out different events of the students lives which were hidden in the drawings.



Pointing It Out

In his American Studies I class, Mr. David Kite points out a city in Kansas. Maps were often used to help give students an idea of where events happened.

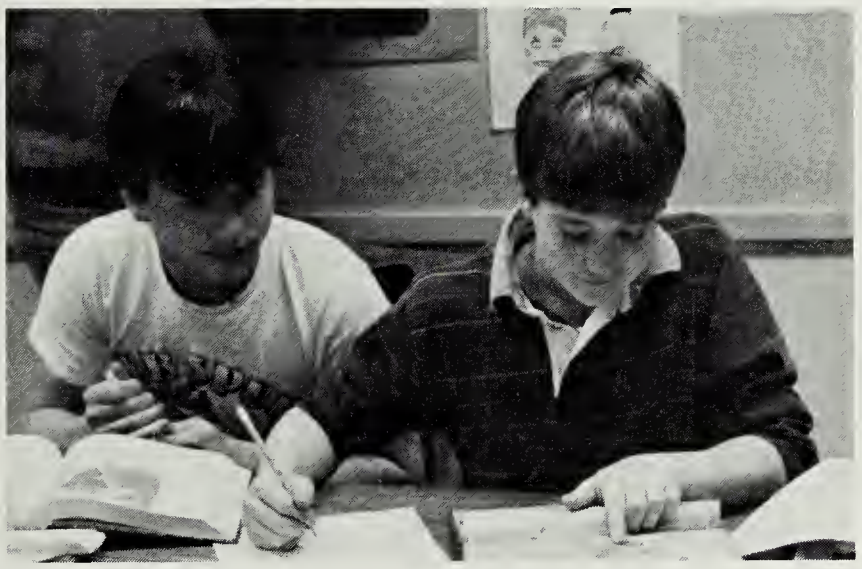


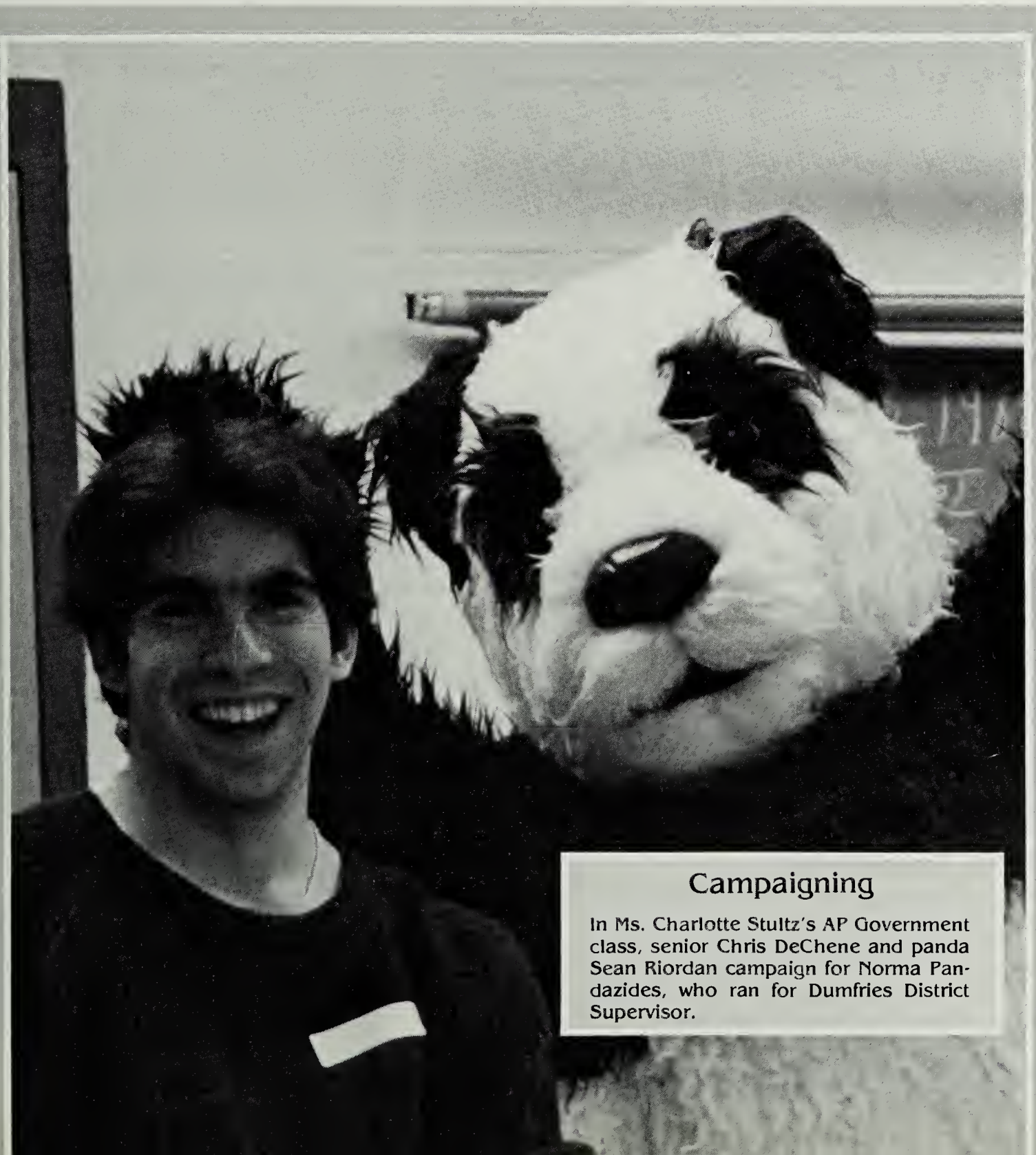
Here! Here!

Playing the role of judge in Ms. Charlotte Stultz's mock trial, senior Jana Rea tries to bring the court to order.

There It Is

Mark Hurst and Tim Lusk are looking for a country on a map in World Studies I book. World Studies was as close as we got to taking geography.





Campaigning

In Ms. Charlotte Stultz's AP Government class, senior Chris DeChene and panda Sean Riordan campaign for Norma Pandazides, who ran for Dumfries District Supervisor.



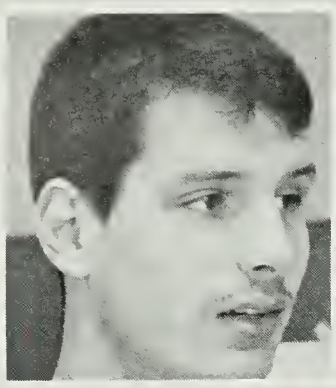
Rachelle Brown
"What I learned in American Studies I helped me in all my other classes, and I enjoyed learning it."



Rick Edgington
"History is challenging to me because it allows you to express your own personal political view."



Calvin Speed
"World Studies I was fun because we got to watch filmstrips about Egypt and King Tut's tomb."



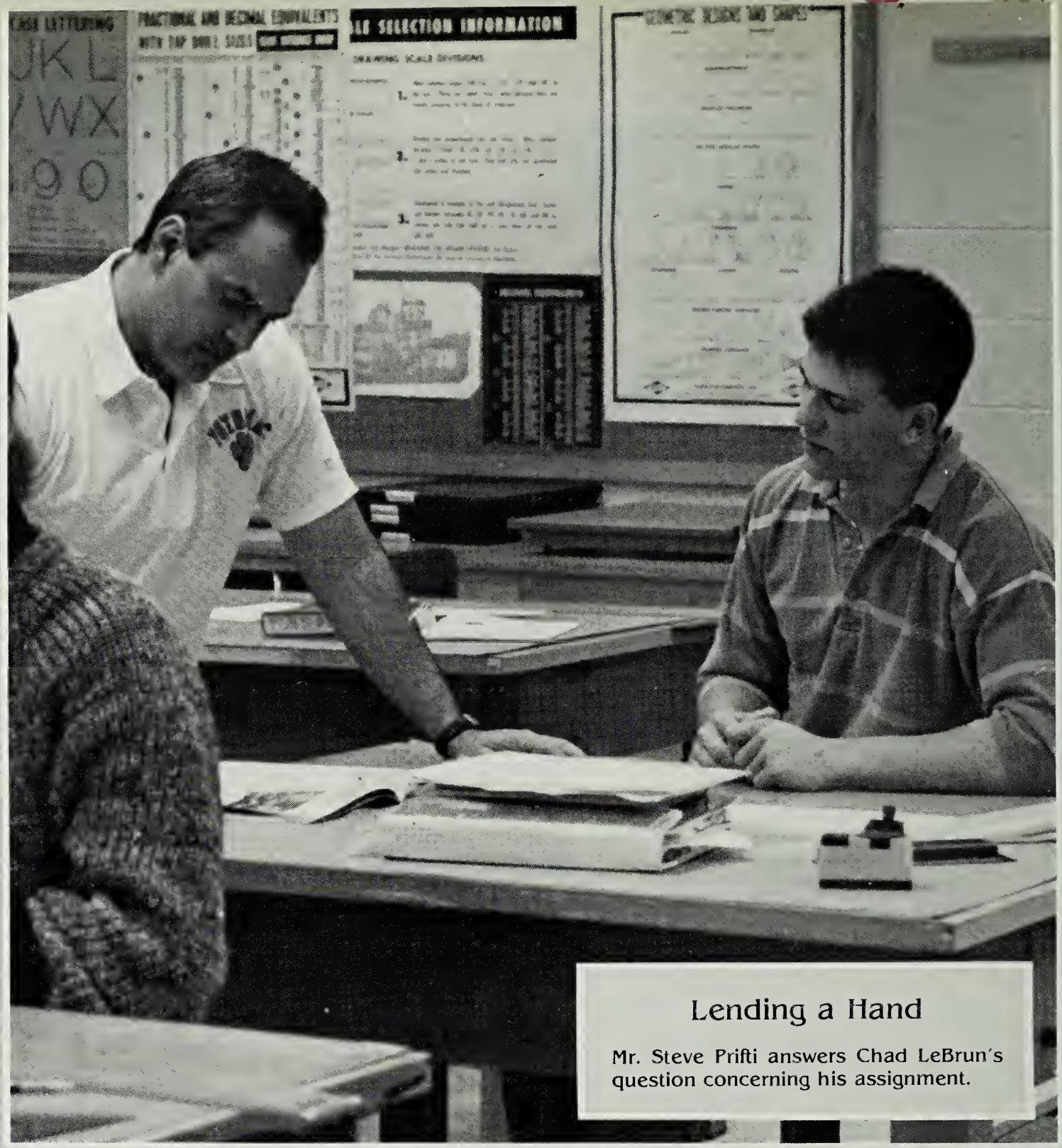
Craig Novitsky
"Mr. Steve Prifti makes the class work. His stories about the life sound like dreams but most are true."



John Nix
"A relaxed atmosphere makes for easy learning in electronics."



John O'Farrel
"I'll never forget grabbing hold of a wiring switch and getting a heck of a shock in construction."



Lending a Hand

Mr. Steve Prifti answers Chad LeBrun's question concerning his assignment.



Hard Work

Before beginning to work, junior David Darling sizes up the task of repairing a crumbled chimney.

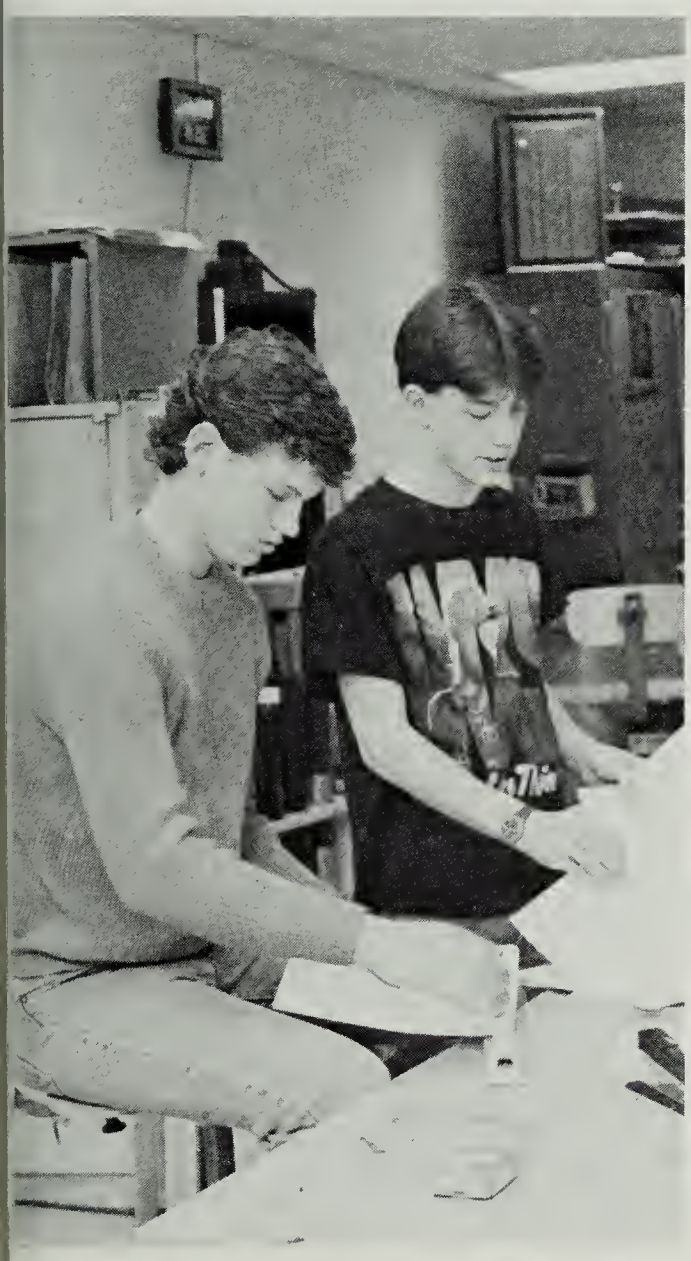


Pressing Job

Almost done, Ronald Thomas puts the finishing touches on his work in manufacturing.

Finishing Up

Doing the last part of their printing job, Rusty Miller and John Goodwin staple together printed papers. Graphics Arts printed the school's newsletter.



Trade For All Men

A hammer, nails, a screwdriver, a saw, a T-square, a compass, and a squeegee, weren't usually found in places like the art room, the computer lab, or an English or math classroom. However, once we wandered into the vocational wing of the school, these pieces of equipment became necessities.

As Webster's said, "vocational" meant "of a vocation, trade, profession, occupation, etc." So, instead of learning about abstract things like geometric theorems, themes in literary works, chemical properties, or dates of Civil War battles, vocational students learned skills that would get them employment in the trade of their choice. Basically, vocational education meant learning "how," like how to fix a car or how to build a house. Classes like Auto Body, Printing, and Drafting helped ready students for entering the job market immediately after graduation.

From repairing a dent to applying a fresh coat of paint, Auto Body dealt with how to keep a car looking great. On the other hand, Auto Mechanics taught students how to repair all kinds of engines.

"I feel a real sense of accomplishment when I see a beat-up old car leave here looking like new," said Auto Body student Lenton Lucas. Added Ted Confair, "It costs less than a body shop to have your car fixed here at the school."

Students in the body shop didn't earn money for their labor, as all this was basically a learning experience. Doing well in the high school course helped once students needed to apply their experience, of course.

Drafting was another vocational course that taught students lifetime skills. Said Mr. Steve Prifti, "If you need a job, and you have the classified ads, you can look under 'drafting' and find a wide variety of jobs to suit you.

(Continued on page 184)



Setting Up

Preparing for Vocational Education Week, DECA students Kerri Little and Christy Lavelle decorate the halls with signs promoting vocations.



Hammering Away

As Matthew Eads and Lamar Gooden watch, James Gahn attaches segments of sheetrock in construction class.

Continued from page 183

Printing the school newsletter, programs for special events, or original screen print designs were only a few of the different activities explored in Graphic Arts.

"I'd like to think that I taught a class that pushed your imagination and talents to the limit," said Mr. Chris Kadis, Graphic Arts teacher.

A pair of good hands and a sharp mind were necessities in a class like Electronics. Students gained experience to fix anything from blenders to typeweriters. The curriculum kept in touch with the latest technology as students learned their way around the most modern equipment.

Covering most aspects of building a house, construction detailed wiring, residential plumbing, and general construction. Building sheds was one of the class's projects. These sheds were completed and sold as a service to the community, and a long list of clients waited to receive one. Construction was the perfect example of a course that prepared students for a job after graduation or during the summer .

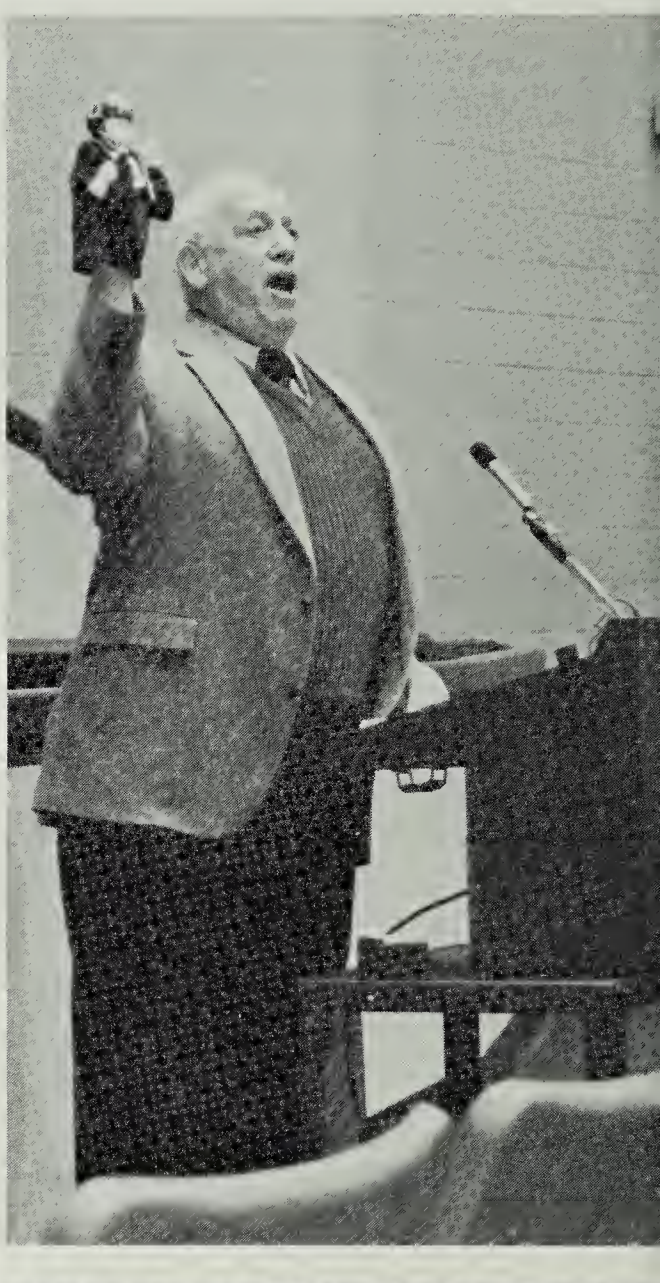
"Manufacturing is a great class especially if this is the type of work you're interested in. If not, it still helps you learn the big part of life and that's responsibility," said senior Milton Thornhill. In manufacturing, students learned how to make everything form dustpans to hairpins. This course was more exploratory than the other vocational classes because students learned how to make products, rather than preparing for a specific job.

"It's a cool class and good experience if you want to be a carpenter," said manufacturing student, Mike Wallis.

Getting good experience for entering the job market and learning responsibility was the focus of the vocational department. These classes gave students the opportunity to learn "how."

Guest Speaker

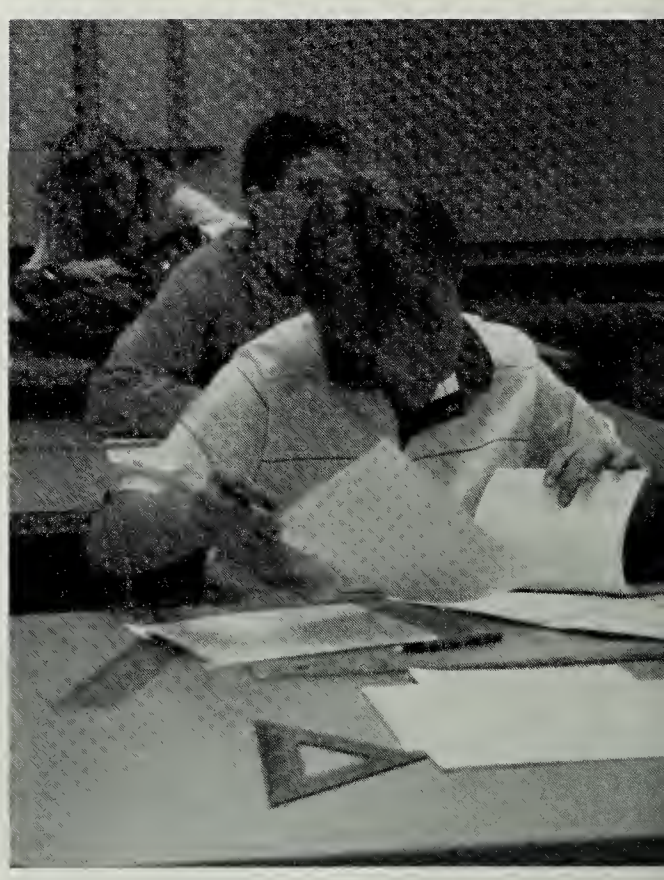
Using props like his puppet, Mr. Belche, owner-/director of the TECC School of Electronics, speaks to vocational students.





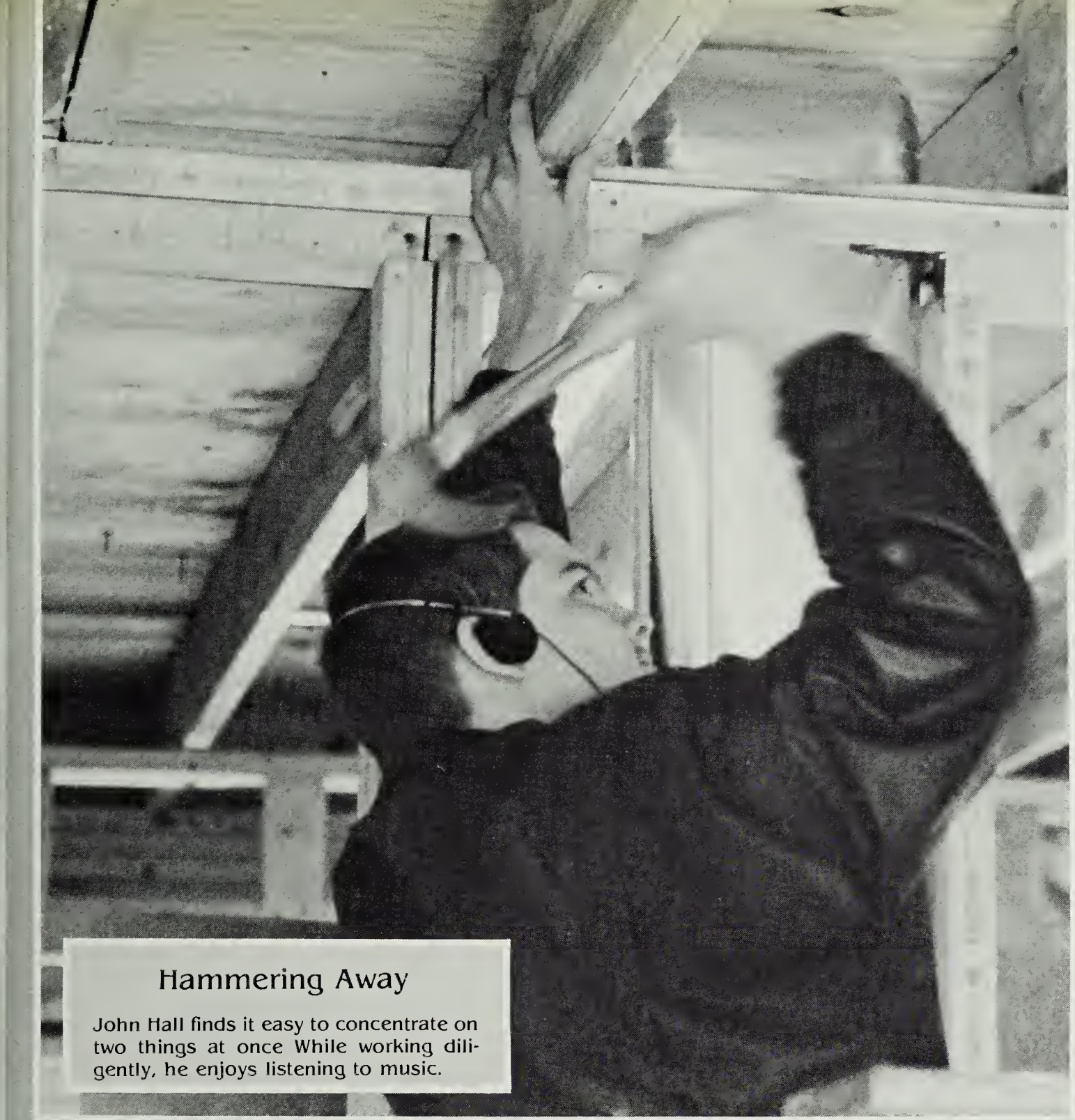
Setting Up

Seniors Turner Miles and Eric Campbell set up displays in the main hall showcase in anticipation on Vocational Week. Turner was DECA president and Eric was FBLA president.



Technically Speaking

Working dilligently in Basic Technical Drawing, Kevin Shafer completes his assignment.



Hammering Away

John Hall finds it easy to concentrate on two things at once While working diligently, he enjoys listening to music.





Scrubbing it down!

Preparing to paint the car, James Pemberton washes off the sandy grime and dust after sanding the body.

Flowing Currents

Jim Crowley busies himself using a soldering gun on a circuit board in electronics.



Andre Tuell
"I get along well with my employer and other employees because I really enjoy my work."



Michelle Underwood
"Using your imagination, that's what vocational printing is all about. If you can dream it you can print it."



Charles Lockhart
"Every day is an experience in here. I look forward to manufacturing every day."

Essential ingredients

. . . FOR INVOLVEMENT!

School, home, homework, work, sleep. There just had to be more to life than that five-step cycle. Sure, there were movies to go to with friends, but we could eat only so many buckets of popcorn. But wait! The second Tuesday of each month rolled around, and we had a chance to become involved during activity period. We planned events from the play *The Imaginary Invalid* to the Foriegn Language Christmas Banquet. Said Spanish Club President Nyx Piansay, "Those meetings set the basis of the work on all our projects."

Going to meetings made an otherwise ho-hum day interesting. Getting things accomplished and being in a group of people with similar interests was always fun. Said Latin Club president Chris Colletti, "Every meeting is exciting because we do something different."

Club membership was important. Involved members kept the club alive. Said Pep Club member Shannon Swenson, "It takes more than one person to have a club work, and hard work accomplishes much."

Clubs were essential to our lives. They offered the chance to meet people, enhance skills, and become involved. Pep Club president Traci Marrandette said, "There is more to life than school and work."

Friends For Life



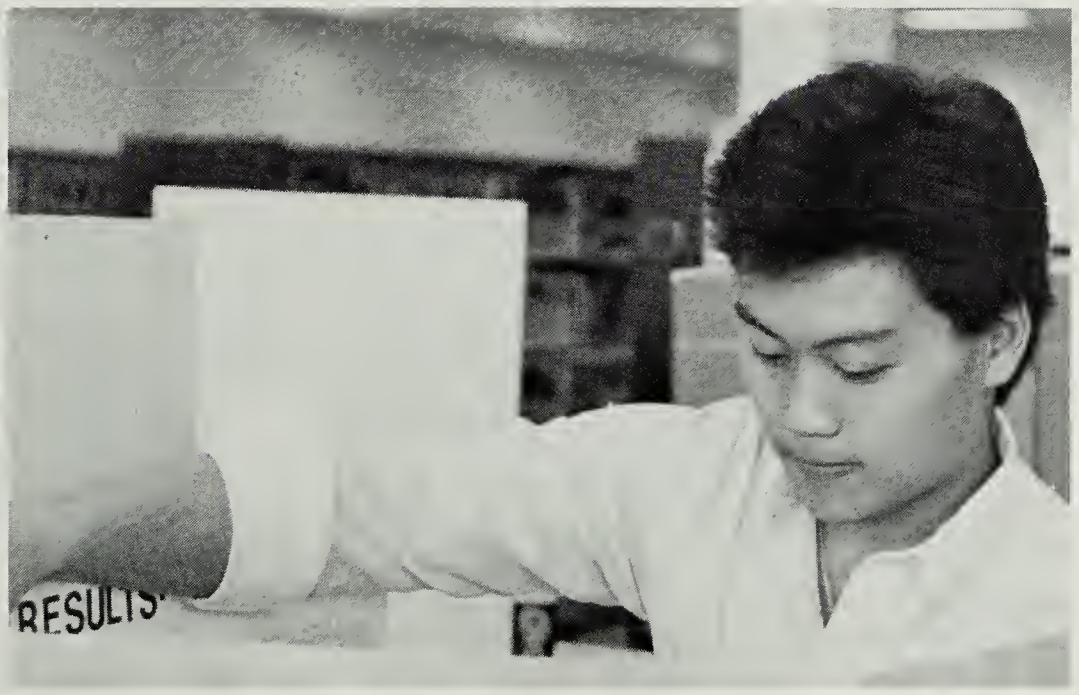
ICT members, sponsored by Mr. Grover Wade, planted a tree on the school lawn in memory of Ben Willis, a victim of a fatal car accident on December 2, 1986.



The Great Outdoors

DECA members Raquel George, Tammy Arrington, Tammy Barker, Kim Lear and Deanna Natale wait for a ride to the weekend camping field trip.





Getting Ready

Science Club member Jin Kang sets up before the Science Fair.

Double Coverage

TSA member Veronica Barr was crowned Miss Potomac in the Key Club sponsored pageant.



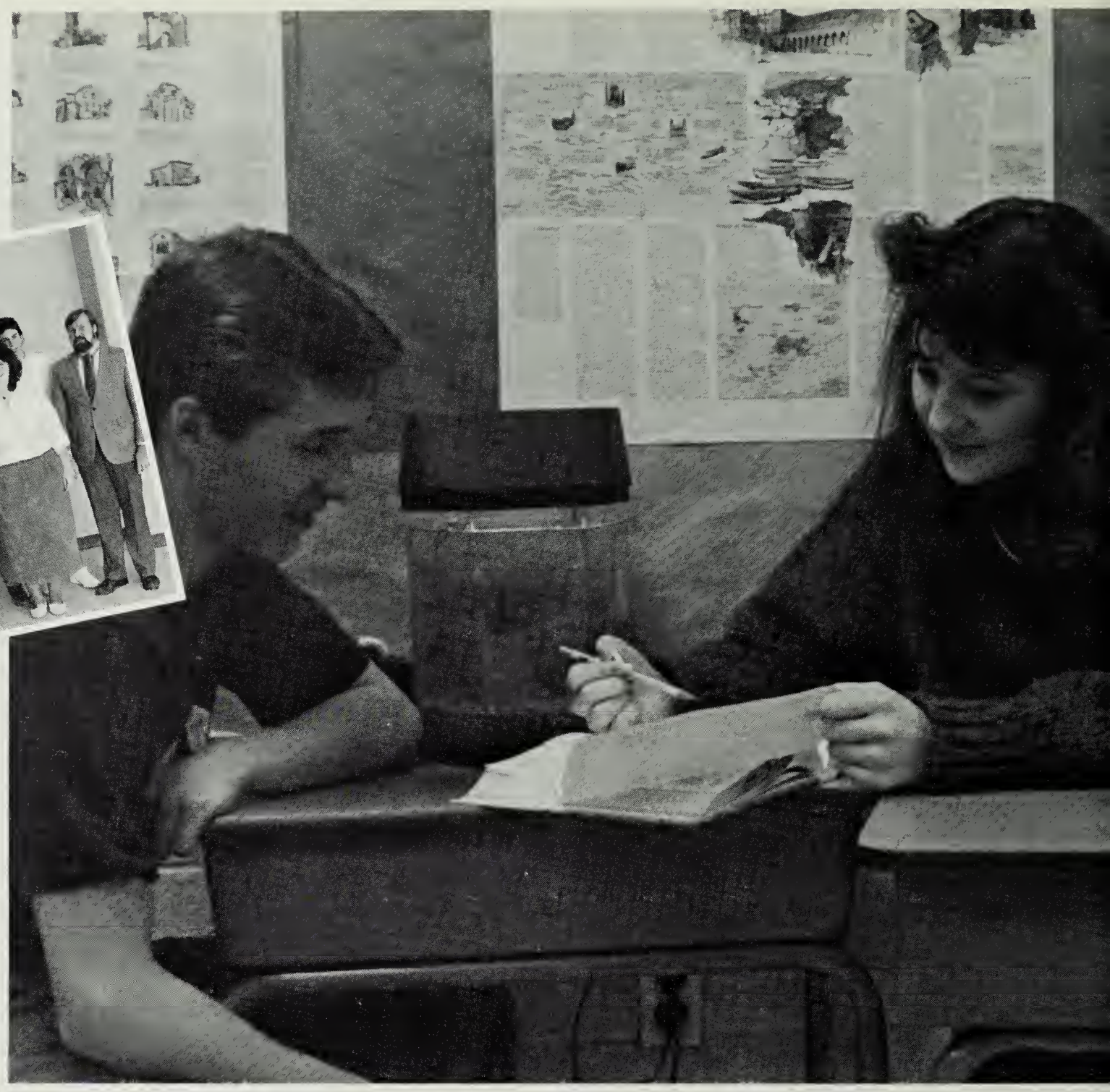




CLUBS



SNHS:Front Row: J. Lee, M. Antonik, L. Anderson, I. Doiron, M. Coyne, K. Milne **Back Row:** K. Burgess, K. McGee, S. Collier, C. DeChene, M. Fox, J. Lawson, Mr. D. Hiller



It's Like This...

Using a book, Kelli McGee tutors David Woodruff in Spanish. Sessions like this were essential before tests.

Cream Of The Crop

Setting An Example For All

No one would forget the induction ceremony for the San Martin chapter. Members of Spanish III and IV who had an "A" average were inducted. "All the visitors there were impressed. They had no idea what the speakers were saying because it was all in Spanish," said Mike Fox. The club's main activity was tutoring those having difficulty learning Spanish.

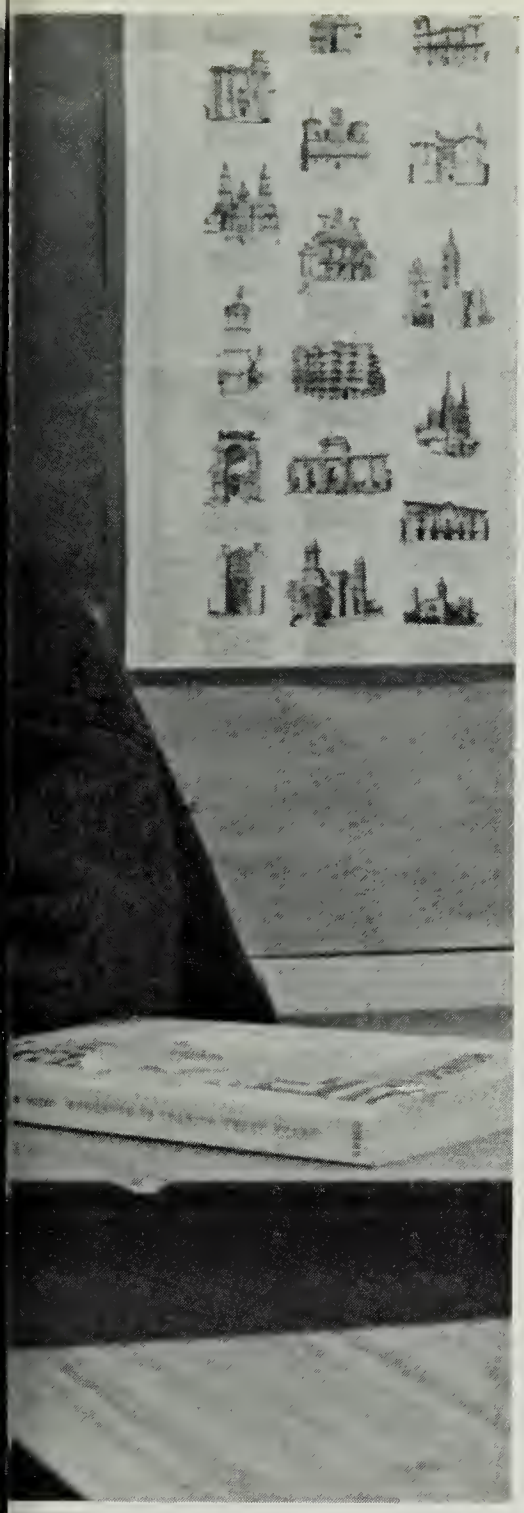
Activities, activities, and more activities-- it seemed that was the motto of the NHS officers. Since members needed points to stay in the club, the officers were determined to make many points available. They visited a nursing home, had monthly teacher appretiations, guided the ninth grade orientations and parent nights, and had a few meetings at Pizza Hut.

"Of course, for everyone inducted into NHS, the most memorable activity as a whole was the induction ceremony. For the inductees, it was a great honor to be given a rose at the ceremony," said Kelli McGee. After the induction, a reception for members and their parents was held in the library.

Once a month, members brought in homemade goodies for teachers for teacher appretiation. This was to thank them for their hard work and dedication.

Members of NHS and SNHS were nominated by members of the faculty based on their grades, leadership qualities, participation in activities both in school and the community.

All in all, members of these clubs were leading examples of the school. "I've learned to be proud of what I've accomplished in high school," said Heather Moore.





Happy To See You!

Laughing with NHS member Kim Martin, Clay Roop enjoys her company. He was her adopted grandfather for another club.

Getting Ready

Officers Bill Wakefield, Michele Pitt, Chris DeChene, and Ken Odom make ribbons, to pin on NHS inductees.



Pigging Out

After the NHS meeting at Pizza Hut, Christi DePersia enjoys her pizza. These meetings were a favorite of members.





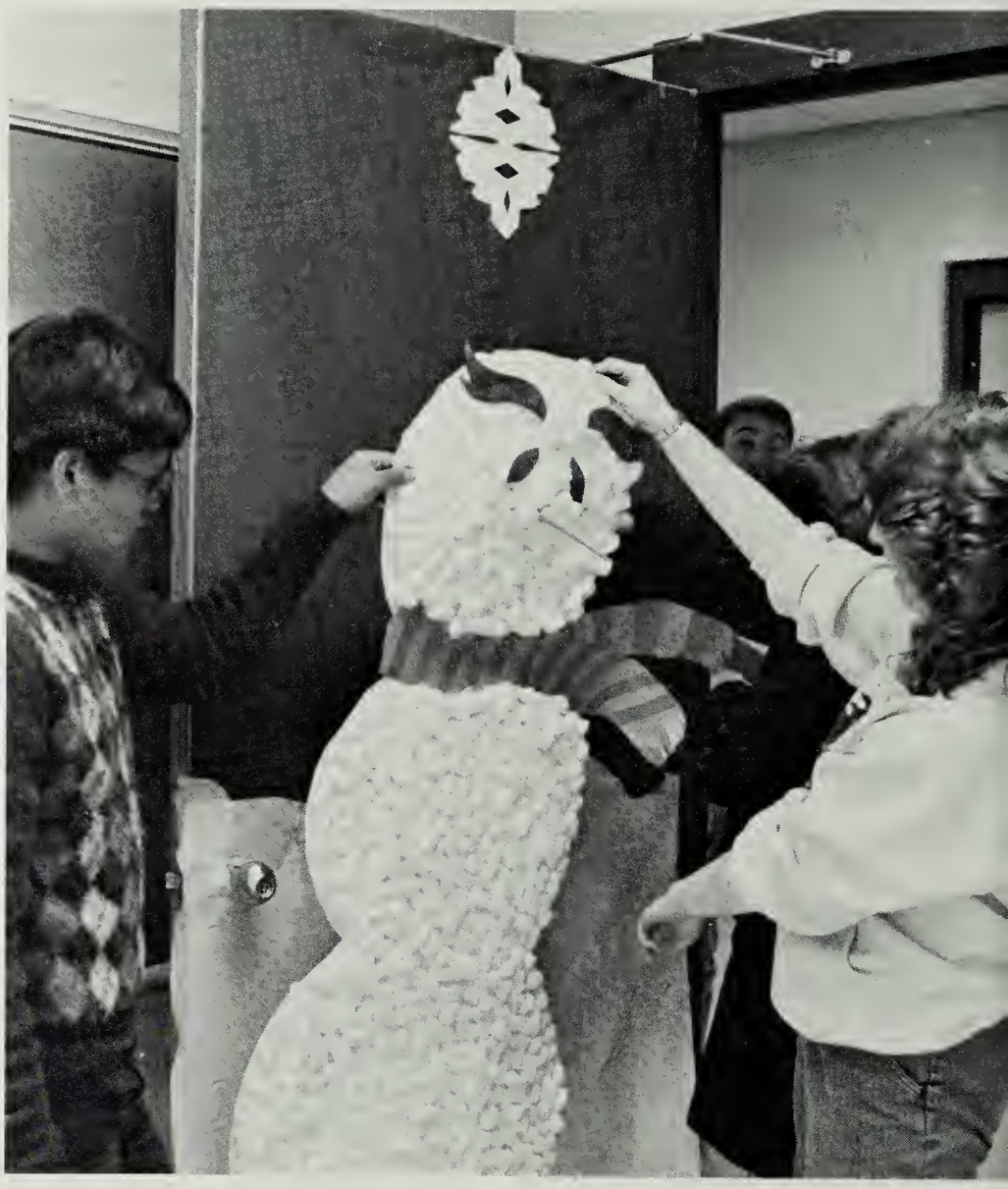


NHS: Front Row: Jennifer Haughy, John Wade, Alice Minelli, Lilian Gipson, Xzabier Jackson, Kim Martin, Danny Wong, Keith Snyder **Second Row:** Kim Sanders, Christine Bach, Christi DePersia, Joo Lee, Debbie McMillen, Marsha Griggers, Stephanie Bell **Third Row:** Becky Anderson, Maureen McGovern, Stacy Closson, Gretchen Moss, Laura Collins, Diana Griffeth, Michelle Holtzman, Mike Catlett **Back Row:** Carolyn Dutton, Sara Curran, Kevin King, Mike Murphy, Eric Treschuk, Brian Minchin, Brian Dietze, Matt Dunlap, Mike Ragon

NHS: Front Row: Ruthi Pollack, Lisa Anderson, Sandi Lupo, Cricket Mees, Malinda Antonik, Kim Whitehurst, Kerry Hefner **Second Row:** Maura Connolly, Jean Tennant, Melissa McCreary, Ralph DeLeon, Katy Martin, Tiffany Fonte, Derek Lazaroff, Tori Palm, Kari Zehner, Chris O'Connor **Third Row:** Chris DeChene, Kelli McGee, Stephanie Collier, Claudia Gibb, Tina de los Santos, Aaron Speca, Ian Doiron **Fourth Row:** Ron Kinley, Tim Palmer, Debbie Anderson, Kim Milne, Kristi Anderson **Back Row:** Mike Barko, Chris Olio, John Lawson, J. B. Price, Tony Hale, Rick Edgington, Bill Wakefield, Steve Booker, Jenny Beyer, Rob Piccoli

It's Frosty!

Rome Arquines and Tonya Turner help one another decorate Ms. Claudia Cunningham's classroom door.



History Club Front Row: Molly Lowndes, Kelli McGee, Micheal Coyne, Stephanie Collier.

Back Row: Will Sessoms, Chris DeChene, Mr. Donald Hiller.





Interior Decorators

Jamesia Scott, Heath Aydlette, Mrs. Vivien Ivey, and Mr. Donald Hiller decorate for Black History month.



SCA Front Row: Corey Lohman, Tracy Jarvis, Missy Nutton, Sandi Lupo, Stacey Clemmons, Kristen Cain, Julie Blanchfield,

Hillary Schwanda. **Back Row:** Angela Deck, Jenny Beyer, Mike Murphy, Debbie Jarvis, Gretchen Moss, Jenny Stearns.



Leaders

Helping Others Was What They Did Best

The officers and members of the student council association had two specific objectives in mind: representing the student body and working for their best interests.

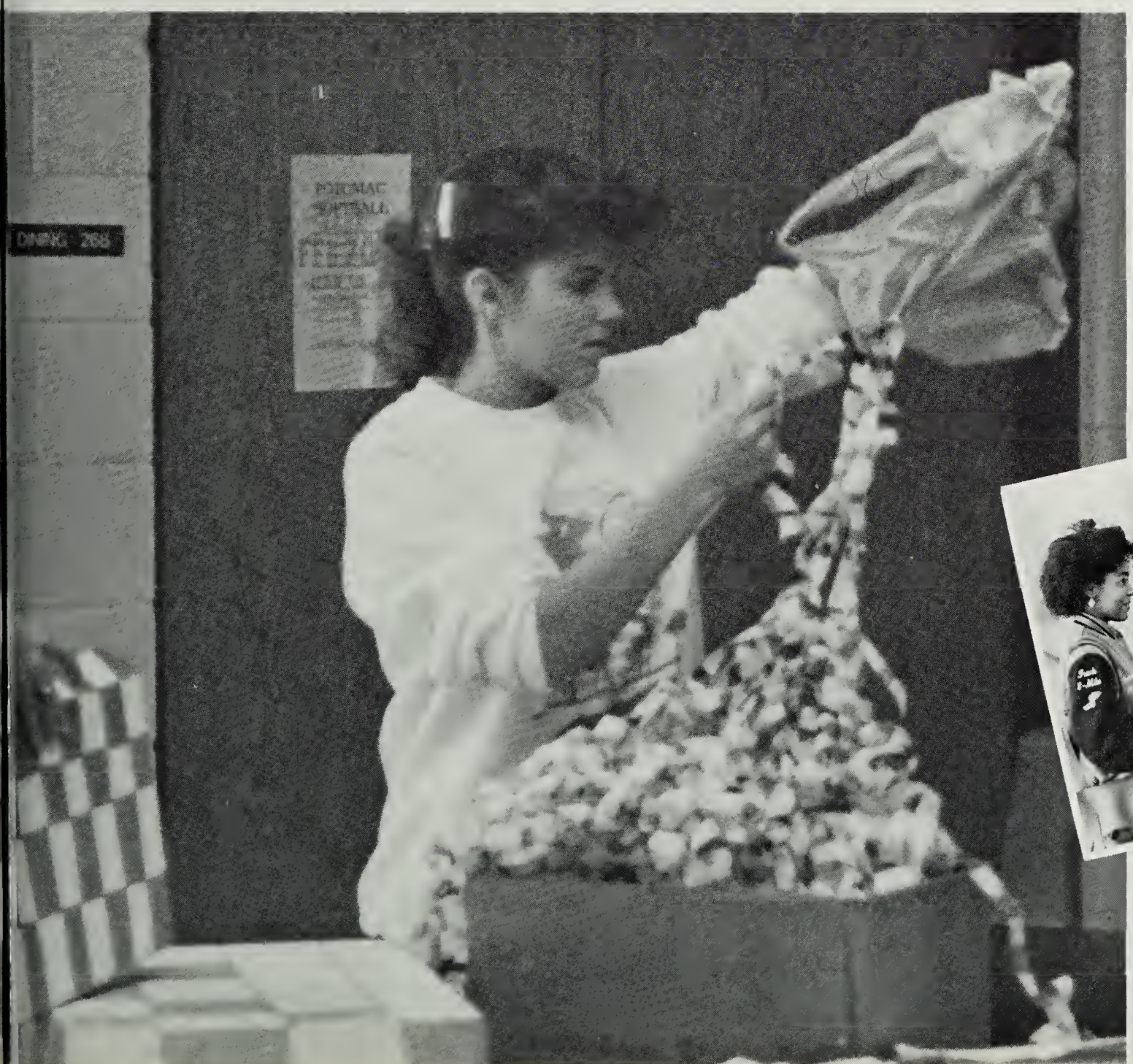
The SCA's most memorable activities were Homecoming and a Leadership Seminar at Radford College. The student body contributed to the success of Homecoming Week.

"The school spirit generated created great competition and rivalry," said Mike Murphy.

SCA also revised the old constitution to reorganized the student council. New ideas were brought up, discussed, and were then passed around for the student body to vote on. SCA met with the school board twice last year. These meetings helped student representatives learn how to discuss problems and solutions about the system.

Other activities sponsored by the SCA were Pep Rallies, a blood drive , door decorating and the winter festival which included the first Morp dance. "Last year the SCA worked hard and achieved their goals," said Stephanie Dunn.

The History Club was involved in a number of activites. Two interesting events were the Model OAS General Assembly and the Prince William County Model United Nations. The Model Organization of American States is a program designed to spread knowledge about the OAS. Members went to Washington, D.C. in December and represented Ambassadors of Suriname in the N.E. Coast of S. A. on the Carribean. History club recieved Certificates of Merit based on effective country representation and observance of decorum to the best delegation. Other activities included a bake sale to help a needy family in the community, car washes, a dance, and two exhibits in the main lobby.

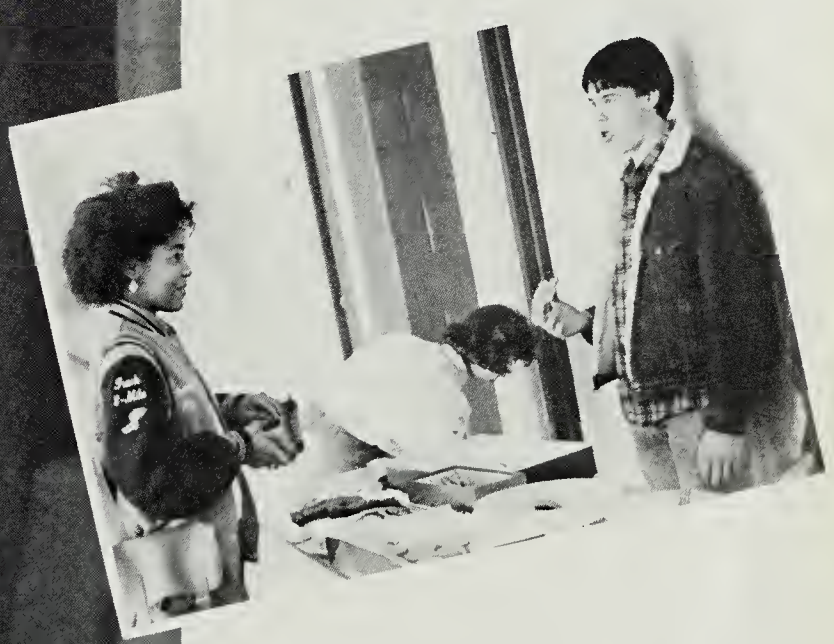


YUMMY!!

Xzaiber Jackson waits anxiously to purchase some goodies while John Lake happily munches on a cookie.

Setting up.

Sisters Debbie and Tracey Jarvis busy themselves preparing for the Morp dance, a new idea this year.

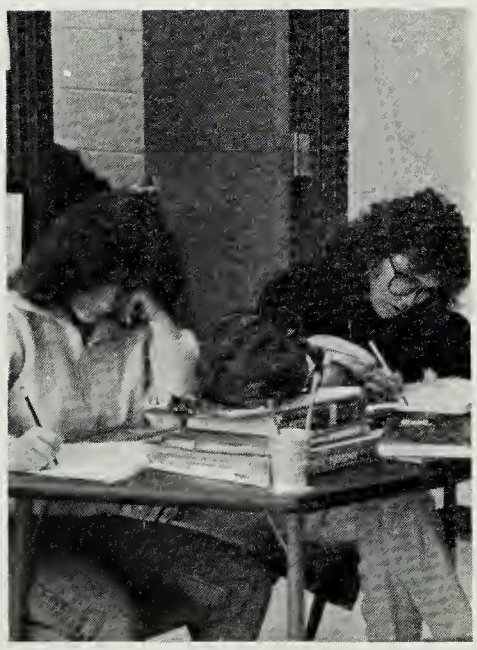


DECA: Front Row: Shannon Tetrault, Lisa Wolford, Dee Dee Johnson, Tracy Bennett, Joan Apperson. **Middle Row:** Raymond Lewis, Turner Miles, Kerri Little, Kristen Munnikhuysen, Stacey Lichtenfels, Charmaine Vredenburg, Hrafn Thorsteinsson. **Back Row:** Patrick Bryan, Sherri Tolman, Kim Stair, Kim Harrison, Ken Cadiere.



DECA: Front Row: Evette Crouch, Karen Christensen, Tara Johnson, Raquel George. **Middle Row:** Stephanie Davis, Kerry Heffner, Christina Justina, Peggy Cadiere, Michael Banks, Crystal Burkhammer, Amy Fuller. **Back Row:** Christina Lee, Steve Boozer, Kelvin Ebron, Tom Jarman, David Brawner, Vincent Capron, Patricia Hogan.



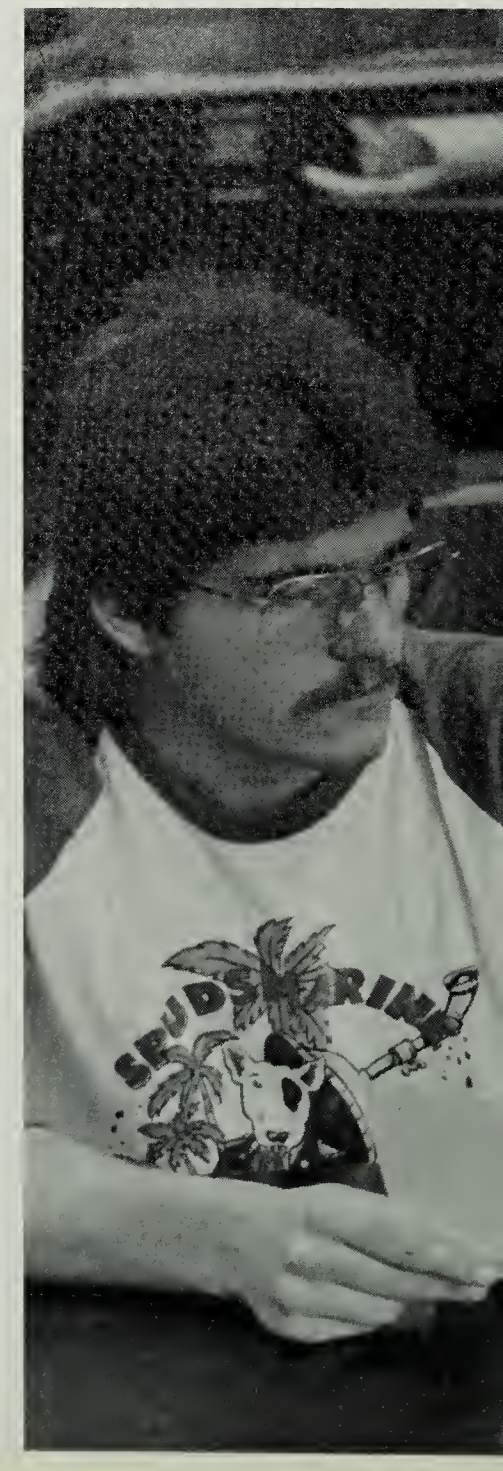


Study Hard

Working on their assignments in Marketing, DECA members Rhonda Nunley and Joan Apperson learn more retailing.



VICA Auto Body: Front Row: Pam Regalado **Middle Row:** Steve Baggott, Ron Thayer, James Pemberton, Jon Walraven, Mike Anderson, Ted Confair. **Back Row:** Jay Bradley, Mike Lark, Jimmy Grubel, Jeff Gallop, James Gordon, Mr. Russ Bowling.



Getting Ready

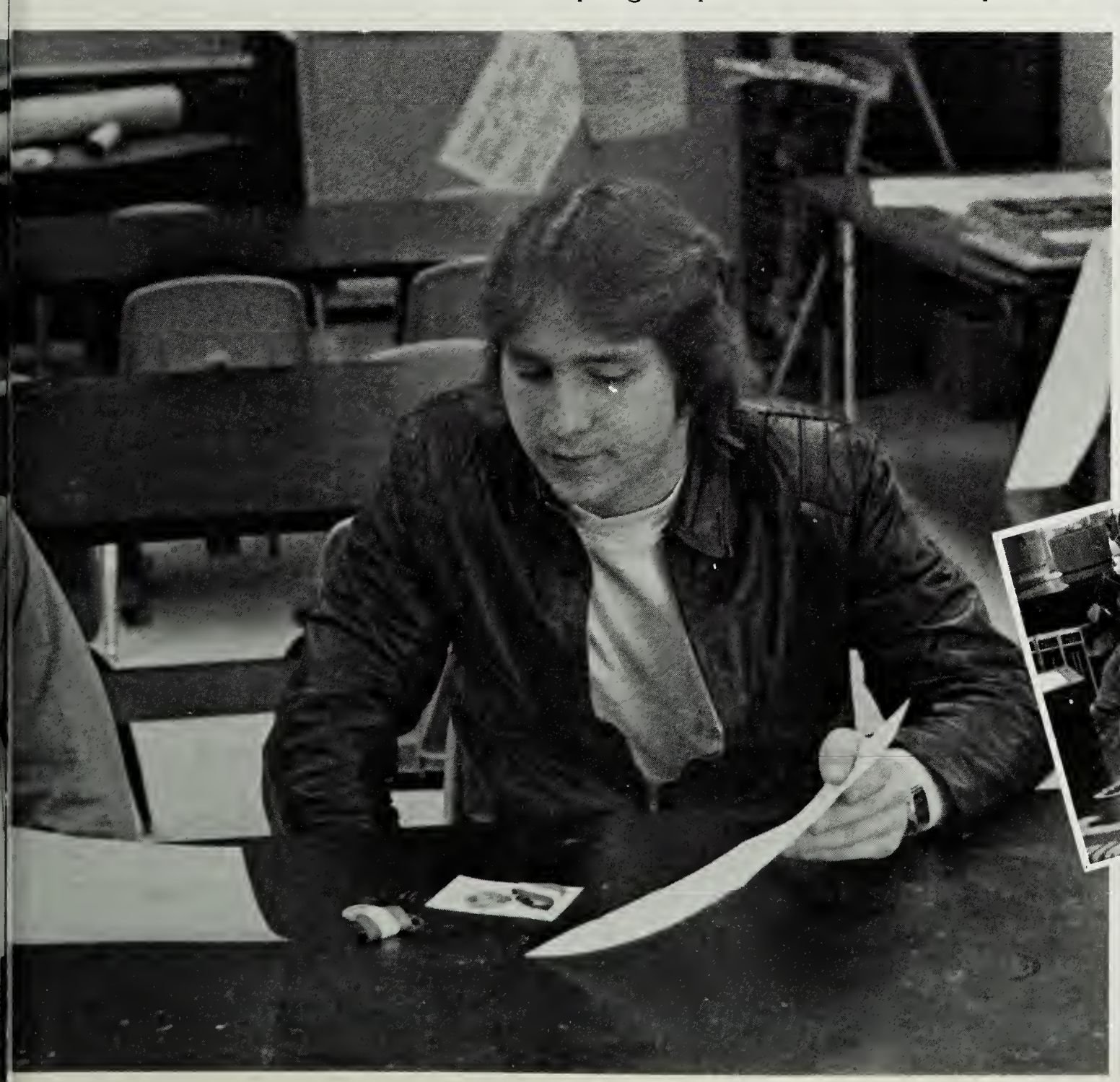
Clubs Prepared Creative Students For The "Real World"

Vocational Industrial Clubs of America has two different fields: Auto Body and Industrial Cooperative Training. Auto Body teaches skills such as welding, brazing and cutting metal components, replacing various parts, and the masking and spraying of auto bodies. ICT is a work training program where the students receive a wage while preparing for employment in technical, trade, or health occupations.

DECA, Distributive Education Clubs of America, is a co-curricular organization for all students enrolled in a Marketing class or Fashion Merchandising. DECA members participate in activities that develop community awareness, leardership traits, social intelligence, and vocational understanding. A fashion show was performed for job knowledge, and to give students a sense of the different fields in retail. A community Halloween party was sponsored by DECA at the Dumfries-Triangle-Quantico Rescue Squad for a Social Intelligence project to learn how to cope in social situations. Every year DECA members adopt a grandparent of a local nursing home as a Civic Conciousness or Community Awareness project. In May, an Employee/Employer Banquet was given for the employers of the co-op students to thank them for their patience and time for working with the students.

Members of TSA, Technology Students of America, voluntarily hone motor skills in the production of Aerodynamically and self-propelled vehicles, such as rockets, launch vehicles, re-entry vehicles, and landing pads of the future.

"The skill requires one hundred percent creativity, you must be an original," said James Smith.

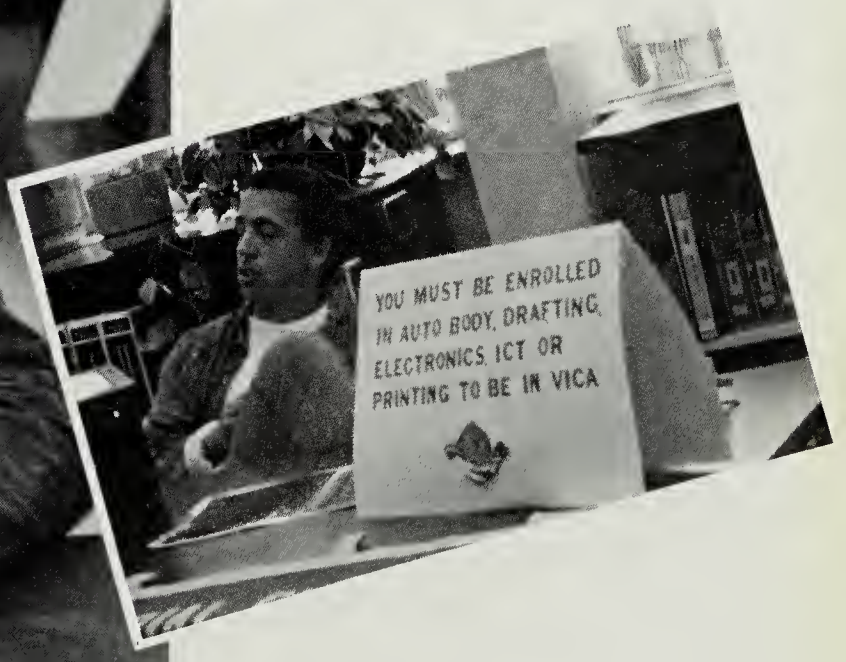


Winners

Seniors Billy Coker and Tony Carlyle admire their certificates for going to state in a competition for VICA.

Anticipation

Representing VICA at the Activities Fair Steve Pagan sits and waits to be asked some details about the club.



Discovery

Students Broke The Language Barrier

Most students don't know what they're getting when they sign up for the Foreign Language Club: a lot of fun!

At Christmas, the club hosted a banquet. Parents, students and teachers experienced foreign foods and customs.

The most eventful time of the year for the club was Foreign Language Week which took place March seventh through March eleventh.

On March ninth, Spanish classes went to the National Art Gallery. Paintings and sculptures by famous Spanish artists, both classical and modern, were studied and critiqued.

One of the biggest events of the week was the Foreign Language Festival on the night of March tenth. The students brought in delicacies from European nations such as France and Spain. Some students wrote and performed skits or commercials in other languages. Displays were set up to show the different articles and customs from around the world.

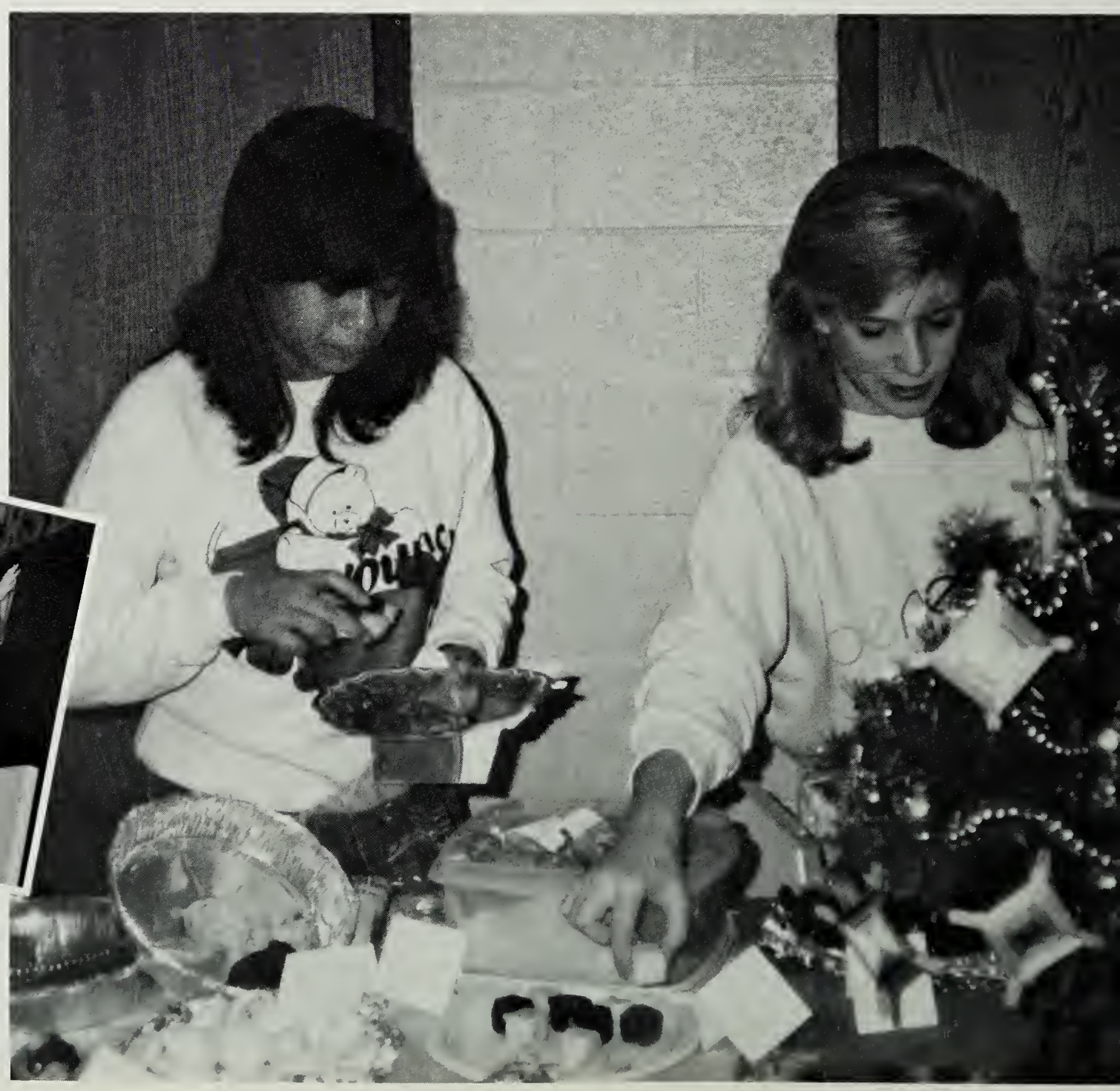
The foreign exchanged students showed a slide show to all foreign language classes on March eleventh. Rappi Thorsteinnsen spoke of his native Norway. Tomas Waldermarsson told about Sweden;Minna Niemi represented Finland. Spain and the Philippines were discussed by Monica Martinez and Maria Lusung, respectively.

All through the week students could be seen wearing the representative miniature flags of their countries. Also if one passed through the foreign language hall that week one could hear melodious or not so melodious sounds of students practicing foreign songs for the festival.

By the end of the year, the members had found that the Foreign Language Club was a discovery as well as a lot of fun.

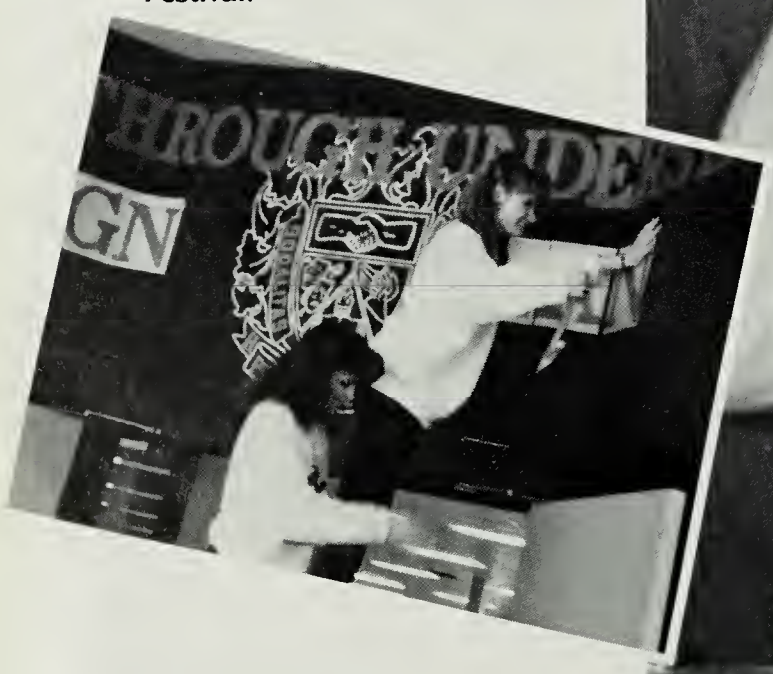
Yum!

At the club Christmas banquet, Nyz Piansay and Jennifer Jenks enjoy sampling foreign delicacies.



Hang Ups

Balancing on a ladder, Angie Deck and Tracy Jarvis tape up the sign announcing the Foreign Language Festival.





Going Native

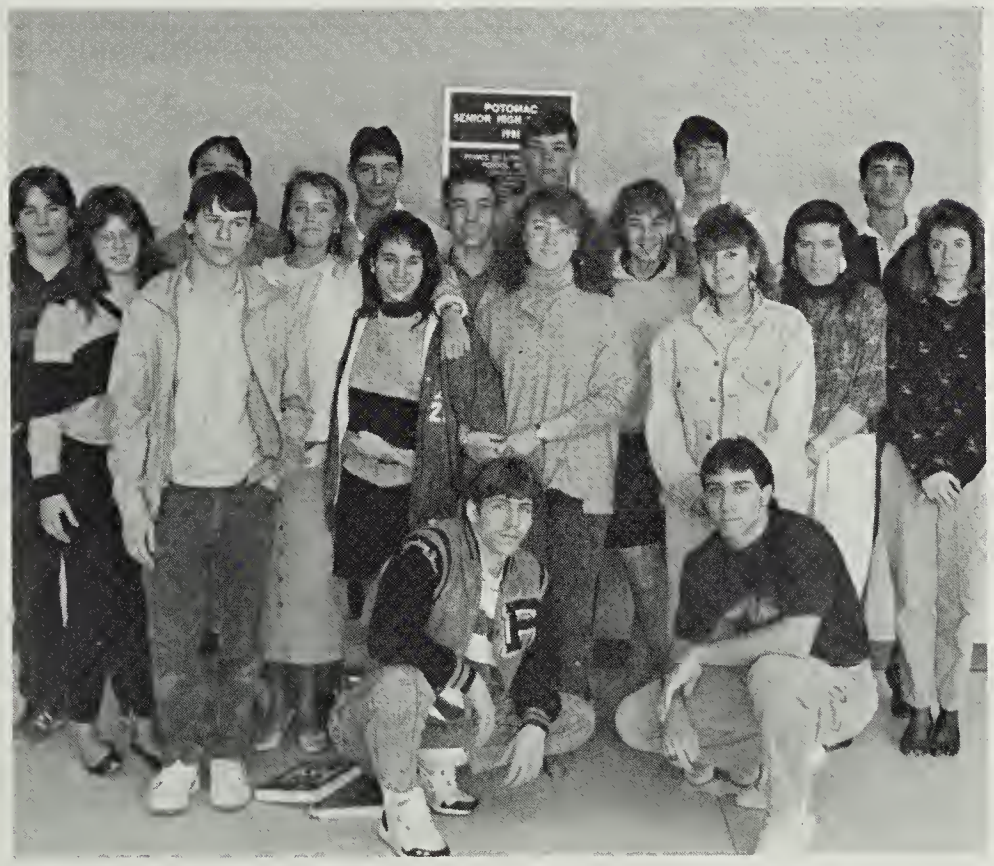
While at the French display, Angela Stone and Michelle Holtzman take part in the American custom of pigging out.

Food Line

Foreign Language students line up to taste all the fantastic foods that ranged from enchiladas to vichysoiosse.







Front Row: Ashton Hildreth, Chris Colletti. **Second Row:** John Wade, Alycia Colletti, Allison Hord, Tina Papas. **Third Row:** Tim McCreary, Allison Wolcroft, Kathy Beyer, Matt Charleston, Cindy Hall, B.J. Collins, Suellen Jones. **Back Row:** Steve Booker, J.B. Price, Doug Bonney, Billy Masters, Steve Lacey.





Discussing It

Sharing their ideas for their biggest activity, the Miss Potomac Pagent, are a few of the Key Club members.

Checklist

Waiting to board the buses for Teen Counseling, sponsor Mrs. Dot McCabe goes over activities with the leaders.

Speaking Out

Clubs That Helped Themselves By Helping The Community

Helping people! That's what Teen counseling and Key Club were all about. They both centered around doing good things for the community.

"The thing I think I'll remember the most about being in the Key Club is when Laura Collins and I froze our toes off standing in front of Bon Foods ringing the Salvation Army bell," said Gretchen Moss.

The Key Club was respected because of its community services.
They also gave scholarships, tutored elementary school students and organized the Miss Potomac Pageant.

The group that had an impact on future senators, doctors and lawyers was the Teen Counselors. They went to Graham Park and Rippon Middle Schools to see the kids. They covered topics like peer pressure, drugs, and vandalism. Suprisingly enough, the kids took to the counselors pretty quickly.

Junior Steve Lacey said, "On the first day our group introduced themselves and at the end of the session we asked the kids to say our names and they yelled 'Steve.' It made me feel good because I felt that I had made an impact on them."

The teen counselors helped the kids to realize what really goes on in high school and how to deal with problems such as drugs, alcohol, and vandalism.

There was still yet another club that got up and had to speak, it was the Debate Club. With this club experience they learned how to feel more comfortable with speaking in front of a group of people.

But whether we were a teen counselor, Key Club or Debate member we seemed to put some of those essentials into someone's day.

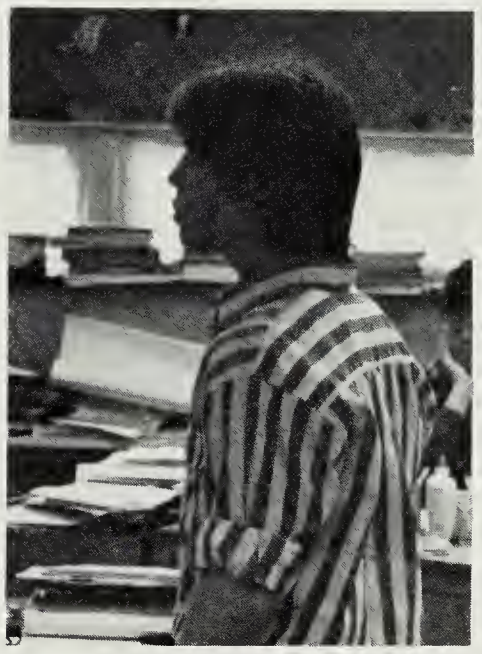


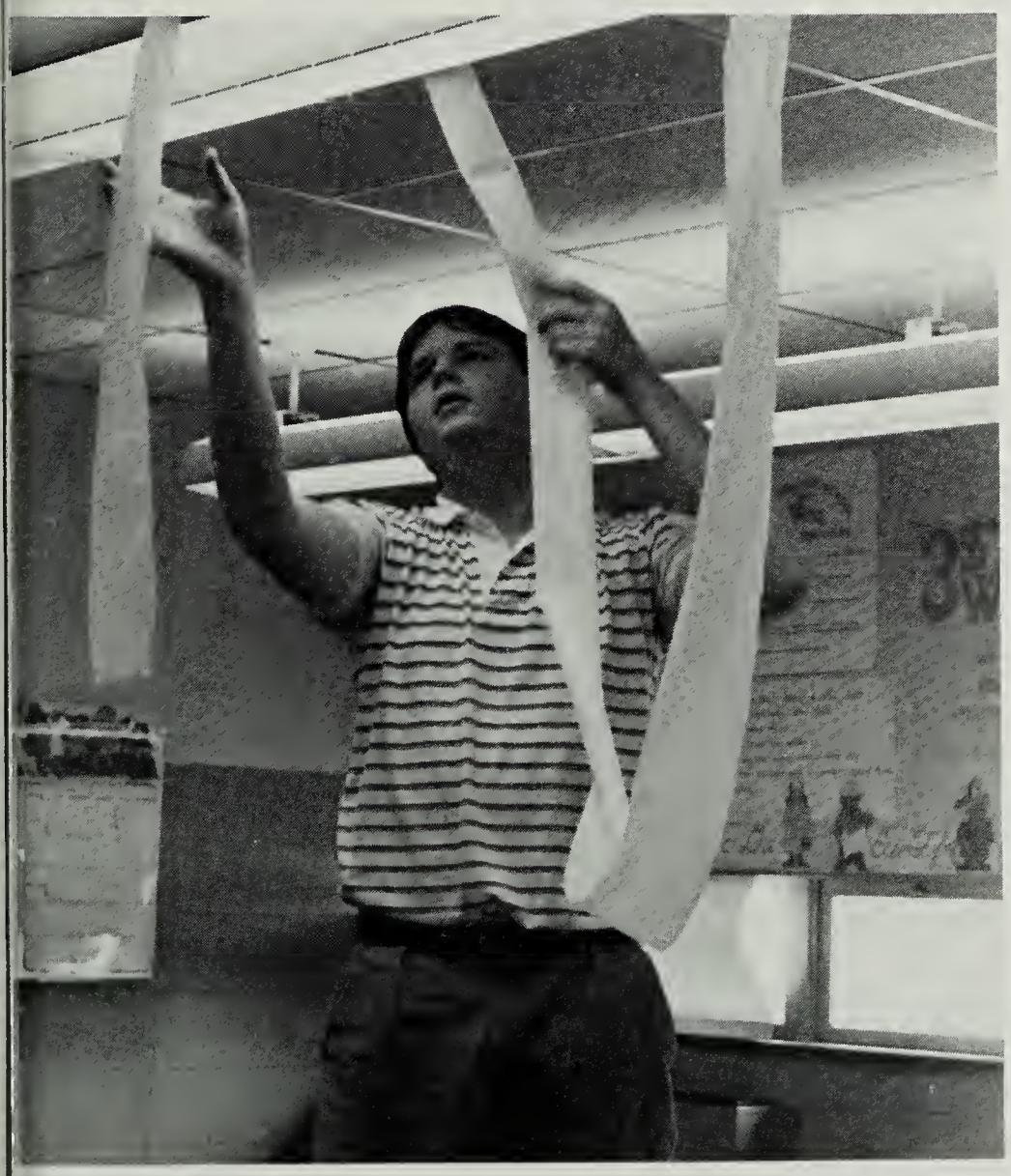
Debate Club Front Row: Mary West, Stephanie Krugger, Kiwana Watkins, Greg Martin. **Back Row:** Rome Arquines, DeAndra Hicks, Ryan Roteman.

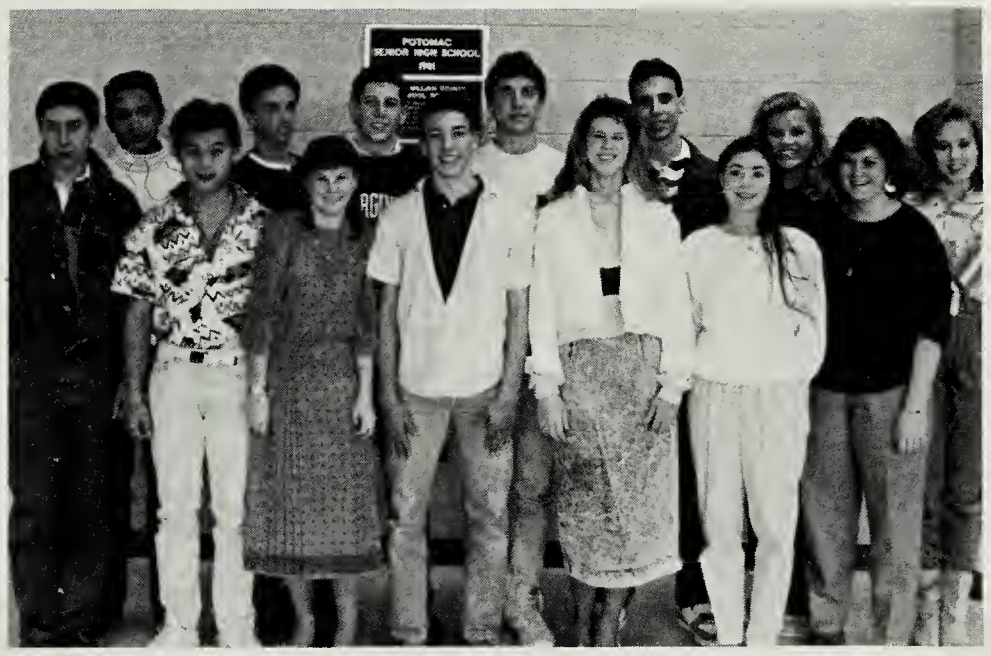


Guest Speaker

Though junior Rob Frye wasn't a teen counselor, he had a personal experience to share, so he was asked to be a guest speaker.







Key Club: Front Row: Barry Benczkowski, Jin Kang, Julie Blanchfield, Matt Charleston, Christi Hart, Stephanie Bell, Stacy Closson. **Back Row:** Brian Westerhoff, Dennis Burke, Jim Gregory, Bill Wakefield, Brian Dietze, Gretchen Moss, Jenny Foote.

Let's Decorate!

Trying to show the students the effect of vandalism, teen counselor Steve Booker toliet papers their classroom.

Excellence

Three Clubs Deal With Academic Success

Lights! Camera! ACTION! The goal of the "It's Academic" club, the newest of the school organizations, was to be on and win the game show.

Practice for the real thing was competition at school level. Competition and winning was reason to keep practicing even though Potomac was on a long waiting list to be on the show.

"We have already shown that Potomac is number one in sports, I thought that now was the time to do the same on the academic level, " said Tim Palmer.

Advantages of being in the club were that members learned how to think under pressure and, of course learned more about subjects like history, math, and science, which helped in regular courses, too.

The Science Club continued its history of active achievement. One of their activities was to go to Gar-Field to test projects for the Science Fair. For example, they built aluminum foil to see which one was sturdiest.

Students joined the club for a variety of reasons. Said Vice President David Gardziel, "My sister was the president when I was a freshman." Said Steve Davis, "I joined because I enjoy science and I am very interested in it."

Scheduled field trips included going to Kings Dominion in the summer, when the park was closed to everyone but Virginia's physics students. In March, they also visited the aquarium in Baltimore.

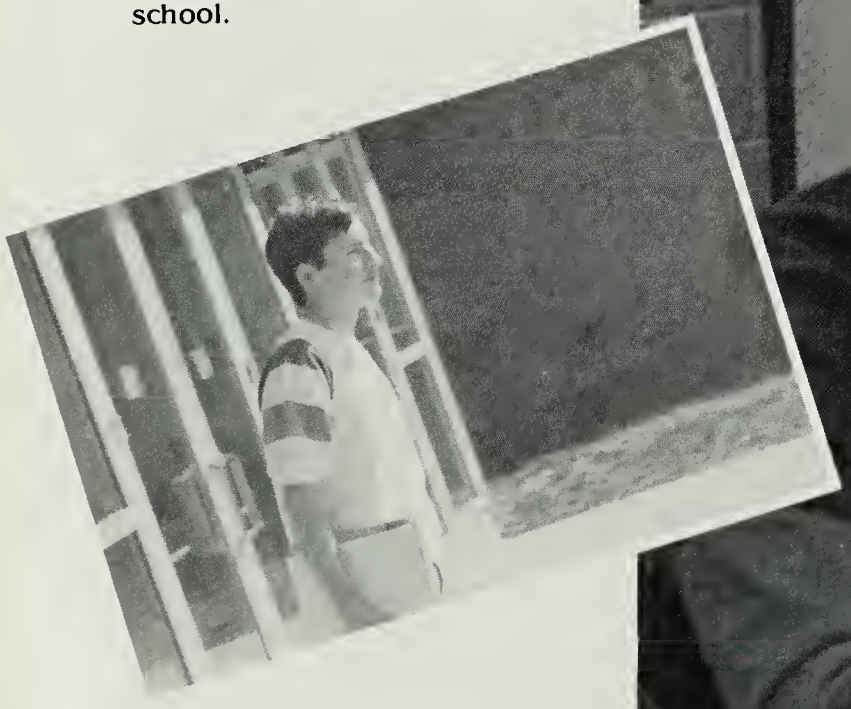
Said Math club member Sergio Rubio, "One of the many advantages of being in the math club is that I realized that there is more than one way to solve a problem." The Math Club created a new version of Tic Tac Toe. The game was in the shape of a cube, so it was far different from the ordinary two-dimensional game. Math Club members also participated in the Virginia Math League Contest and in the test given by the Northern Virginia Community College.

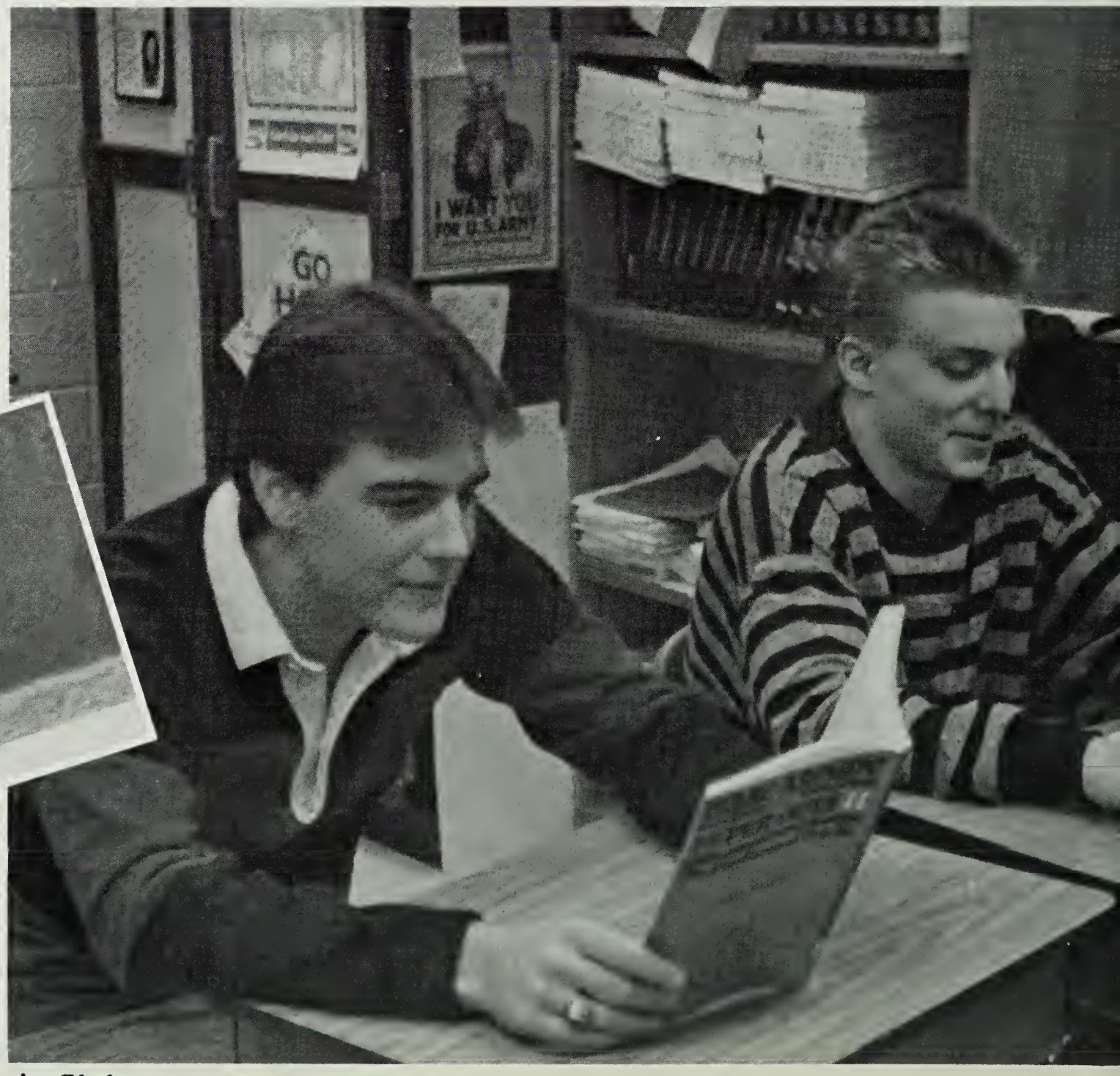
Osmotic Consumption?

Knowing that one can't learn through osmosis, Tim Palmer and Ian Doiron read up on the facts for "It's Academic."

Dedicated

After "It's Academic" meeting, Aaron Speca leaves, Being involved often meant staying after school.

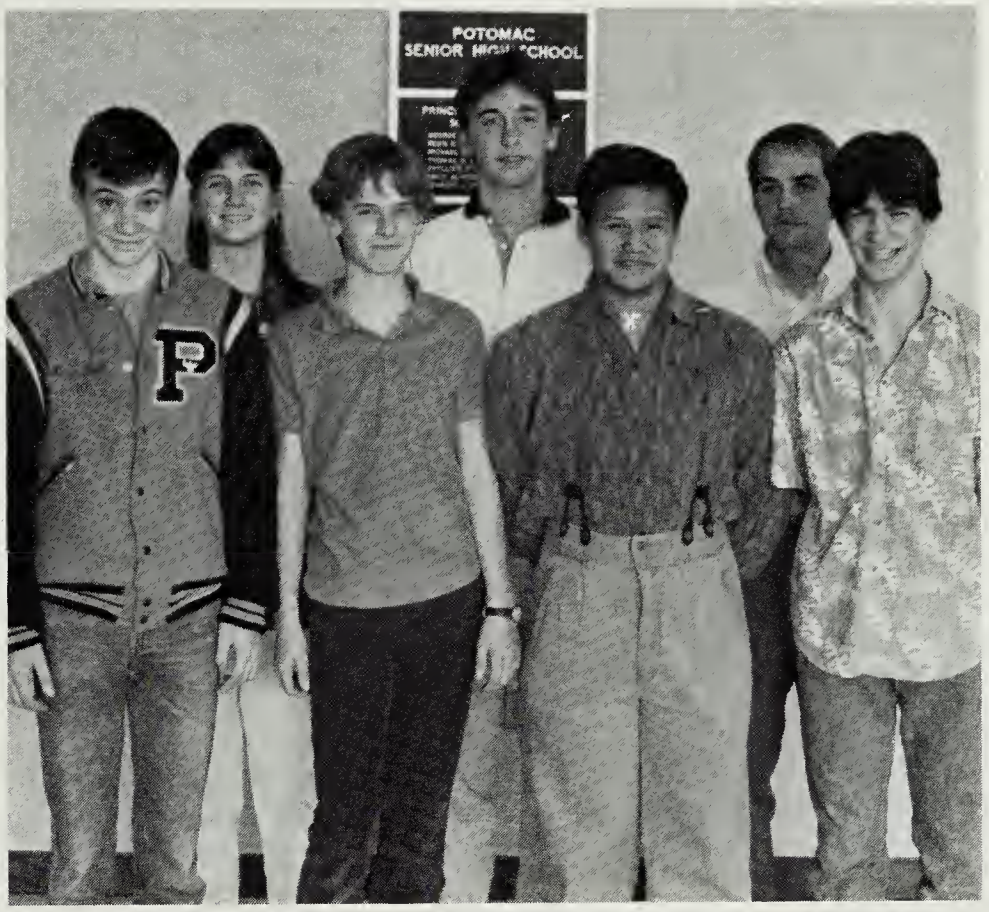


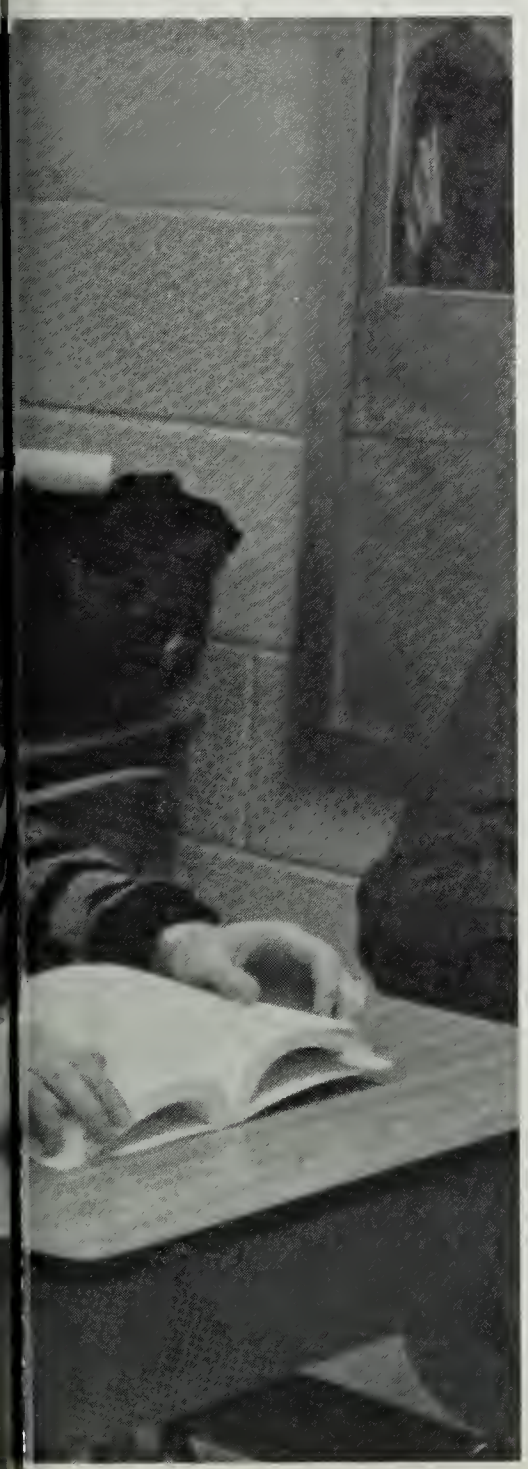


Science Club: Front Row: Ginny Lazar, Erba Hagallanes, Denise Haggart, Marla Mackey, Kim Sanders, Sherrie Costa, Cindy DeSena. **Second Row:** Jin Kang, Mike Comerford, Shawn Callan, John Tuten, Peter Ayers, John Beyer. **Back Row:** Chris Horne, Keith Snyder, Matt Cervarich, David Gardziel, Tim Dearing, Tomas Waldermarsson, Bill Wakefield, Steve Davis, Larry Arrol, Tim Wilson, Brad Whitehurst.



Math Club: Front Row: Kevin Kiah, Jeremy Broestl, Rome Arquines, Sergio Rubio. **Back Row:** Michelle Holtzman, Bill Wakefield, Mr. Richard Brosh.







It's Academic Club: Front Row: Danny Jones, Aaron Speca, Ian Doiron. **Back Row:** Frank Gifford, Tim Palmer, Bill Wakefield, Rob Piccoli.

Acting It Out

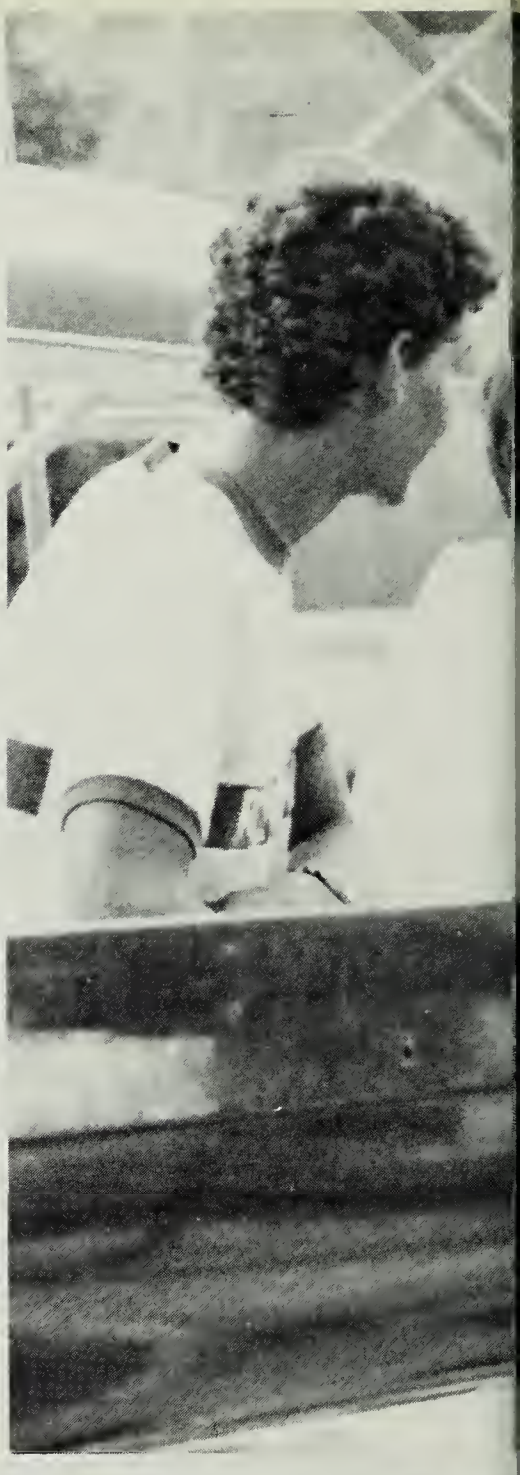
Corinne Evenstad reacts to the words of Matt Dunlap in the Drama Club's production of *The Imaginary Invalid.*



Putting It Together

Before the performance, props were made. Sirima Insisiengmay does her part by constructing a wooden frame.









Drama Front Row: Sirima Insisiengmay, Lilian Gipson, Jennifer Haley, Nichole Payant. **Middle Row:** Anissa Thompson, Suzanne Lochner, Debbie Hodges, Shannon Malone, Kelli McGee. **Back Row:** Christine Lund, Corrine Evanstad, John Collins, Andy Wynn, Matt Dunlap, Carlton Hunter.

Pep Club: Front Row: Laura Smith, Tanya Poole, Monica Short, Shannon Bateman, Laura Powell, Anita Jo Daniel, Debbie Knapp. **Middle Row:** Tammy Hamilton, Tammy Grimsley, Krystal Burkhammer, Terri Evans, Jennifer Greek, Heather Steiner, Crystal Johnson, Jennifer Smith. **Back Row:** Mrs. Charma McKnight, Traci Marrindette, Tanya Washington, Stacey Henley, Diangelo Fisher, Renee Rannick, Michelle Jones, Steve Pagan, Angie Hall, Octavia Burns.



Final Preparations

Making final repairs, J. B. Price, Kevin Pigott, Chad Sisneros, and Jason Dix prepare for the National Championship Regatta.

Off To The Races!

Transporting a shell to the water, Alana Jacobson and Kerri Little carry their share of the load.

Together
Working As A Team Brought Success

Crew, Drama, and the Pep Club were called clubs but were far more than extracurricular activities.

The Pep Club was in charge of promoting school spirit. Bus trips to away games were organized by the club to give students the chance to watch the games that were hard to get to.

Classified as a club but more like a sport was Crew. "When you put it all together, it's magic," said coach Vince Balderamma. Crew members competed with some of the top teams in the nation in the Philadelphia National competition.

Crew grew by leaps and bounds each year. "Our growth has translated into victories on the water," said team co-captain Alana Jacobson.

The crew team anticipated each approaching spring to be their best season ever.

Relishing their moments in the spotlight was the Drama Club. Their productions *The Imaginary Invalid* and the Talent Show proved to be sucsessful.

After putting on *The Imaginary Invalid*, Shannon Malone said, "As in any production, the feeling that you have done your best comes with the final curtain call. If an actor does not have discipline of his emotions and characterization, then he will never feel the enjoyment of acting."

Taking Mrs. Harryette Eden's speech and drama classes helped improve acting skills. Working hard both during and after school brought Drama Club members closer, "Kinda like a family!" said actor Andy Wynn.

In all three clubs, working together brought great results, whether they were in the stands, on the water, or in front of an audience.

Potomac's Future Business Leadership of America and Future Homemakers of America combined service to the community with classroom education. As a side benefit, the club members gained a sense of personal pride and improved the standard of living for many people in the local community while having fun pursuing their educational goals.

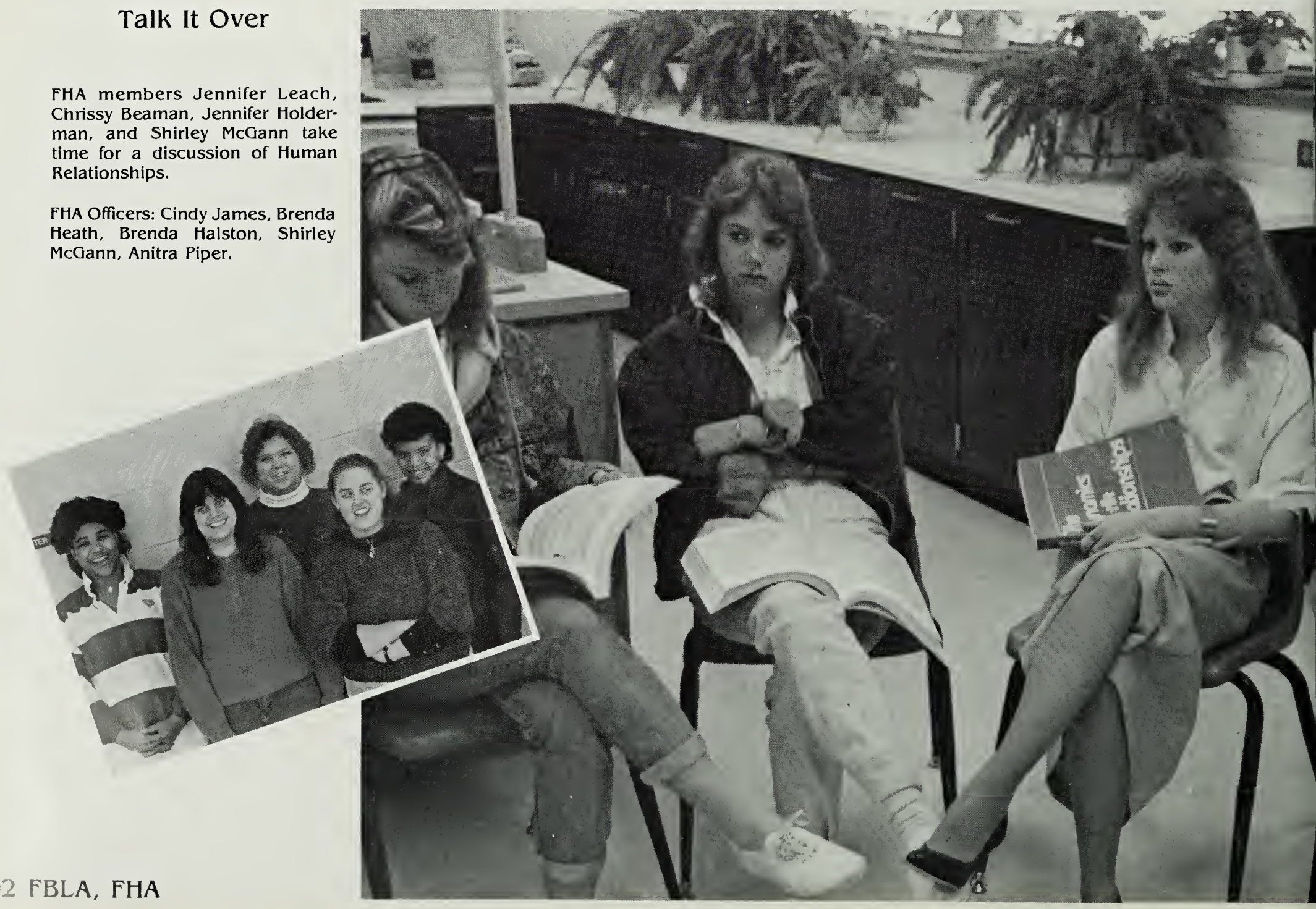
Students in the FBLA learned about civic responsibilities by raising funds for the Salvation Army and sponsoring community action projects for the homeless and abused women. They also sharpened their leadership skills at the National Leadership Conference in Washington D.C. and the Regional Leadership Conference at Germanna Community College and in regional competition in all areas of business. This year's highlights included a trip to New York and a guest speaker on preparing a budget for a single person living in the Washington, D.C. area.

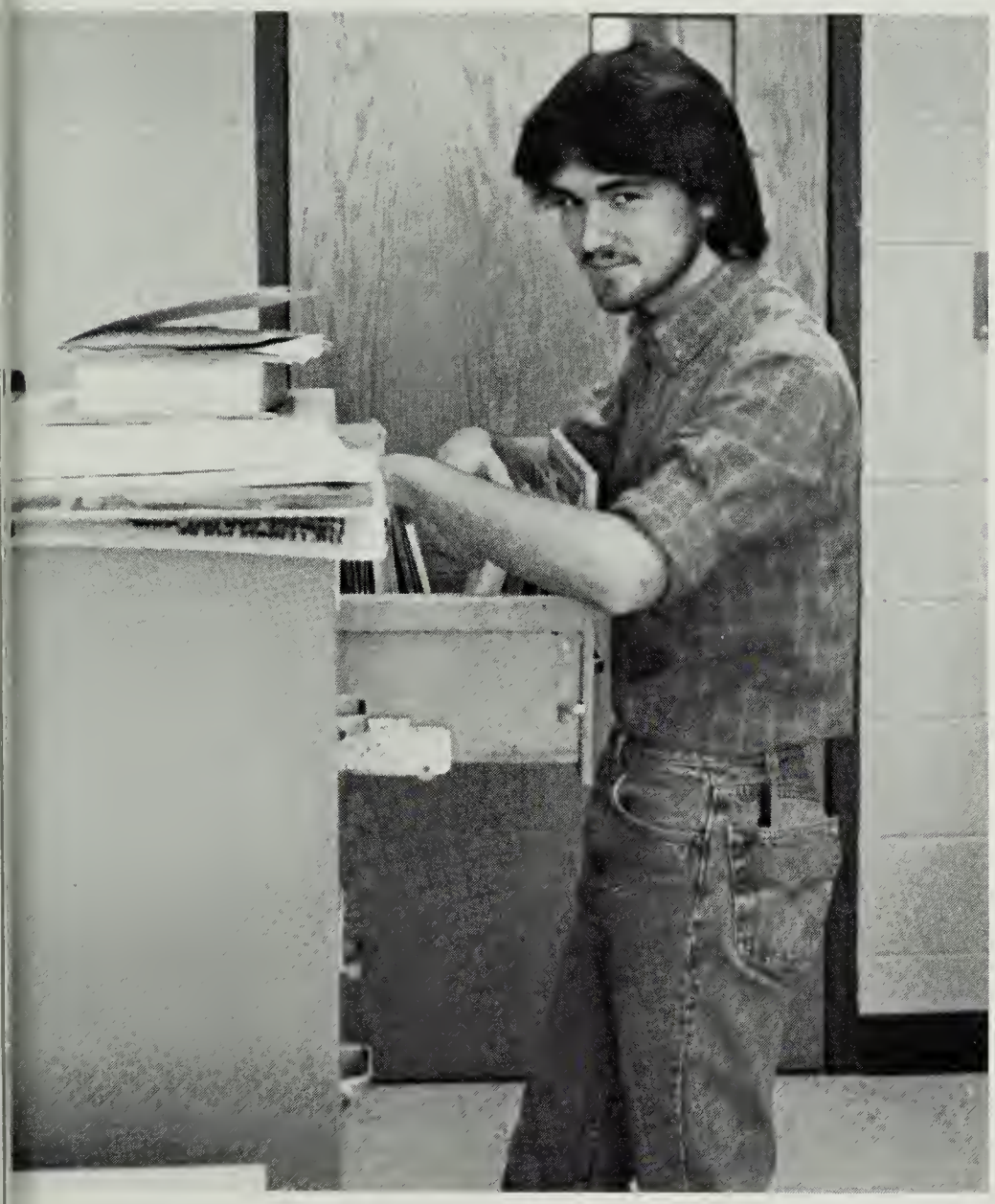
During Christmas, FHA sponsor Mrs. Evelyn Fleming, president Lori Sprouse and other FHA club members put their cooking skills to use with a bake sale to raise money for food baskets for the needing families in the local area. Said Shirley McGann, "FHA is really fun because you get the feeling of helping people while having fun cooking at the same time."

Talk It Over

FHA members Jennifer Leach, Chrissy Beaman, Jennifer Holderman, and Shirley McGann take time for a discussion of Human Relationships.

FHA Officers: Cindy James, Brenda Heath, Brenda Halston, Shirley McGann, Anitra Piper.



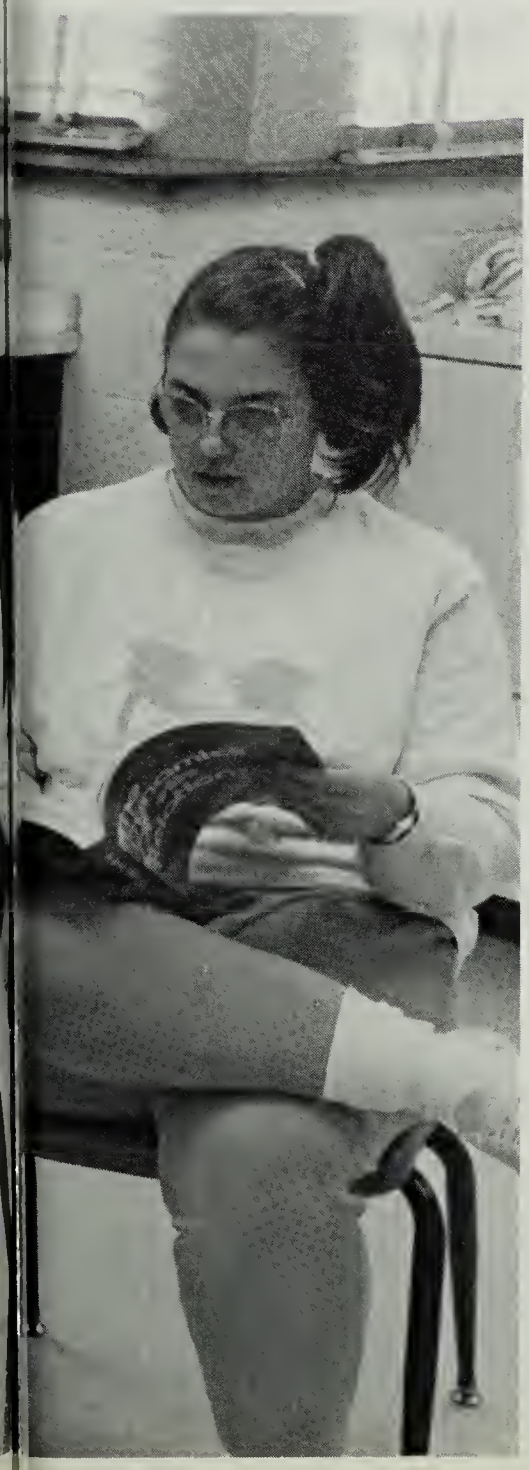


Where Is It?

FHA members Elaine Pearson, Susan Emmons, and Stefanie Kruegar, discuss child care and human relations during class.

FBLA Officers: Tracey Bradley, Natalie Zepp, Sue Combs, Mark Keator, Deanna Byerly.







Class Meeting

FBLA officer Mark Keaton checks the filing cabinet for the club's attenance record.



SADD Front Row: Wendy Winnebargar, Jennifer Haughly, Susie Lochner, Jin Kang, Keri Zehner. **Back Row:** Kelli McGee, Kim Creighton, Denise Briggs, Tonya Johnson.



Sign Right Up

Bill Wakefield encouraged everyone who came by to join Junior Civitans. Karen Bahorich and Tina de los Santos obliged.

Helping Out

Jr. Civitans And SADD Lent A Hand

"We are primarily a group who works with the community. We strive to help others," said senior member Kim Cunningham.

Their activities varied from Christmas caroling at Potomac Hospital to buying a new pair of running shoes for Carlos Williams to bowling with the elderly and the mentally handicapped.

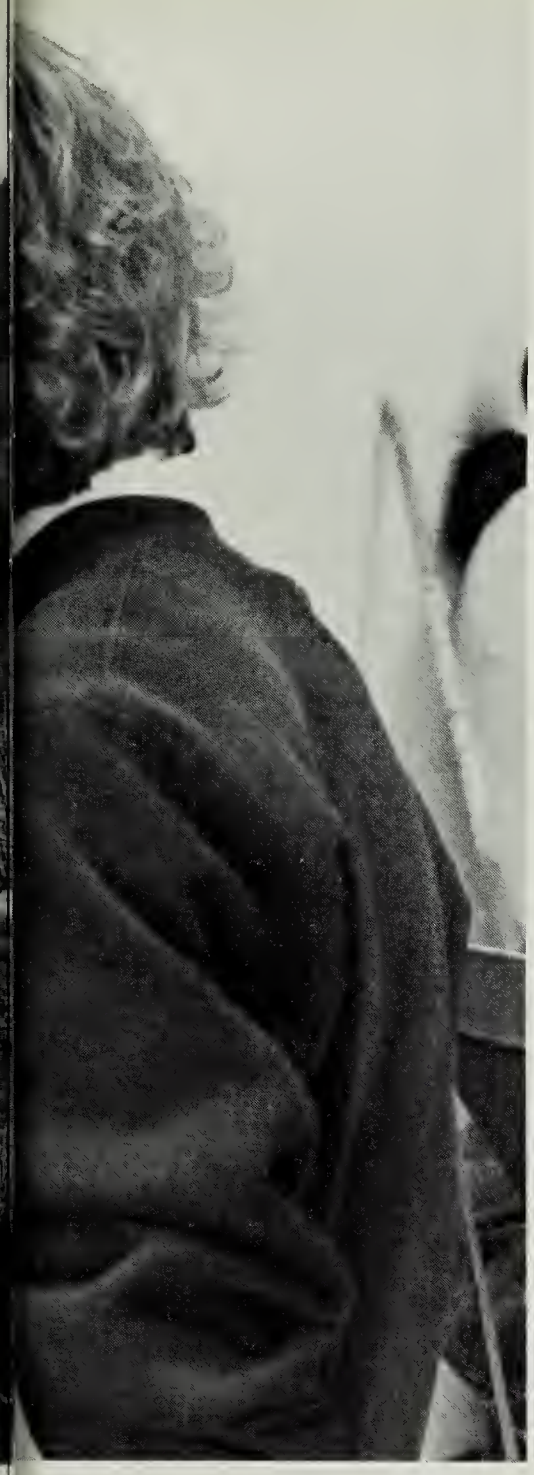
"My favorite activity was taking the elderly and mentally handicapped bowling. Each Tuesday we kept score for them at the Woodbridge Bowling Center. It really felt good to help others who appreciate you," commented senior Heather Moore.

At Christmas time the Junior Civitans held canned food drives and clothes drives for the needy families in the area and gathered toys which they donated to homeless children.

SADD wa a group that tried to prevent tragedies. Its main goal was to prevent people from drinking and driving. Duriing the holidays guest speakers showed juniors and seniors the CARE program's effects of drunk driving and slides of people who had been killed or permanently injured in drunk driving accidents. Club members also attended a convention in Washington, D.C., to learn more about the CARE program. Another guest speaker spoke to the juniors and seniors who planned to attend the prom.

Susan Stross said, "I joined SADD because I was concerned about the fatalities related to drunk driving, especially teenage fatalities."

Both clubs were an asset to the community and to the school. Junior Civitans was the hope and joy for the less fortunate; while SADD was a life-saving guideline for all of Potomac's students.



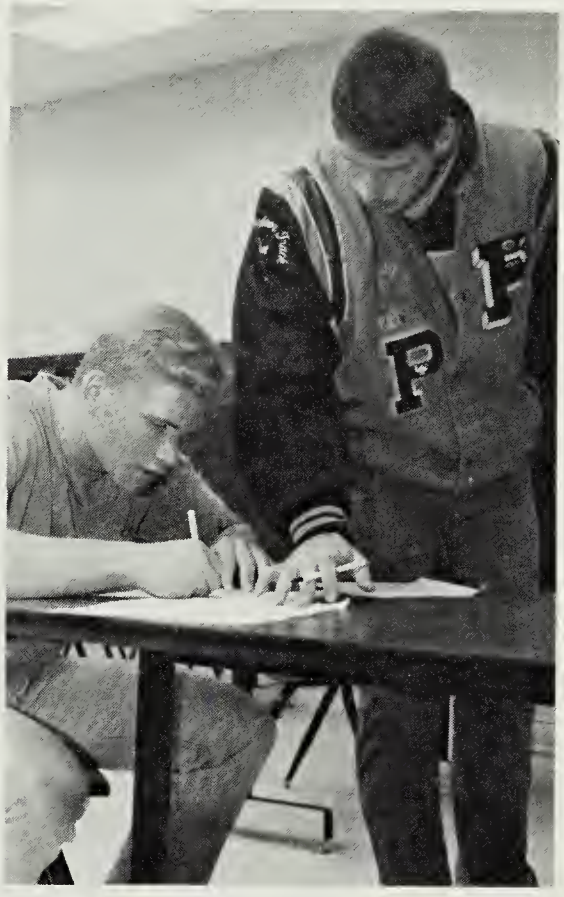
Preparation

Preparing their notes for the meeting, officers Ken Odom, Tina de los Santos, and Katie Martin discuss the agenda.



Perfect Attendance

Signing in before the meeting juniors Ben Smith and Craig Novitsky make surethey are counted present.





Jr. Civitan Front Row: Jeff Powell, Allison Tauge, Kim Ridgely, Julie Blanchfield, Heather Erie, Stephanie Bell, Becky Anderson, Tanya Turner, Meridith Peters. **Middle Row:** Heather Theiling, Stacy Closson, Susie Lochner, Gretchen Moss, Tanja Johnson, Erica Reid, Christi Hart, Jeanie Edgington, Kim Burgess. **Back Row:** Sara Curran, Jenny Foote, Marcus Berry, Barry Benckowski, Joe McGovern, Kevin Phoenix, Billy Masters, Steve Lacey, Cindy Hall, Corin Evenstad.



Jr. Civitan Front Row: Jin Kang, Jana Rea, Brenda Mastripplito, Chi Kong, Katie Martin, Tina de los Santos, Byran Gooley. **Middle Row:** Chris Basinger, David Sawlor, Jamie Reid, Heather Moore, Kim Cunningham, Jamie Jewett, Ron Kinley, Kelli McGee, Kim Milne, Michelle Pitt. **Back Row:** Monica Harrison, Ken Odom, Minna Niemi, Bill Wakefield, Ben Lawson, David Kline, Chris Olio, Steve Booker, Andrew Edwards.

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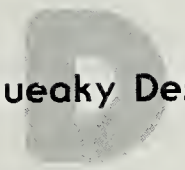
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Essentials

Colophon

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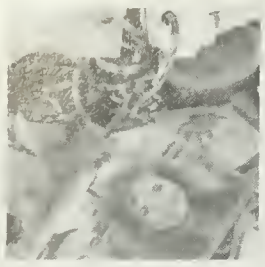
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"You probably didn't see much of me this year, unless you came to room 161. I lived there."--Ann Gillette, Editor-in-Chief.
The 1987-1988 Yearbookers in their natural habitat. **Front Row:** Dana Van Metre, Susan Goble. **Second Row:** Jin Kang, Lisa Anderson, Cassie Hodson, Joely Hebert, Soon-Gill Duncker. **Third Row:** Travis Burks, Elmo '88, Dannielle Hilliker, Ann Gillette, Stephanie Dunn, Malinda Antonik. **Back Row:** Nichole Holley, Kelly Craig, Debbie Dockendorff, Kevin Pigott. **Not Pictured:** Michelle Underwood.







Perfect!

Making a last minute check, senior Cassie Hodson sprays her hair before first period begins.





Experimenting

AP Chemistry student junior Danny Wong titrates acid in order to standardize it. On an average, the class spent about two days a week in lab.



Winner

Mr. Aaron Jordan and sophomore Carlos Williams take their daily run to keep in shape. Carlos, who is blind, won second place in the triple jump in the 1987 National Games for the Blind held in Albuquerque, New Mexico.



Award-Winning

With UVa's Rotunda visible behind them, members of the yearbook oand newspaper staffs show the publications that won Trophy at the VHSL workshop.

AND EVEN MORE

How did we ever get through it? We took classes that strained our minds and studied books that strained our backs. We took test after test, only to be rewarded with the prospect of having to face final exams. Often we had to be in three places at once. We had to get help in math; we had to go to basketball practice; we had to attend that Junior Civitans meeting.

We had all the paper, pens, rulers, calculators, and pencils we needed to face our classes. We had our calendars and watches to keep our minds straight and our bodies on time. And we had enough homework to keep us busy till the turn of the century. All these things were essential, of course, but that didn't mean they were everything we needed to get through high school.

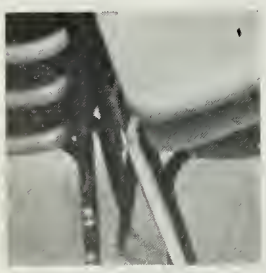
Chats between classes and the occasional weekend party helped cure us of the results of high school stress. It seemed that any time we felt angry or tired or depressed, there was always a friend's shoulder to lean on. And anytime we had good news, friends to share it with were around. Those were the best things we learned at Potomac--how to be a friend and how to have a friend. Without our friends, we couldn't have made it. They were, and always will be, the essential ingredients . . . and even more!

Essential ingredients
...AND THEN SOME

Go Big Blue!

We put down pencils, paper and books for our pep rallies. This was our chance to show that we were Potomac, and we were proud of it. Donning letter jackets or uniforms showed our "Panther Pride" and that each one of us was essential to the school. Seniors Sue Coleman, Lisa Storey, and Darryl Close show their spirit.





Essential ingredients

...AND THEN SOME



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